

# On Screen

C2

## Workbook & Grammar Book

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# 1a Reading

## How **TRAVEL** has Changed My **Life**

“  
Three years ago, I stepped on a plane in the hope that it would change my life. Here's how it has ...  
”

### Multiple choice

#### Preparing for the task

#### Remember!

First determine what the question is testing (opinion, detail, comparison, etc) in order to know what kind of information to look for in the text. Then find the relevant information in the text and underline it. Choose the answer that best represents the information in the text.

- 1** a) ★ Read the question stem below. Is the question testing for opinion? detail? exemplification or comparison?

In the second paragraph the writer mentions an incident on a boat in Thailand to

- A highlight the dangers that travellers can face.
- B illustrate the importance of survival skills.
- C show that she started to confront daunting situations.
- D point out the variety of exciting experiences she had.

- b) ★ Now read the second paragraph paying attention to the underlined sections. Which is the correct answer?

- 2** ★★ You are going to read a blog entry about travel. For questions 1-6, choose the answer (A, B, C or D) which you think fits best according to the text.

- 1 What does the writer say in the second paragraph about her difficult experiences while travelling?
  - A Her anxiety was triggered after experiencing them.
  - B It required a lot of effort to overcome them.
  - C There were always worse experiences that could have happened.
  - D The more she experienced them the less anxiety she had.
- 2 The writer mentions calamari in the third paragraph in order to
  - A demonstrate how misinformed she had been about her diet.
  - B illustrate her illogical fear of unusual food.
  - C explain why she was afraid of exotic food.
  - D to show the strange types of food her friends had encountered.
- 3 The writer says compared to other world cuisine, Vietnamese food
  - A was less intimidating with fewer unusual items.
  - B was too spicy for her to eat.
  - C took more time for her to like than other dishes.
  - D was the ideal challenge offering safe options.

Before I started travelling, anxiety had control of my life. It sent me **spiraling out of control**, and left me unable to function at times. Travel helped me manage my anxiety by giving me control of things. In the beginning, I was running away from my fears, but later, I began to run towards them.

When travelling, I found myself having to face these fears **on a daily basis** – after all, I was terrified of everything. While I could have run away from them, it got to the point where I no longer wanted to. So I took a bus instead of spending 10 times as much on a plane ticket, and I was fine. I ate a cockroach and didn't get food poisoning and die. My boat started to sink in Thailand and I put on my life jacket and survived. After so many horrible experiences, I realised that my anxiety was nearly always caused by me worrying about the worst case scenario. As it happened, the worst case scenario often actually did come true! Yet, it was never as bad as I thought it would be. I'd take a deep breath, I'd deal with it and I'd move on. After doing that several hundred times, I began to stop worrying so much.

For most people, the best part of travel is getting to sample delicious food **along the way**. I used to listen to people gush about the joys of travelling for food and wonder what was wrong with me. I had spent my whole life eating bland food and been perfectly happy with it. I didn't know any different. During my first week on the road, I tried calamari for the

first time and freaked out because I thought the tentacles might stick to my throat and suffocate me!

Vietnamese food, though, was perfect for me because everything that scared me came **on the side**. I could order a bowl of pho and know that it would be edible, but accompanied with a plate of chillies and limes and... other, leafy things. I could grow accustomed to the bland version of the food, and then add a single chili. I was able to increase my spice tolerance while remaining in control. When I realised that this was the case for most Vietnamese dishes – especially soups – I went crazy. I started picking out random items on menus that didn't have English translations. To my delight, I would adore every dish I ordered. Most of the time, I'd have no idea what it even was!

Besides having a lot of fears, I wasn't the most confident of people. I used to walk with a hunchback and stare at my feet. I avoided eye contact and mumbled. I stayed away from social situations that made me uncomfortable. Staying in hostels changed all that. For the first few months of my trip I chose to stay in 6 to 10 bed dorms. Every time I stepped inside, I'd have someone asking me where I was from, where I had been, where I was going. After a while, I became that person who was asking the questions.

I walk differently now. I **hold myself up**, and look straight ahead. I make eye contact with

people. I tell jokes and ridiculous travel stories without fear of being judged. I no longer try and squash my personality down so that nobody really knows who the real me is.

And then there was the kindness of strangers. People who had never spoken to me, knew nothing about me and didn't owe me a thing would often **come to my rescue**. There was the girl who approached me when I was lost on the streets of Taichung to help me figure out where I was going. There was the man in Thailand who helped me push my luggage to safety while we were being evacuated after the tsunami – not knowing if he was endangering his life in doing so. **Time and time again**, I've been astounded by the friendliness and compassion that has been shown to me by people who had no idea who I was and had no reason to ever help me. Now, I try not to judge anyone I meet, instead thinking only about ways in which I can help other people.

It's a cliché but when I left to travel, I hoped that it would help me find out who I am. I wanted to heal myself and become the person I knew I could be. I hoped to **rid myself of** anxiety and stop being frightened of everything. I still have lots of work to do but I feel like I'm **getting there**. I know I'll never be perfect but I'm determined to be the best possible version of myself. As soon as I conquer one hurdle, I'm setting the next one down. Most of all, I'm the happiest I've ever been. Here's to the next three years!

- 4 What does the writer suggest about dorm rooms?
- A They were instrumental in helping her improve her social skills.
- B They were vital for getting information about travel.
- C They are the best place to swap travel stories.
- D They are the perfect environment to be yourself in.
- 5 What main point does the writer make in paragraph 7 about the locals she has met?
- A Some were overly judgmental of her without cause.
- B They rarely spoke to her but were always kind.
- C They would repeatedly go out of their way to help her.
- D Their behaviour was surprising and odd at times.
- 6 In the final paragraph, the writer refers to 'a cliché' to show that
- A her initial expectations are shared by many other people.
- B the result of her travel experience was not a surprise.
- C her travel choices overseas were not interesting or novel.
- D the things that she experienced while travelling were quite dull.

