

Vocabulary Extra Practice • 1

Daily routines & Free-time activities

1 Complete the phrases with the words from the box.

• hang • do (x2) • play (x2) • surf • watch • go (x2) • have

- | | |
|------------------------------|------------------------|
| 1. ___ out with friends | 6. ___ shopping |
| 2. ___ a guitar lesson | 7. ___ a sport |
| 3. ___ the Net | 8. ___ to school |
| 4. ___ online/computer games | 9. ___ chores |
| 5. ___ TV | 10. ___ homework/study |

2 Use some of the words/ phrases from Ex. 1 in the correct form to complete the sentences below.

1. On Mondays I always _____. I'd love to be a musician in the future.
2. My sister often _____. She's got her own website, too.
3. I have to _____ right now. My first lesson starts at 8 am.
4. Jessica loves _____, especially documentaries.
5. Let's _____! We must buy some new T-shirts.
6. Jim _____ every Saturday. He loves spending time with them.
7. What about _____? Maybe football or tennis?
8. Mike _____ a lot of _____. He waters his plants, tidies his room and washes the dishes.

Teen problems

3 Complete each sentence with the word/ phrase from the box.

• bullying • acne • stress • media addiction • eating disorder

1. Jake has a(n) _____; he spends long hours surfing the Net.
2. Maggie is a victim of _____; her classmates call her names and laugh at her.

Vocabulary Extra Practice • 1

3. Jessica studies medicine and she has lots of difficult exams every year. That's why she suffers from _____.
4. Betty is really thin. I'm sure she has a(n) _____.
5. Mark has bad _____ on his face. He has to put some special cream on it.

4 Read about the problems of the teenagers below and write your advice as in the example.

0. I suffer from stress because I have a lot of things to do.

I think you should *go outside for a while and relax in the fresh air.*

1. I can't eat anything and drink anything.

If I were you I would _____.

2. My friends laugh at me because I come from another country.

I think you should _____.

3. My face doesn't look good. It's always red and there are a lot of spots on my nose.

If I were you I would _____.

4. I often argue with my younger brother because he takes my things without permission.

I think you should _____.

5. I've failed my exam and I'm really depressed.

If I were you I would _____.

5 Choose the correct item.

1. I can't cope **with / to** my schoolwork.
2. Parents **separating / cyberbullying** makes children depressed.
3. No doubt **about / for** it.
4. I don't think **so / such**.
5. I think that's the best solution **to / on** the problem.
6. I **totally / badly** agree with you. You're right!