

# Word List

<b>Abbreviations</b>	(adj) adjective	(n) noun	(pp) past participle	(pron) pronoun
	(adv) adverb	(phr) phrase	(prep) preposition	(v) verb
	(conj) conjunction	(phr v) phrasal verb	(prep phr) prepositional phrase	(sb) somebody
	(idm) idiom	(pl n) plural noun	(pres p) present participle	(sth) something

## Module 1 Destinations

**illuminated** /ɪ'lumɪneɪtɪd/ (adj) = filled with light **rozświetlony, jasno oświetlony**

**spruce forest** (phr) = a wooded place with a type of trees **las świerkowy**

**surround** /sə'raʊnd/ (v) = to be all around **otaczać, okrążyć**

### 1a

**adventure seeker** (phr) = sb who goes in search of exciting experiences **poszukiwacz przygód**

**border** /'bɔːdə/ (v) = to be adjacent to **graniczyć z**

**chew** /tʃuː/ (v) = to munch **żuć, przeżuwać**

**descendant** /dɪ'sendənt/ (n) = a successor **potomek**

**extinct volcano** (phr) = a mountain that used to expel lava for thousands of years **wygasły wulkan**

**have a sweet tooth** (idm) = to like eating food items that contain sugar **być łasym na słodycze**

**glacier hike** (phr) = a long journey on foot in areas covered with slowly moving large amounts of ice **piesza wycieczka po lodowcu**

**guanaco** /gwə'nɑːkəʊ/ (n) = a wild llama in the Andes of South America **guanako (gatunek lamy żyjącej w Andach)**

**host** /həʊst/ (v) = to accommodate **ugościć**

**massive** /'mæsɪv/ (adj) = huge **ogromny, masywny**

**peninsula** /pə'nɪnsjələ/ (n) = an area of land surrounded by water on three sides **półwysep**

**remote** /rɪ'məʊt/ (adj) = secluded **daleki, odległy**

**sample** /'sɑːmpəl/ (v) = to try out **próbować, kosztować**

**settler** /setlə/ (n) = a colonist **osadnik**

**snow-capped** /'snəʊ kæpt/ (adj) = covered in frozen ice particles **ośnieżony, pokryty śniegiem**

**sturdy** /stɜːdi/ (adj) = durable **wytrzymały**

**unspoilt** /,ʌn'spɔɪlt/ (adj) = pure **zachowany w naturalnym stanie, nietknięty**

**untouched** /,ʌn'tʌtʃt/ (adj) = unspoilt **nietknięty**

**wilderness** /'wɪldənəs/ (n) = an uninhabited area **pułkowicie, odludzie**

### 1b

**accommodation** /ə,kɒmə'deɪʃən/ (n) = a residence **nocleg, zakwaterowanie**

**bargain** /'bɑːgɪn/ (v) = to negotiate a price **targować się, negocjować cenę**

**facility** /fə'sɪləti/ (n) = a place used for a specific service **udogodnienie**

**hire** /haɪə/ (v) = to rent **wynająć**

**humid** /'hjuːmɪd/ (adj) = wet **wilgotny**

**pure** /pjʊə/ (adj) = virgin **czysty, niezanieczyszczony**

**reservation** /,rezə'veɪʃən/ (n) = a booking **rezerwacja**

**scenery** /'siːnəri/ (n) = a landscape **krajobraz**

**visibility** /,vɪzə'bɪləti/ (n) = the distance that sb can see clearly **widoczność**

### 1d

**beach resort** (phr) = a seaside holiday site **nadmorski kurort**

**crystal clear** (phr) = extremely clean **krystalicznie czysty, przejrzysty**

**desert** /dezət/ (n) = a dry area **pustynia**

**desert** /dɪ'zɜːt/ (v) = to abandon sb/sth **zostawić, porzucić**

**impressive architecture** (phr) = a magnificent building style **architektura robiąca wrażenie**

**insult** /'ɪnsʌlt/ (n) = offence **obraza, obelga**

**insult** /'ɪnsʌlt/ (v) = to offend sb **obrazić, znieważać**

**palm tree** (phr) = a tropical branchless tree with large pointed leaves at the top **palma, drzewo palmowe**

**refund** /rɪ'fʌnd/ (n) = the act of returning money **zwrot pieniędzy, refundacja**

**refund** /rɪ'fʌnd/ (v) = to return money **zwracać pieniądze, refundować**

**sponsor** /'spɒnsə/ (n) = sb or an organisation that donates money **sponsor**

**turquoise waters** (phr) = greenish-blue sea **turkusowe wody**

**warm climate** (phr) = slightly hot weather conditions **ciepły klimat**

**wrap up** /ræp 'ʌp/ (phr v) = to wear a lot of clothes to keep warm **ciepło się ubrać**

### 1e

**cheerful** /tʃɪəfəl/ (adj) = joyful **radosny, pogodny, wesoly**

**concierge** /kɒnsɪeɪʒ/ (n) = a hotel department that gives guests information about places to visit, restaurants, transport, etc **recepjonista udzielający informacji na temat atrakcji turystycznych, restauracji, transportu itd.**

### 1f

**a feast for the eyes** (idm) = sth very enjoyable to look at **uczta dla oczu**

**be bound to** (phr) = to be certain to **zrobić coś z łatwością, mieć wielkie szanse**

**city break** (phr) = a short holiday in a city **krótki wypad turystyczny do wielkiego miasta**

**cobbled street** (phr) = a road covered with rounded stones **ulica wyłożona kostką brukową**

**designer label shop** (phr) = a retail store with famous fashion brands **sklep, w którym sprzedaje się uznane, markowe produkty**

**fairy tale** /'feəri teɪl/ (n) = a children's story **bajka**

**hidden gem** (phr) = sth excellent but relatively unknown to the public **ukryty klejnot**

**pedestrian street** (phr) = a road where vehicles are not allowed **deptak, ulica zamknięta dla ruchu kołowego**

**pick up** /pɪk 'ʌp/ (phr v) = to get **tu: kupić**

**rug** /rʌg/ (n) = a small carpet **dywanik**  
**stallholder** /'stɔːl,həʊldə/ (n) = sb selling things at a stand **właściciel straganu**

**step into** /step ɪntə/ (phr v) = to enter **wejść, wkroczyć**

**stroll** /strəʊl/ (v) = to take a walk  
**przechadzać się, spacerować**  
**trendy** /'trendi/ (adj) = fashionable  
**modny, trendy**

## CLIL 1

a **stretch of water** (phr) = a large area of water **obszar wodny**  
**frozen** /'frəʊzən/ (adj) covered in ice  
**zamarznięty**  
**glacier** /'glæsiə/ (n) = a slowly moving large amount of ice **lodowiec**  
**inland** /ɪn'lænd/ (adv) = towards the interior part of a country **w głąb lądu, w głębi lądu**  
**inlet** /ɪn'lət/ (n) = a small bay  
**zatoczka, przesmyk**  
**mass** /mæs/ (n) = a large amount  
**masa**  
**melt** /melt/ (v) = to be heated until turned into liquid **topnieć**  
**steep cliff** (phr) = a rocky hill with sharp slopes **stromie urwisko**  
**valley** /'væli/ (n) = a low area of land  
**dolina**

## Culture spot 1

**bay** /beɪ/ (n) = a cove **zatoka**  
**indigenous people** (phr) = residents of a place from the time of their birth **rdzenni mieszkańcy, tubylcy**  
**moose** /mu:s/ (n) = a large brown animal like a deer **łoś**  
**region** /'ri:dzən/ (n) = an area **region, rejon**  
**spectacular** /spek'tækjələ/ (adj) = impressive **widowiskowy, spektakularny, imponujący**

## Module 2 Against all odds

**bite off** /baɪt 'ɒf/ (phr v) = to cut  
**odgryźć**  
**get lost** (phr) = to be unable to find the way **zgubić się**  
**hit** /hɪt/ (v) = to arrive with a forceful effect **uderzać, dotrzeć do**  
**inspire** /ɪn'spaɪə/ (v) = to motivate  
**inspirować, pobudzać, natchnąć**  
**survive** /sə'vaɪv/ (v) = to remain alive  
**przetrwać, przeżyć**

## 2a

**camp** /kæmp/ (v) = to stay in a tent  
**biwakować w namiocie**  
**clue** /klu:/ (n) = an indication; a piece of evidence that helps sb solve a mystery **wskazówka, sugestia, trop**  
**conquer** /'kɒŋkə/ (v) = to climb (a mountain) successfully **zdobyć**

**discover** /dɪs'kʌvə/ (v) = to find out  
**odkryć**  
**equipment** /'ɪkwɪpmənt/ (n) = tools/objects for completing a task  
**sprzęt, wyposażenie**  
**expedition** /'ɛkspə'dɪʃən/ (n) = a journey organised for a particular purpose **ekspedycja, wyprawa**  
**fail** /feɪl/ (v) = to be unsuccessful  
**nie zdołać, nie udać się, nie powieść się**  
**feat** /fi:t/ (v) = an impressive or difficult activity **wyczyn, dokonanie**  
**fight** /faɪt/ (v) = to battle **walczyć**  
**frozen** /'frəʊzən/ (adj) = numb  
**zamarznięty**  
**goal** /gəʊl/ (n) = a purpose **cel, ambicja**  
**log book** (phr) = (of a journey) a journal **rejestr, dziennik (pokładowy)**  
**make it** (phr) = to succeed (in sth)  
**udać się, powieść się**  
**mountain range** (phr) = a long row of mountains **łańcuch górski, pasmo górskie**  
**mountaineer** /maʊntɪ'nɪə/ (n) = a climber **wspinacz, alpinista**  
**numb** /nʌm/ (adj) = unable to feel anything; frozen **otępiaty, zdrętwiały**  
**set out** /set 'aʊt/ (phr v) = to start a journey **wyruszyć, rozpocząć podróż**  
**spot** /spɒt/ (v) = to see; to recognize  
**dostrzec, zauważyć**  
**summit** /'sʌmɪt/ (n) = (of a mountain) a top **szczyt**  
**surround** /sə'raʊnd/ (v) = to be all around sb **otaczać, okrążyć**  
**thick** /θɪk/ (adj) = very dense **gęsty**  
**vital** /'vaɪtəl/ (adj) = important  
**decydujący, istotny**  
**wild** /waɪld/ (adj) = fierce **wzburzony, gwałtowny**