**3** ★★ Match the phrases in bold in the text to their meanings below.

- repeatedly • reached the stage
- making progress • separately
- quickly becoming chaotic • help me
- stand confidently • be free of
- during the process • every day

**4** ★★ The following words are found in the passage. Look at their standard definitions, then explain their meaning in the context of the passage. How are these words being used? Why?

- 1 **run away** (paragraph 1): to leave a place suddenly
- 2 **squash** (paragraph 6): to crush or squeeze sth
- 3 **show** (paragraph 7): to make sth be seen
- 4 **heal** (paragraph 8): to treat an injury/sickness
- 5 **conquer** (paragraph 8): to take control of a land or people by force

**1** ★ Choose the correct answer.

- 1 We were impressed by the **impeccable/appreciative/low-cost/priceless** service at the hotel and would definitely stay there again.
- 2 We got a **severe/poor/desolate/raw** deal when we booked our accommodation and ended up paying through the nose for it.
- 3 As a **scheduled/weary/unwary/seasoned** traveller, he knows how to get the best deals on flights and accommodations.
- 4 These are only **conventional/provisional/provincial/existential** plans for the trip and they may change.

**2** ★★ Replace the word(s) in bold with a word from the box.



- quaint • renovated • converted
- impoverished • lush • secular

- 1 The jeep tour is set up to help **poor** villages in the countryside by bringing tourist money to these areas.
- 2 This tour visits a variety of both religious and **non-religious** attractions in the city.
- 3 I suggested this travel package as it provides accommodation at a recently **improved and restored** hotel in the city centre.
- 4 Our guide took us on a canoe trip through the **very green and thick** vegetation of the valley.
- 5 We stayed at this **charming and old-fashioned** bed and breakfast while in Vermont.
- 6 The restaurant is a **transformed** theatre from the early 19th century.

**3** ★★ Fill in: *in (x2), at (x2), through, down, up, over*.

- 1 Travel, ..... essence, is the discovery of new places and cultures.
- 2 Tourists, ..... the very least, should be somewhat familiar with local customs.
- 3 ..... the end, the exchange between tourists and locals should be a positive experience.
- 4 We asked the taxi driver to pull ..... at the museum.
- 5 We were held ..... in traffic on our way to the airport.
- 6 Be careful crossing the road; people in this country often race down the street ..... full speed.
- 7 It's easy to flag ..... a taxi outside the street market.
- 8 We sailed ..... customs at the airport without a problem.

**4** ★★ Fill in: *handle, life, kite, face, tide*.

- 1 Implementing a tourism tax flies in the ..... of plans to increase tourism in the area.
- 2 Mike apologised to the personnel at the front desk for flying off the ..... when there was a mix up with his booking.
- 3 Time and ..... wait for no man, so don't miss this opportunity to see the Amazon.
- 4 The disgruntled passenger was so upset that he told the airport security to go fly a .....!
- 5 She had the time of her ..... on the cruise ship.

**5** ★★ Fill in: *ordinary, vibrant, unbeatable, beaten, luxurious, far-flung, tedious, receptive*.

## Break FREE!

These days we seem to be spending more time planning our holidays than enjoying them. With the plethora of travel websites and blogs at our fingertips, offering the inside scoop on the most **1)** ..... accommodation and how to get **2)** ..... prices on practically all your travel needs, there is more choice than ever. Whatever happened, though, to throwing caution to the wind and just heading off to some **3)** ..... location completely plan free?

These kinds of holidays can be extremely refreshing and full of adventure as you have no idea what will happen next. They offer you the chance to discover something out of the **4)** ..... in places which can often lie off the **5)** ..... track and are populated by **6)** ..... communities full of fun-loving, colourful people. These **7)** ..... locals are ready to welcome you in and show you an authentic cultural experience. Spur-of-the-moment travel sometimes results in long and extremely **8)** ..... journeys but it's worth all the trouble when you return home with some amazing stories to tell.



# Topic related vocabulary

1b

## Tourism

6 ★ Choose the correct item.

- 1 The work of the local artist **embeds/embarks/embodies/exemplifies** the spirit of the city and appeals to tourists.
- 2 A dramatic fall in tourism will have serious **outcomes/devastations/damages/repercussions** on the local economy.
- 3 This resort **brags/boasts/gloats/asserts** a number of top-rated restaurants.
- 4 The village is a **microscopy/microclimate/microscope/microcosm** of traditional Italy.
- 5 It's important to stay hydrated while trekking in the mountains as the exertion **dwindles/drains/diminishes/dissipates** your body of vital fluids.

## Collocations

7 ★ Choose the odd one out.

- 1 The Ecolodge I stayed at is a **main/excellent/prime/fine** example of a sustainable hotel.
- 2 We had a **narrow/tight/close/lucky** escape when the coast guard rescued us from our sinking sailboat.
- 3 Tourism has had a **desired/desirable/dramatic/decisive** effect on the local economy.
- 4 There is a **strong/likely/fair/sheer** chance that we can catch the last plane if we leave for the airport now.

## Phrasal verbs

8 ★★ Fill in: *off, out (x3), on*.

