

Glossary

- abbreviation** [N-COUNT-U5] An **abbreviation** is a shortened version of a word. *skrót*
- abuse** [V-T-U3] To **abuse** someone is to treat them cruelly, either by saying hurtful things to them or by being physically violent or neglectful. *znęcać się (nad kimś) słownie lub fizycznie*
- activity** [N-COUNT-U2] An **activity** is an action that a person performs. *czynność, działanie*
- acute** [ADJ-U8] If a condition is **acute**, it appears suddenly and often with great intensity. *(o dolegliwości) ostra, pojawiająca się nagle*
- adhere to** [V-T-U5] To **adhere to** a plan is to follow the plan. *stosować się, trzymać się (np. planu)*
- advance** [N-COUNT-U15] An **advance** in technology is a new development. *tu: postęp technologiczny*
- advance directive** [N-COUNT-U1] An **advance directive** is a legal document in which a person indicates their wishes for medical care and end-of-life care should such a situation occur. *wyrażenie zgody lub zakaz podtrzymywania życia w razie ciężkiej choroby lub wypadku*
- ailment** [N-COUNT-U7] An **ailment** is an illness or a disorder. *choroba, schorzenie*
- alert** [V-T-U10] To **alert** someone is to send the person a notification of an incident. *powiadamiać (kogoś o czymś)*
- Alzheimer's** [N-UNCOUNT-U9] **Alzheimer's** is a brain disease that causes a person to lose memory and the ability to think clearly. *choroba Alzheimera*
- ambulance** [N-COUNT-U8] An **ambulance** is an emergency vehicle that transports individuals to a hospital or medical treatment facility in emergency situations. *ambulans, karetka pogotowia*
- antibiotic resistance** [PHRASE-U12] **Antibiotic resistance** occurs when a medicine that prevents the growth of bacteria (antibiotic) can no longer kill the bacterial growth. As a result the bacteria "resist" or survive and multiply. *odporność na antybiotyki*
- antimicrobial** [ADJ-U12] If something is **antimicrobial**, it kills or prevents the growth of microorganisms such as bacteria and fungus. *antybakteryjny*
- anxiety** [N-UNCOUNT-U4] **Anxiety** is a feeling of nervousness and worry. *lęk, niepokój*
- apathy** [N-UNCOUNT-U6] **Apathy** is an emotional state in which a person feels indifferent towards life. *apatia, obojętność*
- arthritis** [N-UNCOUNT-U7] **Arthritis** is a condition characterized by inflammation of a joint, which causes pain and can limit mobility. *artretyzm, zapalenie stawów*
- assessment** [N-COUNT-U5] An **assessment** is the formation of an opinion or judgment about something. *ocena*
- at risk** [PHRASE-U5] If a person is **at risk**, they are in danger of something. *(o kimś) zagrożony*
- bacterium** [N-COUNT-U12] A **bacterium** is any of a great number of single-celled microorganisms that inhabit all areas of the earth, including human bodies. Many types of bacteria are responsible for human ailments and diseases. *bakteria*
- bed alarm** [N-COUNT-U10] A **bed alarm** is an alarm that provides an alert when an individual gets out of bed. *urządzenie, które informuje o opuszczeniu łóżka przez pacjenta*
- bedsore** [N-COUNT-U3] A **bedsore** is a skin infection caused by lying immobile in bed for long periods of time. *odleżyna*
- bedwetting alarm** [N-COUNT-U10] A **bedwetting alarm** is a device that provides an alert when an individual urinates in bed. *urządzenie, które informuje o zmożeniu się pacjenta*
- belittle** [V-T-U3] To **belittle** someone is to treat the person as if he or she is unimportant. *umniejszać, nie doceniać kogoś*
- binder** [N-COUNT-U2] A **binder** is a cover with metal rings or other plastic material inside that are used to hold loose papers together. *segregator*
- biohazard** [N-COUNT-U12] A **biohazard** is a biological substance that is potentially harmful to humans. Biohazards can include bacteria, viruses, and biologically derived toxins. *substancja pochodzenia naturalnego, która zagraża zdrowiu człowieka*
- BioMEMs** [N-COUNT-U11] **BioMEMs** are devices that combine MEMs and biosensors to take measurements, internally dispense medical substances, and perform other tasks. *technologia biomems (urządzenia łączące mikroukłady elektromechaniczne i czujniki biologiczne, stworzone do dokonywania pomiarów, wewnętrznego dozowania substancji medycznych itp.)*
- biosensor** [N-COUNT-U11] A **biosensor** is a device that uses a biological element, such as a protein cell or tissue sample, to take specific biological measurements. *czujnik biologiczny*
- break** [N-COUNT-U14] A **break** is a brief pause or rest. *krótka przerwa, odpoczynek*
- burial** [N-UNCOUNT-U13] A **burial** is the act of placing the remains of a deceased person in the ground. *pochówek, ceremonia pogrzebowa*
- burn out** [PHRASAL V-U14] To **burn out** is to feel physically or emotionally exhausted by a challenging job or set of circumstances. *wypalić się (np. zawodowo)*

