

- 1.1 leave /li:v/ (v) zostawiać
 In Japan students leave their shoes outside.
- **1.2 take (sth) off** /ˌteɪk 'ɒf/ (phr v) ściągać (coś)

 In Japan people **take** their shoes **off** before they go into a room.
- 1.3 school uniform /ˌsku:l 'ju:nɪfɔ:m/ (n) mundurek szkolny
 In England a school uniform usually has a blazer.
- **1.4 Oh, I see!** (phr) A, rozumiem! 'Schools in Japan are different.' '**Oh, I see!**'
- **1.5 guess** /ges/ (v) zgadywać, domyślać się I guess you want pizza for dinner tonight since it's your favourite.
- 1.6 Really? /rɪəli/ (adv) Naprawdę? Czyżby?
 'In Japan we take off our shoes before we go into class.'
 'Really? That's very interesting!'
- **1.7 How come?** (phr) Jak to możliwe? 'You don't have a packed lunch today? **How come?**'
- **1.8 tidy up** /ˌtaɪdi 'ʌp/ (phr v) **sprzątać**We always **tidy up** the classroom before lunch break.
- 1.9 unhealthy / Λn'helθi/ (adj) niezdrowyI don't like fast food; I think it's unhealthy.Opp.: healthy
- **1.10 school bell** /,sku:l 'bel/ (n) dzwonek szkolny Listen, that's the **school bell**. Let's get to class!
- 1.11 Come on! /ˌkʌm 'ɒn/ (phr v) Pospiesz się!

 Come on! We don't want to be late for class!
- 1.12 Awesome! /ɔːsəm/ (adj) Fantastycznie!

 'We have Science now.'

 'Awesome! Science is my favourite subject.'
- **1.13** <u>classroom</u> /kla:srom/ (n) sala lekcyjna, klasa

 The students are in the classroom with their teacher.
- 1.14 <u>library</u> /laɪbrəri/ (n) <u>biblioteka</u>

 Our library at school has lots of books!

 Der: librarian (n)
- 1.15 <u>headteacher's office</u> /hed'ti:tʃəz ˌofis/
 (n) gabinet dyrektora szkoły

 Peter is in the headteacher's office with Mr Williams.

- **1.16** school corridor / sku:l 'kprido:/ (n) korytarz szkolny
 - I usually meet my friends in the **school corridor** between classes.
- 1.17 <u>science lab</u> /saɪəns læb/ (n) laboratorium, pracownia naukowa

 We have Chemistry lessons in the science lab.
- 1.18 <u>art room</u> /a:t ru:m/ (n) pracownia plastyczna (w szkole)The art room is my favourite classroom at school.
- **1.19** music room /mju:zik ru:m/ (n) pokój muzyczny Billy plays quitar in the music room.
- 1.20 <u>computer lab</u> /kəmˈpjuːtə læb/ (n) sala informatyczna

 We have ICT lessons in the computer lab.

I love painting.

- **1.21 playground** /pleɪgraund/ (n) plac zabaw

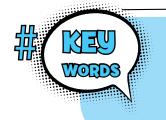
 The children play in the **playground** at break time.
- **1.22** <u>staff room</u> /'staːf ruːm/ (n) pokój nauczycielski *The teachers have their break in the staff room.*
- 1.23 gym /dʒɪm/ (n) siłownia
 Our gym is big and we do lots of sports there.
- 1.24 <u>nurse's office</u> /nɜːsɪz ˌpfis/ (n) gabinet pielęgniarki szkolnej
 Students who feel sick go to the nurse's office.
- 1.25 paint /peint/ (v) malować

 I like to paint pictures in my free time. Look at my painting of a flower.
- 1.26 break time /breik taim/ (n) przerwa

 We usually play football at break time. It helps us relax between lessons.
- **1.27 have a lesson** (phr) mieć lekcje

 We have art lessons in the art room.
- **1.28 borrow** /ˈbɒrəʊ/ (v) pożyczać (coś od kogoś) You can **borrow** books in the library.
- 1.29 **print** /print/ (v) **drukować**I do my homework on the computer and **print** it.
- **1.30** presentation /,prezən'terʃən/ (n) prezentacja Vicky is giving a presentation on history.