- 1 Inflation has driven ..... the locals leaving only those working in the tourist industry in the town.
- 2 After walking for over an hour, it dawned ..... the group of tourists that they had been going in the wrong direction.
- 3 The tour went ..... as planned in spite of the weather.
- 4 The planned resort will wipe ..... the wetlands.
- 5 The tour guide will set ..... the exact plan of the tour when we meet.

## Word formation

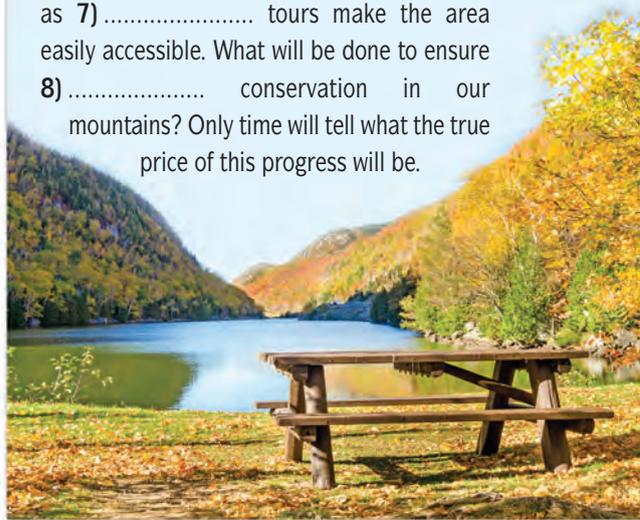
10 ★★ Complete the sentences with words derived from the words in bold.

- |  |  |
|--|--|
| <ol style="list-style-type: none"><li>1 The number of tourists visiting the area is expected to double in the ..... future. (<b>SEE</b>)</li><li>2 Raising ticket prices when tourism numbers are already down seems ..... in the long run. (<b>PRODUCE</b>)</li><li>3 The service at the resort was .....; we can't praise the staff enough. (<b>STAND</b>)</li><li>4 There has been a drop in visitors to the country due to recent political ..... . (<b>STABLE</b>)</li><li>5 The tourism industry was affected badly by the severe weather, with ..... cancellations at hotels and resorts. (<b>NUMBER</b>)</li></ol> | <ol style="list-style-type: none"><li>6 The campsite was ..... by car so we had to go on foot. (<b>ACCESS</b>)</li><li>7 It's a(n) ..... tour that allows visitors to get involved in the different aspects of the production line. (<b>ACT</b>)</li><li>8 The council tried to ..... the negative effects that tourism has had on the city. (<b>PLAY</b>)</li><li>9 A travel advisory has been released by ..... at the embassy. (<b>OFFICE</b>)</li><li>10 The resort ..... a complete makeover and reopened last month. (<b>GO</b>)</li></ol> |
|--|--|

9 ★★ Fill in: *mass, package, tourism, tourist, financial, wildlife, seasonal, working*.

## The Price of Progress

The recent submission of plans by the Willowview council to increase the budget for further development of the 1) ..... sector in our area has raised some alarm bells. Even though an increase in this industry will undoubtedly result in a 2) ..... gain for the town with direct employment and an increase in business for the service and retail sectors, most of this new employment will consist of 3) ..... jobs with low pay and often poor 4) ..... conditions. If our town becomes a major 5) ..... destination, experiencing 6) ..... tourism, it will lead to increased pollution not to mention the impact on our mountain parks as 7) ..... tours make the area easily accessible. What will be done to ensure 8) ..... conservation in our mountains? Only time will tell what the true price of this progress will be.



## Present tenses

- 1 ★★ Put the verbs in brackets into the correct present tense.



- A: Hi, Jane. Have you booked your holiday yet?  
 B: No, unfortunately not. Peter **1)** .....  
**(always/change)** his mind about where he wants to go!  
 To be honest, we really need to hurry up because it **2)** .....  
**(get)** more and more difficult to find good deals now.  
 A: Yes, you're right. I mean, if you **3)** .....  
**(wait)** too long, you'll need to reconsider your plans altogether. Jack made that mistake last year and really **4)** .....  
**(regret)** it now.  
 B: Really? That's terrible. Well, ... on the positive side, we **5)** .....  
**(agree)** on a country to visit already. But, since it's the first time the two of us **6)** .....  
**(ever/travel)** together, it's proving impossible to compromise on a city.  
 A: Ah, ... I see. The first holiday together is always a challenge. It took Kevin and I weeks to agree! **7)** .....  
**(you/use)** travel websites and travel agents on the high street lately?  
 B: Yes. We **8)** .....  
**(check)** holiday brochures for months. But I **9)** .....  
**(always/feel)** like it's one step forward and two steps back!  
 A: Maybe you just have to pick at random.  
 B: Perhaps you're right. After all, fortune **10)** .....  
**(favour)** the bold, as they say!

## Stative verbs

- 2 ★★ Write the meaning of the verbs in bold.

- 1 a I **see** what you mean!  
 .....  
 b I'm **seeing** my cousin when I go to Toronto.  
 .....  
 2 a This dress **fits** me perfectly!  
 .....  
 b Martin **is fitting** a trailer on his jeep.  
 .....  
 3 a Prague **looks** like a beautiful city to visit.  
 .....  
 b Jake's outside; he's **looking** at the view.  
 .....  
 4 a This Chinese silk scarf **feels** incredibly soft.  
 .....  
 b Ellen **is feeling** the fruit at the bazaar.  
 .....

## Past tenses – used to – be/get used to – would

- 3 ★★ Put the verbs in brackets into the correct past form.

