	(adj)	adjective	(n)	noun	Т	(pl n)	plural noun	Т	(v)	verb
Abbreviations	(adv)	adverb	VI /	phrase		(prep)	preposition		(sb)	somebody
	(conj)	conjunction	(phr v)	phrasal verb		(pron)	pronoun		(sth)	something

Module 1

People

beard /biəd/ (n) = hair growing on a man's chin and cheeks broda curly /kɜ:li/ (adj) = (of hair) in the form of tight curves and spirals (o włosach) kręcone

- dark complexion (phr) = not fair skin ciemna cera
- fair complexion (phr) = light skin jasna cera
- **go bald** (phr) = gradually lose hair łysieć
- moustache /məˈstɑːʃ/ (n) = hair that grows on a man's upper lip wasy
- of medium height (phr) = neither tall or short but average średniego wzrostu
- overweight /,əuvəˈweɪt/ (adj) = having excess weight z nadwaga
- pale complexion (phr) = having lighter than normal skin blada cera
- pointed nose (phr) = long sharp nose szpiczasty nos
- shoulder-length /∫əʊldə leŋθ/ (adj) = long enough to reach your shoulders (o włosach) do ramion
- skinny /skmi/ (adj) = extremely thin
 chudy
- spiky /spaɪki/ (adj) = having one or more sharp points sterczące
- wrinkles /rɪŋkəlz/ (n) = lines formed on your face when you grow old zmarszczki

1a

- ancestor /ænsəstə/ (n) = a member of family who lived a long time ago przodek
- brave /breɪv/ (adj) = bold, courageous
 odważny
- carving /ka:vɪŋ/ (n) = object or design that has been cut out of stone or wood rzeźba
- **ceremony** /serəməni/ (n) = a formal event ceremonia
- cheerful /tʃɪəfəl/ (adj) = happy, joyful
 radosny
- code of behaviour (phr) = set of rules to be followed zasady zachowania/postępowania

- colourfully embroidered (phr) = colourful patterns made with needle and thread kolorowo haftowany/wyszywany
- craftsman /kraftsman/ (n) = a man
 who makes things with his hands
 rzemieślnik
- crop /krop/ (n) = a plant such as grain,
 fruit or vegetable grown by
 farmers and used as food zboże
- crossbow /krosbou/ (n) = a weapon used to shoot arrows kusza
- dark in complexion (phr) = having skin which is not light ciemnoskóry
- distinctive /drstinktiv/ (adj) = standing out out, easily recognisable charakterystyczny, wyróżniający się
- do spinning (phr) = the action of making thread prząść
- do weaving (phr) = making material/carpet out of threads tkać
- entrance /entrans/ (n) = a door, gate etc by which you can enter a place wejście, otwór drzwiowy
- exit /egzɪt/ (n) = a place where you
 can leave wyjście
- fairly short (phr) = rather short dość niski
- fortune /fo:tʃən/ (n) = very large amount of money fortuna
- **frame** /freim/ (n) = a structure that surrounds an object rama
- gather /gæðə/ (v) = (to cause) to come together zebrać się
- generation /dʒenəˈreɪʃən/ (C n) = a period of about 30 years in which children become adults and have their own family pokolenie
- good spirit (phr) = good soul or ghost dobry duch
- growing /grəuŋ/ (adj) = increasing rosnący
- harsh /ho:ʃ/ (adj) = (of conditions)
 difficult or uncomfortable to live in
 (o warunkach) trudne, surowe
- **headman** /hedmən/ (n) = leader/chief of a tribe przywódca
- honour /pnə/ (v) = to show great respect for sb/sth honorować, upamiętniać
- introduce /mtrodjuss/ (v) = to put into use for the first time wprowadzać
- land /lænd/ (n) = a piece of countryside teren, grunt

- leader /li:də/ (n) = a person who directs others przywódca
- leather /leðə/ (n) = type of material made of animal skin skóra (materiał, z którego wyrabia się różne przedmioty)
- leggings /legɪŋz/ (n) = close-fitting trousers made from stretchy fabric leginsy
- maintain /meɪn'teɪn/ (v) = to continue to have utrzymywać, zachowywać
- memorise /meməraiz/ (v) = to learn sth and remember it exactly uczyć się na pamięć
- mountainous /maontmos/ (adj) = area with many mountains górzysty
- oral /ɔ:rəl/ (adj) = spoken ustny originally /ɔ'rɪdʒɪnəli/ (adv) = from or in the beginning początkowo
- provide /prə'vaɪd/ (v) = to give sb sth that they need zapewniać, dostarczać
- region /ri:d3ən/ (n) = an area, usually without fixed limits region
- remain /rrmem/ (v) = to continue to exist pozostać
- remarkably tough (phr) = very strong and resilient niezwykle wytrzymały
- rich in culture (phr) = having developed civilization o bogatej kulturze
- rule /ru:l/ (n) = an instruction about
 what you must or must not do
 zasada
- seek /si:k/ (v) = to look for (sth) szukać
 significance /sr'gnifikens/ (n) =
 importance znaczenie
- society /səˈsaɪəti/ (n) = organisation of people formed for a particular reason stowarzyszenie, towarzystwo
- spin /spin/ (v) = to twist fibres into thread przaść
- spirited /spiritid/ (adj) = full of energy
 ożywiony, pełen werwy
- spiritual /spirit[uəl/ (adj) = of the spirit and mind; not physical duchowy
- stilt /stilt/ (n) = a long pole used to
 support a building pal
- swing /swɪŋ/ (n) = a big and sudden change gwałtowna zmiana, wahniecie
- take things a step further (phr) = progress even more pójść o krok dalej

- taste /teɪst/ (n) = preference for sth smak, upodobanie
- thatched roof (phr) = the top of a building made of straw dach pokryty strzechą
- tradition /traduʃan/ (n) = a behaviour or belief followed for a long time by people of a specific society tradycja
- tribe /traib/ (n) = a group of people of
 the same race, language and
 customs szczep, plemię
- yearly /jiəli/ (adj) = annual coroczny weave /wi:v/ (v) = to make clothes by crossing threads under and over each other tkać

1b

- accountant /ə'kaontənt/ (n) = sb who
 keeps or checks financial accounts
 księgowy
- achievement /əˈtʃiːvmənt/ (n) = accomplishment osiągnięcie
- actor /æktə/ (n) = performer of a film or play aktor
- aggressive /əˈgresɪv/ (adj) = behaving in an angry, threatening manner agresywny
- ambitious /æm'bɪʃəs/ (adj) = aspiring ambitny
- annoyed /əˈnoɪd/ (adj) = angry,
 irritated rozzłoszczony
- arrogant /ærəgənt/ (adj) = behaving in a proud, unpleasant way because you believe that you are more important than others arogancki, bezczelny
- artistic /ɑːtɪstɪk/ (adj) = creative
 artystyczny
- attached to /əˈtætʃt tə/ (adj) = emotionally close to przywiązany do (kogoś/czegoś)
- baggy /bægi/ (adj) = loose fitting, not tight obszerny, workowaty
- **baker** /beikə/ (n) = a person who makes and sells bread piekarz
- beautician /bjuttɪʃən/ (n) =
 a professional who improves
 peoples appearance kosmetyczka
- belt /belt/ (n) = a long band worn
 around the waist pasek
- boots /buits/ (n) = footgear covering
 the foot and part of leg botki,
 kozaki, trzewiki
- care about /keər əbaut/ (v) = be interested in dbać o kogoś/coś
- caring /keərɪŋ/ (adj) = affectionate troskliwy

- casual clothes (phr) = informal, everyday clothes codzienne ubranie cheerful /tʃɪəfəl/ (adj) = happy, joyful
- cleaner /klimə/ (n) = a professional who cleans other people's houses sprzątacz, sprzątaczka

radosny

- coal /kəul/ (n) = a black or dark-brown substance that is taken from the ground and is used as fuel wegiel
- coat /kəʊt/ (n) = an outer piece of clothing worn over other clothes płaszcz, kurtka
- conservative /kənˈsɜːvətɪv/ (adj) =
 cautious and careful
 konserwatywny
- cotton /kpten/ (adj) = type of material
 made of soft fibre bawełniany
- creative /kri'eitiv/ (adj) = able to bring
 sth into existence, inventive
 kreatywny
- **deceitful** /dr'sr:tfəl/ (adj) = deliberately cheating kłamliwy, nieuczciwy
- designer clothes (phr) = with the signature of a well-known designer ubrania designerskie/od znanych projektantów
- dishonest /dɪsˈɒnəst/ (adj) = inclined to lie, cheat or deceive nieuczciwy
- disorganised /dɪsˈɔːgənaɪzd/ (adj) = not planned or organised well niezorganizowany, chaotyczny
- do up /,du: 'Ap/ (phr v) = button up zapinać
- **dull** /dʌl/ (adj) = boring, uninteresting nudny
- electrical wires (phr) = flexible threads used to carry electricity przewody elektryczne
- electrician /i,lek'trijən/ (n) = sb whose job is to put in, check or repair electrical equipment elektryk
- farmer /fa:mə/ (n) = a person who owns or manages a farm rolnik, farmer
- fashionable /fæʃənəbəl/ (adj) = popular, stylish modny
- financial records (phr) = an account of profits and expenses dokumentacja finansowa
- fit /fit/ (v) = to be of the right size, shape, etc. pasować
- floral /floral/ (adj) = having a pattern of flowers on it kwiecisty, w kwiaty
- **forgetful** /fəˈgetfəl/ (adj) = absentminded zapominalski

- formal clothes (phr) = clothes worn on special occasions eleganckie/galowe ubranie
- generous /dʒenərəs/ (adj) = willing to give more of sth than is usual or expected hojny
- gentle /dʒentəl/ (adj) = calm and peaceful delikatny, subtelny
- hardworking /ha:d 'ws:km/ (adj) = a person who puts a lot of energy into his/her work pracowity
- high-heeled /har 'hi:ld/ (adj) =
 describing tall outer, back part of
 shoe na obcasie
- honest /pnəst/ (adj) = frank, sincere
 uczciwy
- impatient /im'per[ant/ (adj) = annoyed because of waiting too long for sth to happen niecierpliwy
- indifferent /m'dɪfərənt/ (adj) = not interested in nieczuły, obojętny
- interested in /mtrestrd in/ (adj) =
 wanting to know about a subject
 or take part in sth zainteresowany
 czymś
- jacket /dzækɪt/ (n) = hip-length coat tu: kurtka
- jealous of /dʒələs əv/ (adj) = feeling resentment because of sb's success zazdrosny o (kogos/coś)
- jumper /dʒʌmpə/ (n) = pullover
 pulower
- lazy /leɪzi/ (adj) = resistant to work leniwy
- leather /leðə/ (adj) = type of material made of animal skin skóra
- look after /lok a:ftə/ (phr v) = take care of opiekowac się
- look down on /lok 'daon on/ (phr v) = to think that sb has a lower status than me patrzeć z pogardą
- look for /luk fə/ (phr v) = search for szukać
- look forward /ˌlok 'fəːwəd/ (phr v) = eagerly anticipate czekać (na coś) z niecierpliwością
- look up /lok 'ap/ (phr v) = find in a book/list sprawdzać
- look up to /ˌluk 'ʌp tə/ (phr v) = to admire and respect sb podziwiać
- match /mætʃ/ (v) = (of two items of clothing or accessories) to look attractive together because of being a similar colour or pattern pasować
- miner /mamə/ (n) = a person who works underground in a mine górnik

- modest /mpdəst/ (adj) = fairly small in amount skromny
- moody /muːdi/ (adj) = frequently changing feelings and behaviour humorzasty, kapryśny
- musician /mju:'zɪʃən/ (n) = sb who plays a musical instrument as a job muzyk
- optimistic /pptrimistik/ (adj) = always looking at the positive side of people and situations optymistyczny, pozytywnie nastawiony do życia
- organised /əːgənaɪzd/ (adj) = arranged, put in order uporządkowany, zorganizowany
- patient /per[ent/ (adj) = not getting
 angry, annoyed, etc easily cierpliwy
- pessimistic /pesi'mistik/ (adj) = always believing that bad things will happen pesymistyczny
- plastic /plæstik/ (adj) = made of rubber-like substance plastikowy
- platform /plætfo:m/ (adj) = describing the thick raised sole of high-heeled shoes (o butach) na platformach
- polite /pə'laɪt/ (adj) = kind grzeczny, uprzejmy
- polka dot /polkə dot/ (adj) = a pattern with small or large dots w kropki
- positive /ppzztrv/ (adj) = being hopeful
 and confident pozytywnie
 nastawiony
- remove /rr'mu:v/ (v) = to get rid of sth;
 make sth disappear usuwać,
 likwidować
- rude to /ruxd tə/ (adj) = being impolite towards niegrzeczny (dla kogoś)
- scarf /ska:f/ (n) = a piece of cloth that
 you wear around your neck or
 head, usually to keep yourself
 warm szalik
- selfish /selfis/ (adj) = caring only
 about themselves samolubny
- sloppy /slopi/ (adj) = careless
 niechlujny
- stripes /straips/ (n) = patterned lines on an animal's skin paski
- suit /suit/ (v) = (of clothes) to look good on sb dobrze (na kimś) leżeć, mieć właściwy rozmiar
- sympathetic /ˌsɪmpəˈθetɪk/ (adj) = kind to sb and showing that you understand their feelings współczujący
- tactless /tæktləs/ (adj) = being inconsiderate nietaktowny

- tracksuit bottoms /ˌtræksuit 'botəmz/

 (n) = the trousers of a suit worn by an athlete to exercise spodnie dresowe
- trainers /tremaz/ (n) = shoes that people wear, esp. for running and other sports buty do biegania, adidasy
- translator /træns'leɪtə/ (n) = person whose job it is to change sth (usu sth written) from one language into another tłumacz
- **trendy** /trendi/ (adj) = fashionable, modern modny
- truthful /tru:0fol/ (adj) = being honest and not telling lies prawdomówny
- try on /trai 'on/ (phr v) = to put on a garment in order to see whether it fits and looks nice przymierzać ubranie
- underground /ˌʌndəˈgraund/ (adv) = below the surface of the ground podziemny
- waistcoat /weiskaut/ (n) = sleeveless piece of clothing with buttons kamizelka
- woollen /wulən/ (adj) = made from the hair of a sheep wełniany

1d

- afford /əˈfɔːd/ (v) = to have enough money for sth mieć na coś pieniądze, móc sobie na coś pozwolić
- bright /braɪt/ (adj) = intelligent; clever inteligentny
- **chat-show host** (phr) = the presenter of a talk show
- gospodarz/prowadzący chat show confident /konfident/ (adj) = assured pewny siebie
- degree /dr'gri:/ (n) = a course of study at a college or university, certificate stopień naukowy
- delighted /drlaitid/ (adj) = extremely
 pleased and excited about sth
 zachwycony
- demanding /drmq:ndɪŋ/ (adj) = difficult; challenging wymagający
- extended family /ikˌstendɪd ˈfæməli/ (n) = a family which includes aunts, uncles and grandparents who live altogether rodzina wielopokoleniowa
- hometown /həom'taon/ (n) = the place someone was born and raised rodzinne miasto

- incredible /ɪnˈkredɪbəl/ (adj) = amazing
 niesamowity
- inspiration /inspireifan/ (n) = a feeling from sb or sth that gives new ideas inspiracia
- lead role /li:d ,roul/ (n) = the major part in a theatrical play główna rola
- resign /rɪˈzaɪn/ (v) = to formally tell an employer that one is leaving a position rezygnować
- support /sə'pɔ:t/ (v) = to agree with
 and give encouragement to sb
 wspierać
- treasure the time (phr) = appreciate time spent cenić sobie czas
- venue /venju:/ (n) = a place where
 a special event happens miejsce
 (spotkania, koncertu)

1e

- come on /knm 'on/ (phr v) = hurry up
 Dalej! Pospiesz się!
- **never mind** (phr) = it does not matter nie przejmować się
- take care (phr) = to look after yourself (used when saying "goodbye" to sb) Trzymaj się!