## 2b

a **bolt of lightning** (phr) = an electrical flash **błyskawica**  
**afraid** /ə'freɪd/ (adj) = scared  
**przestraszony**  
**ashamed** /ə'ʃeɪmd/ (adj) = embarrassed  
**zawstydzony**  
**awful** /'ɔ:fəl/ (adj) = terrible **okropny, straszny**  
**blizzard** /'blɪzəd/ (n) = a snowstorm with strong winds **śnieżyca, zamieć śnieżna**  
**bored** /bɔ:d/ (adj) = uninterested  
**znudzony**

**confused** /kən'fju:zd/ (adj) = unable to understand; baffled  
**zdezorientowany, zagubiony, zmieszany**  
**drought** /draʊt/ (n) = a temporary shortage of rainfall **susza**  
**dust storm** /dʌst 'stɔ:m/ (n) = a windstorm without clouds or dust  
**burza piaskowa, kurzawa**  
**flood** /flʌd/ (n) = the rising and overflowing of water onto a normally dry land **powódź**  
**furious** /'fjuəriəs/ (adj) = very angry  
**wściekły**  
**heatwave** /'hi:tweɪv/ (n) = a prolonged period of very hot weather **fala upałów**  
**hurricane** /'hʌrɪkən/ (n) = a strong tropical storm **huragan**  
**lonely** /'ləʊnli/ (adj) = being unhappy because of being alone; lonesome  
**samotny**  
**lucky** /'lʌki/ (adj) = fortunate  
**pomyślny, szczęśliwy, mający szczęście**  
**overflow** /əʊvə'fləʊ/ (v) = to spill out of a space **wystąpić z brzegów, przelać się, zalać**  
**relieved** /rɪ'li:vɪd/ (adj) = (of pain or sorrow) alleviated; made easier to bear **odczuwający ulgę**  
**scared** /skeəd/ (adj) = afraid  
**wystraszony**  
**thunderstorm** /'θʌndəstɔ:m/ (n) = a storm with thunder, lightning and heavy rain **burza z piorunami**  
**tired** /taɪəd/ (adj) = exhausted  
**zmęczony**  
**tornado** /tɔ:'neɪdɔs/ (n) = a powerful destructive whirling wind **tornado**  
**worried** /'wʌrɪd/ (adj) = concerned; anxious **zmartwiony, zatroskany, zaniepokojony**

## 2d

**avalanche** /ævələntʃ/ (n) = a snowslide  
**lawina**  
**benefit** /benə'fɪt/ (n) = an advantage  
**korzyść, przewaga**  
**concerned** /kən'sɜ:nd/ (adj) = worried  
**zatroskany, zaniepokojony**  
**entire** /ɪn'taɪə/ (adj) = whole **cały, całkowity**  
**route** /ru:t/ (n) = a path **trasa, droga**

## 2e

**dig** /dɪg/ (v) = to make a hole in the ground **kopać w ziemi**  
**disaster** /dɪ'zɑ:stə/ (n) = an accident; a catastrophe **katastrofa, nieszczęście**

# Word List

**in one piece** (phr) = without harm or injury **w jednym kawałku, bez szwanku**

**overnight** /'əʊvənait/ (adv) = throughout the night **nocą, w nocy, przez noc**

**rescue worker** (phr) = sb who saves sb else from danger **ratownik**

## 2f

**board** /bɔ:d/ (v) = (of ships, etc) to get on **wsiąść do (pociągu, samolotu itp.)**

**flame** /fleɪm/ (n) = a hot stream of fire; a blaze **płomień**

**memorable** /'mɛmə(ə)rəb(ə)l/ (adj) = unforgettable **pamiętny, zapadający w pamięć**

**pond** /pɒnd/ (n) = a small lake **staw**

**spread** /spred/ (v) = to expand **rozpościerać się, rozszerzać się**

**there is no escape** (phr) = there is no way out of a place **nie ma ucieczki**

## CLIL 2

**bury my head in sth (hands, etc)** (phr) = to press my head against sth because of sadness **ukryć twarz w dłoniach**

**canned good** (phr) = a food item in a tin **konserwa**

**cruel** /kru:əl/ (adj) = unkind, heartless **okrutny**

**deck** /dek/ (n) = a flat, open surface on a ship **pokład**

**fade away** /feɪd ə'weɪ/ (phr v) = to grow less distinct **rozmywać się, gasnąć, znikać**

**heart beating** (phr) = (of a heart) a regular movement or sound; a pulse **biecie serca**

**lie flat** (phr) = to be in a horizontal position **leżeć płasko**

**lower** /ləʊə/ (v) = to take down **obniżyć, zniżyć**

**oilskin** /'ɔɪlskɪn/ (n) = a waterproof raincoat **sztormiak, ubranie sztormowe**

**row** /rəʊ/ (v) = to paddle; to propel a boat with oars **wiosłować**

**sink** /sɪŋk/ (v) = to go under the surface of water **zatonąć, zatopić**

**supplies** /sə'plaɪz/ (n) = food, equipment and other essential things that people need **zaopatrzenie, prowiant**

**trap-door** /trəp'dɔ:/ (n) = a small hinged or sliding door located in the floor or ceiling **klapa, drzwi spustowe**

**yawn** /jɔ:n/ (v) = to open your mouth very wide and breathe in deeply due to tiredness and boredom **ziewać**

## Culture spot 2

**cannibal** /'kænɪb(ə)l/ (n) = sb who eats human flesh **kanibal, ludożerca**

**eventually** /ɪ'ventʃuəli/ (adv) = after some time; in the end **w końcu**

**loyal** /lɔ:əl/ (adj) = faithful **lojalny, wierny**

**merchant** /'mɜ:tʃ(ə)nt/ (n) = a tradesman **handlowiec, kupiec**

**native** /'neɪtɪv/ (n) = indigenous **tubylczy, rodzimy**

**prosperous** /'prɒspərəs/ (adj) = very rich; wealthy **zamożny, bogaty, dostatni**

**servant** /'sɜ:vənt/ (n) = an assistant; an attendant **służący**

**shelter** /'ʃeltə/ (n) = a refuge **schron, schronienie, osłona**

**struggle** /'strʌgl/ (n) = a battle **zmaganie, wysiłek, walka**

## Module 3 Into the future

**3D-printed** /θri: di: 'prɪntɪd/ (adj) = published as a three-dimensional object **wydrukowany przestrzennie (w technice 3D)**

**commute** /kə'mju:t/ (v) = to travel back and forth to work **dojeżdżać do pracy**

**outer space** (phr) = the universe **przestrzeń kosmiczna, kosmos**

**solar-powered** /səʊlə 'paʊəd/ (adj) = operating using energy from the sun **zasilany energią słoneczną**

**virtual reality device** (phr) = a gadget which creates an imaginary three-dimensional visual world **urządzenie kreujące wirtualną rzeczywistość**