camera [N-COUNT-U10] A **camera** is a device that takes pictures or records events. *aparat fotograficzny, kamera*

cancer [N-UNCOUNT-U9] **Cancer** is a serious disease in which cells in one or more parts of the body begin to grow in an uncontrolled and abnormal way. *nowotwór złośliwy, rak*

casket [N-COUNT-U13] A **casket** is a box in which the body of a deceased person is placed for burial. *trumna*

cataract [N-COUNT-U7] A **cataract** is a medical condition in which the lens of the eye becomes white, causing a person to slowly lose the ability to see. *zaćma*

cemetery [N-COUNT-U13] A **cemetery** is a location in which deceased persons are buried. *cmentarz*

ceremony [N-COUNT-U13] A **ceremony** is any ritual or formal act that is associated with a culture's practices. *ceremonia, uroczystość*

challenge [N-COUNT-U14] A **challenge** is a situation that presents difficulties or obstacles requiring effort, endurance and relevant abilities. *wyzwanie*

chronic [ADJ-U7] A **chronic** condition is one that develops slowly and lasts a long time. *(o stanie) chroniczny, przewlekły*

chronological order [PHRASE-U5] If events in a list are in **chronological order**, they are listed in the order in which they occurred, from earliest to latest. *kolejność chronologiczna*

client journal [N-COUNT-U2] A **client journal** is a record that is updated after each shift to keep staff updated on a client. *dokument, aktualizowany przez personel po każdej zmianie, zawierający aktualne informacje o stanie zdrowia pacjenta*

cognitive [ADJ-U9] If something is **cognitive**, it is related to mental processes. *kognitywny (związany z procesami myślowymi)*

cold [N-COUNT-U8] A **cold** is a common infection that causes mild to moderate symptoms, such as a sore throat or a cough. *przeziębienie*

comprehensive [ADJ-U5] If something is **comprehensive**, it is thorough or complete. *kompleksowy, wyczerpujący*

concise [ADJ-U5] If something is **concise**, it communicates an idea clearly without unnecessary or confusing language. *zwięzły*

condescending [ADJ-U3] **Condescending** means treating other people as inferior or insignificant. *protekcjonalny*

confusion [N-UNCOUNT-U14] **Confusion** is the mental state of being unable to think clearly or logically. *dezorientacja, zakłopotanie, konfuzja*

cope with [V-T-U14] To **cope with** a difficult problem, situation, or task is to deal with it. *radzić sobie (np. z trudną sytuacją)*

cremation [N-UNCOUNT-U13] **Cremation** is the practice of burning the body of a deceased person so that only ashes remain. *kremacja, spalenie zwłok*

cultural differences [PHRASE-U4] **Cultural differences** are different ways of doing or thinking about something in different societies. *różnice kulturowe*

daily [ADJ-U2] If an event is **daily**, it occurs every day, or on a 24-hour period. *codzienny, dzienny*

debilitating [ADJ-U9] If a disease is **debilitating**, it greatly weakens a person, making them unable to lead a normal life. *o chorobie (wyniszczająca, osłabiająca)*

decline [N-UNCOUNT-U6] A **decline** is a gradual decrease in something. *zanik, spadek*