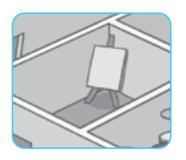
classroom library headteacher's office school corridor

science lab art room music room computer lab

playground staff room gym nurse's office

1 Label the photos.

• headteacher's office • classrooms • science lab • art room • music room • nurse's office







1 art room

2

3







4

5

6

- **Fill in:** *library*, *corridor*, *gym*, *playground*, *lab*, *staff room*.
 - 1 Students use the computer lab to print their presentations.

 - 3 Jeffrey usually meets his friends in the school between classes.
 - 4 Every time I need a book, I go to the
 - 5 Students have PE in the
 - 6 At break time the teachers relax in the



- 2.1 quiet /kwaɪət/ (adj) cichy
 There's no one in the house, so it's very quiet.
 Opp.: noisy
- vacuum cleaner /vækjuəm ˌkli:nə/(n) odkurzaczMy mum is using the vacuum cleaner to clean the carpet.
- 2.3 pick up /,pik 'ap/ (phr v) odbierać (coś)

 Terry's parents are picking up pizza on their way home.
- 2.4 on the way home (phr) w drodze do domu Mum and dad usually buy fresh bread on the way home.
- 2.5 practise /præktɪs/ (v) ćwiczyć, trenować

 Helen practises piano every Friday afternoon.

 Der.: practice (n)
- 2.6 difficult /dɪfɪkəlt/ (adj) trudny
 My homework is very difficult. Can you help me?
 Der.: difficulty (n)
- 2.7 noise /noiz/ (n) hałas I can't do my homework because of all the noise. Der.: noisy (adj)
- 2.8 **chore** /tʃoː/ (n) **obowiązek**I do **chores** every weekend and help my parents around the house.
- **2.9** <u>clear the table</u> (phr) sprzątać ze stołu
 After dinner I always clear the table for my mum.
- **2.10** <u>tidy my room</u> (phr) sprzątać pokój *Every evening I tidy my room before I go to bed.*

- **2.11 do the washing-up** (phr) zmywać naczynia *I do the washing up after lunch at weekends.*
- **2.12** dust the furniture (phr) ścierać kurze z mebli I like to dust the furniture because it's an easy job.
- 2.13 <u>vacuum the carpets</u> (phr) odkurzać dywany

 I use our vacuum cleaner to vacuum the carpets in the house.
- **2.14** <u>iron the clothes</u> (phr) prasować ubrania

 Mum always irons the clothes after she washes them.
- **2.15** mop the floor (phr) myć podłogi

 Eric always mops the floor when he cleans the kitchen.
- **2.16** make my bed (phr) ścielić łóżko

 I make my bed every morning after I wake up.
- 2.17 load the washing machine (phr) załadować pralkę
 Can you load the washing machine with the dirty clothes please?
- **2.18** <u>set the table</u> (phr) nakryć do stołu

 Can you help me set the table? Dinner is ready.
- **2.19** water the plants (phr) podlewać rośliny
 Kelly waters the plants in the garden every Monday
 and Friday.
- **2.20 cut the grass** (phr) kosić trawę
 Dad is in the garden. He's **cutting the grass**.







clear the table tidy my room do the washing up dust the furniture

vacuum the carpets iron the clothes mop the floor make my bed

load the washing machine set the table water the plants cut the grass

Look at the photos and complete the phrases.







1	do the washing-up
2	the carpets
3	the clothes
4	set the
5	the floor
6	dust the







Complete the sentences with a verb from the list in the correct form.

- cut clear tidy load make water
- 1 We finished dinner. Could you clear the table, please?
- 2 You need to the plants more often in the summer.
- 3 My mum is often angry with me because I never my room.
- 4 Can you help me the washing machine?
- 5 Dad the grass in the garden every week.
- 6 Tina alwaysher bed before she leaves the house every day.