- 1 A: Do you remember when William .....  
**(fly)** to Switzerland with me and then .....  
**(stay)** in Lausanne for a few days by himself?  
 B: Yes, I do! Actually, I .....  
**(mean)** to stay in Lausanne with him but my plans fell through. We .....  
**(do/return)** together, though, at the end of the trip.  
 2 A: I can't believe we are standing outside the house where Tolkien .....  
**(write)** *The Lord of The Rings*!  
 B: Yes! Just imagine, decades ago he .....  
**(work)** in that drawing room creating Middle Earth while the seasons .....  
**(change)** around him! It's amazing to think that he .....  
**(procrastinate)** for years before he finally sent it to publishers.  
 3 A: Excuse me, .....  
**(you/consider)** a package holiday to Spain? We have some great summer offers in Madrid at the moment.  
 B: Well, if I .....  
**(not/visit)** Spain last Easter, and if I .....  
**(not/go)** there again next Christmas, I definitely would be! It's my favourite place!

- 4 ★★ Fill each gap with the correct form of *be/get used to* or *used to*. Where can you replace *used to* with *would*?

- 1 Ellen didn't like the hostel at first, but she ..... it in time.  
 2 When Andre was a teenager he ..... spend summers in Ireland.  
 3 Jackie found it difficult to ..... travelling so much for work.  
 4 Bill and his wife didn't ..... like cruise holidays, but now they love them.  
 5 Vicky is an experienced flight attendant, so she ..... always being on the move.  
 6 Martin ..... have a gold card with the airline when he travelled for business.  
 7 No matter how hard she tried, Ann couldn't ..... foreign food.  
 8 Jack ..... visit Europe more often when he had relatives there.

### 5 ★ Choose the correct item.

- 1 This is the bumpiest flight we **have ever encountered/are encountering/encountered/had ever encountered**.
- 2 Charles Darwin **was exploring/had been exploring/explored/had explored** the Galapagos Islands.
- 3 Oh no! There **is going/goes/has gone/went** the last train for the evening!
- 4 When Ian **had realised/realised/had been realising/was realising** that he would need to cook his own meals, he cancelled his reservation in the villa.
- 5 Having lived in Jamaica for several years, James now **has been knowing/is knowing/has known/knows** Patois, which is quite different from English.

### 6 ★ Underline the correct word/time expression.

- 1 I packed my bag, **then/when** I headed directly to the train station.
- 2 Haven't you posted pictures online from your holiday **yet/since**?
- 3 **After/Before** I met Julian, I had never considered cycling around Europe.
- 4 Jade **always/still** travels first class every time she goes overseas!
- 5 I have **yet/just** finished writing a review of the holiday resort; I loved it!

### 7 ★★ Put the verbs in the correct present or past form.

Hi bloggers!

I've got to be honest with you... this trip is the most difficult trek I **1** ..... (**ever/do**) in my entire life! And I **2** ..... (**hike**) ever since I was a small child! I didn't expect it to be easy of course, but I never **3** ..... (**imagine**) it would be so challenging when I **4** ..... (**organise**) it last October. Earlier today, I **5** ..... (**ask**) my climbing partner Bill if he felt the same while we **6** ..... (**catch**) our breath after a particularly hard afternoon. He admitted that he **7** ..... (**not/experience**) anything else like it either during his outdoor career. This is remarkable considering that he usually **8** ..... (**climb**) the highest mountains in the world. On the plus side, though, by pushing ourselves so hard, we **9** ..... (**get**) stronger and stronger mentally every day. Check back tomorrow for another update once we **10** ..... (**reach**) the next camp!

### Key word transformations

### 8 ★★ For questions 1-5, complete the second sentence so that it has a similar meaning to the first sentence using the word given. Do not change the word given. You must use between three and eight words, including the word given.

- 1 The last time I spoke to James was months ago. **ANYTHING**  
I ..... months.
- 2 Janet thinks the only thing she can do is cancel her skiing holiday. **ALTERNATIVE**  
Janet thinks she .....  
..... to cancel her skiing holiday.
- 3 Paul was delighted to engage in long conversations in Italian while he was in Rome. **DELIGHT**  
Much ..... in long conversations in Italian while he was in Rome.
- 4 When Henry was offered the chance to work on a cruise ship, he took it without hesitation. **HESITATE**  
When Henry was offered the chance to work on a cruise ship, ..... it.
- 5 I don't think Andrew will want to come back from Alaska – he's never enjoyed anything as much as this holiday. **TIME**  
I don't think Andrew will want to come back from Alaska – he ..... life!

### Grammar in Focus

★★ Fill in the gaps with the correct word. Then put the verbs in brackets into the correct form.



Nowadays, holidays **1** ..... (**reach**) a threshold, where few destinations are considered as exotic as they **2** ..... to be in the past. In such a climate, where the demand for ever more adventurous experiences is relentless, tour companies **3** ..... (**now/offer**) increasingly unusual options and thus, opening the door to new travel possibilities their clients **4** ..... (**ignore**) up until now. Extreme tourism fills a gap in the market and takes bold travellers to exciting new destinations. These destinations are often places that traditional tour companies **5** ..... (**avoid**), rather than advertising or promoting, **6** ..... many years. But **7** ..... days, abandoned cities, isolated regions, and desolate environments **8** ..... (**grow**) more and more popular and attractive to a community of dedicated thrill seekers.

# 1d

## Listening skills

### Multiple choice

#### Remember!

The answer will often be paraphrased so read the options before you listen and think of what you will be listening to. While you listen, work out which answer is closest in meaning to what the speakers say. Also, be aware that the speakers will mention words or phrases related to the other options that are intended to distract you. Remember, you must listen very carefully as only one option is correct.