1f

- at times /ət 'taɪmz/ (prep phr) = occasionally czasami
- bossy /bbsi/ (adj) = (of sb) who likes
 to give people orders władczy,
 apodyktyczny
- **drop a line** (phr) = to write a letter to sb napisać do kogoś list
- hot-tempered /hot 'temped/ (adj) =
 having sudden outbursts of anger
 porywczy, wybuchowy
- stubborn /sthben/ (adj) = determined not to change your ideas uparty

Language Focus 1

- assemble /əˈsembəl/ (v) = to come together in a group gromadzić się
- **collect** /kəˈlekt/ (v) = to bring together from different places zbierać
- continue /kən'tɪnju:/ (v) = to carry on kontynuować
- gather /gæðə/ (v) = to bring together zbierać się
- honour /pnə/ (v) = to respect honorować, upamiętniać
- maintain /mem'ntem/ (v) = to continue to have utrzymywać, zachowywać
- preserve /prrzszv/ (v) = to keep sth as it is zachować

- respect /rɪˈspekt/ (v) = to show admiration szanować
- value /vælju:/ (v) = to consider sth
 important cenić

Module 2 The environment

- land surface (phr) = the area of the Earth not covered by water lad
- mammal /mæməl/ (n) = an animal that gives birth to babies and feeds them on milk ssak
- occupy /pkjupai/ (v) = to fill an amount of space zajmować (miejsce)

2a

- anatomy /əˈnætəmi/ (n) = the structure of an animal's body anatomia, budowa
- attached (to) /ə'tætʃt tə/ (adj) = connected (to) przyczepione (do)
- body structure /bɒdi ˌstrʌktʃə/ (n) = the different parts of a body and how they are connected budowa ciała
- **bony plates** (phr) = flat pieces of bone płytki kostne
- capture the imagination (phr) = cause sb to feel interested in sth działać na wyobraźnie
- chameleon /kəˈmiːliən/ (n) = a type of lizard whose skin can change colour kameleon
- conserve /kənˈsɜːv/ (v) = to protect chronić
- current /kArant/ (n) = a steady and
 continuous flow of water in a river,
 etc prad
- distribution range (phr) = the area in which an animal lives obszar/zasięg występowania
- endangered /m'demd3ed/ (adj) =
 (of a species) being in danger of
 becoming extinct zagrożony
- estuary /estʃuəri/ (n) = the place where a river joins the sea ujście rzeki
- evolve /r'vplv/ (v) = to develop over a period of time rozwijać się stopniowo, ewoluować
- exceptionally limited (phr) = very small amount in range, etc wyjątkowo ograniczony
- feature /fi:tʃə/ (v) = to appear tu: występować
- fertilise /fs:tɪlaɪz/ (v) = to cause a baby animal to start forming zapładniać

- fin /fin/ (n) = the thin part on the side or top of a fish płetwa
- folklore /fəuklə:/ (n) = the traditional stories of a community, country, etc folklor
- for good /fə 'god/ (prep phr) = forever na zawsze
- function /fʌŋkʃən/ (n) = what sth does funkcja, rola
- gills /gɪlz/ (n) = the parts on the sides
 of fish which allow it to breath
 skrzela
- **grave danger** (phr) = serious threat poważne niebezpieczeńswo
- habitat /hæbɪtæt/ (n) = an animal's natural home środowisko życia
- horse-like head (phr) = a head that looks like a horse's głowa podobna do głowy konia
- limbs /limz/ (n) = arms and legs kończyny
- **long curved tail** (phr) = a long tail that bends długi, zakrzywiony ogon
- long pointed nose (phr) = a long
 nose with a point at the end długi,
 szpiczasty nos
- mate /meɪt/ (v) = to produce young łączyć się w pary
- millennium /mrˈleniəm/ (n) = one thousand years tysiaclecie
- peculiar /prkju:liə/ (adj) = unusual szczególny
- pipefish /paipfif/ (n) = a small fish in
 the same family as the seahorse
 iglicznia
- **pouch** /pautʃ/ (n) = a pocket of skin on an animal torba
- pregnant /pregnant/ (adj) = having
 a baby developing in your body
 cieżarna, w ciaży
- resemble /rr'zembəl/ (v) = to be or look similar to sth przypominać (kogoś, coś)
- scales /skerlz/ (n) = small flat pieces of skin that cover a fish łuski
- seaweed /si:wi:d/ (n) = a plant that
 grows in the sea wodorosty
- shallow waters (phr) = areas of water
 that are not deep plytkie wody
- sharp spikes (phr) = pointy pieces
 coming out from the body ostre
 kolce
- shellfish /ʃelˌfiʃ/ (n) = small creatures
 with shells that live in the sea
 skorupiaki
- stem /stem/ (n) = the long, thin part of
 a plant on which the flowers and
 leaves grow łodyga

- suck (up) /sAk 'Ap/ (v) = to bring sth into the mouth by inhaling zasysać
- survive /səˈvaɪv/ (v) = to continue to exist przeżyć, przetrwać
- sweep (away) /,swi:p ə'weɪ/ (v) = to
 move sth along quickly zmiatać,
 porywać
- swim bladder /swm blædə/ (n) = an organ inside a fish that helps it to swim pecherz pławny
- tiny eyes (phr) = small eyes maleńkie oczka
- without a doubt /wɪˌðaot ə 'daot/ (prep phr) = certainly; definitely niewatpliwie
- wrap /ræp/ (v) = to put your arms, legs, etc around sth tightly obejmować, otulać

- amphibian /æmˈfɪbiən/ (n) = an animal that can live both in water or on land płaz
- at risk /at 'rɪsk/ (prep phr) = in danger zagrożony
- **beetle** /bi:təl/ (n) = a small black insect with a hard covering chrząszcz, żuk
- bring about /ˌbrɪŋ əˈbaʊt/ (phr v) = to cause sth to happen powodować
- bring out /,brɪŋ 'aot/ (phr v) = to release a book, album, etc and put in on sale publikować
- bring round /brɪŋ 'raund/ (phr v) = to help sb gain consciousness ocucić
- bring up /ˌbrɪŋ 'ʌp/ (phr v) = to raise a child wychowywać dzieci
- by law /baɪ 'lo:/ (prep phr) = legally zgodnie z prawem
- deforestation /dixforr/sterfen/ (n) = the act of cutting down or destroying all the trees in an area wylesienie
- **due to** /dju: tə/ (prep) = because of z powodu (czegoś), dzięki (czemuś)
- energy waste /enadzi 'weist/ (n) = the act of using more energy than is needed marnowanie energii
- extinction /ik'stiŋkʃən/ (n) = the death of all the members of a species wyginięcie
- face /feis/ (v) = to have to deal with danger zmierzyć się (z niebezpieczeństwem)
- feather /feðə/ (n) = a soft hair on a bird's body pióro
- fishing net /fisiŋ net/ (n) = a piece of material used to catch fish sieć rybacka

- forest fire /forist 'faiə/ (n) = a fire in a wooded area pożar lasu
- global /glaubal/ (adj) = happening in or affecting all parts of the world światowy, globalny
- grab /græb/ (v) = to take or pick up sth quickly and roughly chwytać
- hide (from) /hard (from)/ (v) = to stop sth from being seen ukrywać się (przed)
- in danger /m 'demd3ə/ (prep phr) = at risk zagrożony
- in the wild /in ðə 'waɪld/ (prep phr) = in nature; in land not inhabited by people na wolności
- in trouble /in 'trabel/ (prep phr) = at
 risk zagrożony
- insect /msekt/ (n) = a small animal
 that has six legs and a body
 divided in three parts owad
- landfill /lændfil/ (n) = a hole where large amounts of rubbish are put wysypisko
- **legally** /li:gəli/ (adv) = according to the law legalnie, zgodnie z prawem
- loss /lps/ (n) = the state of sth no longer existing zniknięcie
- melting ice caps (phr) = large pieces of ice which are changing into liquid topniejące pokrywy lodowe
- oil spill /oɪl spil/ (n) = a layer of oil floating on the sea after an accident wyciek ropy
- preserve /prr'zɜːv/ (v) = to maintain zachować, ocalić
- protect (from) /pro'tekt (from)/ (v) = to
 keep sth safe from sth else chronić
 (przed)
- reduction /rrˈdʌkʃən/ (n) = decrease redukcja, zmniejszenie, obniżenie
- rely on /rrlar pn/ (v) = depend on polegać na czymś, być zależnym od czegoś
- reptile /reptail/ (n) = a cold-blooded
 animal with scaly skin that lays eggs
 gad
- rodent /rəudənt/ (n) = a small mammal with sharp front teeth (e.g. rats, mice, squirrels) gryzoń
- salmon /sæmən/ (n) = a large, silvercoloured fish with pink flesh łosoś
- save (from) /seɪv (frəm)/ (v) = to stop
 sb or sth from being destroyed or
 killed ratować (przed)
- scaly /skeɪli/ (adj) = having scales, small flat pieces of skin that cover a fish pokryty łuskami

- shortage /ʃo:tɪdʒ/ (n) = a lack of niedobór
- spotted pelt (phr) = the skin of an animal with coloured dots nakrapiana skóra/futro
- support /sə'pə:t/ (v) = to encourage sb
 to succeed wspierać
- threatened $/\theta$ retand/ (adj) = at risk of suffering harm zagrożony
- toad /təud/ (n) = a frog-like animal with warty skin ropucha
- warm-blooded /worm 'bladid/ (adj) = with a body temperature not affected by the surrounding temperature stałocieplny, ciepłokrwisty
- waste /weist/ (n) = the act of using too much of sth than is needed marnowanie
- water pollution /wo:tə pəˈlu:ʃən/ (n) = the contamination of rivers, seas, etc zanieczyszczenie wody

2d

- accidental poisoning (phr) = the act of causing sb/sth to take poison without meaning to przypadkowe zatrucie
- **breed** /bri:d/ (v) = to have babies hodować
- critically endangered species list (phr) = a collection of names of animals which are in danger of becoming extinct lista najbardziej zagrożonych gatunków, czerwona lista gatunków zagrożonych
- cure /kjuə/ (n) = medicine or
 treatment that causes an illness to
 end lekarstwo
- game reserve /geim ri,zs:v/ (n) =
 a large area of land, where animals
 live safely rezerwat dzikich zwierząt
- habitat loss /hæbitæt ,los/ (n) = the state of an animal's natural surroundings no longer existing utrata siedliska/środowiska naturalnego
- hunting /hʌntɪŋ/ (n) = chasing and killing animals for food or as a sport polowanie
- land surface (phr) = the outside layer of the Earth obszary lądowe
- life-threatening disease (phr) = an illness that could kill a person or animal choroba zagrażająca życiu
- medicinal use (phr) = the function of sth as a medicine zastosowanie lecznicze

- oxygen supply /bksidʒən səˌplai/ (n) = the amount of breathing air available zapas tlenu
- poacher /pəutʃə/ (n) = an illegal hunter of wild animals kłusownik
- raise awareness (phr) = to make people notice sth zwiększać świadomość
- urban areas (phr) = places occupied by towns or cities tereny miejskie vanish /vænɪʃ/ (v) = to disappear
- vanish /ˈvænɪ]/ (v) = to disa zanikać, znikać

2f

- absorb /əbˈsɔːb/ (v) = to take sth in absorbować, wchłaniać
- adopt /əˈdɒpt/ (v) = to regularly pay a certain amount of money to a zoo, charity, etc to take care of an animal adoptować, zaopiekować się
- carbon monoxide /ˌkɑːbən məˈnɒksaɪd/ (n) = a poisonous gas produced by car fumes, etc tlenek wegla
- contribute to /kənˈtrɪbjuːt tə/ (v) = to add to przyczyniać się do czegoś
- coral /kprel/ (n) = a hard substance
 formed from the bones of a type
 of sea creature koral
- effective /rfektry/ (adj) = producing the desired results efektywny
- exhaust fumes /ig'zo:st fju:mz/ (n) = gases released by a vehicle when the engine is running spaliny
- frightening proportions (phr) = of a size that is very serious przerażająca skala
- **growth** /grəυθ/ (n) = development wzrost
- ivory /arvəri/ (n) = a hard creamcoloured substance which forms an elephant's tusks kość słoniowa
- loose /luːs/ (adj) = (of fruit, vegetables, etc) not in packaging luzem, na
- **urban areas** (phr) = places occupied by towns or cities tereny miejskie