WIO AM IB

- 3.1 skin /skm/ (n) skóra

 Ellen always has to wear sunscreen at the beach because she has fair skin.
- **3.2 body** /bpdi/ (n) **ciało**To keep your **body** healthy, you need to exercise.
- 3.3 carry /kæri/ (v) nieść ze sobą
 Our genes carry information from our parents.
- **3.4 information** /ˌɪnfəˈmeɪʃən/ (n) **informacja**The **information** in our genes decides our eye colour.
- **3.5 gene** /dʒi:n/ (n) **gen**A person with two **genes** for brown eyes has brown eyes, too.
- **3.6 each** /i:tʃ/ (determiner) każdy

 If **each** parent has different genes, it can change a baby's eye colour.
- 3.7 **chart** /tʃɑ:t/ (n) wykres, diagram

 Our teacher uses **charts** to help explain things in class.
- 3.8 newborn /nju:bo:n/ (adj) noworodek
 Newborn babies have got blue or grey eyes but that changes as they get older.
- **3.9 hazel** /heɪzəl/ (adj) piwny (o oczach)

 Karen has **hazel** eyes; they aren't green or brown.
- **3.10** appearance /əˈpɪərəns/ (n) wygląd zewnętrzny
 Can you describe his appearance? What does he look like?
- **3.11** well-built /,wel 'bilt/ (adj) dobrze zbudowany

 Mick isn't thin; he is well-built.
- 3.12 <u>tall</u> /tɔ:l/ (adj) wysoki

 Tom is very tall; he's six foot one.
- **3.13 slim** /slim/ (adj) **szczupły** *Mark isn't well-built; he is very slim.*

- 3.14 short /ʃoːt/ (adj) niski

 Hannah isn't tall; she is short.
- 3.15 $\frac{\text{thin}}{\theta} / \theta \ln / \text{(adj)}$ chudy

 Julia isn't plump; she is **thin**.
- **3.16** long hair (phr) długie włosy

 Janet has got long hair; it isn't short.
- **3.17 blonde hair** (phr) blondne włosy

 Kevin hasn't got dark hair; he's got **blonde hair**.
- **3.18 straight hair** (phr) proste włosy

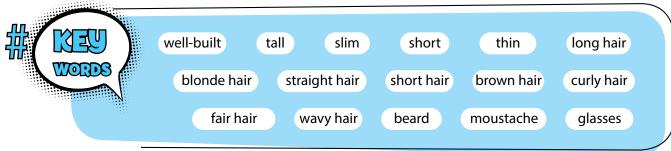
 Scott hasn't got curly hair; he's got **straight hair**.
- **3.19 short hair** (phr) krótkie włosy *I haven't got long hair; I've got short hair.*
- 3.20 <u>brown hair</u> (phr) brązowe włosy
 Dennis hasn't got black hair; he's got brown hair.
- 3.21 <u>curly hair</u> (phr) kręcone włosy l've got curly hair; my hair isn't straight.
- **3.22** <u>fair hair</u> (phr) jasne włosy
 Aunt Jane hasn't got dark hair; she's got fair hair.
- 3.23 <u>wavy hair</u> (phr) falowane/faliste włosy

 My hair isn't curly; I've got long wavy hair.
- 3.24 <u>beard</u>/biəd/(n) broda
 Santa Claus has got a white beard.
- **moustache** /məˈstɑ:∫/ (n) wąsy

 My dad hasn't got a beard; he's got a moustache.
- 3.26 glasses /glassiz/ (pl n) okulary

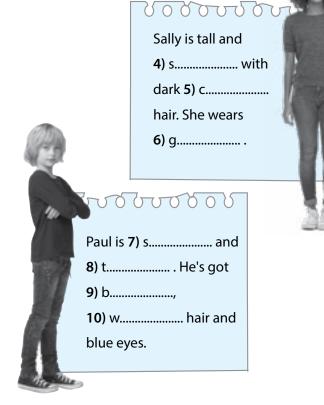
 I wear glasses to help me read.