## 3a

**a leap forward** (phr) = progress ahead **duży krok do przodu, skok**

**advance** /əd'vɑ:ns/ (v) = to make progress **posuwać się do przodu, czynić postępy**

**affordable** /ə'fɔ:dəbəl/ (adj) = reasonably priced **w przystępnej cenie**

**brain surgery** /breɪn ,sɜ:dʒəri/ (n) = an operation on the brain **operacja mózgu**

**digital revolution** (phr) = the advancement of electronic technology **rewolucja cyfrowa**

**endless** /'endləs/ (adj) = infinite **nieskończony, bez końca, nieograniczony**

**experience** /ɪk'spiəriəns/ (v) = to try sth to feel what it is like **doświadczyć**

**gaming industry** (phr) = the sector of industry relating to video games **przemysł gier wideo**

**graduate** /'grædʒuəɪt/ (v) = to get a university degree **ukończyć studia wyższe**

**massive** /'mæsɪv/ (adj) = huge and significant **ogromny, masywny**

**nobleman** /'nəʊəblmən/ (n) = a male aristocrat **szlachcic, arystokrata**

**peasant** /pezənt/ (n) = a farmer; a country person **chłop, wieśniak**

**recreate** /ri:kri'eɪt/ (v) = to imitate **odtworzyć, rekonstruować**

**transform** /træns'fɔ:m/ (v) = to change completely **przekształcić**

**virtual reality** /vɜ:tʃuəl ri'æləti/ (n) = an imaginary three-dimensional visual world **rzeczywistość wirtualna**

## 3b

**anchor** /'æŋkə/ (n) = a heavy device placed in water to prevent a ship from moving **kotwica**

**attend** /ə'tend/ (v) = to be present at **uczęszczać, uczestniczyć, być obecnym**

**belongings** /brɪ'lɒŋɪŋz/ (pl n) = sb's possessions; sb's personal items **dobytke, mienie**

**bitter** /'bɪtə/ (adj) = not sweet **gorzki**

**brakes** /breɪks/ (pl n) = the devices which allow sb to stop a vehicle **hamulce**

**cabin** /kæbɪn/ (n) = each of the small rooms in a ship where passengers sleep **kajuta**

**cabin** /kæbɪn/ (n) = the enclosed area for passengers in an aircraft **kabina pasażerska**

**carriage** /'kærɪdʒ/ (n) = a train car **wagon**

**cockpit** /kɒkpit/ (n) = a flight deck **kokpit, kabina pilotów**

**crew** /kru:/ (n) = the working team on a ship, plane, etc **załoga**

**dashboard** /dæʃbɔ:d/ (n) = the instrument panel of a vehicle **deska rozdzielcza**

**deck** /dek/ (n) = the floor of a ship **pokład**



**engine** /'endʒɪn/ (n) = a motor **silnik**  
**exhaust pipe** /'ɪɡzɔːst paɪp/ (n) = the pipe of a vehicle that releases gas **rura wydechowa**  
**fasten** /'fɑːsən/ (v) = to tie a safety belt around myself in a vehicle **zapiąć, zamocować**  
**follow a diet** (phr) = to eat certain kinds and amounts of food **stosować dietę**  
**handlebars** /'hændlbɑːz/ (pl n) = the curved part of the bicycle used for steering **kierownica (roweru)**  
**harbour** /'hɑːbə/ (n) = a natural small port **port**  
**headlights** /'hedlaɪts/ (pl n) = the front lights of a vehicle **przednie reflektory**  
**heavy meal** (phr) = a rich meal difficult to digest **ciężkostrawny posiłek**  
**licence plate** /'laɪsəns pleɪt/ (n) = the registration panel of a vehicle **tablica rejestracyjna**  
**mast** /mɑːst/ (n) = a pole **maszt**  
**mirror** /'mɪrə/ (n) = a looking glass **lustro**  
**on board** (phr) = on a plane, ship, etc **na pokładzie (samolotu, statku itp.)**  
**overhead compartment** /əʊvəhed kəm'pɑːtmənt/ (n) = the storage area above the seats of an aircraft **schowek na bagaż podręczny**  
**pedal** /'pedəl/ (n) = each of the two parts of a bike that you push with the feet to move the bicycle **pedał**  
**platform** /'plætfɔːm/ (n) = a raised area in a train station where passengers get on and off a train **peron**  
**port** /pɔːt/ (n) = a big place in a town or city where ships load and unload their goods and passengers get on and off **port**  
**rail** /reɪl/ (n) = transportation by train **tor**  
**rails** /reɪlz/ (pl n) = the horizontal metal tracks of the path of a train or tram **tory**  
**rear light** /,riə 'laɪt/ (n) = the back red light of a vehicle **tylny reflektor**  
**saddle** /'sædəl/ (n) = the seat on a horse or a bike **siodło, siodelko**  
**seatbelt** /'siːtbelt/ (n) = a safety belt in a vehicle **pas bezpieczeństwa**  
**secure** /sɪ'kjʊə/ (v) = to cause sth to be firmly attached **umocować, zamocować, zapiąć**  
**soft drink** (phr) = a non-alcoholic beverage **napój bezalkoholowy**  
**sour** /saʊə/ (adj) = acidic **kwaśny**

**steering wheel** /'stɪəriŋ wi:l/ (n) = a device for guiding the car **kierownica**  
**tyre** /taɪə/ (n) = a rubber tube around the wheel of a vehicle **opona**  
**wheel** /wi:l/ (n) = each of the circular things under a car, etc that help it move **koło**  
**windscreen** /'wɪndskriːm/ (n) = the front window of a vehicle **przednia szyba pojazdu**  
**wing** /wɪŋ/ (n) = each of the two big flat surfaces on the sides of an aircraft that keep it in the air **skrzydło**

## 3d

**exhibition** /,eksɪ'bɪʃən/ (n) = a number of pieces of art or other objects for people to visit and see **wystawa, ekspozycja**  
**interactive exhibits** (phr) = pieces of art and other objects in a museum that visitors can communicate with **eksponaty interaktywne**  
**removal van** /rɪ'muːvəl væn/ (n) = a big vehicle for transporting furniture and other things from one house to another **samochód do przeprowadzek**  
**suburbs** /'sʌbɜːbz/ (pl n) = a city area away from the centre **przedmieścia**  
**temporary** /tempə'reɪ/ (adj) = lasting for a certain period of time **tymczasowy**  
**virtual reality headset** (phr) = a pair of headphones to listen to the museum guide seeming to be real **zestaw/okulary do oglądania rzeczywistości wirtualnej**

## 3e

**entry** /'entri/ (n) = being allowed to get into a place **prawo wstępu**  
**casual clothes** (phr) = everyday clothes **codzienne ubrania**  
**packed** /'pækt/ (adj) = crowded **zatłoczony, zapchany**

## 3f

**experiment** /ɪk'sperɪmənt/ (n) = a test for discovering how sth functions in certain conditions **eksperyment**  
**give it a miss** (idm) = to decide to do without sth **odpuścić sobie, zrezygnować**  
**provide** /prə'vaɪd/ (v) = to give sth to sb **dostarczyć, zapewnić**

## CLIL 3

**breakthrough** /'breɪkθruː/ (n) = an impressive discovery **przełom, punkt zwrotny**  
**cart** /kɑːt/ (n) = a wooden vehicle pulled by a horse in the past **wóz, furmanka**  
**coal** /kəʊl/ (n) = the black mineral used for burning and producing heat **węgiel**  
**construct** /kən'strʌkt/ (v) = to build **zbudować, skonstruować**  
**domesticate** /də'mestɪkeɪt/ (v) = to make an animal tame so as to live with people **udomowić**  
**log of wood** (phr) = a big piece of wood from a tree **kłoda**  
**stagecoach** /steɪdʒkəʊtʃ/ (n) = a wooden vehicle pulled by four horses **dylizans**  
**steam engine** /stiːm ,endʒɪn/ (n) = a power generator that uses gas to work **maszyna parowa**  
**the Industrial Revolution** /ði ɪn,dʌstriəl revə'ljuːʃən/ (n) = the historical period between the 18th and 19th centuries when machines were used for production **rewolucja przemysłowa**

## Culture spot 3

**overcrowding** /əʊvə'kraʊdɪŋ/ (adj) = the fact that a place is packed with people **zatłoczenie, przeludnienie**  
**overnight** /əʊvə'naɪt/ (adv) = during the night **nocą, w nocy, przez noc**  
**power** /paʊə/ (v) = to move a vehicle using a certain type of energy **napędzać, zasilać, dostarczać energii**  
**surface** /'sɜːfɪs/ (n) = the part of the Earth where we live **powierzchnia**  
**surroundings** /sə'raʊndɪŋz/ (pl n) = areas around a specific place **otoczenie, okolica**

## Module 4 In other words

**body language** (phr) = a non-verbal form of communication via the movements of the body **mowa ciała**  
**Braille reading** (phr) = a writing system for the understanding of texts for the blind **alfabet Braille'a (dla niewidomych)**  
**digital communication** (phr) = electronic transmission of information (as in emails, text and picture messages) **komunikacja cyfrowa/elektroniczna**

# Word List

**face-to-face contact** (phr) = social interaction in person **bezpośredni kontakt, spotkanie twarzą w twarz**

**hazard sign** (phr) = warning symbols on roads **znak ostrzegawczy**

**printed material** (phr) = published information in the press (magazines and newspapers) or elsewhere (books, etc) **materiały drukowane**

**sign language** (phr) = a deaf-mute verbal form of communication **język migowy**

**social media** (phr) = computer-mediated tools in virtual communities and networks (such as Facebook, Skype, etc) **media społecznościowe**

## 4a

**add a tone** (phr) = to supplement with a particular mood **nadać ton/nastroj**

**animated icon** (phr) = a cartoon graphic image **animowana ikona, emotikon**

**average** /'ævərɪdʒ/ (n) = a statistical midpoint **typowy, przeciętny, średni**

**colon** /'kəʊlən/ (n) = a punctuation mark made of two vertically aligned dots [:] **dwukropek**

**effect** /'ɪfekt/ (n) = an impact **wpływ, skutek, efekt, konsekwencja, rezultat**

**facial expression** (phr) = an emotion expressed on the face **wyraz twarzy, mimika**

**growing** /'grəʊɪŋ/ (adj) = developing **rosnący**

**punctuation mark** (phr) = a symbol such as a full stop, comma, etc in the writing system of a language **znak interpunkcyjny (np. przecinek, kropka)**

**take (sth/sb) by storm** (idm) = to unexpectedly be very successful in a specific place or with a specific group of people **odnieść błyskawiczny i spektakularny sukces**

**tone** /təʊn/ (n) = (in writing) the mood **nastroj, ton**

**version** /'vɜːʃən/ (n) = a particular form (of a story) **wersja**

## 4b

**announce** /ə'naʊns/ (v) = to make known **ogłaszać**

**argue** /'ɑːɡjuː/ (v) = to fight **kłócić się, sprzeczać się**

**bite** /baɪt/ (v) = to tear sth with your teeth **gryźć**

**chat online** (phr) = to hold a conversation with sb on the Internet **czatować w internecie**

**clasp** /klæsp/ (v) = to hold sth firmly and tightly **ścisnąć, ścisnąć**

**clench** /klentʃ/ (v) = to hold in a tight grasp (in order to show anger) **zacinąć**

**cross** /krɒs/ (v) = to overlay (arms or legs) **skrzyżować**

**fist** /fɪst/ (n) = a closed hand **pięść**

**install** /ɪn'stɔːl/ (v) = to set up a computer program **zainstalować**

**make small talk** (idm) = to chit-chat **rozmawiać na błahe tematy**

**mention** /menʃən/ (v) = to speak of sth **wspominać, wzmiankować**

**post a message** (phr) = to send an electronic note through a messenger application **wysłać wiadomość**

**raise** /reɪz/ (v) = to lift **podnieść**

**rise** /raɪz/ (v) = to appear over the horizon; to increase **podnosić się, wzrosnąć**

**scratch** /skrætʃ/ (v) = to rub **drapać**  
**social media services** (phr) = resources of computer-mediated tools in virtual communities and networks (such as Facebook, Skype, etc) **media społecznościowe**