- 1** a) ★🎧 You will hear two short segments from a radio programme. The programme is called 'Learning from the Experts.' You will hear what two different radio guests have to say about two different topics. From the three answer choices given, you should choose the one that best answers the question according to the information you heard.

#### Segment 1

- 1 According to the speakers, what information did ABTA unearth?  
A Fewer young people are travelling abroad.  
B Many young people aren't covered when they travel.  
C Most young people nowadays travel to Europe on holiday.
- 2 According to the survey, what mistake did people make about health cover abroad?  
A They believe the EHIC gives the same level of protection as travel insurance.  
B They assume the country they are travelling to has the same health system as Britain.  
C They think that the EHIC affords them the same medical coverage abroad as at home.
- 3 What is an issue faced by people travelling to rural areas?  
A the difficulty of finding private care  
B hospitals do not accept the EHIC  
C the lack of government hospitals
- 4 What did the speaker mean by worst case scenario?  
A having a terrible experience on holiday  
B having the extra cost of returning home  
C having poor treatment while in hospital
- 5 According to the speaker, why are some claims invalid?  
A because the policy did not cover certain activities  
B because the policy did not contain any excess  
C because the policy holder was liable for the costs



- b) ★🎧 From the three answer choices given, you should choose the one that best answers the question according to the information you heard.

#### Segment 2

- 1 In addition to being useful, what may come from learning a language?  
A It allows people to travel to more countries.  
B It can prevent the onset of age-related illnesses.  
C It can make one's work more interesting.
- 2 According to the speaker, why do adults find it difficult to learn a language?  
A because their minds don't work the same way as children's  
B because they have other obligations to fulfil  
C because language courses are not designed for them
- 3 Under what circumstances do students on an immersion course learn?  
A They only hear and communicate in the language they are learning.  
B They are only taught by native speakers of the language.  
C They learn the language alongside children.
- 4 What did the speaker mean by 'being thrown in the deep end'?  
A being left to study the language on your own  
B being given little support while learning  
C being unable to rely on your own language to help
- 5 What is the main advantage of the immersion method?  
A belief in all one's abilities increases  
B native proficiency of the language  
C greater understanding of one's mother tongue

# Speaking skills

# 1e

## Making and responding to suggestions

**1** a) ★ Read the dialogue about holiday ideas. Use phrases (a-e) to complete the dialogue.

- a sounds perfect!
- b let's find some other sites.
- c I'm not sure about that.
- d no, I don't think so.
- e how about



A: Hey, what are you looking at?  
 B: A travel website. I'm searching for holiday ideas for me and my family but I haven't found anything interesting yet.  
 A: Well, **1** ..... How about a wildlife and safari holiday? Do you fancy that?  
 B: **2** ..... They're a bit too extreme for us.  
 A: I see. Would you be interested in a city touring holiday?  
 B: To be honest, **3** ..... We prefer beach holidays that combine swimming and water sports.  
 A: OK, **4** ..... this all-inclusive package holiday to Mexico? It includes flights, accommodation as well as water activities at a sensible price.  
 B: Now, that **5** ..... I'm going to bookmark this site so I can check it out later.  
 A: Good idea.

b) ★★ Which phrases in Ex. 1a are making suggestions and which are responding positively/negatively?

<b>Suggestions</b>	<b>1</b> .....
<b>Responding positively</b>	<b>2</b> .....
<b>Responding negatively</b>	<b>3</b> .....

## Asking for and giving personal information

**2** ★ Match the questions (1-6) to the correct responses (A-F).

- 1**  What do you like most about where you're living?
- 2**  What is your taste in music?
- 3**  What can you learn from travelling abroad?
- 4**  What has motivated you in your work or studies?
- 5**  How easy or difficult is it for young people to find a job in your city/area?
- 6**  Can you tell us what you and your friends do to relax?

- A** I'm inspired by coaching a sales team to meet and exceed targets. I work closely with my team to ensure that they develop the negotiation skills they need to succeed. This gives me a sense of pride to be part of this professional development.
- B** After a busy week I like to unwind by spending quality time with my besties. We usually enjoy hanging out together by going to the cinema or to our favourite restaurant or café to catch up.
- C** Honestly, I like every genre but my favourite will always be country because that is what I grew up listening to. Every time I hear a good old-time classic, it really reminds me of my childhood, the best years of my life.
- D** For me, there is no greater enjoyment than packing up and leaving my comfort zone to experience unfamiliar places and customs. It helps me to learn and respect how others live in various regions.
- E** It is getting hard to find work in my area nowadays due to the high unemployment levels and for the few jobs available, it is extremely competitive with so many other qualified applicants.
- F** Well, residing near the city centre is amazing because there are many shops and public transport options within walking distance of my flat. I also love living in a building where there are diverse people willing to strike up a friendly conversation.

**3** ★ Choose the correct item.

- 1** A: Would you be interested in going to Peru?  
 B: **a** That would be lovely.  
**b** You're probably right.
- 2** A: What do you think about a walking tour?  
 B: **a** I don't think so.  
**b** It's not my cup of tea.
- 3** A: Let's try to find a cheap package deal.  
 B: **a** It's a definite maybe.  
**b** That's a great idea.

- 1** ★ Read the rubric and underline the key words. Then answer the questions.

Read the two texts below. Write an **essay** summarising and evaluating key points from both texts. Use your own words throughout as far as possible, and include your own ideas in your answers. Write your answer in 240-280 words.

- 1 What type of writing task is it?
- 2 What do you have to do to analyse the material?
- 3 How should the information in the text be presented?