Language Focus 2

- at risk (phr) = in a dangerous situation zagrożony
- continue /kənˈtmjuː/ (v) = to keep happening kontynuować
- **develop** /drvelap/ (v) = to become more advanced rozwijać się
- evolve /ɪvɒlv/ (v) = to develop gradually rozwijać się stopniowo, ewoluować

- **expand** /ɪk'spænd/ (v) = to increase in size rozrastać/rozszerzać się
- grow /grəu/ (v) = to get bigger rosnąć in danger of (phr) = the possibility that sth bad will happen zagrożony czymś
- last /last/ (v) = to continue trwać remain /rrmem/ (v) = to continue to exist when others do not pozostać
- survive /sə'vaɪv/ (v) = to continue to live after being in a difficult situation przeżyć, przetrwać
- threat /0ret/ (n) = suggestion of violence/danger groźba, zagrożenie trouble /trʌbəl/ (n) = difficulties kłopoty, problemy

Travel

Module 3

- cosy /kəʊzi/ (adj) = comfortable przytulny
- crystal clear (phr) = clean and transparent krystalicznie czysty
- deserted /dr'za:trd/ (adj) = abandoned,
 empty opustoszały
- experience /ɪk'spɪəriəns/ (v) = be in a particular situation or have sth happen to you doświadczyć czegoś
- freezing cold (phr) = extremely cold lodowato, bardzo zimno
- scorching hot (phr) = extremely hot upalnie
- secluded /srklu:drd/ (adj) = (of place)
 quiet and private ustronny,
 odosobniony

3a

- add to /æd tə/ (v) = to increase zwiekszać
- **be located** /bi ləʊˈkeɪtɪd/ (v) = to be situated mieścić się, być położonym
- circulate /ss:kjulent/ (v) = to move within a closed place krażyć
- dare /deə/ (v) = to be brave enough to do sth odważyć się
- eager to /i:gə tə/ (adj) = showing keen
 interest chętny
- entire /m'tarə/ (adj) = the whole of sth cały, całkowity
- exploration / eksplorer[on/ (n) = the act of travelling through a place to discover it badanie, eksploracja
- gaze (upon) /geiz apon/ (v) = to look long and fixedly at sth wpatrywać sie
- **gorge** /go:dʒ/ (n) = deep passage with steep rocky sides wawóz

- magnificence /mægˈnɪfɪsəns/ (n) = splendor, lavishness świetność, wspaniałość
- marvel /ma:vəl/ (n) = sth worth admiring cud, coś pięknego
- medical missionary /medikəl 'misənəri/
 (n) = person sent on a mission to
 do medical work lekarz misjonarz
- name after /neɪm ɑːftə/ (phr v) = to give a child the name of someone nadać (komuś) imię po kimś
- natural wonder (phr) = a place of
 natural beauty that causes surprise
 and admiration cud
 natury/przyrody
- passionate about /pæʃənət əbaut/
 (adj) = having powerful emotions
 for zafascynowany czymś
- plunge /pland3/ (n) = a rapid decrease
 in value or amount gwałtowny
 spadek
- plunge into /pland3 intə/ (v) = fall suddenly down spadać z impetem
- rainbow /rembou/ (n) = a band of colours appearing in the sky tęcza
- rise /raɪz/ (v) = to become higher, to increase wznosić się
- sheet /ʃiːt/ (n) = a large flat area of ice
 or water spread over a surface tafla
- spectacular /spek'tækjulə/ (adj) =
 impressive spektakularny
- stumble upon /stambəl əpon/ (v) = to come across by chance natknąć się przypadkiem na coś
- thunder $/\theta$ and θ (n) = a loud sound created by lightning grzmot
- tourist attraction /tverrst əˌtrækʃən/
 (n) = sth tourists can go to for interest or enjoyment atrakcja turystyczna
- undoubtedly /An'daotidli/ (adv) = with complete certainty niewatpliwie
- unique experience (phr) = one and only event wyjątkowe doświadczenie
- vast mass of land (phr) = large area rozległy obszar
- venture /ventʃə/ (v) = to risk going somewhere risky odważyć się, podjąć się ryzykownego przedsięwzięcia
- witness /wɪtnəs/ (v) = to see, observe an incident być świadkiem zdarzenia
- wonders /wʌndəz/ (n) = monumental human or natural creations cuda natury lub architektury i sztuki

World Heritage Site (phr) = place listed by UNESCO as one of cultural significance obiekt/miejsce na Liście Światowego Dziedzictwa UNESCO

- all /ɔ:l/ (pron) = everyone wszyscy area /eəriə/ (n) = a particular part of somewhere obszar, teren
- boarding pass /ˈbɔːdɪŋ pɑːs/ (n) = a card which a passenger must have when boarding a plane or a boat karta pokładowa
- boot /bu:t/ (n) = a type of shoe that
 covers your foot and part of your
 leg botek, trzewik
- brake /breik/ (n) = a device in
 a vehicle that makes it stop or go
 slower hamulec
- break /breik/ (n) = a rest from working
 przerwa
- buffet /bufer/ (n) = a type of meal where guests serve themselves food from various dishes displayed on a table or sideboard bufet
- carriage /kærɪdʒ/ (n) = one of the separate sections of a train that carries passengers wagon
- circle /ss:kəl/ (n) = a continuous curved line krag, okrag
- city break /ˌsɪtɪ 'breɪk/ (n) = a short period away in a city krótkie wakacje w innym mieście
- come across /knm əkros / (phr v) = to discover or to notice natknąć się na kogoś/coś
- come down with /ˌkʌm ˈdaʊn wɪð/ (phr v) = to get an illness zachorować na
- come into /kʌm mtə/ (phr v) = to
 inherit odziedziczyć
- come round /ˌkʌm 'raund/ (phr v) = to
 visit sb wpaść do kogoś, wstąpić
- come up with /kam 'ap wið/ (phr v) = to think of something, an idea wpaść na pomysł
- compartment /kəmˈpɑːtmənt/ (n) = one of the sections into which a railway carriage is divided przedział
- conference facilities (phr) = furniture
 and objects found in a conference
 room sprzęt konferencyjny
- deck /dek/ (n) = a flat, open surface on a ship pokład
- disabled facilities (phr) = amenities that help the disabled udogodnienia dla niepełnosprawnych

- dry cleaning service (phr) =
 a professional service that cleans
 clothes pranie chemiczne
- equipment /rkwrpment/ (n) = tools needed for a particular activity sprzęt, wyposażenie
- facility /fəˈsɪləti/ (n) = a service provided for a particular purpose udogodnienie
- free /fri:/ (adj) = no charge bezpłatny
 free of charge (phr) = not having to
 pay money darmowy, bezpłatny
- handlebar /hændəlba:/ (n) = metal part used to steer and control a bicycle kierownica roweru
- in advance /m ədvɑːns/ (prep phr) = beforehand z góry
- indicated /indikeitid/ (pp) = shown
 wskazany, zaznaczony
- landing /lændɪŋ/ (n) = bringing an aircraft down to the ground ladowanie
- locate /ləʊˈkeɪt/ (v) = to find the position of sth lokalizować
- none /nAn/(pron) = not one żaden
- on request /on rrkwest/ (prep phr) = when asked for na żądanie
- open /əupən/ (adj) = not closed
 otwarty
- position /pəˈzɪʃən/ (v) = to place sth or sb somewhere umiejscowić
- pride on /praid on/ (v) = to be proud
 of szczycić się czymś, być dumnym
 z czegoś
- rearview mirror /rɪə vju: 'mɪrə/ (n) =
 the mirror inside a car that helps
 drivers to see the traffic behind
 lusterko wsteczne
- room service /ro:m ,sa:vis/ (n) = meals or drinks provided to hotel guests in their rooms dostaczanie posiłków do pokoju w hotelach
- round-the-clock (phr) = happening 24 hrs całodobowy
- rural /ruərəl/ (adj) = being far away
 from a city wiejski
- servant /sɜ:vənt/ (n) = person employed to work at someone's home pomoc domowa, służąca, służący
- space /speis/ (n) = an area that is available for a particular purpose przestrzeń
- staff /sta:f/ (n) = all the employees of an organisation personel, kadra, pracownicy
- stay /steɪ/ (n) = the period of time
 spent in a place pobyt

- stop /stop/ (n) = a place where buses
 or trains regularly stop for people
 to get on and off przystanek
- takeoff /teikof/ (n) = the beginning of a flight, when a plane leaves the ground start samolotu
- urban /s:bən/ (adj) = characteristics like a town or city miejski

3d

- car breaks down (phr) = car malfunctions samochód psuje się
- check-in /tʃek ɪn/ (n) = the counter or desk where passports are checked before boarding stanowisko odprawy paszportowej
- cramped hotel room (phr) = a room lacking in space ciasny pokój hotelowy
- dirty beach/sea (phr) = polluted beach/sea brudna plaża / zanieczyszczone morze
- disastrous /dr'za:strəs/ (adj) = an event that is very unsuccessful katastrofalny, nieudany
- exhilarating /ɪgˈzɪləreɪtɪŋ/ (adj) = making one feel very happy and excited radosny, ekscytujący
- get food poisoning (phr) = become ill after eating bad food nabawić się zatrucia pokarmowego
- get sunburnt (phr) = get red, sore skin after sitting under the sun nabawić się poparzenia słonecznego
- have credit card stolen (phr) = be robbed of your credit card zostać okradzionym z karty kredytowej
- have terrible weather (phr) = have bad weather conditions mieć okropną pogodę
- lose luggage (phr) = lose suitcases zgubić bagaż
- miss a flight (phr) = arrive late and not board the plane spóźnić się na odlot samolotu
- not speak the language (phr) = not know a language nie mówić danym językiem
- passport is out of date (phr) =
 passport has expired paszport jest
 nieważny
- resort /rr'zo:t/ (n) = a place many people go to rest, play sport etc kurort
- rude hotel staff (phr) = impolite hotel employee nieuprzejma obsługa hotelowa

thrill-seeker / 'θrɪl ˌsi:kə/ (n) = a person in search of adventure poszukiwacz wrażeń

3f

- aimlessly /emləsli/ (adv) = without clear purpose bez celu
- cobbled /kpbald/ (adj) = (of street)
 with surface made up of small
 smooth round stones brukowany
- creepy /kri:pi/ (adj) = scary
 przyprawiający o gęsią skórkę
- gracefully /greisfəli/ (adv) = in
 a smooth and controlled way
 wdziecznie
- holiday destination (phr) = popular tourist place cel wakacyjnych wyjazdów
- increasingly /ɪnˈkriːsɪŋli/ (adv) = continuously, more and more
- w coraz większym stopniu
- mist /mist/ (n) = a very light fog mgiełka
- picturesque /piktforesk/ (adj) =
 a place that is attractive and
 natural in appearance malowniczy
- quaint /kwemt/ (adj) = attractive
 because it is unusual and rather
 old-fashioned osobliwy, uroczy
- stunning /stanin/ (adj) = amazing, beautiful, very attractive oszałamiający
- weird /wied/ (adj) = strange dziwaczny

Language Focus 3

- beat /bi:t/ (v) = to defeat pokonać
 challenge /tʃælɪndʒ/ (v) = to invite sb
 to take part in a game/
 competition rzucić komuś wyzwanie
- characteristic /kærəkteˈrɪstɪk/ (n) = a noticeable quality of sth cecha charakterystyczna
- dare /deə/ (v) = to be brave enough to do sth odważyć się
- examine /ɪgˈzæmɪn/ (v) = to look closely at sth sprawdzać, przyjrzeć się dokładnie
- **explore** /ɪkˈsplɔː/ (v) = to search a place badać, eksplorować
- feature /fixtʃə/ (n) = an important part of sth cecha charakterystyczna
- gaze /geɪz/ (v) = to look at sth for a long time in admiration wpatrywać się
- hit /hɪt/ (v) = to reach a target uderzać

- investigate /in'vestigeit/ (v) = to examine a crime/problem to find the truth prowadzić śledztwo
- knock down /nok 'daon/ (phr v) = to
 reduce obnizyć (np. cenę)
- observe /əb'zɜ:v/ (v) = to watch sth carefully to learn about it obserwować
- risk /rɪsk/ (v) = to do sth that may have bad consequences ryzykować
- sights /saɪts/ (n) = places of interest
 atrakcje turystyczne, widoki
- sites /sarts/ (n) = a place where sth
 is/was/happened miejsce
 (np. bitwy)
- stare /steə/ (v) = to look at sth with
 eyes wide open gapić się
- strike /straɪk/ (v) = to chime (of a clock) (o zegarze) bić
- venture /ventʃə/ (v) = to risk doing sth which might be unpleasant odważyć się, podjąć się trudnego zadania
- witness /wɪtnəs/ (v) = to see a crime/accident happen być świadkiem (przestępstwa/wypadku)

Module 4 Social life

- altar /o:lto/ (n) = holy table in a church ottarz
- carpenter /ka:pəntə/ (n) = a person who makes and/or fixes wooden things stolarz
- dress up /dres 'Ap/ (phr v) = to wear special clothes or costume przebrać się za (kogoś/coś)
- evil spirits (phr) = powerful forces that cause bad things złe duchy
- fireworks /faɪəwɜːks/ (n) = small containers filled with explosive substances which produce loud noise and brightly coloured patterns in the sky ognie sztuczne
- honour /pnə/ (v) = to show great respect for sb/sth honorować, upamiętniać
- lantern /læntən/ (n) = a lamp in a metal frame with glass sides and a handle on top latarnia, lampion
- longship /loŋ∫ɪp/ (n) = a narrow open vessel with oars used by the Vikings łódź wikingów, drakkar
- patron saint /pertron 'seint/ (n) =
 a saint who gives protection swięty
 patron
- put up /pot 'Ap/ (phr v) = stick or fasten sth zawiesić, przymocować

- replica /replikə/ (n) = a copy of sth replika, kopia
- scare away /ˌskeər əˈweɪ/ (phr v) = to
 frighten someone so that they go
 away odstraszać
- set off /ˌset 'of/ (phr v) = to start
 odpalać (np. sztuczne ognie)