## 4d

**brb** (phr) = to be right back **zaraz wracam**

**continually** /kən'tɪnjuəli/ (adv) = constantly; repeatedly **ciągle**

**debate** /dɪ'beɪt/ (n) = an exchange of views **dabata**

**face-to-face** /'feɪs tə 'feɪs/ (adv) = in person **bezpośredni kontakt, spotkanie twarzą w twarz**

**hug** /hʌg/ (n) = a cuddle **ściskać, tulić**

**improve** /ɪm'pruːv/ (v) = to make sth better **ulepszać, udoskonalać, poprawiać**

**keyboard** /'kiːbɔːd/ (n) = a panel of keys for typing on a computer, etc **klawiatura**

**laugh out loud** (phr) = (also: lol) to express joy in a loud voice **LOL, kupa śmiechu**

**messaging app** (phr) = the software for the transmission of written communication electronically (on a computer, a mobile phone, etc) **apka, aplikacja służąca do wysyłania wiadomości**

**on the go** (idm) = on the move **w ruchu**

**schoolwork** /'sku:lwɜːk/ (n) = study exercises **zadanie szkolne**

**textspeak** /'tekstspi:k/ (n) = SMS language **język używany w SMS-ach**

## 4e

**hold the line** (idm) = to remain on the telephone **nie odkładać słuchawki telefonu**

**put sb on hold** (idm) = to make sb wait on the telephone **poprosić kogoś, aby zaczekał na linii (podczas rozmowy telefonicznej)**

**warehouse** /'weəhaʊs/ (n) = a storehouse for goods **magazyn, skład**

**wonder** /'wʌndə/ (v) = to have a desire to know sth **zastanawiać się**

## 4f

**adopt** /ə'dɒpt/ (v) = to use (e.g. sb else's idea) **przyjąć, przybrać**

**become addicted** (phr) = to be compulsively interested in sth **uzależnić się**

**convinced** /kən'vɪnst/ (adj) = persuaded **przekonany**

**costly** /'kɒstli/ (adj) = expensive **kosztowny**

**cyberbullying** /saɪbə'bʊlɪŋ/ (n) = the act of frightening sb on the Internet **cybernękanie, internetowe dręczenie**

**dependent (on)** /dɪ'pendənt/ (adj) = reliant on sth; addicted to sth **zależny od**

**fluent (in)** /'fluːənt/ (adj) = able to speak or write with ease **biegły (w jakimś języku)**

**job opportunity** /dʒɒb ɒpɔːtjuːnəti/ (n) = an opening in the employment sector **możliwość zatrudnienia, oferta pracy**

**master** /'mɑːstə/ (v) = to become proficient in sth **opanować (wiedzę, umiejętność)**

**portable** /'pɔːtəbəl/ (adj) = (of an electronic device) moveable **przenośny, łatwy do przeniesienia**

**time-consuming** /taɪm kən'sjuːmɪŋ/ (adj) = involving a lot of time **czasochłonny**

## CLIL 4

**carbon** /'kɑːbən/ (n) = the chemical component of atomic number 6 **węgiel**

**fungus** /'fʌŋəs/ (n) = mould **grzyb**  
**logging company** (phr) = a business that cuts down trees for timber  
**firma zajmująca się wycinką drzew**  
**mycorrhizal network** (phr) = a web relating to the mycorrhiza (fungus that increases in size in relation to the roots of another plant) **sieć mikoryzowa (sieć pośrednich połączeń pomiędzy roślinami z udziałem grzybów mikoryzowych)**  
**nutrient** /'nju:triənt/ (n) = a nourishing substance **substancja odżywcza, składnik pokarmowy**  
**pathway** /'pɑ:θwei/ (n) = a route **ścieżka, przejście, trasa**

## Culture spot 4

**added bonus** (phr) = an extra benefit **dodatkowa korzyść**  
**entrance** (n) = the admission into a building **wstęp, wejście**  
**exhibit** /'ɪg'zɪbɪt/ (n) = an object on display in a museum **eksponat**  
**steam engine** (phr) = a motor operated by pressurised vaporised water to provide mechanical power **maszyna parowa**

## Module 5 The Earth is ours!

**aphid** /'eɪfɪd/ (n) = a greenfly **mszyca**  
**chemical** /'kemɪkəl/ (n) = a man-made substance for the protection of plants **substancja chemiczna**  
**clean-up** /'kli:n ʌp/ (n) = the act of removing dirt from a place **sprzątanie**  
**conservation** /'kɒnsə'veɪʃən/ (n) = protection from extinction **ochrona**  
**dam** /dæm/ (n) = a water barrier **tama, zapora**  
**drought** /draʊt/ (n) = a temporary shortage of rainfall **susza**  
**extinction** /'ɪk'stɪŋkʃən/ (n) = disappearance of a species **wyginiecie, wymarcie**  
**flood** /flʌd/ (n) = the rising and overflowing of water onto a normally dry land **powódź**  
**look into** /'lʊk ɪntə/ (phr v) = to investigate sth **zająć się czymś, rozpatrzeć, zbadać**  
**pesticide** /'pestɪsaɪd/ (n) = a chemical for killing the insects which destroy crops **pestycyd, środek owadobójczy**  
**prevent** /pri'vent/ (v) = to stop sth from happening **zapobiegać**

**put away** /'pʊt ə'wei/ (phr v) = to put sth somewhere safe **odkładać**  
**recycling** /'ri:'saɪklɪŋ/ (n) = the act of making objects reusable **recykling**  
**renewable** /'ri:nju:əbəl/ (adj) = sustainable **odnawialny**  
**snap up** /'snæp ʌp/ (phr v) = to grab sth on the spot **zgarnąć coś, rzucić się na coś**  
**tree planting** (phr) = the act of putting seeds in the earth to make trees **sadzenie drzew**

## 5a

**a wealth of** (phr) = an abundant amount of sth **obfitość**  
**agritourism** /'ægrɪ,tʊəɪzəm/ (n) = a type of holiday where tourists stay with locals in villages **agroturystyka**  
**approach** /ə'prəʊtʃ/ (v) = to move closer to sb **zbliżyć się, podejść**  
**assist** /ə'sɪst/ (v) = to help sb **asystować, wspierać**  
**balance** /'bæləns/ (n) = harmony **harmonia, równowaga**  
**basic** /'beɪsɪk/ (adj) = simple **podstawowy**  
**budget** /'bʌdʒɪt/ (n) = a financial plan **budżet**  
**comfort** /'kʌmfət/ (n) = ease **wygoda**  
**conservation** /'kɒnsə'veɪʃən/ (n) = protection from extinction **ochrona**  
**countless** /'kaʊntləs/ (adj) = too many to count **liczny, niezliczony**  
**ecosystem** /'i:kəʊsɪstəm/ (n) = all of the plants and animals living in a particular place **ekosystem**  
**endangered species** /ɪn'deɪndʒəd 'spi:ʃi:z/ (n) = an animal or plant close to extinction **zagrożone gatunki**  
**environmental certification** (phr) = documents confirming sth as eco-friendly **certyfikacja środowiskowa**  
**fence building** /'fens ˌbɪldɪŋ/ (n) = the construction of a barrier that surrounds an area **grodzenie, budowa ogrodu**  
**getaway** /'getəwei/ (n) = a short trip **krótkie wakacje, wypad**  
**hospitality** /'hɒspɪ'tæləti/ (n) = warm behaviour towards visitors **gościnność**  
**individual** /,ɪndɪ'vɪdʒuəl/ (n/adj) = a single person; separate **osobny, pojedynczy**  
**legendary** /'ledʒəndəri/ (adj) = well-known **legendarny**

**marine mammal** /mə'ri:n 'mæməl/ (n) = a sea animal that gives birth to babies **ssak morski**  
**monitoring** /'mɒnɪtərɪŋ/ (n) = the act of observing sth; supervision **monitorowanie, obserwacja**  
**nature reserve** /'neɪtʃə ɪ'lɪ:zə:v/ (n) = a protected area for wildlife **rezerwat przyrody**  
**porpoise** /'pɔ:pəʊs/ (n) = a sea mammal that looks like a dolphin **morświn**  
**rare** /reə/ (adj) = infrequent; scarce **rzadki**  
**reptile** /reptal/ (n) = a cold-blooded animal, such as a snake, a lizard, etc **gad**  
**research** /ri:'sɜ:tʃ/ (n) = an investigation; a study **poszukiwania, badanie naukowe**  
**spot** /spɒt/ (v) = to locate sth **dostrzec, zauważyć**  
**sth is home to** (phr) = sth is the natural habitat of a species **jest miejscem zamieszkania**  
**tan** /tæn/ (n) = the brownish colour on the skin through exposure to the rays of the sun **opalenizna**  
**upset** /,ʌp'set/ (v) = to cause concern **zakłócić, zaburzać**  
**volunteer** /,vɒləntɪə/ (n) = sb doing unpaid charity work **ochotnik**  
**whale watching** /weɪl ˌwɒtʃɪŋ/ (n) = the act of observing very large sea mammals that breathe through a blowhole on their heads **obserwowanie wielorybów**