- 2** ★★ Read the two texts and answer the questions that follow.

## Text 1

## In exotic lands

On the surface, travelling abroad is about seeing new places and discovering the wonders outside our country. But underneath, it offers so much more: opening our horizons to new experiences, cultures, cuisine and landscapes. This increases our cultural sensitivity, making us more open-minded, which helps us to adapt to different situations and it boosts our self-confidence at the same time. While photos provide a record of our various travel experiences, it is the transformation within that is often the strongest confirmation of why travelling abroad is so important.



## Text 2

## Staying local

Nowadays, more and more people are reaping the benefits of holistays, – a period in which an individual stays at home and participates in local leisure activities, rather than travelling internationally. With holistaying, people get all the fun of organising and enjoying a holiday, without the added travel and lodging expenses. Locals get a chance

to explore their city as tourists and discover venues they never knew existed. With proper planning and the right attitude, a holistay can offer all the advantages of more far-flung holidays. Why, then, would anyone want to go abroad?



- 1 What are the key points of each text?
- 2 Are the key points in the set of texts opposing or complementary?
- 3 How many paragraphs will the essay contain?
- 4 What would you include in the introduction of the essay?
- 5 Do you need to evaluate the points raised?

- 3** ★★ Read the sentences which are all paraphrases of the key points in texts 1 and 2. Which are the best paraphrases? Which are incorrect because of content and which are incorrect because of paraphrasing techniques?

## Text 1

## Point 1

- a Arguably, the end result of travelling internationally is the development of a global mindset which builds tolerance and character.
- b Travelling abroad opens our eyes and gives us new experiences, which allows us to adjust to unfamiliar situations and raises our self-assurance.

## Point 2

- a The value of international travel is the reinforcement of personal growth.
- b The most vital aspect of travelling abroad is the collection of memories obtained through travel experiences.

## Text 2

## Point 1

- a Internal tourism can prove to be both recreational and easier on one's wallet.
- b On holistays, people can enjoy planning and then having a holiday without extra costs for the trip and accommodation.

## Point 2

- a There is a shared consensus that people can convert their residences into holiday resorts for tourists who seek to explore the local culture.
- b It is reasonable to suggest therefore, that creative holistay tourism offers as much or more than other holidays.

## Your turn

- 4** ★ Use the rubric in Ex. 1 and your answers in Exs 2 & 3 and one of the plans below to write your essay.

## Plan A

- (Para 1) Introduction (present the topic)  
 (Para 2) Summary of both texts  
 (Para 3) Evaluation of both texts  
 (Para 4) Conclusion (present your opinion)

## Plan B

- (Para 1) Introduction (present the topic)  
 (Para 2) Text 1 – summary & evaluation  
 (Para 3) Text 2 – summary & evaluation  
 (Para 4) Conclusion (present your opinion)

# Paris FROM THE INSIDE!

Georges, a retired French general, is waiting outside the metro station in the Parisian district of Le Sentier, eager to show off the finer – and less refined – points of an area he knows ‘like his pocket.’

Le Sentier is a curious mix of shabby and chic that stretches from the grand boulevards of Napoleon III’s architect Baron Haussmann to the aristocratic Palais Royal, via the colourful and notorious Saint Denis district, with its nightlife and sweatshops. ‘How long have we got?’ Georges asks. I assume that there is not much I don’t know about an area I’ve lived near for almost 15 years, and reply: ‘Long enough.’ Three hours later, and Georges is still showing me places on my doorstep I never knew existed.

Georges is part of a website that aims to be the next big thing in tailored tours with private guides. The idea, developed by Bertrand Bazin, 23, a graduate of one of France’s elite business schools, along with three friends, could hardly be simpler: take a city dweller who is passionate about their home and introduce them to visitors looking for insider knowledge. Since it started last July, the company has not stopped growing, and now has around 500 people worldwide in 100 destinations, from France and Spain, to India and Brazil.

Georges’ tour is an eclectic mix of historical detail, little-known facts, quirky places (like the button and ribbon shop with stock from the 19th century, in rue Choiseul) and souvenir buying opportunities. His advice to visitors is simple: look up. He points out the characteristics of Haussmann’s famous boulevards: the long avenues of ashlar-stone buildings between five and seven storeys high, each subtly different – the more spacious apartments with ornate wrought-iron balconies on the second floor, *étage noble*, with flats becoming more modest with each floor, up to the rooftop garrets.

He knows where to find the little-known passages, the many statues and carvings influenced by Greek mythology, or those that reflect the proprietor’s trade or interests. Of the 150 or so covered passages that existed in Paris before Haussmann redesigned the city in the mid-19th century only 20 remain, among them the grand Galerie Vivienne (named a gallery not a passage, due to its proximity to the aristocratic Palais Royal) and the Prado and Brady passages in the less well-to-do 10th arrondissement, which is rough around the edges but increasingly trendy.

Georges points out the areas frequented by Toulouse-Lautrec, Guy de Maupassant and the Prince of Wales, later Edward VII. At the Palais Royal we gaze wistfully into the window of Le Grand Véfour – the celebrated cradle of French restaurant gastronomy, opened in the mid-18th century – at the €315 menu plaisir and dining salle where French literary giants Colette and Jean Cocteau entertained the Parisian beau monde, Georges reliably informs me.

These are the sort of details, Bazin says, that visitors love. ‘Today, people are looking for far more than museums, culture and restaurants from a city visit, but they may be too timid or not have the opportunity to meet local people. So we are doing the introductions. Our guides are passionate about their city and are not just doing this for money.’ So far, one-third of customers to the French site are foreign visitors, one-third are French nationals and the remaining third are locals wishing to rediscover their arrondissement. ‘This is for people who really want to see the city through the eyes of a local person.’