Complete with the correct word.





Look at the pictures and choose the correct word.







- 1 David is tall/short and slim/well-built with long/short brown hair and blue eyes.
- 2 Laura is slim with long/short, wavy/straight hair and brown eyes.
- 3 Eric is tall/short and well-built/thin with short beard/hair and brown eyes.



- **4.1 grass** /grɑːs/ (n) trawa
 People usually play golf on green **grass**.
- **4.2 strange** /streind3/ (adj) dziwny Underground cricket is a **strange** sport.
- **4.3 hill** /hɪl/ (n) wzgórze, pagórek

 When it snows, people like to snowboard down **hills**.
- **4.4 sportspeople** /spo:ts,pi:pəl/ (pl n) **sportowcy** *Messi and Ronaldo are famous sportspeople.*
- **4.5 ground** /graond/ (n) **ziemia** In Threlkeld, they play cricket under the **ground**.
- **4.6 dark** /da:k/ (n) **ciemność** You can't see anything in the **dark**.
- 4.7 collect /kəˈlekt/ (v) zbieraćThe team are collecting money for charity.Der.: collection (n)
- **4.8 village** /vɪlɪdʒ/ (n) wieś, wioska Threlkeld is a **village** in England.
- **4.9 sport** /spo:t/ (n) sport *Tennis is my favourite sport*.
- 4.10 equipment / i'kwɪpmənt/ (n) wyposażenie (sprzęt sportowy)
 You need lots of equipment like skis, poles and goggles to go skiing.
- **4.11** ball /bɔːl/ (n) piłka
 You need a ball to play sports like football or tennis.
- **4.12** bat/bæt/ (n) kij (np. do baseballa)

 You need a ball and a bat to play sports like cricket.
- 4.13 <u>club</u> /klʌb/ (n) kij golfowy
 You need a ball and a **club** to play golf.
- **4.14 puck** /pʌk/ (n) krążek (do gry w hokeja)

 We use a **puck** to play ice hockey, not a ball.
- **4.15 goggles** /gpgəlz/ (pl n) okulary do pływania
 Put on **goggles** when you swim, to protect your eyes.
- **4.16** <u>helmet</u> /helmɪt/ (n) <u>kask</u>
 Always wear a **helmet** on your head when cycling.
- **4.17** pad /pæd/ (n) ochraniacz
 Cricket players wear pads on their legs to protect them.

- **4.18** pole /pəʊl/ (n) kijek (do jazdy na nartach)
 Skiers hold poles in their hands when they ski.
- **4.19** racquet /rækɪt/ (n) rakieta (do tenisa)

 You need a racquet to play tennis.
- **4.20 ski** /ski:/ (n) narta *Skiers wear skis on both feet.*
- **4.21** stick /stik/ (n) kij (np. do hokeja) Ice hockey players use sticks when they play.
- **4.22** <u>shuttlecock</u> / ʃ Λtlk ρk/ (n) lotka (do badmintona)
 In badminton we use a shuttlecock, not a ball.
- **4.23 swimsuit** /swimsuit/ (n) strój kąpielowy

 Put on your **swimsuit** and let's go for a swim.
- **4.24 gloves** /glavz/ (pl n) rękawice
 Put on your **gloves** to protect your hands form the cold.
- 4.25 <u>swimming cap</u> /swiming kæp/ (n) czepek do pływania

 Always wear a swimming cap on your head when swimming in the pool.
- **4.26 badminton** /bædmintən/ (n) **badminton**In **badminton**, players use shuttlecocks instead of balls.
- **4.27 cricket** /krɪkɪt/ (n) krykiet **Cricket** is the national sport of England.
- 4.28 ice hockey /aɪs hɒki/ (n) hokej na lodzie
 In ice hockey, players skate across the ice and use their sticks to score a goal.
- **4.29 golf** /gplf/ (n) **golf** In **golf**, you hit balls into the holes with your club.
- **4.30 skiing** /ski:ιη/ (n) narciarstwo