## 5b

**acid rain** /'æsɪd 'reɪn/ (n) = polluted rain **kwaśny deszcz**  
**affect** /ə'fekt/ (v) = to have an impact on sth **wpływać, oddziaływać**  
**climate change** /'klaɪmət ˌtʃeɪndʒ/ (n) = alterations in the Earth's meteorological patterns **zmiana klimatu**  
**disposable** /drɪ'spəʊzəbəl/ (adj) = designed to be thrown away after use **jednorazowy, jednorazowego użytku**  
**effect** /ɪ'fekt/ (n) = a consequence **wpływ, skutek, efekt, konsekwencja, rezultat**  
**exhaust fumes** /ɪg'zɔ:st fju:mz/ (pl n) = gases released by vehicles when the engine is running **spaliny**  
**forest fire** /'fɒrɪst faɪə/ (n) = uncontrolled fire in the woods **pożar lasu**



# Word List

**fossil fuel** /'fɒsəl ,fju:əl/ (n) = fuel from the ground, such as coal or oil  
**paliwo kopalne**

**ice cap** /aɪs kæp/ (n) = a thick covering of ice in the North and South Poles  
**pokrywa lodowa, wieczna zmarzlina**

**laundry** /'lɔ:ndri/ (n) = the washing of clothes and linen  
**pranie**

**litter** /'lɪtə/ (n) = rubbish  
**śmieci**

**natural resources** /,nætʃərəl rɪ'zɔ:sɪz/ (n) = the land, forests and energy sources existing in nature  
**zasoby naturalne**

**public transport** /,pʌblɪk 'trænspɔ:t/ (n) = trains, buses, trams, etc  
**transport publiczny**

**put out** /,pʊt 'aʊt/ (phr v) = to extinguish a fire  
**ugasić**

**renewable** /rɪ'nju:əbəl/ (adj) = sustainable  
**odnawialny**

**resident** /rezɪdənt/ (n) = an inhabitant  
**mieszkaniec, rezydent**

**smog** /smɒg/ (n) = a mixture of smoke and fog  
**smog**

**tap water** /tæp wɔ:tə/ (n) = drinking water from a valve controlling the release of water  
**woda z kranu**

**traffic jam** /'træfɪk ,dʒæm/ (n) = congestion of vehicles  
**korek uliczny**

**weather** /'weðə/ (n) = the climatic conditions  
**pogoda**

**whether** /'weðə/ (conj) = if  
**czy**

## 5d

**compost** /kəm'pɒst/ (n) = an organic fertilizer  
**kompost**

**fruit and veg waste** (phr) = the leftovers from fruit and vegetables  
**odpadki zielone (pozostałości po owocach i warzywach)**

**seasonal** /si:zənəl/ (adj) = happening during a particular season  
**sezonowy**

## 5f

**argue** /'ɑ:gju:/ (v) = to claim  
**kłócić się, sprzeczać się**

**average** /'ævərɪdʒ/ (adj) = typical; common  
**typowy, przeciętny, średni**

**convenient** /kən'vi:niənt/ (adj) = comfortable and useful  
**wygodny, poręczny, praktyczny**

**destination** /,destɪ'neɪʃən/ (n) = a journey's end  
**cel podróży**

**donation** /dəʊ'neɪʃən/ (n) = a charitable contribution  
**dotacja**

**emotionally attached (to sb)** (phr) = psychologically connected with sb  
**emocjonalnie przywiązany (do kogoś)**

**harm** /hɑ:m/ (n) = damage  
**uszkodzenie, szkoda**

**landfill** /'lændfɪl/ (n) = an open site for disposing of waste material  
**wysypisko śmieci**

**natural disaster** /,nætʃərəl drɪ'zɑ:stə/ (n) = a catastrophe caused by the forces of nature  
**klęska żywiołowa, katastrofa naturalna**

**rewarding** /rɪ'wɔ:dɪŋ/ (adj) = satisfying  
**dający zadowolenie/satisfakcję**

**site** /saɪt/ (n) = a place  
**miejsce**

**society** /sə'saɪəti/ (n) = the community  
**społeczeństwo**

**the homeless** /ðə 'həʊmləs/ (n) = the people living in the streets  
**bezdomni**

**water supply** (phr) = the quantity of water available  
**zasoby wodne**

## CLIL 5

**carbon footprint** /,kɑ:bən 'fʊtprɪnt/ (n) = how much an individual pollutes the environment with their greenhouse gases  
**ślad węglowy**

**chemical-free** /'kemɪkəl fri:/ (adj) = (of products) non-chemical  
**wolny od substancji chemicznych**

**conserve** /kən'sɜ:v/ (v) = to not waste  
**chronić**

**deodorant** /di:'əʊdərənt/ (n) = anti-perspirant  
**dezodorant**

**fuel** /fju:əl/ (n) = substance burnt that produces energy (e.g. oil, gas, etc)  
**paliwo**

**ingredient** /ɪn'grɪ:diənt/ (n) = an element  
**składnik**

**LED light bulb** (phr) = an electric lamp with a light-emitting diode  
**żarówka LED-owa**

**packaging** /'pækɪdʒɪŋ/ (n) = the material used to make packages  
**opakowanie**

**shower** /'ʃaʊə/ (n) = the act of bathing yourself under a spray of water droplets  
**kąpiel pod prysznicem**

**tap** /tæp/ (n) = a water faucet  
**kran**

**unplug** /,ʌn'plʌg/ (v) = to remove an electrical plug from a socket  
**wyłączyć z sieci, wyjąć wtyczkę z kontaktu**

**water** /'wɔ:tə/ (v) = to feed the plants using a hose, a sprinkling can, etc  
**podlewać**

## Culture spot 5

**wheelie bin** /'wi:li bɪn/ (n) = a waste container on wheels  
**pojemnik na śmieci (na kółkach)**

## Module 6 Top choices

**amusement arcade** /ə'mju:zmənt ɑ:,keɪd/ (n) = a covered area with electronic games  
**salon gier elektronicznych**

**cater (for sb/sth)** /'keɪtə/ (v) = to provide for sb/sth  
**zaspokajać, spełniać (np. potrzeby)**

**shopaholic** /,ʃɒpə'hɒlɪk/ (n) = a compulsive shopper  
**zakupoholik**

**shop 'til you drop** (idm) = to keep buying things until you are physically exhausted  
**kupować do upadłego**

**shopping therapy** /'ʃɒpɪŋ ,θerəpi/ (n) = retail therapy  
**terapia zakupowa, czyli dłuższy wypad na zakupy celem poprawy samopoczucia**

## 6a

**admit** /əd'mɪt/ (v) = to accept sth as true  
**przyznawać, zgadzać się**

**at first glance** (phr) = at first sight  
**na pierwszy rzut oka**

**bargain** /'bɑ:gɪn/ (v) = to negotiate the price of sth  
**targować się, negocjować cenę**

**copper** /'kɒpə/ (adj) = made of a red-brown metal used for pipes  
**miedź**

**correspondent** /,kɒrə'spɒndənt/ (n) = a reporter  
**korespondent, reporter, dziennikarz**

**demolish** /dɪ'mɒlɪʃ/ (v) = to knock sth down  
**wyburzyć, rozebrać (np. budynek)**

**gate** /geɪt/ (n) = a door in a fence  
**brama, furtka**

**knowledgeable** /'nɒlɪdʒəbəl/ (adj) = well-informed  
**obeznany, znający się na rzeczy, wnikliwy**

**marble** /'mɑ:bəl/ (adj) = made of a hard rock used for statues  
**marmur**

**maze** /meɪz/ (n) = a labyrinth  
**labirynt**

**medieval times** (phr) = the Middle Ages  
**średniowiecze**

**parallel** /'pærələl/ (adj) = side by side  
**równoległy**

**price tag** /praɪs tæg/ (n) = a label with the cost of a product on it  
**etykieta z ceną**

**secluded** /sɪ'klu:dɪd/ (adj) = hidden from public view  
**ustronny, zaciszny**

**set off** /,set 'ɒf/ (phr v) = to begin a journey  
**wyruszać**

**side alley** /ˈsaɪd ˌæli/ (n) = a subsidiary road **boczna ulica**  
**sip** /sɪp/ (v) = to drink sth very slowly **sączyć**  
**spice** /spɑɪs/ (n) = a flavouring substance **przyprawa korzenna**  
**stall** /stɔ:l/ (n) = a stand **stragan**  
**stallholder** /ˈstɔ:l,həʊldə/ (n) = sb who has a stand in a street market **właściciel straganu**