demand [N-COUNT-U15] A **demand** is a need or desire for something. *zapotrzebowanie, popyt*

dementia [N-UNCOUNT-U9] **Dementia** is a deterioration of a person's cognitive abilities due to brain cell degeneration. *otępienie, demencja (spadek sprawności intelektualnej)*

depression [N-UNCOUNT-U6] **Depression** is a clinical condition characterized by feelings of sadness and hopelessness. *depresja*

despair [N-UNCOUNT-U6] **Despair** is an extreme feeling of hopelessness. *rozpacz, utrata nadziei*

diabetes [N-UNCOUNT-U9] **Diabetes** is a serious illness characterized by the inability to make or utilize insulin. As a result, the body cannot control the levels of sugar in the bloodstream. *cukrzyca*

disinfectant [N-COUNT-U12] A **disinfectant** is a cleaning product used to clean surfaces by killing bacteria and other microorganisms. *środek dezynfekujący*

disoriented [ADJ-U9] If a person is **disoriented**, he or she is confused or not fully aware of what is going on. *zdezorientowany*

disrespectful [ADJ-U3] If an action is **disrespectful**, it shows a lack of courtesy. *niegrzeczny, obraźliwy*

DNR order [N-COUNT-U1] A **DNR order** ("do not resuscitate" order), is a legal order that indicates that the person does not wish that healthcare personnel perform CPR (cardiopulmonary resuscitation) in order to resuscitate them. *nie resuscytować (polecenie mówiące o tym, że dana osoba nie życzy sobie resuscytacji w przypadku zatrzymania akcji serca)*

Glossary

- document** [V-T-U5] To **document** something is to make a record or note of it. *dokumentować*
- door alarm** [N-COUNT-U10] A **door alarm** is a device that provides an alert when a door is opened. *czujnik, alarm otwarcia drzwi*
- droop** [V-I-U8] To **droop** is to hang downward or sag. *opadać, zwisać*
- ECG** [N-COUNT-U11] An **ECG** (electrocardiogram) is a test that measures the electrical activity of the heart using electrodes attached to the skin. *EKG (elektrokardiografia)*
- EEG** [N-COUNT-U11] An **EEG** (electroencephalogram) is a measurement of the brain's electrical activity using electrodes attached to the scalp. *EEG (elektroencefalografia)*
- effect** [N-COUNT-U6] An **effect** is the result or consequence of something. *efekt, skutek*
- elderspeak** [N-UNCOUNT-U3] **Elderspeak** is the use of overly simplified language when speaking to an elderly person, with the assumption that the person is unable to understand normal speech. *sposób komunikacji z osobami starszymi przy użyciu uproszczonego języka*
- empathy** [N-UNCOUNT-U4] **Empathy** is the ability to share and relate to someone else's feelings or experiences. *empatia, głębokie zrozumienie*
- emphysema** [N-UNCOUNT-U7] **Emphysema** is a respiratory condition caused by damage to the lungs, and which results in difficulty in breathing and increases the likelihood of infections. *rozedma płuc*
- entry** [N-COUNT-U2] An **entry** is an update in a client journal that provides a description of a particular shift or event. *tu: wpis (dokonywany w dzienniku pacjenta po jakimś zdarzeniu lub na koniec zmiany personelu)*
- estate planning** [N-UNCOUNT-U1] **Estate planning** is the act of making arrangements for the disposal or distribution of one's personal property after death. *planowanie spadkowe*
- eulogy** [N-COUNT-U13] A **eulogy** is a speech often given by a family member or close friend that remembers a person who has died. *mowa pogrzebowa*
- event** [N-COUNT-U2] An **event** is a particular incident that takes place. *zdarzenie, wydarzenie*
- exhaustion** [N-UNCOUNT-U14] **Exhaustion** is the feeling of being extremely tired. *zmęczenie, wyczerpanie*
- expand** [V-I-U15] To **expand** is to increase in size or scope. *zwiększać się (pod względem wielkości lub zakresu)*
- eyesight** [N-UNCOUNT-U7] **Eyesight** is a person's ability to see, or perceive things visually. *wzrok, widzenie*
- face mask** [N-COUNT-U12] A **face mask** is a covering of cloth or other material over the face worn to prevent the transmission of microorganisms by way of the nose and mouth. *maseczka ochronna*
- fever** [N-COUNT-U8] A **fever** is the condition of having an abnormally high body temperature due to a viral infection or other illness. *gorączka*
- financial document** [N-COUNT-U1] A **financial document** is a document which is related to a person's money or the value of a person's property. *dokument finansowy*
- flu** [N-UNCOUNT-U8] **Flu** is an infection of the respiratory system that causes high fever and can progress into a more serious or life-threatening condition in some individuals. *grypa*
- frustration** [N-UNCOUNT-U14] **Frustration** is a sense of dissatisfaction or a feeling of nonfulfillment. *frustracja*
- funeral** [N-COUNT-U13] A **funeral** is a ceremony that commemorates a person who has died and is associated with their cremation or burial. *pogrzeb*
- get attached to** [PHRASE-U14] To **get attached to** someone is to grow to care deeply for them. *przywiązać się (do kogoś)*
- get lost** [PHRASE-U10] To **get lost** is to not know how to get back to a familiar location. *zgubić się*
- glaucoma** [N-UNCOUNT-U7] **Glaucoma** is a disease characterized by high pressure in the eye, and which can cause partial or full blindness. *jaskra*
- glucose monitor** [N-COUNT-U11] A **glucose monitor** is a device used to test the concentration of glucose in the blood. *glukometr*
- GPS** [ABREV-U10] **GPS** (Global Positioning System) is a device that provides location coordinates and aids in tracking or navigation. *GPS (globalny system określania położenia)*
- grief** [N-UNCOUNT-U14] **Grief** is a feeling of deep sorrow that a person may experience after a death of a family member or friend. *rozpacz, smutek*
- growth** [N-UNCOUNT-U15] **Growth** is the process of increasing in size. *wzrost, rośnięcie*
- handwashing** [N-UNCOUNT-U12] **Handwashing** is the action of cleaning the hands with soap and water in order to prevent the spread of infection. *mycie rąk*