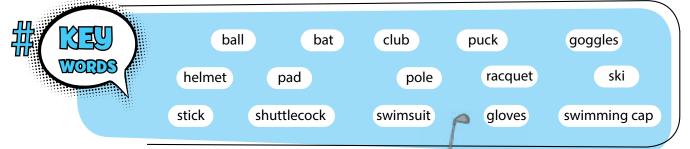
 I love **skiing** down a snowy mountain in the winter.
- **4.31 swimming** /swimin/ (n) pływanie **Swimming** in the sea in summer is fun!
- **4.32** cost /kɒst/ (n) koszt

 The cost to enter the competition is ten pounds.
- **4.33 enter** /entə/ (v) brać udział (np. w zawodach)

 To enter the championship, tell Mr Jones.
- **4.34 arrive** /əˈraɪv/ (v) przyjeżdżać

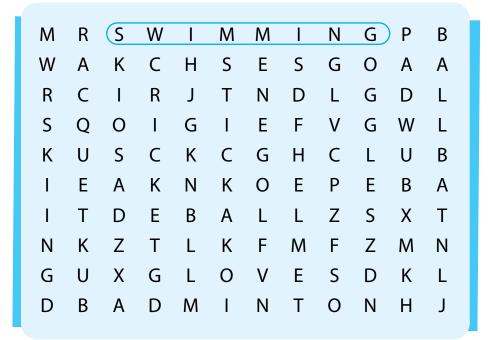
 What time does the bus **arrive** at the stadium?



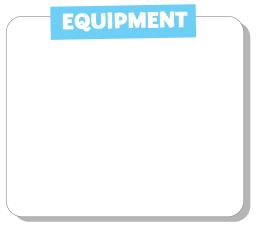


1 Match the sports to their equipment.

- 1 F golf
 2 skiing
 3 swimming
 4 ice hockey
 5 cricket
 6 badminton
 A swimsuit/cap
 B shuttlecock
 D bat
 E poles
 F club
- 2 Find 15 words related to sports. List the words under the following headings.



swimming





AMAYANG PEOPLE

- **5.1 brilliantly** /ˈbrɪljəntli/ (adv) υπέροχα, εξαιρετικά Reece James plays football **brilliantly**; he's amazing!
- **5.2** national team /ˌnæʃənəl ˈtiːm/ (n) εθνική ομάδα The national team of Italy are playing in the World Cup tomorrow.
- **5.3 reason** /ri:zən/ (n) λόγος, αιτία

 The **reason** why I like Reece James is because he helps charity.
- **5.4 apart from** /əˈpɑːt frəm/ (prep) εκτός από **Apart from** ice hockey, Jack also likes skiing.
- **5.5 however** /haʊˈevə/ (adv) όμως

 Eric plays baseball, **however**, these days he's playing basketball.
- **5.6 charity** /t∫ærəti/ (n) φιλανθρωπική δράση
 The famous sportsperson always gives money to charity.
- 5.7 hungry /hʌŋgri/ (adj) πεινασμένοςThe charity gives food to hungry people in London.
- **5.8 collect** /kəˈlekt/ (v) συγκεντρώνω, μαζεύω
 The school **collects** second-hand books and gives them to charities.
- **5.9** agree /əˈgriː/ (v) συμφωνώ 'I think Reece James is a brilliant footballer.' 'I agree with you. He's the best!'

Der.: agreement (n)
Opp.: disagree

5.10 role model /raul ,modal/ (n) πρότυπο συμπεριφοράς

Reece James is a great **role model** for children because he helps others.

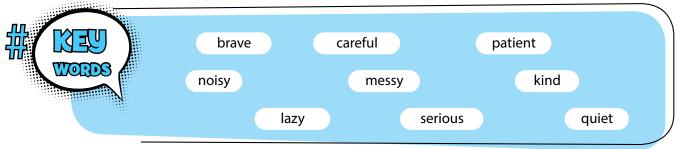
5.11 character /ˈkærəktə/ (n) χαρακτήρας You can learn a lot about someone from their **character** and how they behave.