## 6b

**afford** /əˈfɔ:d/ (v) = to have enough money to buy sth **mieć na coś pieniądze, pozwolić sobie na coś**  
**borrow** /ˈbɒrəʊ/ (v) = to take sth on loan **pożyczyć od kogoś**  
**change** /tʃeɪndʒ/ (n) = money received back after paying for sth **reszta**  
**checked** /tʃekt/ (adj) = patterned with squares **w kratkę**  
**cotton** /ˈkɒtn/ (adj) = made of the white fluffy fibers of a plant **bawełna**  
**credit card** /ˈkredɪt kɑ:d/ (n) = a plastic card for buying goods and services and paying later **karta kredytowa**  
**deal** /di:l/ (n) = a bargain **okazja**  
**discount** /ˈdɪskaʊnt/ (n) = a reduced price **zniżka, obniżka ceny**  
**fitting room** /ˈfɪtɪŋ ru:m/ (n) = an area in a shop for trying on clothes **przymierzalnia, przebieralnia**  
**floral** /ˈflɔ:rəl/ (adj) = patterned with flowers **kwiecisty**  
**guarantee** /ˌgærənˈti:/ (n) = a warranty **gwarancja**  
**in bulk** (phr) = in large quantities **hurtowo**  
**in stock** (phr) = in supply **na stanie (w sklepie)**  
**leather** /ˈleðə/ (adj) = made of animal skin **skóra**  
**lend** /lend/ (v) = to loan sb sth **pożyczyć (komuś)**  
**linen** /ˈlɪnən/ (adj) = made of the flax plant **len, płótno**  
**massive** /ˈmæsɪv/ (adj) = huge **ogromny, masywny**  
**plain** /pleɪn/ (adj) = (of cloth) without a pattern or colours **gładki, jednolity (bez wzoru)**  
**receipt** /rɪˈsi:t/ (n) = a written statement of the purchase of a product **paragon**  
**reduction** /rɪˈdʌkʃən/ (n) = a price cut **obniżka ceny**  
**refund** /rɪˈfʌnd/ (n) = money returned **zwrot pieniędzy, refundacja**  
**reserve** /rɪˈzɜ:v/ (v) = to set sth aside **zarezerwować**

**striped** /straɪpt/ (adj) = patterned with narrow lines of contrasting colours **w paski**  
**woollen** /ˈwʊlən/ (adj) = made of a fabric from the hair of sheep **wełniany**

## 6e

**assistance** /əˈsɪstəns/ (n) = help **wsparcie, pomoc**  
**chart** /tʃɑ:t/ (n) = a visual display of information **wykras**  
**measurement** /ˌmeʒəmənt/ (n) = the dimension of sth **wymiar, rozmiar**

## 6f

**a feast for the eyes** (idm) = sth very pleasant to look at **uczta dla oczu**  
**convenient** /kənˈvi:niənt/ (adj) = suitable **wygodny, poręczny, praktyczny**  
**open-air market** (phr) = a public outdoor bazaar **plac targowy, targowisko**  
**rare** /reə/ (adj) = scarce **rzadki**  
**sample** /ˈsɑ:mpl/ (n) = a representative piece of sth **próbka**  
**scent** /sent/ (n) = a pleasant smell **zapach**  
**specialise (in sth)** /ˌspeʃəlaɪz/ (v) = (of a shop, etc) to provide specific goods only **(o sklepie) specjalizować się w określonych towarach**  
**stroll** /strɔ:l/ (v) = to walk in a leisurely way **przechadzać się, spacerować**  
**trendy** /trendi/ (adj) = fashionable **modny, trendy**

## CLIL 6

**cardamom** /ˈkɑ:dəməm/ (n) = a spice made from the seed of a tropical Asian plant **kardamon**  
**cinnamon** /ˈsɪnəmən/ (n) = a brown spice with a sweet smell **cynamon**  
**conduct** /kənˈdʌkt/ (v) = to perform **przeprowadzać, prowadzić**  
**flavour** /ˈfleɪvə/ (v) = to season food **przyprawiać**  
**merchant** /ˈmɜ:tʃənt/ (n) = a trader **handlowiec, kupiec**  
**nutmeg** /ˈnʌtmeg/ (n) = a brown spice made from the seed of an East Indian tree **gałka muszkatołowa**  
**origin** /ˈɒrɪdʒɪn/ (n) = the place of the source of sth **pochodzenie**  
**overland** /ˈəʊvələnd/ (adj) = (of a journey) across the land **lądem, drogą lądową**

**religious ceremony** /rɪˌlɪdʒəs ˈserəməni/ (n) = a church service **ceremonia/uroczystość religijna**  
**spice** /spɑɪs/ (n) = a flavouring substance **przyprawa**  
**trade route** /treɪd ru:t/ (n) = the way taken for the commercial transportation of cargos **szlak handlowy**  
**trader** /ˈtreɪdə/ (n) = a buyer and seller **kupiec, przedsiębiorca**

## Culture spot 6

**funeral** /ˈfju:nərəl/ (n) = a burial ceremony **pogrzeb**  
**fur** /fɜ:/ (adj) = made of the thick soft hair of animals **wykonany z futra**  
**hang** /hæŋ/ (v) = to be suspended from a fixed point **wieszać**  
**knee-length** /ˈni: leŋθ/ (adj) = extending to the knee **(sięgający) do kolan**  
**region** /rɪ:dʒən/ (n) = an area **region, rejon**  
**tartan pattern** /ˈtɑ:tən ˌpætən/ (n) = the design of a Scottish kilt **wzór w szkocką kratę**  
**waist** /weɪst/ (n) = the narrow part of the body between the hips and the ribs **pas, talia**

## Module 7 Fit & Healthy

**combination** /ˌkɒmbɪˈneɪʃən/ (n) = the harmonious existence of two or more different things **kombinacja, połączenie**  
**device** /dɪˈvaɪs/ (n) = part of equipment **urządzenie, przyrząd**  
**location** /ləʊˈkeɪʃən/ (n) = a specific place **lokalizacja, położenie, miejsce**  
**off the beaten track** (idm) = away from crowded places **na uboczu**  
**propelled water** (phr) = water pushed behind by a device **woda odrzucana przez jakies urządzenie**  
**surface** /ˈsɜ:fɪs/ (n) = the upper part of a body of water **powierzchnia**

## 7a

**basically** /ˈbeɪsɪkli/ (adv) = in fact  
**bone** /bəʊn/ (n) = each of the hard parts that make up the frame of the body **zasadniczo**  
**bone density** /ˈbəʊn ˌdensəti/ (n) = how much calcium (a vital mineral) a bone contains **gęstość kości**  
**chat show** /tʃæt ʃəʊ/ (n) = a talk show **talk-show**



# Word List

**continuously** /kən'tɪnjuəsli/ (adv) = nonstop **bez przerwy, nieprzerwanie**

**float off** /fləʊt 'ɒf/ (phr v) = to go away moving through the air **unosić się**

**gravity** /'grævəti/ (n) = the Earth's force to attract everything to the ground **grawitacja**

**host** /həʊst/ (n) = the person in charge of a show **gospodarz programu**

**microgravity** /,maɪkrəʊ'grævəti/ (n) = an almost total lack of gravity **mikrogravitacja**

**monitor** /'mɒnɪtə/ (v) = to watch and observe closely **monitorować, obserwować**

**muscle** /mʌsəl/ (n) = each of the flesh parts inside the body that help us move **mięsień**

**muscle mass** /mʌsəl məs/ (n) = all the muscles in the body **masa mięśniowa**

**name after** /neɪm ɑ:ftə/ (phr v) = to give sb/sth the name of sb/sth else **nadać komuś imię po kimś**

**natural force** (phr) = physical power **siła przyrody, zjawisko naturalne**

**personal trainer** /,pɜ:snəl 'treɪnə/ (n) = a physical education instructor for individuals **trener osobisty**

**resistance** /rɪ'zɪstəns/ (n) = the force that stops you from sth **opór**

**secure** /sɪ'kjʊə/ (v) = to tie firmly **umocować, zamocować, związać**

**stationary bike** /,steɪʃənəri 'baɪk/ (n) = a piece of equipment in a gym that looks like a bicycle **rower stacjonarny**

**stay upright** (phr) = to remain standing **stać prosto**

**still** /stɪl/ (adj) = not moving **nieruchomy**

**support** /sə'pɔ:t/ (v) = to hold sth up **podpierać, podtrzymywać**

**treadmill** /'tredmɪl/ (n) = a piece of equipment in a gym for walking or running on **bieżnia stacjonarna**

**vital** /vaɪtəl/ (adj) = very important **decydujący, istotny**

**weighted harness** (phr) = a set of bands equipped with heavy items **pas z obciążeniem**

**weightlifting device** /'weɪtlɪftɪŋ dɪ'vaɪs/ (n) = a piece of equipment in a gym for lifting heavy metal items **urządzenie do podnoszenia ciężarów**

**weightlifting machine** /'weɪtlɪftɪŋ mə'ʃi:n/ (n) = a weightlifting device **urządzenie do podnoszenia ciężarów**

**workout** /'wɜ:kəʊt/ (n) = exercising your body **ćwiczenia fizyczne, gimnastyka**

## 7b

**catch** /kætʃ/ (v) = to manage to get hold of sth that sb has thrown **złapać**

**changing rooms** /tʃeɪndʒɪŋ ru:mz/ (pl n) = a place where athletes change their clothes **szatnie**

**course** /kɔ:s/ (n) = an open area with small holes for playing golf **pole do gry w golfa**

**court** /kɔ:t/ (n) = an area for playing basketball, volleyball, tennis, squash, etc **boisko (do gry w koszykówkę, siatkówkę, kort tenisowy itp.)**

**equipment** /'ɪkwɪpmənt/ (n) = a set of machines that serve a specific purpose **sprzęt**

**hit** /hɪt/ (v) = to strike the ball in a game with sth **uderzyć**

**instructor** /ɪn'strʌktə/ (n) = a fitness trainer **instruktor, trener**

**kick** /kɪk/ (v) = to let an object go through the air by hitting it with your foot **kopnąć**

**locker** /'lɒkə/ (n) = each of the small cupboards in a sports club, school, etc for putting your clothes, personal things, etc **szafka (w szatni/szkole)**

**pass** /pɑ:s/ (v) = to throw or kick the ball to a teammate in a game **podać (np. piłkę do partnera z drużyny)**

**pitch/field** /pɪtʃ/ /fi:ld/ (n) = an open area for playing football, rugby, cricket, hockey, etc **boisko (do gry w piłkę nożną, rugby, hokeja itp.)**