harm [V-T-U3] To **harm** someone is to hurt or damage him or her. *wyrządzać komuś krzywdę*

health literacy [N-UNCOUNT-U4] **Health literacy** is the ability to understand and make decisions about health-related information. *rozumienie informacji odnoszących się do zdrowia oraz umiejętność podejmowania decyzji prozdrowotnych*

hearing loss [N-UNCOUNT-U7] **Hearing loss** is a condition in which a person loses all or part of their ability to hear, or sense sounds. *utrata słuchu*

heart attack [N-COUNT-U8] A **heart attack** is a blockage of blood flow to part of the heart. *zawał serca*

heart disease [N-UNCOUNT-U9] **Heart disease** is a term for a group of illnesses that affect the heart. *choroba serca*

highlight [V-T-U5] To **highlight** something is to emphasize it. *podkreślać, uwydatniać*

hypertension [N-UNCOUNT-U7] **Hypertension** is the condition of having abnormally high blood pressure. *nadciśnienie tętnicze*

impairment [N-COUNT-U9] An **impairment** is a disability, or a problem with the functioning of a person's mind or body. *upośledzenie, utrudnienie*

incapacitated [ADJ-U1] If a person is **incapacitated**, he or she lacks the physical or mental ability to perform an act. *niezdolny do wykonania jakiejś czynności*

infection [N-COUNT-U8] An **infection** is the abnormal manifestation of parasitic microorganisms within an area of the body. *infekcja*

insomnia [N-UNCOUNT-U7] **Insomnia** is the inability to fall asleep or remain asleep for the needed amount of time. *bezsenność*

jargon [N-UNCOUNT-U4] **Jargon** is vocabulary used by professionals in a particular field that is difficult for other people to understand. *żargon*

lab-on-a-chip [N-COUNT-U11] (plural: labs on a chip/labs on chips) A **lab-on-a-chip** is a device that analyzes very small quantities of fluid samples for medical purposes using microfluidics technologies. *laboratorium chipowe (miniaturowe urządzenie analityczne stosowane do celów medycznych)*