- 5.12 brave /breɪv/ (adj) γενναίος, θαρραλέοςMike is very brave; he's not afraid of anything.
- 5.13 <u>careful</u> /keəfəl/ (adj) προσεκτικός Helen is careful at work and always does things right.

Der.: carefully (adv)

- 5.14 patient / peɪʃənt/ (adj) υπομονετικόςMy sister is very patient; she never gets angry.Der.: patience (n)
- 5.15 noisy /noizi/ (adj) θορυβώδης, φασαριόζος
 The boys are so noisy and loud today! Tell them to be quiet, please.
 Opp.: quiet
- **5.16** messy /mesi/ (adj) ακατάστατος
 Don't be messy. Tidy things up, please.
- **kind** /kaınd/ (adj) ευγενικός, καλοσυνάτος
 Frank is kind and always helps others.
 Der.: kindness (n)
- 5.18 <u>lazy</u> /leɪzi/ (adj) τεμπέλης
 Bob is so lazy; he spends all day sitting on the sofa.
 Der.: laziness (n)
- 5.19 <u>serious</u> /sɪəriəs/ (adj) σοβαρός
 My cousin is very serious; he never smiles at all.
 Der.: seriously (adv)
- 5.20 quiet /kwaiət/ (adj) ήσυχος
 Erica is a quiet girl who never makes a noise.
 Der.: quiet (n)
 Opp.: noisy
- 5.21 I don't mind (phr) δε με πειράζει
 'Sorry I'm late, Jeff.' It's OK, I don't mind.'
- 5.22 smile /smaɪl/ (v) χαμογελώ
 When Denise is happy, she smiles a lot!
 Der.: smile (n)





Choose the correct word.



1 patient/brave



2 noisy/quiet



3 serious/careful



4 lazy/messy



5 patient/lazy



6 kind/careful

7 Fill in the gaps with the correct adjectives.

- 1 Amy is very kind. She always helps her friends.
- 2 Keira is always c...... She never breaks anything!!!
- 4 Johnny is very b...... He isn't afraid of anything.
- 5 Annie is m...... She never tidies her room.
- **6** The baby is very q.......ls she sleeping?



##YOGADULARU

Choose the correct place.

- 1 Teachers relax there at break time.
 - (A) staff room
- **B** classroom
- 2 Students go there when they don't feel
 - A headteacher's office
 - B nurse's office
- 3 Students play there with their friends at break time.
 - A gym
- **B** playground
- 4 Students paint pictures there.
 - A art room
- B music room
- **5** Students borrow books from there.
 - **A** library
- **B** science lab
- 6 Students meet their friends between lessons there.
 - A computer lab
- **B** school corridor

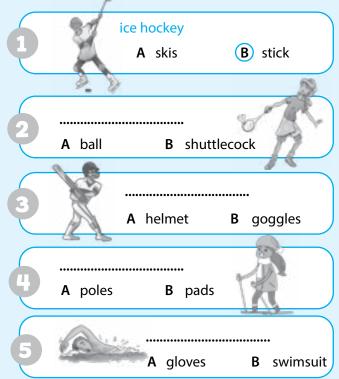
Write the chores. 7

- 1 I don't like making my bed, but I like
 - v a c u u m i n g the carpets.
- 2 Mum is w __ _ _ _ the plants now.
- 3 Do you help your parents d ____ the furniture?
- 4 Don't come into the kitchen for a while; I'm m ____ the floor.
- 5 It usually takes Laura two hours to i _____ the clothes for the whole family.

Write the correct word.

- 1 If someone isn't thin, he is well-built.
- 2 The opposite of 'short'. t.....
- 3 Another word meaning 'thin'. s.....
- 4 Not curly or wavy hair. s..... hair
- 5 A man can have a beard, or a m.......

Look at the pictures, write the sport and choose the correct equipment.



Read and match.

- 1 D I'm brave.
- 2 Patrick is lazy.
- 3 My mum is kind.
- 4 I'm patient.
- A She always helps others.
- **B** I don't mind waiting.
- C He spends all day doing nothing.
- **D** I don't get scared.