4a

- ancient ritual (phr) = a ceremony of
 the past starodawny rytuał
- applaud /əˈplɔːd/ (v) = to clap in order to show approval of sb/sth oklaskiwać
- bonfire /bonfare/ (n) = a fire made
 outdoors as part of a celebration
 ognisko
- brass band /brass 'bænd/ (n) = a group of musicians who play musical instruments such as trumpets and horns orkiestra deta
- **burning tar** (phr) = thick black sticky substance in flames płonaca smoła
- cheer /tʃɪə/ (v) = to shout loudly to encourage sb or to show approval wiwatować
- complete a circuit (phr) = go round an entire set route wykonać okrażenie
- court jester /kɔːt dʒestə/ (n) = a person who made kings laugh nadworny błazen
- eye-catching costumes (phr) = outfits for dressing up that draw attention stroje przyciągające wzrok
- **fancy dress** (phr) = funny clothing worn to a party przebranie, kostium
- gather /gæðə/ (v) = (to cause) to come together zbierać się, gromadzić
- gladiator /glædieɪtə/ (n) = a man who fought to entertain an audience in ancient Rome gladiator
- hurl /hɜːl/ (v) = to throw with a lot of force ciskać, miotać
- in anticipation of /in ænˌtɪsɪˈpeɪʃən əv/ (prep phr) = looking forward to
- w oczekiwaniu na coś
- invasion /ɪnˈveɪʒən/ (n) = intrusion inwazja, najazd
- **lift** /lɪft/ (v) = to move sb or sth upwards podnosić
- nestle /nesəl/ (v) = to be in a comfortable or sheltered area usadowić się, przycupnąć
- outstanding /aut'stændıŋ/ (adj) = excellent wyróżniający się, wybitny

- parade /pəˈreɪd/ (n) = a group of people going in the same direction, celebrating sth parada procession /prəˈse [ən/ (n) = a group of
- procession /prəˈse∫ən/ (n) = a group of people walking in a line as part of an event pochód, parada
- shallow wooden barrels (phr) = a wooden container with a short distance from top to bottom płytkie drewniane beczki
- sleepy /sli:pi/ (adj) = drowsy senny
 spectacle /spektakal/ (n) = a sight,
 a scene widowisko
- stand in the streets (phr) = be outside in one position stać na ulicach
- swarm /swo:m/ (v) = (of a group of people) to have somewhere in large numbers roić się, mrowić się

- burst into applause (phr) = suddenly start clapping klaskać entuzjastycznie, zgotować owację
- excited about /ik'saitid əbaut/ (adj) = looking forward to sth podekscytowany czymś
- full of /ful əv/ (adj) = have a lot of sth pełny czegoś
- funeral /fju:nərəl/ (n) = a ceremony in connection with a burial pogrzeb
- generosity /ˌdʒenəˈrɒsɪti/ (n) = willingness to give hojność
- **give out** /gɪv 'aut/ (phr v) = to distribute rozdawać
- (in) honour /pne/ (v) = to show great respect for sb/sth dla upamiętnienia/uczczenia kogoś/czegoś
- in advance /in əd'vɑ:ns/ (prep phr) = before sth z góry, wcześniej
- in charge /m 'tʃɑːdʒ/ (prep phr) = have the control być odpowiedzialnym za coś
- logo /ləugəu/ (n) = a small design used by an organisation to identify itself logo
- make it up (phr) = to invent sth, usually a story or lie zmyślać
- make out /meik 'aut/ (phr v) = to manage to see or hear sth with difficulty zrozumieć
- make up /meɪk 'ʌp/ (phr v) = to become friends again pogodzić się
- make up for /meik 'Ap fo/ (phr v) = compensate wynagrodzić, zadośćuczynić

- march /most[/ (v/n) = walk in a group in a regular step maszerować
- on display /pn displei/ (prep phr) = arranging goods/objects for people to look at na wystawie, na widoku
- pace /peis/ (v) = walk at a specific speed kroczyć
- praise /preiz/ (v) = admire, honour, compliment chwalić
- retirement /rɪ'taɪəmənt/ (n) = the time when a worker leaves his job and stops working completely emerytura
- roast /rəust/ (adj) = cooked food in an oven or over a fire pieczony
- route /ru:t/ (n) = a way from one place
 to another trasa, droga
- senseless /sensles/ (adj) = happening for no good reason, foolish bezsensowny
- shamrock /∫æmrok/ (n) = plant with three leaves on each stem koniczyna
- sign /saɪn/ (n) = a mark or shape that
 always has a particular meaning
 znak
- speechless /spirtfles/ (adj) =
 temporarily unable to speak
 because of shock, surprise, etc
 oniemialy
- symbol /simbol/ (n) = sth that is used
 to indicate sth else symbol
- take place on (phr) = happen at a certain time odbywać się, wydarzyć się w określonym czasie thanks to (phr) = because of dzięki

4d

- altar /o:ltə/ (n) = a type of table used in a church ottarz
- consume /kənˈsjum/ (v) = eat or drink, especially a lot of something konsumować, jeść
- **decline** /dr'klaɪn/ (n) = becoming less important or worse spadek
- departed /dr'pa:tid/ (adj) = someone who left/is dead tu: zmarli
- distinctive /dr'stmktrv/ (adj) =
 characteristic, easily recognisable
 charakterystyczny
- early civilisation (phr) = ancient developed culture starożytna cywilizacja
- **festivity** /fe'strvitiz/ (n) = celebration uroczystość

- **festoon** /fe'stu:n/ (v) = to decorate with flowers/chains of paper przyozdabiać
- gloomy /glu:mi/ (adj) = dark or poorly
 lit, especially to appear frightening
 ciemny, mroczny
- grave /greɪv/ (n) = a place where a dead person lies grób, grobowiec
- heyday /heɪdeɪ/ (n) = a time in sb's life when they are most powerful, successful or popular okres pełnego rozkwitu
- lavish /lævɪʃ/ (adj) = more than needed, rich pelen przepychu
- Lent /lent/ (n) = period of 40 days before Easter when Christians do not eat meat, cheese, etc Wielki Post
- misty /mɪsti/ (adj) = slightly foggy zamglony, mglisty
- nutrition /nju:trr∫en/ (n) = all the vitamins, minerals, etc necessary for a body to be healthy odżywianie
- origins /prid3inz/ (pl n) = where sth comes from or it began pochodzenie
- outrageous /autreidgəs/ (adj) = shockingly bad oburzający, szokujący
- revive /rr'varv/ (v) = help sb become conscious again wznawiać, wskrzeszać
- sinister /sinistə/ (adj) = sth that is evil
 or harmful złowieszczy
- slap-up /slæp Ap/ (adj) = large and good (meal) wystawny

4f

- awesome /bisom/ (adj) = very impressive fantastyczny, robiący wrażenie
- barbecue pit /ba:bikju: pit/ (n) = a hole in the ground where you light a fire dół na barbecue
- carve /ka:v/ (v) = make objects by cutting them out of wood or stone rzeźbić
- mouth-watering /mau θ ,wo:tərɪŋ/ (adj) = of food) delicious apetyczny
- resident /rezɪdənt/ (n) = a person who lives in a house, area or country mieszkaniec, rezydent

Language Focus 4

- anticipation /ænˌtɪsɪˈpeɪʃən/ (n) =
 a feeling of excitement about sth
 that is going to happen
 oczekiwanie
- attach /əˈtætʃ/ (v) = to add sth to sth else dołączyć
- (be) crowded /kraudid/ (adj) = full of people (być) zatłoczonym
- (be) full of /ful əv/ (adj) = containing a lot (być) pełnym czegoś
- (be) packed (with) /pækt wið/ (adj) = full of people/things (być) szczelnie wypełnionym (czymś)
- (be) stuffed (with) /staft wið/ (adj) = full/filled (być) wypchanym (czymś)
- cease /si:s/ (v) = to stop przestać
 (np. padać)
- **complete** /kəmˈpliːt/ (v) = to make sth whole skończyć
- conclude /kənˈkluːd/ (v) = to end a speech or piece of writing zakończyć
- connect /kəˈnekt/ (v) = to join things łączyć, połączyć
- expectation /ekspe'kter[ən/ (n) = a feeling that sth is going to happen oczekiwanie
- fasten /fassen/ (v) = to fix things firmly together umocować, zapiąć (pasy)
- finalise /faməlarz/ (v) = to make a final decision about sth sfinalizować
- hope /həup/ (n) = when you want sth to happen nadzieja
- link /lmk/ (v) = to join two things połączyć
- suspense /səˈspens/ (n) = a feeling of not knowing what will happen napięcie, stan niepewności

Module 5 Crime

- **break the law** (phr) = to disobey a rule or law łamać prawo
- **burglary** /bs:gləri/ (n) = break-in, robbery włamanie
- flee /fli:/ (v) = to leave a place quickly uciekać
- hostage /hpstrdz/ (n) = someone held in capture zakładnik
- kidnapping /kɪdnæpɪŋ/ (n) = taking sb by force and holding them prisoner porwanie
- mugging /mʌgɪŋ/ (n) = a physical attack by sb to steal money rozbój, napad

- pensioner /pensone/ (n) = elderly person who has stopped working and receives money from the government emeryt
- **robbery** /roberi/ (n) = the crime of stealing rabunek, kradzież, napad
- steal /sti:l/ (v) = to take without permission kraść
- surveillance cameras /səˌveɪləns 'kæmərəz/ (n) = cameras used to watch over buildings or areas kamery monitorujące, monitoring
- theft /θeft/ (n) = the crime of stealing kradzież
- vandalism /vændəlizəm/ (n) = the act of damaging other people's property wandalizm

5a

- accurate /ækjurət/ (adj) = correct and detailed dokładny
- aid investigations (phr) = help
 a search to find the truth pomagać
 w śledztwie
- brief on the crime (phr) = give instructions and information about a crime poinformować o szczegółach zbrodni/przestępstwa
- clear eye (phr) = not confused spostrzegawczość, bystre spojrzenie
- clearly visible (phr) = easily seen
 dobrze widoczny
- close-up images (phr) = photograph taken from a short distance zbliżenia
- clue /klu:/ (n) = a piece of information that helps find the answer to a mystery or problem wskazówka
- course of a day (phr) = over a 24hr period w ciągu dnia
- crucial /kru:fəl/ (adj) = critical,
 extremely important istotny
- deal with /di:l wið/ (phr v) = to handle or cope with a situation radzić sobie z czymś
- detached /drtætʃt/ (adj) = showing no emotional involvement or interest in asituation obojetny, bezstronny
- **discarded** /dɪsˈkɑːdɪd/ (adj) = thrown away porzucony
- document a crime scene (phr) = record the details of a place where a crime happened dokumentować miejsce zbrodni
- emotional /r'məuʃənəl/ (adj) = having or causing strong feelings emocjonalny

- encourage /ɪnˈkʌrɪdʒd/ (v) = to positively advise sb to do sth zachecać
- essential /r'senfəl/ (adj) = extremely important, absolutely necessary konieczny
- evidence /evidens/ (n) = information which proves sth dowody
- fatal /feɪtəl/ (adj) = causing death śmiertelny
- fatal road accident (phr) = road accident that resulted in death śmiertelny wypadek drogowy
- focus on /fəukəs pn/ (v) = to concentrate on sth koncentrować się na czymś
- focus on individual details (phr) = concentrate on separate pieces of information koncentrować się na poszczególnych detalach
- forensics drama (phr) = a TV series about scientific crime investigations serial o pracy laboratorium kryminalistycznego
- gather /gæðə/ (v) = (to cause) to come together zbierać, gromadzić
- **get listed** (phr) = be recorded zostać umieszczonym w wykazie
- **hold a fascination** (phr) = to strongly interest sb fascynować kogoś
- illuminate /t'lu:mmet/ (v) = to light up oświetlić
- impact /impækt/ (n) = a powerful
 effect wpływ
- in court /in 'kɔːt/ (prep phr) = inside a place where legal decisions are made w sadzie
- inspire /mˈspaɪə/ (v) = to be the source of an idea or a motivation porywać, inspirować
- murder case /mɜːdə keɪs/ (n) = investigation into a crime of killing someone on purpose sprawa
- o zabójstwo
- murder investigation /mɜːdər
 mˌvestrˈgeɪʃən/ (n) = trying to solve
 a crime involving a death śledztwo
 w sprawie zabójstwa
- no room for experimentation (phr) = not allowed to experiment nie ma miejsca na eksperymenty, nie wolno eksperymentować
- officer-in-charge /pfisər in 'tʃaːdʒ/ (n) = policeman in authority oficer dowodzący, dowódca
- on a personal level /pn ə pəssənəl 'levəl/ (prep phr) = to oneself osobiście

- on call /on 'ko:l/ (prep phr) = whenever needed na dyżurze
- overall /əuvərˈɔːl/ (adj) = general ogólny, całościowy
- overhead /,ouvo/hed/ (adv) = above sb's head nad głową
- peace of mind (phr) = sanity spokój ducha
- photo log /fəʊtəʊ lɒg/ (n) = an album where photos are recorded rejestr zdjeć
- photograph the victim (phr) = take
 a picture of a person killed in
 a crime fotografować ofiarę zbrodni
- public /pʌblɪk/ (adj) = relating to all
 people in a country or community
 publiczny
- require /rɪˈkwaɪə/ (v) = to need wymagać
- scene of a crime (phr) = the place a crime happens miejsce zbrodni
- take an overall view (phr) = photograph the whole scene zobaczyć/sfotografować w całości
- tough /tʌf/ (adj) = difficult, hard trudny, ciężki
- unpredictable /ˌʌnprrˈdɪktəbəl/ (adj) =
 constantly changing
 nieprzewidywalny
- used as evidence (phr) = information useful to an investigation użyte jako dowód
- victim/viktim/ (n) = sb who has
 suffered as a result of the actions
 of sb else ofiara
- wide angle lens /ward æŋgəl 'lenz/ (n) = a camera lens that provides a bigger view than usual obiektyw szerokokatny
- zoom lens /zuːm ,lenz/ (n) = a camera lens that makes sth look closer obiektyw ze zmienną ogniskową