lawyer [N-COUNT-U1] A **lawyer** is a person who provides legal assistance to clients, or represents clients in the legal system. *prawnik*

legal [ADJ-U1] If a matter is **legal**, it is associated with the law. *prawny, sądowy*

legibly [ADV-U5] If something is written **legibly**, it is easy to read. *czytelnie*

lifespan [N-COUNT-U15] A **lifespan** is the amount of time a person lives. *czas trwania życia*

medical bracelet [N-COUNT-U10] A **medical bracelet** is a device that is worn around the wrist and provides important medical information about the individual. It is also equipped with GPS to enable people to find the individual's bearings, should he get lost. *rodzaj urządzenia w formie bransoletki, które zawiera informacje o stanie zdrowia i lokalizacji osoby noszącej ją*

medical intervention [N-UNCOUNT-U1] **Medical intervention** is any act or effort performed by medical personnel that attempts to treat a disease, injury, or condition. *interwencja medyczna*

memory loss [N-UNCOUNT-U9] **Memory loss** is a decrease in the ability to recall information or remember past events. *utrata pamięci*

MEMs [N-COUNT-U11] **MEMs** (microelectromechanical systems) are miniature devices that contain both electrical and mechanical components. *MEMs (mikroukłady elektromechaniczne)*

mental [ADJ-U9] If something is **mental**, it is related to the mind and how it functions. *umysłowy, psychiczny*

mental state [PHRASE-U6] A **mental state** is the condition of a person's emotional well-being. *stan psychiczny*

microfluidics [N-UNCOUNT-U11] **Microfluidics** is the technology and science of moving very small amounts of fluids through miniature tubes or channels. *mikroprzepływy*

miscommunication [N-UNCOUNT-U4] **Miscommunication** is people's failure to communicate clearly or effectively. *nieprawidłowa komunikacja*

monitor [V-T-U10] To **monitor** someone is to watch them carefully. *monitorować, obserwować kogoś*

mood [N-UNCOUNT-U6] **Mood** is how a person is currently feeling emotionally. *nastrój, humor*

mourn [V-T-U14] To **mourn** a deceased family member or friend is to feel great sorrow about that individual. *opłakiwać zmarłego, obchodzić żałobę*

move on [PHRASAL V-U14] To **move on** is to put events or circumstances behind you and become involved in something new. *iść do przodu (np. po śmierci bliskiej osoby)*

neglect [V-T-U3] To **neglect** someone is to not provide him or her with the proper or necessary care. *zaniedbywać kogoś (poprzez nieudzielenie koniecznej lub właściwej opieki)*

negligence [N-UNCOUNT-U3] **Negligence** is the lack of responsibility to properly care for an individual. *tu: zaniedbanie w opiece nad kimś*

nonverbal [ADJ-U4] If communication is **nonverbal**, it occurs without the use of spoken language. *pozawerbalny*