Over lunch at a Mauritian restaurant that I didn’t even know existed, Georges admits he speaks a little Russian and that during the cold war, as a young man in the French intelligence service, he spent time in Moscow. I say it makes him sound like a French James Bond. He smiles enigmatically.



## 1 Skills Work

### Reading

**1** ★★ You are going to read an article about a local tour guide. For questions 1-6, choose the answer (A, B, C or D) which you think fits best according to the text.

- 1 What does the writer imply regarding his neighbourhood in the second paragraph?
  - A He finds it to be run down and uninteresting.
  - B He is surprised at how interesting it is.
  - C He didn’t expect to learn so much about it.
  - D He is amazed at how long the tour of it took.
- 2 What does Georges point out to tourists about the local architecture?
  - A the perfect uniformity of the building facades and design
  - B the notoriety of the architect behind the buildings
  - C the avenues lined with beautiful elaborate balconies
  - D the simplification of flats as floors rise
- 3 Georges shows the writer around passages that
  - A used to be full of tradesmen’s stalls.
  - B are secretly in use today.
  - C existed before the city was redone.
  - D are named after figures from ancient mythology.
- 4 The writer refers to various figures in French history in order to
  - A show how historically important his neighbourhood is.
  - B explain why Paris is a top tourist attraction.
  - C describe places and how they were used in the past.
  - D illustrate Georges’ detailed knowledge of a place.
- 5 What point is made about tourists in paragraph 7?
  - A Tourists often go out of their way to meet locals.
  - B Mostly foreign tourists want to meet up with locals.
  - C Tourists want more than the typical travel experience.
  - D There are many ways for tourists to meet up with locals.

## Word Formation

- 1** ★★ For questions 1-8, read the text below. Use the word given in capitals at the end of some of the lines to form a word that fits in the space in the same line. There is an example at the beginning (0).



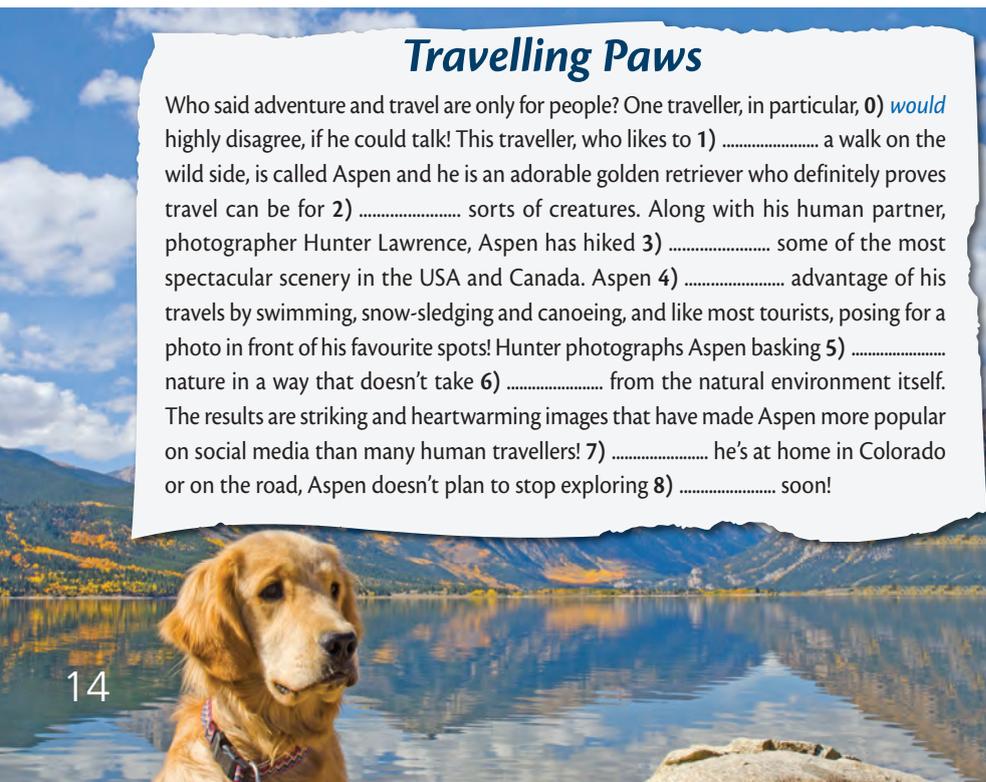
### TOURISM WITH A DIFFERENCE

Mass tourism has long been criticised as being **0**) *incredibly* destructive to the environment. Tourism, however, can prove to be **1**) ..... to an area if developed in a way that isn't **2**) ..... to the region. Known as CBT, Community Based Tourism is a community-led approach offering a genuine experience for the traveller while at the same time **3**) ..... local people. Locals, who are often from **4**) ..... communities, work together to invite tourists into their world. As well as sharing their culture, they also take care of the **5**) ..... of accommodation and food. CBT can become a great source of **6**) ..... income that locals can use to preserve their culture and environment. Schemes like CBT acknowledge the **7**) ..... as well as the social value of areas, while creating a system that results in full **8**) ..... and equality for everyone involved. Bringing tourism into the hands of the community in this way can safeguard a tourist destination for many years to come.