**pool** /pu:l/ (n) = a hole filled with water for swimming in **basen pływakki**

**pull muscle** (phr) = to strain a muscle of the body **naciągnąć mięsień**

**rink** /rɪŋk/ (n) = a specific area with ice for skating on **lodowisko**

**score** /skɔ:/ (v) = to gain points in a sport or game **zdobyć (punkty w grze/sporcie)**

**scrape knee** (phr) = to injure the joint in the middle of the leg by rubbing it against sth rough **zadrapać/otrzeć kolano**

**throw** /θrəʊ/ (v) = to let an object go through the air for sb to catch **rzucić**

**track** /træk/ (n) = each of the lanes in a stadium where athletes run **tor**

**twist ankle** (phr) = to injure the joint between your leg and your foot **skręcić kostkę**

**workout** /'wɜ:kəʊt/ (n) = physical exercise **ćwiczenia fizyczne, gimnastyka**

## 7e

**bandage** /'bændɪdʒ/ (n) = a long piece of cloth for covering a wound **bandaż**

**pulses** /'pʌlsɪz/ (pl n) = beans, peas, lentils, etc **rośliny strączkowe**

**recovery** /rɪ'kʌvəri/ (n) = getting well again after an illness, etc **powrót do zdrowia**

**speed up** /,spi:d 'ʌp/ (phr v) = to make sth happen faster **przyspieszyć**

**swelling** /'swelɪŋ/ (n) = a raised area on the body surface because of an injury **nabrzemiecie, opuchlizna, obrzęk**

## 7f

**approach** /ə'prəʊtʃ/ (v) = to get nearer **zbliżyć się**

**charity race** /tʃærəti ,reɪs/ (n) = a running competition for raising money to give to people in need **bieg/wyścig charytatywny**

**funds** /fʌndz/ (pl n) = money necessary for a purpose **fundusze**

**participant** /pɑ:'tɪsɪpənt/ (n) = each individual who takes part in an event **uczestnik**

**raise** /reɪz/ (v) = to collect money to help people in need **zbierać**

**scenic** /'si:nɪk/ (adj) = (of a place) beautiful **widokowy**

## CLIL 7

**cutlery** /'kʌtləri/ (n) = forks, knives and spoons **sztućce**

**germ** /dʒɜ:m/ (n) = a tiny organism that causes diseases **drobnoustrój, zarazek**

**handle** /'hændl/ (n) = the thing on a door for opening and closing it **klamka**

**handle** /'hændl/ (v) = to hold sth in your hands **trzymać w rękach**

**handrail** /'hændreɪl/ (n) = the safety bar along stairs **poręcz**

**infectious disease** (phr) = an illness easily passed from one person to another **choroba zakaźna**

**pass** /pɑːs/ (v) = to move from one place to another **podać**

**pick up** /pɪk 'ʌp/ (phr v) = to catch sth dirty and get an illness **zarazić się, złapać chorobę**

**sneeze** /sniːz/ (v) = to force air out of the mouth and nose with noise **kichać**

**spread** /spred/ (v) = to make sth bad affect more people **rozprzestrzeniać, roznosić**

**spread the word** (phr) = to make sth known to many people **szerzyć wieści, rozpowszechniać**

**surface** /sɜːfɪs/ (n) = the top layer of sth **powierzchnia**

**washbasin** /wɒʃbeɪsən/ (n) = the bowl in the bathroom for washing our hands, brushing our teeth, etc **umywalka**

## Culture spot 7

**found** /faʊnd/ (v) = to establish a company, organisation, etc **założyć (np. organizację, firmę itd.)**

**grant** /grɑːnt/ (v) = to allow sb to have sth **przyznać komuś (np. fundusze)**

**medical problem** (phr) = an illness **choroba**

**operate** /'ɒpəreɪt/ (v) = (of an organisation) to work **działać, funkcjonować**

**annual** /ænjʊəl/ (adj) = yearly **doroczny**

**elaborate** /ɪ'læbərət/ (adj) = complex and rich in detail **złożony, skomplikowany, wymyślny**

**fancy dress** /fænsɪ 'dres/ (n) = a set of clothes worn to a masked ball, at Halloween, etc **kostium na bal przebierańców**

**gem** /dʒem/ (n) = a precious stone **klejnot**

**outfit** /'aʊtfɪt/ (n) = a set of clothes that you wear together **ubiór, strój**

**selfie** /'selfi/ (n) = a photo taken of yourself with the camera of a mobile phone **selfie, autoportret**

**street parade** /stri:t pə'reɪd/ (n) = a procession on a road **parada uliczna**

**theme** /θi:m/ (n) = a topic **temat**

## 8a

**afoot** /ə'fʊt/ (adj) = underway; in progress **w toku, w trakcie**

**break the silence** (idm) = to say sth suddenly interrupting a period of silence **przerwać milczenie**

**brilliant** /brɪljənt/ (adj) = excellent **znakomity, błyskotliwy, kapitalny**

**client** /klaɪənt/ (n) = a customer **klient**

**concentrate (on sth)** /kɒnsəntreɪt/ (v) = to give all your attention to sth **koncentrować się (na czymś)**

**deerstalker** /diə'stɔːkə/ (n) = a type of a hunter's tight-fitting cap with earflaps **czapka z uszami**

**fictional** /'fɪkʃənəl/ (adj) = not real; imaginary **fikcyjny, zmyślny**

**follow in the footsteps (of sb's work)** (phr) = to do sth in the same way as sb else has done before **pójść w ślady**

**head (for a place)** /hed/ (v) = to travel in the direction of a place **kierować się (w stronę)**

**hustle and bustle (of a place)** (phr) = noisy activities; energy and excitement (in a place) **zgiełk, harmider**

**iconic** /aɪ'kɒnɪk/ (adj) = emblematic **kultowy**

**impossible** /ɪm'pɒsɪbəl/ (adj) = that cannot be done **niemożliwy**

**keen (on sth)** /ki:n/ (adj) = fond (of sth) **zagorzały, entuzjastyczny**

**leather** /leðə/ (adj) = made of animal skin and used for shoes, jackets, etc **skórzany**

**legendary** /ledʒəndəri/ (adj) = famous or well-known **legendarny**

**loyal** /lɔɪəl/ (adj) = faithful **lojalny, wierny**

**permanently** /pɜːmənəntli/ (adv) = constantly **permanently, stale**

**pillar** /'pɪlə/ (n) = a column **filar**

**promising** /'prɒmɪsɪŋ/ (adj) = showing great potential **obietujący**

**puzzled** /'pʌzld/ (adj) = confused **zmieszany, zakłopotany**

**recreation** /rekrɪ'eɪʃən/ (n) = a representation of sth **odtworzenie, rekonstrukcja**

**solve a crime** (phr) = to find out who committed an offence **wyjaśnić zbrodnię**

**study** /'stʌdi/ (n) = a room in a house used to read or write in **gabinet**

**surgery** /'sɜːdʒəri/ (n) = a doctor's office **gabinet lekarski**

**tailor** /teɪlə/ (n) = a garment maker **krawiec**

**take a stroll** (phr) = to walk casually around **przechadzać się, spacerować**

**unimaginative** /ˌʌnɪ'mædʒɪnətɪv/ (adj) = lacking creativity **pozbawiony wyobraźni**

**wander** /wɒndə/ (v) = to walk aimlessly **włóczyć się, wałęsać się**

**woollen** /wʊlən/ (adj) = made from the hair of sheep **welniany**

**worthwhile** /ˌwɜːθ'waɪl/ (adj) = enjoyable and useful **wart zachodu, wartościowy**

## 8b

**aisle** /aɪl/ (n) = a passage between rows of seats **przejście między krzesłami**

**alien** /eɪlɪən/ (n) = a creature from another planet **obcy, przybysz z innej planety**

**announce** /ə'naʊns/ (v) = to make sth known **ogłaszać**

**box** /bɒks/ (n) = a private stall in a theatre **loža (w teatrze)**

**curator** /kju'reɪtə/ (n) = sb responsible for looking after a museum collection, etc **kustosz**

**curtain** /kɜːtɪn/ (n) = a large piece of hanging cloth at the front of the stage of a theatre **kurtyna**

**duty** /'djuːti/ (n) = a task **obowiązek**

**encore** /'ɒŋkɔː/ (n) = a call by an audience for an artist to return on stage **bis**

**exhibit** /ɪg'zɪbɪt/ (n) = an object displayed in a museum, gallery, etc **ekspонат**

**exhibition** /ˌeksɪ'bɪʃən/ (n) = objects, such as paintings, being shown to the public **wystawa**

**orchestra pit** /'ɔːkɪstrə pɪt/ (n) = a lowered area below the stage where a group of musicians play music during a performance **miejsce dla orkiestry w teatrze**