Glossary

- nosocomial infection** [PHRASE-U12] A **nosocomial infection** is a contamination of an individual with bacteria or a virus acquired in a clinical setting (hospital, nursing home, etc.). *zakażenie szpitalne*
- note** [V-T-U2] To **note** something is to make a brief written record of it. *zanotować, zapisać*
- notebook** [N-COUNT-U2] A **notebook** is a book with blank pages bound together, which is used for writing information and notes. *zeszyt, notatnik, notes*
- notify** [V-T-U10] To **notify** someone is to alert them of an event. *zawiadomić, powiadomić*
- numb** [ADJ-U8] If a body part is **numb**, the person cannot feel anything in that body part. *(o części ciała) zdrętwiały, sparaliżowany*
- observation** [N-COUNT-U2] An **observation** is something that a person notices or observes when watching an activity or event. *obserwacja*
- open-ended questions** [N-COUNT-U4] **Open-ended questions** are questions that require an answer longer than a one-word response. *pytania otwarte*
- osteoporosis** [N-UNCOUNT-U7] **Osteoporosis** is a chronic condition in which bone slowly weakens and becomes prone to breaking. *osteoporoza*
- outlook** [N-COUNT-U15] An **outlook** is an expectation or view of the future. *perspektywa, widoki na przyszłość*
- oximeter** [N-COUNT-U11] An **oximeter** is a device used to measure pulse and the concentration of oxygen in the blood. *oksymetr (przyrząd do pomiaru pulsu i zawartości tlenu we krwi)*
- oxygen saturation** [N-UNCOUNT-U11] **Oxygen saturation** is the amount of oxygen carried by the blood. *satracja (stopień wysycenie krwi tlenem)*
- pall bearer** [N-COUNT-U13] A **pall bearer** is a person that helps carry a coffin at a funeral. *żałobnik niosący trumnę*
- Parkinson's** [N-UNCOUNT-U9] **Parkinson's** is a disorder of the central nervous system that is caused by cell degeneration and causes tremors and poor muscle coordination. *choroba Parkinsona*
- pessimistic** [ADJ-U6] If a person is **pessimistic**, he or she has a negative view of their current situation and their future. *pesymistyczny*
- physical abuse** [PHRASE-U3] **Physical abuse** is to cause a person physical pain or bodily harm. *znęcanie się fizyczne*
- place** [V-T-U14] To **place** an individual is to determine a good setting or home for him/her. *tu: umieścić, ulokować kogoś gdzieś*
- plan of care** [N-COUNT-U5] A **plan of care** is an outline of how a patient will be treated. *plan opieki*
- plot** [N-COUNT-U13] A **plot** is a designated location in which a deceased person is buried in a cemetery. *wydzielony teren na cmentarzu do chowania zmarłych, kwatery*
- pneumonia** [N-UNCOUNT-U8] **Pneumonia** is an acute condition in which the lungs become inflamed and filled with fluid. *zapalenie płuc*
- point-of-care testing device** [N-COUNT-U11] A **point-of-care testing device** is a testing device that can be used for simple medical tests outside of a medical facility to help determine necessary care. *przyrząd diagnostyczny, który może być użyty do przeprowadzenia badania poza placówką medyczną*
- population** [N-COUNT-U15] A **population** is a group of people who live in a particular place or share certain characteristics. *populacja*
- power of attorney** [N-COUNT-U1] A **power of attorney** is a document that authorizes another person to act on another's behalf in regards to personal, business, or legal matters. *pełnomocnictwo pisemne*
- preconception** [N-COUNT-U4] A **preconception** is an assumption that someone has about something before knowing much about it. *uprzedzenie, z góry wyrobiona opinia*
- prepay** [V-I-U13] To **prepay** is to pay for a service or product before it is used or needed. *opłacać z góry*
- quarantine** [V-T-U12] To **quarantine** a person is to isolate him or her from contact with others in order to prevent the transmission of biohazards. *kwarantanna*
- rapproach** [N-COUNT-U4] A **rapproach** is a feeling of understanding and a connection between two people that helps them communicate well. *porozumienie, dobre relacje*
- reading** [N-COUNT-U13] A **reading** is a passage that is read out loud at a person's funeral, or a similar ceremony. *tu: fragment tekstu, np. Biblii odczytywany na pogrzebie*
- record** [V-T-U2] To **record** something is to make a written note of it. *zapisać, odnotować*
- rely on** [PHRASAL V-U15] To **rely on** something is to depend on it. *polegać na czymś*
- remains** [N-PLURAL-U13] **Remains** are the body or ashes of a dead person. *szczątki, zwłoki*

report [V-T-U3] To **report** something is to bring the matter to a higher authority. *tu: zgłosić coś wyższej władzy*

role [N-COUNT-U15] A **role** is the set of responsibilities or behavioral pattern a person assumes. *rola (pełnienie obowiązków, np. opiekunki)*

slur [V-T-U8] To **slur** one's speech is to not pronounce each word distinctly when speaking. *mówić niewyraźnie, połykać słowa*

spectrophotometer [N-COUNT-U11] A **spectrophotometer** is a device that measures light intensity, often after that light has been transmitted through biological material. *spektrofotometr (przyrząd służący do pomiaru transmisji lub odbicia światła)*

status [N-COUNT-U5] A **status** is the current state or condition of someone or something. *stan, kondycja (czegoś lub kogoś)*