- accuse /ə'kju:z/ (v) = to blame oskarżać appear in court (phr) = be seen by a judge about a crime stanąć przed sadem
- armed /amd/ (adj) = carrying
 a weapon uzbrojony
- attempt /ə'tempt/ (v) = to try to do sth
 próbować
- bill /bil/ (n) = a formal statement of a new law that is discussed and then voted for by the government projekt ustawy

- break down /ˌbreɪk 'daon/ (phr v) = (of a person) lose control and be very upset załamać się
- **break in** /,breik 'in/ (phr v) = enter somewhere by force włamać się
- break into /breik mtə/ (phr v) = enter a building by force włamywać się
- break out /ˌbreɪk 'aʊt/ (phr v) = start suddenly wybuchnać
- break up /ˌbreɪk 'ʌp/ (phr v) = (of a relationship, etc) end (o związku) rozpaść się, zerwać z kimś
- bring sb before a judge (phr) = to make sb appear in court to answer a criminal charge doprowadzić przed sąd
- burgle /bs:gəl/ (v) = break into and steal włamać się do
- charge with /tʃaːdʒ wɪð/ (v) = accuse formally oskarżyć o
- deter /dr'ts:/ (v) = discourage sb from sth odstraszać
- escape /rˈskeɪp/ (v) = to get away uciekać
- **be found guilty** (phr) = be legally responsible for committing a crime zostać uznanym za winnego
- handcuffs /hændknfs/ (n) = metal rings which are fastened round a prisoner's wrists kajdanki
- inquire /in'kwaiə/ (v) = to ask for more information about sth prowadzić śledztwo/dochodzenie
- install /m'sto:l/ (v) = (of a piece of equipment) to put it somewhere and connect it instalować
- kidnapper /kidnæpə/ (n) = sb who takes sb captive to get money from their family porywacz
- minor offence (phr) = a small crime drobne wykroczenie
- notice /nəutis/ (n) = a written announcement placed where it can be seen ogłoszenie, zawiadomienie
- pickpocketing /pik,pokitiij/ (n) = act of secretly taking sth (usu a wallet or money) out of sb's pocket kradzieże kieszonkowe
- postpone /pəusˈpəun/ (v) = to delay, put off odkładać na później, opóźniać
- precautions /prrˈkoːʃənz/ (n) = measures to minimise risk taken beforehand środki ostrożności

- press charges (phr) = to make an official accusation against sb wnieść oskarżenie
- **put barriers** (phr) = place limits ustawiać barierki
- reach a verdict (phr) = arrive at a conclusion in court wydać wyrok
- sentence to /sentans ta/ (v) = be punished by a law court skazać na
- shoplift /ʃɒpˌlɪft/ (v) = to steal goods from a shop while pretending to shop kraść ze sklepu
- suspected /sə'spektid/ (pp) = be
 thought quilty of podejrzany
- take the blame for (phr) = accept responsibility for a crime sb did not do wziąć na siebie winę
- tear /teə/ (v) = pull sth to pieces podrzeć
- **be placed under arrest** (phr) = be put in prison zostać aresztowanym
- verdict /vɜ:dɪkt/ (n) = a decision in
 a court of law saying if sb is guilty
 or not wyrok, werdykt
- violate /varəleɪt/ (v) = to disturb, force naruszać, zakłócać
- warn /wɔːn/ (v) = to inform someone of possible danger ostrzegać
- warning /wo:nɪŋ/ (n) = a statement that informs someone that something unpleasant or dangerous is likely to happen ostrzeżenie, pouczenie

5d

- allegedly /əˈledʒɪdli/ (adv) = supposedly rzekomo
- blaze /bleiz/ (n) = strong fire or flame, usually difficult to control wielki pożar
- docklands /doklandz/ (n) = an area that was a port and now has flats and offices dzielnica portowa
- extinguish /ɪkˈstɪŋgwɪʃ/ (v) = to put out, stop a fire from burning or a light from shining ugasić ogień
- **financial difficulty** (phr) = economic problems trudności finansowe
- flammable material (phr) = a material that burns easily material latwopalny
- **formal statement** (phr) = something said/written by an official authority oficjalne oświadczenie
- insurance consultant (phr) =
 someone offering advice on
 insurance matters doradca
 ubezpieczeniowy

- motive /məutɪv/ (n) = the reason for doing sth motyw
- police custody /pəˌliːs ˈkʌstədi/ (n) = being kept by police areszt policyjny
- prior convictions (phr) = previous
 time that someone was found
 quilty wcześniejsze wyroki

Language Focus 5

- aim to /eim tə/ (v) = to have intentions to achieve sth dążyć do czegoś
- clue /klu:/ (n) = a piece of information which helps you find the answer to a problem wskazówka
- concentrate on /konsentreit on/ (v) = to give a lot of attention to sth koncentrować się na
- confiscate /kpnfiskert/ (v) = to take sth
 away from sb for a short time as
 punishment konfiskować
- delete /dr'li:t/ (v) = to remove/erase a written record usuwać, likwidować
- direct /drrekt/ (v) = aim in a particular
 direction skierować
- dismiss /dɪsˈmɪs/ (v) = stop a trial because of insufficient evidence odrzucić/zakończyć (sprawę w sądzie)
- evidence /evidens/ (n) = reasons to believe sth is true dowody
- focus on /fəukəs pn/ (v) = concentrate on koncentrować się na czymś
- hint /hɪnt/ (n) = sth you say that shows indirectly what you think wskazówka
- remove /rɪˈmuːv/ (v) = to take sth away from somewhere usuwać
- trace /treis/ (n) = a sign that sth happened ślad

Module 6 Technology

- charger /tʃaːdʒə/ (n) = a device used for passing an electrical current through a battery to make it more powerful or last longer ładowarka (do baterii)
- communicate /kəˈmju:nɪkeɪt/ (v) = to be in contact with komunikować się z kimś, utrzymywać kontakt
- control /kənˈtrəʊl/ (v) = to have complete power over sb or sth kontrolować

- convert /kən'vɜːt/ (v) = to change in order to use for a different purpose konwertować, przetwarzać, przerabiać
- display /dr'spleɪ/ (v) = to put objects in a place where they can be seen easily pokazywać, wyświetlać
- download /,daun'loud/ (v) = to copy or move programs or information into a computer's memory, especially from a website pobierać/ściągać (pliki)
- plug in /plng m/ (phr v) = to connect
 a cord to the electricity supply
 podłączyć
- record /rrko:d/ (v) = to put sth on tape or film nagrać
- scroll /skrəul/ (v) = to move up and down on a screen przewijać tekst
- store files (phr) = save data on a computer gromadzić, przechowywać pliki
- surf online (phr) = browse the
 Internet surfować po internecie
- upload /Ap'ləod/ (v) = to transfer data onto a computer ładować, wysyłać (pliki)
- voice command /,vois kə'maind/ (n) =
 verbal instruction polecenie
 glosowe

6a

- **apply principles** (phr) = put theories to use stosować zasady
- artificial intelligence /a:tifi∫əl
 in'telidʒəns/ (n) = a type of
 computer technology which is
 concerned with making machines
 work in an intelligent way sztuczna
 inteligencja
- assist /əˈsɪst/ (v) = to aid, support pomagać
- camera /kæmərə/ (n) = a device for taking photographs or recording moving pictures aparat fotograficzny, kamera
- crawl /kro:l/ (v) = to move around on your hands and knees pełzać, czołgać się
- demonstrate /demonstrett/ (v) = to prove, show demonstrować, pokazywać
- equipped /rˈkwɪpt/ (pp) = having the objects needed for a purpose wyposażony, zaopatrzony

- experiment /iks'periment/ (n) =
 scientific test done to see what will
 happen to sth under particular
 conditions eksperyment
- external /ik'stɜ:nəl/ (adj) = outside zewnetrzny
- flesh and blood (phr) = a real person z krwi i kości
- generate /dʒenəreɪt/ (v) = to create,
 produce wytwarzać
- humanoid /hju:mənərd/ (adj) = having the shape and qualities of a human humanoidalny, człokopodobny
- interact with /ˌɪntəˈrækt wɪð/ (v) = to communicate, react to oddziaływać, wchodzić w realcję z, współdziałać
- investigate /in'vestigeit/ (v) = to examine an event or situation and try to find out what happened prowadzić śledztwo
- learning abilities (phr) = the skill one has to gain knowledge umiejętności uczenia się
- metal and circuits (phr) = chemical element and a closed wired system metal i obwody elektryczne
- microphone /markrəfəʊn/ (n) = device used to make sounds louder or to record them mikrofon
- motor /məutə/ (n) = mechanism silnik patient care /perʃənt keə/ (n) = looking after the sick opieka nad pacjentem
- patiently /per[antli/ (adv) = calmly
 cierpliwie
- physically /fizikli/ (adv) = in a way
 that relates to the body fizycznie
- physically interact (phr) =
 communicate with your body
 fizycznie oddziaływać
- **physique** /fi'zi:k/ (n) = the shape and size of sb's body budowa ciała
- pick up /ˌpɪk 'ʌp/ (phr v) = to collect podnieść
- react /ri'ækt/ (v) = to behave in a certain way as a result of sth reagować
- record sounds (phr) = store sounds/voices nagrywać/zapisywać dźwięki
- research team /rɪˌsɜːtʃ 'tiːm/ (n) = scientists searching for information zespół badawczy
- residential care homes (phr) =
 a place where someone old/ill lives
 to be looked after domy opieki

- stimulus /stmjoles/ (n) = sth that causes sb or sth to move or react bodziec
- surroundings /səˈraʊndɪŋz/ (n) =
 everything around or in a place
 otoczenie
- toddler /todle/ (n) = a young child małe dziecko, brzdąc
- workload /ws:klood/ (n) = the amount of work sb has to do obciążenie pracą, ilość pracy do wykonania
- workplace /ws:kpleis/ (n) = the place where people do their jobs miejsce pracy

- appear /əˈpɪə/ (v) = to become noticeable pojawiać się
- be after /bi: a:ftə/ (phr v) = want mieć ochotę na coś, chcieć coś zrobić
- **be away** /bi əˈweɪ/ (phr v) = be absent być poza domem przez dłuższy czas
- be in for /bi 'm fə / (phr v) = expect sth bad spodziewać się czegoś, być przygotowanym na coś
- **be off** /bi 'pf/ (phr v) = leave wychodzić, wyjeżdżać
- be on /bi 'on/ (phr v) = be shown on TV być nadawanym w telewizji
- **be out of** /bi 'aut əv/ (phr v) = have no more brakować (komuś czegoś)
- browser /brauzə/ (n) = the software on a computer that enables you to search the Internet przeglądarka internetowa
- chat online (phr) = talk on the Internet rozmawiać w sieci/online
- connect /kəˈnekt/ (v) = to join sth to sth else łączyć, wiązać
- copy /kopi/ (v) = to produce sth that looks like the original thing, to imitate kopiować, wykonywać replike
- **design** /drzaɪn/ (v) = to create the plan or drawing for sth projektować
- disconnect /diskonekt/ (v) = to cut off, stop the supply of sth (water, electricity, telephone, etc) odłączyć
- format /fo:mæt/ (n) = any general arrangement of sth skład, kszałt, formuła
- install /m'stɔ:l/ (v) = (of a piece of equipment) to put it somewhere and connect it instalować
- keep in touch with (phr) = remain in contact with sb pozostawać z kimś w kontakcie

- networking /netw3:kiŋ/ (n) =
 interaction with other people to
 exchange information and develop
 contacts, especially to further
 one's career nawiązywanie
 kontaktów
- plug into /plag mtə/ (phr v) = become connected podłączyć do
- print /print/ (v) = to put sth in ink or dye using a machine drukować
- processing /pro/sesin/ (n) = a series of actions carried out in a computer to deal with information przetwarzanie
- remove /rrimurv/ (v) = to take sth away usuwać
- transfer /træns'f3:/ (v) = to move from one place to another przenosić

6d

- acceptable /əkˈseptəbəl/ (adj) = good enough, suitable dopuszczalny
- assignment /əˈsaɪnmənt/ (n) = a piece of usually written work, such as an essay, given to students at school or university zadanie
- concern /kənˈsɜːn/ (n) = a feeling of worry about a situation troska, zmartwienie
- educational tool (phr) = an object/ device that helps with learning narzędzie dydaktyczne
- eventful /r'ventfel/ (adj) = full of interesting happenings obfitujący w wydarzenia, ciekawy, burzliwy
- **experience** /ik'spieriens/ (n) = gained knowledge or skill doświadzenie
- fake names (phr) = not real names fałszywe/wymyślone imiona
- hack /hæk/ (v) = to break into a computer system włamywać się do systemu komputerowego
- identity theft /ar'dentrti ,θeft/ (n) = use someone else's personal data kradzież tożsamości
- lecture /lekt[a/ (n) = a formal talk on
 a specific subject given to a group
 of people wykład
- plagiarism /pleid3ərizəm/ (n) = the act
 of taking sb's ideas and using
 them as if they were yours plagiat
- pseudonym /sju:denim/ (n) = a name
 other than your own pseudonim
- research /rɪˈsɜːtʃ/ (n) = a serious study of sth badania naukowe
- search word /sait[waid/ (n) = the
 word used to target items on the
 Internet słowo kluczowe

- section /sekfen/ (n) = a separate part
 of a book, newspaper, magazine,
 etc sekcja
- software /spftweə/ (n) = computer
 program oprogramowanie
- survey /saːveɪ/ (n) = a study, research sondaż, badanie opinii
- update /Ap'deɪt/ (v) = to make more modern by adding new parts or giving new information aktualizować
- usage /ju:sidʒ/ (n) = the way in which
 sth is used użycie, użytkowanie

Language Focus 6

- apply /əˈplaɪ/ (v) = to make use of sth zastosować
- **broaden** /bro:dn/ (n) = to make sth wider poszerzać
- demonstrate /demonstreit/ (v) = to show how sth is done demonstrować, pokazywać
- develop /dr'velop/ (v) = to cause sth to become more advanced rozwijać, rozbudowywać, udoskonalać
- display /dr'splei/ (v) = to put on show pokazywać, prezentować
- employ /ɪmˈploɪ/ (v) = to have sb do a job zatrudniać
- exercise /eksəsaiz/ (v) = to use stosować, tu: być ostrożnym
- exhibit /ɪgˈzɪbɪt/ (v) = to show to the public demonstrować, pokazywać
- expand /ɪkˈspænd/ (v) = to make sth bigger rozrastać się, rozwijac się
- practise /præktis/ (v) = to do sth
 repeatedly to improve at it ćwiczyć
- prove /pru:v/ (v) = to show that sth is true dowodzić, udowadniać
- unfold /ʌnˈfəʊld/ (v) = to develop rozwijać się