- CREDIBLE**  
**ADVANTAGE**  
**DETIMENT**  
  
**POWER**  
**MARGIN**  
  
**PROVIDE**  
**COMPLEMENT**  
  
**COMMERCE**  
**TRANSPARENT**

## Open cloze

- 2** ★★ For questions 1-8, read the text below and think of the word which best fits each space. Use only one word for each space. There is an example at the beginning (0).



### Travelling Paws

Who said adventure and travel are only for people? One traveller, in particular, **0**) *would* highly disagree, if he could talk! This traveller, who likes to **1**) ..... a walk on the wild side, is called Aspen and he is an adorable golden retriever who definitely proves travel can be for **2**) ..... sorts of creatures. Along with his human partner, photographer Hunter Lawrence, Aspen has hiked **3**) ..... some of the most spectacular scenery in the USA and Canada. Aspen **4**) ..... advantage of his travels by swimming, snow-sledging and canoeing, and like most tourists, posing for a photo in front of his favourite spots! Hunter photographs Aspen basking **5**) ..... nature in a way that doesn't take **6**) ..... from the natural environment itself. The results are striking and heartwarming images that have made Aspen more popular on social media than many human travellers! **7**) ..... he's at home in Colorado or on the road, Aspen doesn't plan to stop exploring **8**) ..... soon!

## Key word transformations

- 3** ★★ For questions 1-6, complete the second sentence so that it has a similar meaning to the first sentence using the word given. Do not change the word given. You must use between three and eight words, including the word given.

- 1** Non-passengers are strictly forbidden from entering the departure lounge of the airport. **NO**  
 On ..... the departure lounge of the airport.
- 2** Nancy called her family regularly while she was travelling in Asia. **CONTACT**  
 Nancy ..... her family while travelling in Asia.
- 3** I hope they will consider the environmental impacts when they start more tours in the Amazon. **ACCOUNT**  
 I hope the environmental impacts ..... when they start more tours in the Amazon.
- 4** Steve was made responsible for the set-up of the camp on the trip. **CHARGE**  
 Steve ..... the camp on the trip.
- 5** We were surprised at how in-depth the tour of the Tower of London was. **CAME**  
 It ..... that the tour of the Tower of London was so in-depth.
- 6** Is it likely that we will get a seat on the next plane to Frankfurt? **CHANCES**  
 What ..... a seat on the next plane to Frankfurt?

## Grammar

## 4 ★ Choose the correct item.

- 1 Only after leaving for the airport ..... she had left her passport at the hotel.  
A she realised                      C had she realised  
B she had realised                D did she realise
- 2 The airport bus leaves at 10 am from the hotel unless you would rather ..... by to get you.  
A I passed                            C I had passed  
B my passing                        D to pass
- 3 This website is the ..... source that I trust for accurate travel information and hotel reviews.  
A one only                            C one and only  
B only and one                      D only one
- 4 Some tourists fail to understand the importance ..... respectful to the environment when travelling.  
A their being                        C to be  
B being                                D of being
- 5 "Has Jerry made any inquiries about where to go on the trip?"  
"No, all he does is ..... about the cost of everything."  
A complain                        C to be complaining  
B complaining                      D complained
- 6 This time of year is the perfect time to take a trip to the coast as it ..... in summer.  
A ever hardly rains                C rains hardly ever  
B hardly ever rains                D never hardly rains
- 7 I finally booked the safari! It's ..... I've wanted to do since Carla told me about her safari experience.  
A that                                C where  
B which                                D what
- 8 The guide book advises ..... near the port as it can be quite dangerous at night.  
A not to stay                        C against to stay  
B not staying                        D don't stay
- 9 At first I didn't like travelling by train but after having travelled by train all summer, I have finally ..... it.  
A been used to                        C get used to  
B used to                                D gotten used to
- 10 This airline has ..... service that I will highly recommend it to all my friends.  
A such good                        C so good  
B such a good                        D a good
- 11 "I forgot to book the airline tickets."  
"Don't worry about the plane tickets now. I'll do the booking later, on ....."  
A itself                                C its own  
B my own                                D myself
- 12 ..... the boat tour seemed very interesting, they chose to go on a walking tour of the city instead.  
A Despite                                C Since  
B However                                D Although

## Vocabulary

## 5 ★ Choose the correct item.

- 1 We love travelling together; we have so much in .....  
A relation                            C mutual  
B common                            D parallel
- 2 There are several techniques you can use to ..... your fear of flying.  
A overcome                        C deal  
B surpass                                D undo
- 3 The hotel ..... to be a lot better than we expected.  
A came across                        C turned out  
B ended up                            D went on
- 4 Jim likes to become ..... with the local culture by reading about it before travelling.  
A aware                                C specialised  
B familiar                                D accustomed
- 5 The hotel will not refund your booking if you cancel at short .....  
A announcement                    C warning  
B response                            D notice
- 6 The area is considered unsafe for tourists. That's ..... why we chose to go somewhere else.  
A directly                                C precisely  
B particularly                        D namely
- 7 One of the ..... of travelling abroad is meeting so many lovely people from different cultures and backgrounds.  
A risks                                C perks  
B peaks                                D extras
- 8 The resort's ..... were top-notch and even included a golf course.  
A features                                C resources  
B services                                D facilities
- 9 The ancient fortress was designed to ..... attacks from all sides.  
A encounter                        C experience  
B withstand                        D confront
- 10 It's important to keep a budget so as not to live beyond your .....  
A means                                C funds  
B money                                D allowance
- 11 Tom ..... to be a travel blogger one day and travel around the world full time.  
A inspires                                C pursues  
B aspires                                D retires
- 12 We ..... upon a quaint little café near our hotel.  
A stumbled                                C staggered  
B tumbled                                D tripped