stroke [N-COUNT-U8] A **stroke** is a blockage of blood flow to a part of the brain or a rupture of a blood vessel. *udar mózgu*

sudden [ADJ-U2] If an event is **sudden**, it occurs quickly and without warning. *nagły*

suicide [N-COUNT-U6] A **suicide** is an instance in which a person kills himself or herself. *samobójstwo*

symptom [N-COUNT-U8] A **symptom** is a sign or characteristic of a condition. *symptom, objaw, oznaka*

take advantage of [PHRASE-U3] To **take advantage of** someone is to exploit their mental, emotional or physical weaknesses for your own benefit i.e. steal money from a blind person. *wykorzystać kogoś (np. ukraść pieniądze osobie niewidomej)*

technology [N-UNCOUNT-U15] **Technology** is the application of new advances in learning and knowledge. *technologia*

theft [N-UNCOUNT-U3] **Theft** is the act of taking something which does not belong to you. *kradzież*

therapeutic [ADJ-U4] If something is **therapeutic**, it has a good effect on someone's well-being or disposition. *lecniczy, terapeutyczny*

time off [N-UNCOUNT-U14] **Time off** is a period of time a person spends away from work or other obligations. *czas wolny od pracy*

track [V-T-U10] To **track** someone or something is to monitor its location. *śledzić, namierzać (kogoś lub coś)*

transmit [V-T-U12] To **transmit** something is to transfer it from one place to another, such as an infection from one person to another. *przekazać, przenieść (np. infekcję)*

trust [N-COUNT-U1] A **trust** is a legal entity in which a person's assets are held on behalf of one or more beneficiaries, to whom the assets will be distributed upon the person's death. *stosunek powiernictwa, w którym majątek danej osoby jest przechowywany przez powiernika na rzecz wskazanych beneficjentów, którym zostanie przekazany po śmierci tej osoby*

unexpected [ADJ-U2] If an event that occurred was **unexpected**, it means that it was regarded as unplanned, unforeseen or unlikely to happen. *niespodziewany, nagły*

unresponsive [ADJ-U6] If a person is **unresponsive**, he or she does not react or respond. *(o kimś) niereagujący*

update [V-T-U5] To **update** something is to modify it to include new information or developments. *aktualizować (coś)*

urn [N-COUNT-U13] An **urn** is a small container that holds the ashes of a body that has been cremated. *urna*

ventilator-associated pneumonia [N-UNCOUNT-U12] **Ventilator-associated pneumonia** is a type of pneumonia which occurs when people are on a machine which helps them breathe. *odrespiratorowe zapalenie płuc*

verbal [ADJ-U4] If communication is **verbal**, it is done through the use of spoken language. *werbalny, ustny*

verbal abuse [PHRASE-U3] **Verbal abuse** is to insult, demean, or threaten someone with words. *przemoc słowna*

video monitor [N-COUNT-U10] A **video monitor** is a screen on which someone can see video images. *monitor*

viewing [N-COUNT-U13] A **viewing** is an event in which family and friends of a deceased person view the person's body. *wystawienie zwłok*

virus [N-COUNT-U12] A **virus** is a small infectious entity only capable of replicating within the cells of living organisms. *wirus*

wake [N-COUNT-U13] A **wake** is an event in which family and friends of a deceased person gather before his/her funeral to remember the person. *czuwanie przy zwłokach zmarłego przed pogrzebem*

wander [V-I-U10] To **wander** is to walk about aimlessly without a destination. *włóczyć się, szwendać się*

warning sign [N-COUNT-U6] A **warning sign** is an indicator of a serious or negative condition. *znak ostrzegawczy*

will [N-COUNT-U1] A **will** is a document in which a person indicates their wishes for the disposal or distribution of their personal property after their death. *testament, ostatnia wola*

wish [N-COUNT-U1] A **wish** is a desire that something happen or be done a certain way. *życzenie (np. zrobienia czegoś w określony sposób)*

withdrawn [ADJ-U6] If a person is **withdrawn**, he/she is emotionally distant. *zamknięty w sobie, skryty*