Module 7 Sports & Fitness

- aerobics /eəˈrəubɪks/ (n) = a type of exercise aerobik
- archery /a:tʃəri/ (n) = sport in which the player shoots arrows at a target using a bow łucznictwo
- baseball /beisboil/ (n) = game played by two teams using a ball and bat baseball
- bowling /booln/ (n) = game in which a heavy ball is rolled from one end of a wooden alley towards wooden pins set up at the opposite end gra w kręgle

- boxing /boksin/ (n) = sport that involves fighting with fists boks
- bungee jumping /bʌndʒi ˌdʒʌmpɪŋ/ (n) = activity done by jumping off sth high above the ground whilst attached to a long elastic rope skoki na elastycznej linie
- challenge /tʃælɪndʒ/ (n) = a difficult situation that demands effort wyzwanie
- competitive /kəmˈpetɪtɪv/ (adj) = eager to be more successful than other people nastawiony na współzawodnictwo
- conveyor /kən'veɪə/ (n) = a moving device used for moving on a surface przenośnik taśmowy, tu: wyciąg
- extreme /ɪkˈstriːm/ (adj) = great in amount ekstremalny
- float /flout/ (v) = lie on or just below the surface of a liquid unosić się na powierzchni
- freedom /fri:dəm/ (n) = the state of not being controlled wolność
- gaze /geɪz/ (v) = look steadily at sb or sth for a long time wpatrywać się
- grab /græb/ (v) = take sth or pick it up suddenly and roughly, snatch chwycić
- gymnastics /dʒɪmˈnæstɪks/ (n) = physical exercises performed indoors, often using bars, rings and ropes gimnastyka
- hang gliding /hæŋ glaɪdɪŋ/ (n) = to fly with a kite like aircraft lotniarstwo
- height /haɪt/ (n) = measurement from the bottom to the top of sth wysokość
- ice skating /ais skeitiij/ (n) = sport in which you move across ice using special boots łyżwiarstwo
- individual /individual/ (adj) = of only
 one person or thing indywidualny
- indoor /mdo:/ (adj) = inside a building (o sporcie) halowy
- injury /mdʒəri/ (n) = physical harm uraz, rana, skaleczenie
- lane /lein/ (n) = narrow path on an
 athletics track which is marked by
 lines for
- lead to /lixd tə/ (v) = to result in prowadzić do
- martial arts /ma:fəl 'a:ts/ (n) = methods of fighting that come from the Far East, like kung fu and karate sztuki walki

- outdoor /aut'do:/ (adj) = sth done in the open air, outside wykonywany/uprawiany na otwartym powietrzu
- paintball /peintboil/ (n) = a game with
 guns that fire paint paintball
- paragliding /pærəglaɪdɪŋ/ (n) = jumping off a hill or tall building while wearing a special parachute, which allows you to control the way you land paralotniarstwo
- require /rrˈkwaɪə/ (v) = to need wymagać
- skydiving /skaɪˌdaɪvɪŋ/ (n) = activity
 where people jump out of an
 aeroplane and float through the
 sky, sometimes joining with others
 before pulling their parachutes
 open akrobacje spadochronowe
- snow tubing /snov tju:bin/ (n) = sport of moving across the snow in an inflated tube zjeżdżanie na oponach po stoku lub torze śnieżnym
- squash /skoʃ/ (n) = game for two or four people played in a marked, indoors area by hitting a small ball against a wall squash
- team /tr:m/ (adj) = describing something a group of people do drużynowy
- training /treining/ (n) = preparation or education for a sport, an academic subject or a job trening
- zip lining /zip lamin/ (n) = activity where people travel down a cable suspended above a slope in a harness kolejka tyrolska

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- addictive /əˈdɪktɪv/ (adj) = sth that you cannot stop doing uzależniający anti-snake venom (phr) = remedy for a snake bite surowica przeciw ukąszeniu żmiji
- asphalt /æsfælt/ (n) = a black sticky substance that becomes hard and is used to make roads asfalt
- battle /bætl/ (n) = a fight bitwa, walka
 battle /bætl/ (v) = to try hard to
 achieve sth difficult walczyć
- beat /bi:t/ (v) = to be better than another activity or person pokonać
- bitterly cold (phr) = extremely cold
 przenikliwie zimno
- blister /blistə/ (n) = a painful red swelling on the skin pęcherz (powstały na skutek otarcia lub oparzenia skóry)

- blizzard /blized/ (n) = severe snow storm burza śnieżna
- **boundary** /baundəri/ (n) = the limit of a person granica
- challenging /tʃælɪndʒɪŋ/ (adj) = very difficult and tests your abilities ambitny, stawiający wysokie wymagania
- checkpoint /tfekpoint/ (n) = a place on
 a route where people are stopped
 and checked punkt kontrolny
- compass /knmpos/ (n) = a device that points north kompas
- competitor /kəmˈpetɪtə/ (n) = a person in a competition zawodnik
- considerable /kənˈsɪdərəbəl/ (adj) = large/important znaczny
- **deepen** /di:pən/ (v) = to make or become deeper pogłębiać
- deepen understanding (phr) = help sb understand sth better pogłębiać zrozumienie
- deprivation /deprives[en/ (n) = without the things necessary for a nice life utrata, brak, niedobór
- endurance event (phr) = an activity that tests sb's stamina
 - wytrzymałościowe zawody sportowe
- entire /ɪn'taɪə/ (adj) = whole cały exposed /ɪk'spəʊzd/ (adj) = having no protection from the weather wystawiony na działanie czynników atmosferycznych
- finishing line (phr) = the end of a race linia mety
- gravels /grævəlz/ (n) = small stones used to make road surfaces zwir
- hardship /haːdʃɪp/ (n) = difficult and unpleasant conditions trudność, ciężkie doświadczenie
- hostile /hostarl/ (adj) = unfriendly wrogi
- limit /limit/ (n) = the greatest level of
 sth possible limit
- look forward to /lok 'fo:wed te/ (phr v) = anticipate sth with happiness czekać na coś z niecierpliwością
- mentally strong (phr) = strong-willed silny psychicznie
- plunge /pland3/ (v) = drop quickly gwałtownie spaść, runąć
- push your boundaries (phr) = test
 your limits przesuwać granice
- range /remd3/ (v) = to have an upper and a lower limit obejmować, wchodzić w zakres

- ration /ræ∫ən/ (v) = to restrict the amount of sth sb can have racjonować
- requirement /rr/kwarəmənt/ (n) = a need/necessity wymóg
- sand dune (phr) = a large mound of sand wydma
- shade /ʃeɪd/ (n) = slight darkness caused by sth blocking the sun
- sled /sled/ (n) = a wooden vehicle for travelling across snow/ice sanie
- soar /so:/ (v) = to rise quickly wzbijać
 się w górę
- strictly /striktli/ (adv) = in a very limited way sciśle
- terrain /təˈreɪn/ (n) = area of land teren territory /terɪtəri/ (n) = an area of land belonging to sb terytorium
- **torture** /to:tʃə/ (n) = a very unpleasant experience tortura
- tough /tʌf/ (adj) = difficult trudny, ciężki
- ultimate thrill (phr) = the most exciting experience największy dreszczyk emocji
- uneven /An'i:vən/ (adj) = not smooth/bumpy nierówny
- unpredictable /ˌʌnprɪˈdɪktəbəl/ (adj) = likely to change suddenly without reason nieprzewidywalny
- wilderness /wildenes/ (n) = an area of land unsuitable for growing crops because of bad land or weather conditions dzicz, pustkowie, puszcza
- willpower /wɪlˌpaʊə/ (n) = determination siła woli

- be afraid of /əˈfreɪd əv/ (adj) = scared; feeling fear bać się kogoś/czegoś
- athlete /æθli:t/ (n) = a person who is skilled in a sport lekkoatleta, sportowiec
- at risk /ət 'rɪsk/ (prep phr) = in a dangerous situation zagrożony
- audience /o:diens/ (n) = a group of people gathered to watch sth publiczność
- bat /bæt/ (n) = a broad piece of wood
 with a long handle used to play
 cricket and baseball kij (np. do
 baseballa)
- blow my whistle (phr) = make a loud sound blowing a small metal/object gwizdać za pomocą gwizdka

- **boxer** /boksə/ (n) = a person skilled in the sport of boxing bokser
- build up muscles (phr) = exercise the mass of tissue in one's body budować masę mieśniową
- catch /kætʃ/ (v) = to take hold of sth złapać
- champion /t∫æmpiən/ (n) = person or team who has won a competition mistrz
- coach /kəutʃ/ (n) = instructor, tutor trener
- contest /kpntest/ (n) = a competition
 zawody sportowe
- court /ko:t/ (n) = an area for playing a
 game like tennis or basketball kort
- cyclist /saɪklɪst/ (n) = a person who rides a bicycle rowerzysta
- damage /dæmɪdʒ/ (v) = to harm, to destroy uszkodzić
- deal with /di:l wið/ (phr v) = to be about sth zmierzyć się z
- defender /dr'fendə/ (n) = a player whose main task is to try and stop the other side from scoring obrońca
- discus /diskəs/ (n) = a round, plate like object used in a sport dysk
- essential /r'sen[əl/ (adj) = extremely important, absolutely necessary konieczny
- event /i'vent/ (n) = an organised
 competition wydarzenie (np.
 sportowe)
- group /gru:p/ (n) = a number of
 people or things that are put
 together or considered as a unit
 grupa
- headgear /hedgrə/ (n) = any type of protection for the head nakrycie/ochrona głowy
- high jump /haɪ dʒʌmp/ (n) = a sport in which athletes try to jump over a bar skok wzwyż
- hurdles /ha:dəlz/ (n) = frames for jumping over in a race płotki
- hurt /hɜːt/ (v) = to feel pain after injuring oneself boleć
- javelin /d3ævəlm/ (n) = a long spear used in sports competitions oszczep
- key /ki:/ (adj) = very important
 kluczowy
- long jump /loŋ dʒʌmp/ (n) = a sport in which a person jumps as far forward as they can skok w dal
- main /mem/ (adj) = leading or central główny

- miss /mɪs/ (v) = to not go somewhere or do sth because of being unable nie uczestniczyć w czymś, być nieobecnym
- on the whole (phr) = generally ogólnie
- personal trainer (phr) = a person who
 teaches someone how to exercise
 individually, not in a group
 osobisty trener
- physical strength (phr) = body power siła fizyczna
- pitch /pɪtʃ/ (n) = an area of ground
 that is marked and used for
 playing a game such as baseball,
 soccer, etc boisko
- place /pleis/ (n) = a particular spot or area miejsce
- pleasure /ple3ə/ (n) = a feeling of happiness przyjemność
- point /pomt/ (n) = individual mark
 which is added up to make a total
 score punkt
- pole vault /pool voilt/ (n) = a sport in which you use a long stick to jump over a high bar skok o tyczce
- pool /pu:l/ (n) = small area of still
 water basen kapielowy, brodzik
- position /pəˈzɪʃən/ (n) = the place where sth is, in relation to sth else pozycja
- puck /pʌk/ (n) = the small rubber disc in a game of ice hockey krążek hokejowy
- put aside /pot ə'saɪd/ (phr v) = keep sth to be used at a later time, save odkładać
- put off /pot 'pf/ (phr v) = to delay doing sth until later przekładać na późniei
- put on /put 'pn/ (phr v) = to get
 dressed in sth ubierać, zakładać na
 siebie
- put up with /put 'ap wið/ (phr v) = to tolerate znosić coś/kogoś
- referee /refəˈri:/ (n) = an official who controls a sports event and ensures rules are followed sedzia sportowy
- relay /ri:leɪ/ (n) = a type of race where you pass sth from one person to another sztafeta
- remove /rr'mu:v/ (v) = to take sth away usuwać
- ring /rm/ (n) = a place where boxing or wrestling takes place ring bokserski

- rink /rɪŋk/ (n) = a large area covered with ice for ice skating, or concrete for roller skating lodowisko
- score /sko:/ (v) = to achieve a number or an amount of points zdobyć punkty, strzelić gola
- serve /s3:v/ (v) = to throw a ball or shuttlecock up and hit it to start the game serwować
- shuttlecock /ʃʌtlkɒk/ (n) = a small object used in the game of badminton, which is rounded at one end and has real or artificial feathers fixed to the other end lotka do gry w badmintona
- society /səˈsaɪəti/ (n) = an organization to which people who share similar interests can belong stowarzyszenie, towarzystwo
- spectator /spek'testa/ (n) = sb who
 watches a sporting event kibic,
 widz
- team /tim/ (n) = a group of people who do sth together, especially a sport drużyna
- throw /θrου/ (v) = to move the hand quickly and let the object you are holding go so that it flies through the air rzucać
- tournament /tuenement/ (n) = a sports competition turniej
- track /træk/ (n) = a narrow road or
- umpire /nmpare/ (n) = a person whose job is to make sure that a sports match (e.g. of baseball, tennis or cricket) is played fairly and that rules are not broken sedzia
- viewer /vju:ə/ (n) = a person who
 watches television widz
- win /wɪn/ (v) = to achieve a prize for coming first in a competition or race wygrać, zwyciężyć
- winner /wmə/ (n) = someone who is successful in a competition

7d

- agility /əˈdʒɪlɪti/ (n) = the ability to move quickly and easily zręczność, sprawność
- arena /əˈriːnə/ (n) = level area with seating where sports or other events take place arena
- beneficial /benəˈfɪʃəl/ (adj) = helpful and good korzystny