Choose the correct item.

- 1 Students who are in trouble go to the
 - A nurse's (B)headteacher's C staff's
- 2 You need a ball and a to play cricket.
 - A stick
- **B** club
- **C** bat
- **3** Kelly is very; she never makes a noise.
 - **A** quiet
- **B** patient
- **C** messy
- 4 Adam plays violin in the room.
 - A art
- **B** music
- **C** computer
- 5 Mum's in the garden. She's the grass.
 - **A** clearing
- B mopping C cutting



PUBLIC SPENSING #1

PS1.1 quotation /kwəʊˈteɪ[ən/(n) τα λόγια που έχει πει κάποιος

> When you use a **quotation**, you write exactly what someone said.

PS1.2 do whatever it takes (phr) κάνω οτιδήποτε χρειάζεται

> Batman does whatever it takes to keep Gotham City safe.

- PS1.3 keep sb safe (phr) προστατεύω κάποιον Superheroes **keep people safe** from harm.
- **PS1.4** protect /prəˈtekt/ (v) προστατεύω The police **protect** us from bad people. Der.: protection (n)
- **PS1.5 save sb in danger** (phr) σώζω κάποιον που βρίσκεται σε κίνδυνο

Batman saves people in danger.

END DIVIE (A)

FT1.1 Don't be a couch potato! (idm) Μη μένεις κολλημένος στον καναπέ!

You're so lazy! Don't be a couch potato!

#GODEGRACIERS Episode 1

CC1.1 look around / luk ə'raund/ (phr v) $\psi \dot{\alpha} \chi v \omega$ τριγύρω

> Let's **look around** and see if we can find the professor.

- **CC1.2** dirty /dɜːti/ (adj) βρώμικος The streets are very **dirty** and full of rubbish.
- **CC1.3 crossing stone** /krosin ,stəυn/ (n) πέτρα που πατάς για να περάσεις κάτι

Roman cities had **crossing stones** to help people get across the street without getting dirty.

CC1.4 clever /klevə/ (adj) έξυπνος Wow! Crossing stones is a really clever idea.

- **CC1.5 busy** /bizi/ (adj) απασχολημένος, πολυάσχολος The shops are very busy; they are full of people.
- **CC1.6 sell** /sel/ (v) πουλάω This shop sells lots of amazing things.
- **CC1.7 public baths** /ˌpʌblɪk ˈbɑːðz/ (pl n) δημόσια

The **public baths** were a great place to wash in ancient Rome.

- **CC1.8 gladiator** /ˈglædieɪtə/ (n) μονομάχος In ancient Rome, people watched gladiators fight for sport.
- **CC1.9 smoke** /sməυk/ (n) καπνός During the fire **smoke** filled the air.
- **CC1.10 shake** / [eɪk/ (v) σείομαι, τραντάζομαι The ground **shook** when the volcano erupted.
- CC1.11 volcano /vplˈkeɪnəʊ/ (n) ηφαίστειο *Vesuvius is the famous volcano that destroyed* Pompeii.
- **CC1.12 erupt** /ɪˈrʌpt/ (v) (για ηφαίστειο) εκρήγνυται, εκτοξεύει λάβα

When volcanoes **erupt**, they send lava and smoke into the air.

Der.: eruption (n)

CC1.13 hide /haɪd/ (v) κρύβομαι

When the volcano erupted in Pompeii, there was nowhere safe for people to hide.

CC1.14 archaeological site /ɑːkiəˌlɒdʒɪkəl ˈsaɪt/ (n) αρχαιολογικός χώρος

> The city of Pompeii is the largest archaeological site in the world.

- **CC1.15 amphitheatre** /æmfι,θιətə/ (n) αμφιθέατρο People in ancient Rome watched plays and theatre performances in amphitheatres.
- CC1.16 UNESCO World Heritage Site (phr) Χώρος Παγκόσμιας Πολιτιστικής Κληρονομιάς της Ουνέσκο

The city of Pompeii is a **UNESCO World Heritage** Site.