**performance** /pɜːfɔːməns/ (n) = a show; an entertaining act **przedstawienie**

**pottery** /'pɒtəri/ (n) = the art of working with clay by hand to make pots, dishes, etc **ceramika, garncarstwo**

**presentation** /ˌprezən'teɪʃən/ (n) = a formal talk **prezentacja**

**row** /rəʊ/ (n) = a line of seats **rząd krzeseł**

**salary** /'sæləri/ (n) = monthly/yearly payment for office work, etc **płaca, wynagrodzenie**

**candidate** /kændɪdət/ (n) = a job applicant **kandydat**

**sculpture** /'skʌlptʃə/ (n) = the art of forming objects out of stone, metal, etc **rzeźba**

**sitcom** /'sɪtkɒm/ (n) = a funny TV series **komedya sytuacyjna, sitcom**

# Word List

**stage** /steɪdʒ/ (n) = a raised performance area in a theatre, etc  
**scena**

**tutor** /tju:tə/ (n) = a private teacher  
**prywatny nauczyciel, korepetytor**

**staff** /sta:f/ (n) = a group of people working for the same company  
**personel**

**wings** /wɪŋz/ (pl n) = the sides just off the stage of a theatre  
**kulisy boczne**

## 8d

**a breakdown of sth** (phr) = an analysis of the items of sth  
**analiza, rozbiecie na czynniki pierwsze**

**award** /ə'wɔ:d/ (n) = a prize  
**nagroda**

**equipment** /'ɪkwɪpmənt/ (n) = all the items necessary for a specific purpose  
**sprzęt, wyposażenie**

**flashback** /flæʃbæk/ (n) = the sudden addition of a past scene into the normal plot of a film  
**retrospekcja**

**full-length film** /fʊl lɛŋθ 'fɪlm/ (n) = a feature movie  
**film pełnometrażowy**

**location** /ləʊ'keɪʃən/ (n) = a place  
**lokalizacja, położenie, miejsce**

**marathon** /'mærəθən/ (n) = a long-distance footrace  
**maraton**

**nominate** /'nɒmɪneɪt/ (v) = to propose sb as a candidate for a prize  
**nominować**

**screening** /'skri:nɪŋ/ (n) = the display of a film  
**projekcja, wyświetlanie (filmu)**

**screenplay** /'skri:npleɪ/ (n) = a script  
**scenariusz**

## 8e

**attend** /ə'tend/ (v) = to be present (at an event)  
**uczestniczyć, być obecnym**

**box office** /'bɒks ,ɒfɪs/ (n) = the ticket booth at a theatre, cinema, concert hall, etc  
**kasa biletowa (w teatrze, kinie)**

**discount** /'dɪskaʊnt/ (n) = a price reduction  
**obniżka, zniżka**

**educational** /,edʒu'keɪʃənəl/ (adj) = pedagogic  
**edukacyjny**

**inspiring** /ɪn'spaɪərɪŋ/ (adj) = motivating  
**inspirujący**

**reduction** /rɪ'dʌkʃən/ (n) = a discount  
**obniżka ceny**

**sold out** /səʊld 'aʊt/ (adj) = (of a performance) for which no tickets are left  
**wyprzedany**

## 8f

**admission** /əd'mɪʃən/ (n) = the act of allowing sb to enter a building  
**wstęp**

**cancel** /kænsəl/ (v) = to call sth off  
**odwołać**

**chance** /tʃɑ:ns/ (n) = an opportunity  
**okazja, szansa, sposobność**

**count in** /,kaʊnt 'ɪn/ (phr v) = to include sb in an activity  
**uwzględnić kogoś, brać kogoś pod uwagę**

**messy** /'mesi/ (adj) = dirty  
**zabałaganiony**

**tip** /tɪp/ (n) = a piece of advice  
**rada**

## CLIL 8

**aquarium** /ə'kwɛəriəm/ (n) = a water-filled tank for keeping live fish in  
**akwarium**

**bank holiday** /bæŋk 'hɒlədeɪ/ (n) = a legal non-working day  
**święto państwowe**

**by law** (phr) = according to legal regulations  
**zgodnie z prawem**

**donkey ride** /'dɒŋki raɪd/ (n) = a journey on the back of a small domestic horselike animal  
**przejażdżka na osiołku**

**holidaymaker** /'hɒlədeɪ ,meɪkə/ (n) = a tourist  
**wczasowicz**

**inspired (by sth)** /ɪn'spaɪəd/ (adj) = influenced by  
**zainspirowany przez**

**package tour** /'pækɪdʒ tʊə/ (n) = an all-inclusive holiday deal  
**wycieczka zorganizowana przez biuro podróży**

**paddle** /'pædl/ (v) = to row  
**wiosłować**

**paved** /peɪvd/ (adj) = (of a road) covered with stones  
**(o drodze) brukowana**

**pier** /pɪə/ (n) = a structure leading out from the shore into the water for boats to stop and passengers to get on/off  
**molo, pomost**

**Punch and Judy show** /,pʌntʃ ən 'dʒu:di ʃəʊ/ (n) = a puppet show  
**angielskie widowisko kukielkowe**

**reign** /reɪn/ (n) = the period of time when a king or queen is in power  
**panowanie**

**sandcastle** /'sænd,kɑ:səl/ (n) = a miniature palace made with beach sand  
**zamek z piasku**

**the wealthy** /ðə 'welθi/ (n) = the rich  
**bogaci**

**unpredictable** /,ʌnpri'dɪktəbəl/ (adj) = unforeseeable  
**nieprzewidywalny**

## Culture spot 8

**district** /'dɪstrɪkt/ (n) = an area of a city  
**dzielnica**

**put on** /,pʊt 'ɒn/ (phr v) = to stage a show  
**tu: wystawić sztukę**

**rival** /raɪvəl/ (v) = to compete  
**konkurować**



## Phrasal verbs

### BREAK

break down = to burst into tears  
**załamać się, wybuchnąć płaczem**  
 break into = to burgle a building  
**włamać się**  
 break out = (of a fire, war, etc) to begin suddenly  
**(o wojnie, pożarze) wybuchnąć**  
 break up = (of a band) to split up; (of schools) to close for holidays  
**(np. o zespole muzycznym) rozpaść się**

### GO

go off = to explode; (of lights) to stop operating  
**(o światłach) zgasnąć**  
 go on = to continue **kontynuować**  
 go out = to have a romantic relationship; to leave your house  
**chodzić z kimś (umawiać się na randki), wyjść z domu**

### GIVE

give in = to submit **dostarczyć, wręczyć**  
 give out = to distribute **rozdać**  
 give up = 1) to stop; 2) to surrender  
**1) zrezygnować, zaprzestać, 2) poddać się**

### TURN

turn down = to reduce the volume of a radio, etc **ściszyć** **OPP** turn up **podgłośnić**  
 turn into = to change into sth else **zmienić się, przekształcić w**

turn on = to switch on **włączyć**  
**OPP** turn off **wyłączyć**

### GET

get around = to move about; to circulate **podróżować, przemieszczać się**  
 get in = (of a plane, etc) to arrive **(o samolocie itd.) przylecieć**  
 get in = to go into a vehicle **wsiąść do pojazdu**  
 get off = to leave a bus, ship, etc **wysiąść z pojazdu**  
 get on (well) with (sb) = to be friendly with sb **być z kimś w dobrych stosunkach**  
 get over = to recover from sth **dochoździć do siebie, wyzdrowieć**

### LOOK

look after = to take care of sb **opiekować się kimś**  
 look for = to seek sth **szukać czegoś**  
 look forward to = to anticipate sth **nie móc się doczekać, wypatrywać z niecierpliwością**  
 look out for = to stay vigilant in order to notice sb/sth **wypatrywać, mieć baczenie**  
 look up = to search for information about sth, in a book, on the Internet, etc **sprawdzić coś (w książce, internecie itd.)**

### KEEP

keep in = to punish a student by making them stay at school after the end of lessons **zatrzymać ucznia za karę po lekcjach w szkole**  
 keep off = to not allow sb go into a place **trzymać kogoś z dala od**  
 keep on = to continue **kontynuować**  
 keep up (with sb) = to manage to go at the same speed as sb **dotrzymywać kroku**  
 keep up = to continue doing sth good **kontynuować dobrą robotę**

### PUT

put (my name) down = to volunteer **zglaszać swoją kandydaturę**  
 put away = to place sth somewhere safe **odkładać na bok**  
 put off = to postpone **odkładać na później**  
 put on = to dress myself in **ubrać**  
 put on (weight) = to gain (weight) **przybrać na wadze**  
 put out (a fire) = to extinguish (a fire) **zgasić ogień**

## Prepositional phrases

act in a play, etc <b>grać w sztuce</b> itd.	care for sth <b>dbać o coś</b>	depend on sth <b>zależać od</b>	in thought <b>w myślach</b>	pay by credit card <b>płacić kartą kredytową</b>
apply for sth <b>składać podanie o</b>	career in sth <b>kariera w dziedzinie</b>	different from sth <b>różny od</b>	in time <b>na czas, w porę</b>	pay for sth <b>płacić za coś</b>
at dawn <b>o świcie</b>	choose from <b>wybierać z</b>	familiar with sth <b>obeznany, zaznajomiony z</b>	insist on sth <b>nalegać na coś</b>	pay in cash <b>płacić gotówką</b>
at risk <b>zagrożony</b>	close to <b>blisko czegoś</b>	for sale <b>na sprzedaż</b>	keen on sth <b>zagorzały, enuzjastyczny</b>	protect from sth <b>chronić przed czymś</b>
at the same time <b>równocześnie, w tym samym czasie</b>	compete in sth <b>rywalizować, brać udział w zawodach</b>	good at sth <b>dobry w</b>	make contact with sb <b>skontaktować się z</b>	recover from sth <b>dochoździć do siebie, wyzdrowieć</b>
aware of sth <b>świadomy czegoś</b>	damage to sth <b>uszkodzenie czegoś</b>	good value for money <b>towar wart swojej ceny</b>	on a daily basis <b>codziennie</b>	without luck <b>bez powodzenia</b>
belong to sb <b>należać do kogoś</b>	deal with sth <b>zajmować się czymś</b>	harmful to sth <b>szkodliwy dla</b>	on board <b>na pokładzie</b>	
by car <b>samochodem</b>		in advance <b>wcześniej, z góry</b>	on sale <b>w sprzedaży</b>	
call for <b>zawołać, wezwać</b>		in exchange for <b>w zamian za</b>	on time <b>na czas</b>	
			out of work <b>bez pracy</b>	