- brochure /brəʊʃə/ (n) = booklet containing pictures and information about sth, often holiday places broszura
- combatant /kpmbətənt/ (n) = a person
 who fights człowiek walczący
- discipline /disaplin/ (n) = self control dyscyplina
- evolve /r'vɒlv/ (v) = gradually develop rozwijać się, ewoluować
- hazardous /hæzədəs/ (adj) = dangerous niebezpieczny
- hire /harər/ (v) = use sb's services or sth in return for payment wynajmować
- lane swimming (phr) = swimming in designated rows in a pool pływanie sportowe
- membership /membəʃɪp/ (n) = state of belonging to a private group, club, etc członkostwo
- muti-purpose hall (phr) = an area inside a building with many uses sala przeznaczona do różnych celów
- relatively /relativli/ (adv) = to a certain degree stosunkowo, relatywnie
- steam room /sti:m ,ru:m/ (n) =
 a steam-filled and heated room to
 cause sweating łaźnia parowa
- **unlimited access** (phr) = use with no restrictions nieograniczony dostęp

7f

- cooperation skills (phr) = the ability to work well with others umiejętność współdziałania
- dedicate /dedikeit/ (v) = to devote
 poświęcać (np. czas)
- discipline /dɪsɪplɪn/ (n) = a particular area of study, especially a subject studied at a college or university dyscyplina naukowa
- like-minded /ˌlaɪk ˈmaɪndɪd/ (adj) = compatible, agreeing zgodny, ugodowo nastawiony
- mental health (phr) = state of psychological well-being zdrowie psychiczne
- peers /piəz/ (n) = people who belong to the same age or social group rówieśnicy, ludzie równi sobie
- physical fitness (phr) = healthy and strong body wysoka forma fizyczna
- responsibility /rɪˌspɒnsrˈbɪləti/ (n) = duty which one must do and must make decisions about odpowiedzialność

sense of responsibility (phr) = the quality of a person to be trusted to do what is expected poczucie odpowiedzialności

Language Focus 7

- attempt /o'tempt/ (v) = to try
 próbować, starać się
- colossal /kəˈlɒsəl/ (adj) = very big olbrzymi, kolosany
- depend on /drpend on/ (v) = to trust sb to do what you asked/to help zeleżeć od, polegać na (kimś/czymś)
- effort /efət/ (n) = physical/mental activity to try to do sth wysiłek
- have a go (phr) = attempt sth próbować
- massive /mæsɪv/ (adj) = very big silny, potężny
- rely on /rr'lar pn/ (v) = to trust sb and expect them to do sth polegać na
- **trial and error** (phr) = experimentation metoda prób i błędów
- trust /trast/ (v) = to have confidence in sb/sth ufać
- turn to /tsm tə/ (phr v) = to ask sb for help zwracać się (do kogoś)
- vast /va:st/ (adj) = huge obszerny,
 ogromny
- wide /waɪd/ (adj) = having great width
 szeroki

Module 8 Nature Attacks

- aftershock /a:ftə[pk/ (n) = a smaller earthquake that occurs after a large one wstrząs wtórny
- avalanche /ævəlomtʃ/ (n) = a large amount of ice and rock falling down a mountainside lawina
- bank /bæŋk/ (n) = a piece of land along the side of a river or lake brzeg (rzeki)
- cloud of ash (phr) = cloud of soft grey powder from a volcano chmura pyłu/popiołu
- collapse /kəˈlæps/ (v) = to fall down zawalić się
- **drought** /draut/ (n) = a long period of time in which no rain falls susza
- eruption /tˈrʌpʃən/ (n) = event when hot rocks and ash explode out of the top of a volcano erupcja, wybuch
- landslide /lændslaɪd/ (n) = sliding mass of earth or rock from a cliff or mountain osunięcie się ziemi

- lava /laːvə/ (n) = very hot liquid rock which comes out of a volcano when it erupts lawa
- mountainside /maontmsaid/ (n) = one of the steep sides of a mountain zbocze góry
- overflow /puvaˈflau/ (v) = when sth gets too full and spills over wylać, wystąpić z brzegów
- pull out /pul 'aut/ (phr v) = to take sth
 out wyciągać
- rubble /rʌbəl/ (n) = bricks, glass and other material that remain after a building is destroyed gruzy, rumowisko

8a

- afloat /ə'fləut/ (adj) = being on the surface of water unoszący się na wodzie, dryfujący
- approach /əˈprəutʃ/ (v) = get closer to sb or sth zbliżać się, nadjeżdżać
- **breakwater** /breɪkˌwɔːtə/ (n) = barrier to protect the land from the force of the sea falochron
- coastline /kəustlam/ (n) = the outline of a country's coast linia brzegowa
- colossal wave (phr) = huge wave olbrzymia fala
- devastation /devə'sterʃən/ (n) = serious damage or destruction zniszczenie
- drown /draon/ (v) = to die because one has gone or been pushed under water and cannot breathe utonać
- engulf /mˈgʌlf/ (v) = flow over and cover pochłaniać, ogarniać
- duty /dju:ti/ (n) = responsibility
 odpowiedzialność
- enormous /i'no:mos/ (adj) = extremely
 large olbrzymi
- evacuate residents (phr) = move people out of an area ewakuować mieszkańców
- flatten /flætən/ (v) = make into a level surface spłaszczyć, zrównać z ziemią
- flooded /fl\rdid/ (pp) = covered with water podtopiony, zalany
- **give up** /gɪv 'ʌp/ (phr v) = to stop trying zrezygnować
- greet /gri:t/ (v) = to welcome or say
 hello to sb witać
- ground started shaking (phr) = earth started moving ziemia zaczęła się trząść
- heaps of rubble (phr) = piles of broken pieces of stone/bricks/wood sterty gruzu

- helplessly /helplesli/ (adv) = without the ability to do anything bezradnie
- huddle (together) /hʌdəl təˈgeðə/ (v) = to sit closely hugging each other przytulać się, gromadzić się
- **huge cracks** (phr) = big openings in a surface olbrzymie pęknięcia
- in its path /in its 'pa:0/ (prep phr) = the area sth has passed na swojej drodze
- massive /mæsɪv/ (adj) = huge silny, potężny
- massive tsunami (phr) = a huge wave after an earthquake silne tsunami
- perch /psitʃ/ (v) = to sit at the edge of or on top of sth umieścić/usadowić wysoko
- prefecture /pri:fektJuə/ (n) = the areas into which a country is divided for local governing prefektura
- raging torrent (phr) = a large amount of water that moves quickly and dangerously wzburzone/rwące masy wody
- rapidly /ræpidli/ (adv) = very quickly gwałtownie
- recede /rɪˈsiːd/ (v) = to go back cofać się, ustępować
- reduce /rr'dju:s/ (v) = to become smaller or less in price, number, etc zmniejszać
- ruins and debris (phr) = pieces that are left after something has been destroyed ruiny i gruzy
- scale /skeɪl/ (n) = the size or level of something skala, rozmiar
- scale of the devastation (phr) = the amount of destruction skala zniszczeń
- scallop /skpləp/ (n) = a shell fish
 przegrzebek
- shake head (phr) = move one's head from one side to the other potrząsać głową
- siren /saɪərən/ (n) = sth that makes a loud noise, usually found on ambulances, police cars and fire engines syrena
- state of shock (phr) = an unpleasant
 feeling caused by something
 unexpected szok
- trigger /trigə/ (v) = to make sth work, activate wywołać
- tsunami warning (phr) = action/ statement informing about a dangerous wave ostrzeżenie przed tsunami

- urge /3:d3/ (v) = to strongly advise ponaglać, nakłaniać
- venture /ventʃə/ (v) = to go somewhere risky or unpleasant odważyć się, podejmować się
- wander /wondə/ (v) = to move around
 without a purpose wędrować,
 włóczyć się
- wash away /ˌwɒʃ əˈweɪ/ (phr v) = (of water) to carry something away and make it disappear zmyć, porwać
- weird sights (phr) = strange/unusual visions dziwaczne widoki
- wonder /,wandə/ (v) = to think about sth because you are worried or suspicious about it zastanawiać się

- a clap of thunder (phr) = a sudden, loud noise of thunder grzmot
- a flash of lightning (phr) = a very bright light in the sky during thunderstorms błyskawica
- a gust of wind (phr) = a short, strong, sudden rush of wind podmuch wiatru
- a ray of sunshine (phr) = a narrow beam of light promień słońca
- a sheet of ice (phr) = a wide area covered in frozen water tafla lodu
- below zero /bɪˌləʊ ˈzɪərəʊ/ (prep phr) = weather temperatures that are minus zero poniżej zera
- **beware** /bɪˈweə/ (v) = be careful strzec się, uważać
- **blazing sun** (phr) = very hot/burning sun oślepiające słońce
- blizzard /blizad/ (n) = a very bad snowstorm burza śnieżna
- blow /bləʊ/ (v) = (of wind) to move wiać
- breeze /bri:z/ (n) = a gentle wind
 bryza, wiaterek
- chilly /tʃɪli/ (adj) = rather cold chłodny complain /kəmˈpleɪn/ (v) = to say sth is wrong skarżyć się na coś
- cope /kəup/ (v) = to deal with sth
 radzić sobie z czymś
- damage /dæmɪdʒ/ (v) = to harm sth uszkodzić
- downpour /daunpos/ (n) = a sudden and unexpected heavy fall of rain ulewa
- drizzle /drizəl/ (v/n) = light rain falling in fine drops mżawka
- flood /flad/ (n) = a large amount of overflowing water powódź

- freeze /fri:z/ (v) = (of liquids) to become solid because of the low temperature zamarzać
- frightened /fraitend/ (adj) = afraid; feeling fear przerażony, przestraszony
- gale /geɪl/ (n) = a very strong wind
 wichura
- give away /gɪv əˈweɪ/ (phr v) = to give sth to sb because you don't want it anymore rozdawać, oddawać
- give in /giv 'm/ (phr v) = to acknowledge defeat in an argument or debate ulec, poddać się, ugiąć się
- give off /grv 'pf/ (phr v) = release sth wydzielać (np. zapach)
- give out /grv 'aut/ (phr v) = to distribute rozdawać
- give up /gɪv 'ʌp/ (phr v) = to stop doing sth zrezygnować
- hail /heɪl/ (n) = small balls of ice that fall like rain grad
- hailstone /heɪlstəun/ (n) = a small ball of ice that falls like rain from the sky kulka gradu
- heatwave /hi:tweɪv/ (n) = a period of time when the weather is much hotter than usual fala upałów
- howl /haol/ (v) = (of the wind) blow hard and make a loud noise (o wietrze) wyć
- hurricane /harikən/ (n) = a powerful storm with strong winds huragan
- pour /po:/ (v) = (of rain) to fall heavily (o deszczu) lać
- raindrop /reindrop/ (n) = a single drop of rain kropla deszczu
- shine /ʃaɪn/ (v) = to give out or reflect light, to be bright świecić
- shower / ſaʊə/ (n) = a short period of rain przelotny deszcz
- sleet /sli:t/ (n) = partly frozen rain
 deszcz ze śniegiem, gołoledź
- snowdrift /snəodrift/ (n) = a deep pile of snow blown together by the wind zaspa śnieżna
- snowfall /snəufə:l/ (n) = the amount of snow that falls in a period of time in a particular place opad śniegu
- snowflake /snoufleak/ (n) = a soft
 white bit of frozen water that falls
 as snow platek śniegu
- storm /sto:m/ (n) = bad weather with
 heavy rain, wind, thunder and
 lightning burza

- sunshine /sʌnʃaɪn/ (n) = the light and heat that comes from the sun światło słoneczne
- sweep up /swi:p 'Ap/ (phr v) = to clean
 and remove czyścić, sprzątać
- tornado /tɔːˈneɪdəʊ/ (n) = a violent wind storm tornado
- torrential rain (phr) = very heavy rainfall ulewny deszcz, ulewa
- weather forecast /weðə ˌfɔ:kɑ:st/ (n) = a report of what the weather is going to be like in the next few days prognoza pogody

8d

- anticyclone /antisarkloun/ (n) = winds that turn around an area of high pressure antycyklon
- ash /æ∫/ (n) = the greyish-white or black powder left when sth is burnt popiół
- captivated /kæptɪveɪtɪd/ (pp) = attract and hold the interest of someone urzeczony
- dazzling /dæzəlɪŋ/ (adj) = very impressive and beautiful oślepiający
- depression /dr'preʃən/ (n) = (of air pressure) mass of air that has low pressure niż, obszar niskiego ciśnienia
- erupt /r'Apt/ (v) = (of a volcano) to
 throw out burning rocks, lava, etc
 suddenly and with great force
 (o wulkanie) wybuchać
- high/low pressure (phr) = the amount of force in the air in the atmosphere wysokie/niskie ciśnienie
- lava /lɑːvə/ (n) = very hot liquid rock which comes out of a volcano when it erupts lawa
- ocean current (phr) = a continuous
 movement of water in the sea prad
 oceaniczny
- regenerate /rr'dʒenəreɪt/ (v) = to give new life to sth odrastać
- spin clockwise (phr) = move in the direction that the hands of a clock do obracać się zgodnie z ruchem wskazówek zegara
- sting /stin/ (v) = (of an animal, plant or insect) to make a small hole in sb's skin in which poison is released użądlić
- subtropical climate (phr) = weather conditions with heavy rainfall and high winds klimat podzwrotnikowy/ subtropikalny

- surrounded /seraundid/ (pp) = to be
 on every side of sb/sth otoczony
- unpredictable variations (phr) = change in the condition or amount of sth one cannot predict nieprzewidywalne zmiany/odchylenia
- unsettling /ʌn/setlɪŋ/ (adj) = making one feel worried or uncertain niepokojący
- vessel /vesəl/ (n) = boat statek

Language Focus 8

- alarm /əˈlɑːm/ (n) = feelings of panic popłoch, trwoga
- alert /əˈlɜːt/ (n) = official warning announcement ostrzeżenie
- common /kpmen/ (adj) = usual
 powszechny, zwyczajny
- critical condition (phr) = very
 dangerous situation stan krytyczny
- customary /kʌstəməri/ (adj) = usually happens zwyczajowy
- force /fois/ (v) = to make sb do sth against their will zmuszać
- frequent /fri:kwent/ (adj) = often
 czesty
- in a state of shock (phr) = very shocked w szoku
- in the right frame of mind (phr) = have a balanced mental state w odpowiednim stanie umysłu
- insist /m'sɪst/ (v) = to demand sth despite opposition nalegać
- notification /nəutɪfɪˈkeɪʃən/ (n) =
 a written warning zawiadomienie
- ordinary/oidənəri/ (adj) = average
 zwyczajny
- recommend /,reko/mend/ (v) = to give a favourable opinion of sth polecać, doradzać
- shake /ʃeɪk/ (v) = move from side to side potrząsać, trząść
- situation /sɪtʃuˈeɪʃən/ (n) = a set of particular circumstances sytuacja
- sway /swei/ (v) = to move slowly from side to side in large movements kołysać/huśtać się
- tremble /trembəl/ (v) = to shake very quickly and subtly drżeć
- urge /3:d3/ (v) = to encourage sb to do sth ponaglać, nakłaniać
- warning /wɔːnɪŋ/ (n) = a sign of danger ostrzeżenie
- wave /weɪv/ (v) = move your arms from side to side machać

CLIL/Culture 1

- calorie intake (phr) = the amount of energy value of food someone consumes spożycie kalorii
- distinguish /drstɪŋgwɪʃ/ (v) = to recognise the difference between two things wyróżniać, odróżniać
- exposure /ik'spəʊʒə/ (n) = being in a situation where sth dangerous might affect you wystawienie, narażenie (np. na niebezpieczeństwo)
- **factor** /fæktə/ (n) = one of the things that affects an event, decision or situation czynnik
- **gender** /dʒendə/ (n) = being male or female płeć
- **genetically passed down** (phr) = inherited from one generation to another przekazywane genetycznie
- inherited /inheritid/ (adj) = given at birth dziedziczny
- native language (phr) = sb's first language, mother tongue język ojczysty
- offspring /pfspring/ (n) = a descendant of a person/animal/ plant potomstwo
- partly /partli/ (adv) = not completely, to some degree częściowo
- tell apart /tel ə'paːt/ (phr v) = distinguish between odróżniać
- trait /treit/ (n) = a certain quality,
 characteristic or tendency sb or sth
 has cecha

CLIL/Culture 2

- **absorb** /əbˈsɔːb/ (v) = to take sth in wchłaniać, przyswajać
- access to /ækses tə/ (n) = with the opportunity to use sth dostep do
- **bathtub** /bα:θtʌb/ (n) = the container in a bathroom in which you take a bath wanna
- evaporate /r'væpəreɪt/ (v) = (of liquid) to change into gas wyparować
- glacier /glæsiə/ (n) = a large mass of ice that moves very slowly lodowiec
- global supply (phr) = the amount of
 sth that exists in the world
 światowy zapas
- groundwater /graundwo:tə/ (n) = water that is found under the ground wody gruntowe

- hose /həʊz/ (n) = a long pipe from which water comes out, to put out fires, water plants, etc waż gumowy
- human consumption (phr) = use by people spożycie, konsumpcja
- mere /mɪə/ (adj) = nothing more than jedynie
- pole /pəʊl/ (n) = one of the two opposite ends of the Earth, the North Pole and the South Pole biegun
- precipitation /prə,sıpr'teɪʃən/ (n) = rain, hail or snow opady
- saltwater /so:lt,wo:tə/ (n) = water from the sea with salt in it słona woda
- saying /seɪɪŋ/ (n) = a popular phrase
 powiedzenie
- severe /sr'vɪə/ (adj) = (of sth bad) very great or intense poważny, ciężki, srogi
- volume /volju:m/ (n) = (of water)
 amount ilość
- wasteful /weistfal/ (adj) = using more of sth than is needed rozrzutny
- water shortage /wo:tə [fo:ttdʒ/ (n) = the state of there not being enough water brak/niedobór wody

CLIL/Culture 3

- **beauty** /bju:ti/ (n) = attractiveness, loveliness piękno
- concern /kənˈsɜːn/ (n) = worry or
 anxiety about sth troska,
 zmartwienie
- congested /kənˈdʒestɪd/ (adj) =
 extremely crowded and blocked
 zatłoczony, zapchany
- depend /dr'pend/ (v) = to need sb zleżeć od, polegać na
- income /inkam/ (n) = the amount of money earned over a given period of time dochód
- motorway /məutəwei/ (n) = a major road that has been built for fast moving traffic travelling long distances autostrada
- nightmare /naɪtmeə/ (n) = a bad dream koszmar
- outskirts /autska:ts/ (pl n) = parts of a town or city furthest from the centre obrzeża
- peak times (phr) = periods of heavy
 traffic godziny szczytu
- reduce /rr'djuss/ (v) = to become
 smaller or less in price, number, etc
 zmniejszać
- route /ru:t/ (n) = a way from one place
 to another trasa, droga

volume /volju:m/ (n) = amount ilość zebra crossing /ˌzebrə ˈkrosɪŋ/ (n) = a place on the road marked with black and white stripes where people can safely walk across przejście dla pieszych; pasy

CLIL/Culture 4

- academy /əˈkædəmi/ (n) = a higher education institution akademia
- bead /bi:d/ (n) = a small piece of coloured glass, wood or plastic, with a hole in the middle koralik
- **blend** /blend/ (n) = a mixture of things mieszanka
- conceivable /kənˈsiːvəbəl/ (adj) =
 possible wyobrażalny
- drama /dra:mə/ (n) = a situation which is exciting or distressing dramat
- evolution /i:və'lu:ʃən/ (n) = a process whereby the characteristics of plant and animal species gradually change over a long period of time ewolucja
- exhibit /ɪgˈzɪbɪt/ (v) = to show or to display wystawiać, prezentować
- exquisite /ɪk'skwɪzɪt/ (adj) = very
 beautiful wyśmienity, wyborny
- film roll /film ,raul/ (n) = spool-wound photographic film rolka filmu
- garment /ga:mənt/ (n) = item of clothing strój, część garderoby
- individual /ˌɪndrˈvɪdʒuəl/ (n) = person
 jednostka, osobnik
- institution /mstrtju:[ən/ (n) = a custom or system that is important in society, especially because it has existed for a long time instytucja
- movement /mu:vmənt/ (n) = a change of position ruch
- promote /prəˈməʊt/ (v) = to advertise sth in order to sell it promować
- props /props/ (pl n) = theatrical supports rekwizyty
- receive recognition (phr) = be acknowledged and appreciated zdobywać uznanie
- represent /reprizent/ (v) = to show przedstawiać
- scholarship /skoləʃɪp/ (n) = an award of money given to a very good student for further study stypendium
- spectacular /spek'tækjolə/ (adj) =
 impressive spektakularny
- spirit /spirit/ (n) = a ghost or a supernatural being duch

wire /warə/ (n) = a metallic or plastic strand made in many lengths drut

CLIL/Culture 5

- bar chart (phr) = a graph using
 parallel bars to show comparative
 sizes, costs, etc wykres kolumnowy,
 histogram
- breed /bri:d/ (n) = animals or plants
 within a species having been
 developed by deliberate selection
 rasa
- bullet-proof /bolit .pru:f/ (adj) =
 material that cannot be penetrated
 by a bullet kuloodporny
- chase /tʃeɪs/ (v) = to go after ścigać
 detect /dr'tekt/ (v) = to search and find
 wykrywać
- diagram /darəgræm/ (n) = a simple drawing or plan wykres, schemat, diagram
- law enforcement (phr) = the action of applying legal rules egzekwowanie prawa
- line graph (phr) = a line that is used
 in a mathematical graph wykres
 liniowy
- measurement /meʒəmənt/ (n) = the size or dimension of sth miara
- oblong /bblon/ (adj) = in the form of a rectangle with one dimension longer than the other podłużny, prostokątny
- pie chart (phr) = a round
 mathematical diagram diagram
 kołowy
- police badge (phr) = an emblem worn by a police officer as identification blacha/odznaka policyjna
- proportion /pro'po:[on/ (n) = a portion
 or part of the whole odsetek
- section /sek∫ən/ (n) = a part of sth sekcia
- vest /vest/ (n) = a waist-length piece
 of clothing without sleeves
 kamizelka

CLIL/Culture 6

- adjust /əˈdʒʌst/ (v) = change so as to match or fit dostosowywać
- bar /ba:/ (n) = a row of buttons on
 a computer screen that represent
 programs (taskbar) pasek
 (narzędziowy)
- button /bʌtn/ (n) = part of a machine that you press to make sth happen przycisk, klawisz

- come up with /knm 'np wið/ (phr v) = think of an idea, invent znaleźć (rozwiązanie), wpaść (na pomysł)
- developer /dr'veləpə/ (n) = a person who helps invent or improve sth tu: wynalazca, autor projektu
- drain /drem/ (v) = (about a battery) to
 discharge (o baterii)
 wyczerpać/rozładować się
- earn /3:n/ (v) = obtain sth (a college degree) uzyskać
- long-lasting /loŋ 'lo:stŋ/ (adj) = existing in the same state for a long time długotrwały, długo działający
- mode /moud/ (n) = an option leading to a change in the operation of a device (standby mode) tryb
- **power options** (phr) = a list of available settings opcje zasilania
- recharge /ri:tʃaːdʒ/ (v) = store electrical power in a device again ładować
- settings /setιηz/ (n) = the way in which a device is set to operate ustawienia

CLIL/Culture 7

- attempt /əˈtempt/ (n) = effort próba, wysiłek
- cap /kæp/ (n) = a thin waterproof hat czepek (do pływania)
- charge into /tʃaːdʒ ɪntə/ (v) = rush towards, bump into nacierać (na kogoś)
- competitor /kəmˈpetɪtə/ (n) = person who takes part in a competition zawodnik
- on equal terms (phr) = under the same conditions na równych zasadach
- fast-moving /fast mu:vin/ (adj) = quickly-changing szybko poruszający się
- flick /flik/ (n) = sudden upward movement gwałtowny ruch, machniecie
- flipper /flipə/ (n) = a large rubber shoe that helps you swim faster płetwa
- get possession of (phr) = gain control of zdobyć, wejść w posiadanie
- goalpost /goulpoust/ (n) = one of two
 vertical timber bars which are
 joined by a horizontal crossbar
 słupek (bramki)
- line up /,lam 'np/ (phr v) = put in a (straight) line ustawiać w rzędzie

- non-contact /,non 'kontækt/ (adj) =
 without touching niekontaktowy
 (sport)
- physically /fizikli/ (adv) = in a way
 that relates to the body fizycznie
- process /prouses/ (n) = a series of
 actions done to achieve
 a particular result proces
- protective glove (phr) = glove worn to keep one's hand safe from harm rekawica ochronna
- puck /pʌk/ (n) = the small rubber disc in a game of ice hockey krążek (hokejowy)
- score /sko:/ (v) = achieve a number or an amount of points zdobyć (punkt), strzelić bramkę
- scuba-diving /sku:bə ˌdaɪvɪŋ/ (n) = underwater swimming with a breathing equipment nurkowanie z akwalungiem
- snorkel /sno:kəl/ (n) = tube through which a person swimming just under the surface of the sea can breathe rurka do nurkowania
- snorkelling /sno:kəlm/ (n) = swimming with the use of a snorkel nurkowanie (z rurką do oddychania)
- stick /stik/ (n) = a piece of wood used
 for playing games kij
- wrist /rɪst/ (n) = the joint in the body
 that connects the hand to the arm
 nadgarstek

CLIL/Culture 8

- accompany /əˈkʌmpəni/ (v) = to go somewhere with sb towarzyszyć
- basement /beisment/ (n) = a floor built
 below ground level piwnica
- column /kplem/ (n) = a tall, solid post which is used to support a roof or as decoration in a building kolumna
- **deadly** /dedli/ (adj) = lethal śmiercionośny, zabójczy
- destruction /dr'strak[an/ (n) = the act
 of destroying sth zniszczenie
- emergency kit /i'mɜːdʒənsi ˌkɪt/ (n) =
 a set of supplies in a container to
 use in case of emergencies zestaw
 ratunkowy, apteczka pierwszej
 pomocy
- flatten /flætən/ (v) = to make into a level surface spłaszczyć, zrównać z ziemią
- funnel-shaped cloud (phr) = a cloud that looks like a cone chmura w kształcie leja, lej kondensacyjny

- horizontally /,horr'zontli/ (adv) =
 parallel to the horizon poziomo,
 horyzontalnie
- hurl /hɜːl/ (v) = to throw with great force ciskac, miotać
- injured /ind3əd/ (adj) = hurt or wounded ranny
- inspect /ɪnˈspekt/ (v) = to examine or review kontrolować
- lie flat (phr) = be in a level position położyć się płasko
- occur /əˈkɜː/ (v) = to happen, take place wydarzyć się, wystąpić
- outrun /autran/ (v) = to go beyond, exceed prześcignąć
- phenomena /frindmene/ (pl n) =
 unusual occurrences (of nature)
 zjawiska
- radiator /reidieitə/ (n) = a metal device with pipes used to heat a room kaloryfer
- rotate /rəʊˈteɪt/ (v) = to move in a circular motion obracać się, krążyć
- severe /sr'vɪə/ (adj) = (of sth bad), very great or intense poważny, ciężki, srogi
- shatter /ʃætə/ (v) = (to cause) to break or smash suddenly into many small pieces roztrzaskać
- sink /sink/ (n) = a water basin fixed to
 the wall/floor zlewozmywak
- spin /spin/ (v) = to turn around quickly
 krecić sie
- strike /straik/ (v) = to hit uderzać suck into /sʌk mtə/ (v) = to pull into wessać
- supplies /sə'plaiz/ (pl n) = stored
 provisions zapasy
- swirl /sw3:!/ (v) = to move round and round quickly wirować
- tap /tæp/ (n) = a device that controls the flow of liquid from a pipe or container kran
- torch /to:tʃ/ (n) = a small electric light held in the hand latarka
- trapped /træpt/ (adj) = being in an unpleasant situation which you feel you cannot get out of uwieziony
- uproot /Ap'ru:t/ (v) = to pull out of the
 earth wyrywać z korzeniami
- vacuum /vækjuəm/ (n) = a place or position that needs to be filled by sb or with sth próżnia
- vertically /vɜːtɪkli/ (adv) = at an angle of 90° to a surface pionowo