

FLASH

Klasa 7

Jenny Dooley



Workbook



Express Publishing

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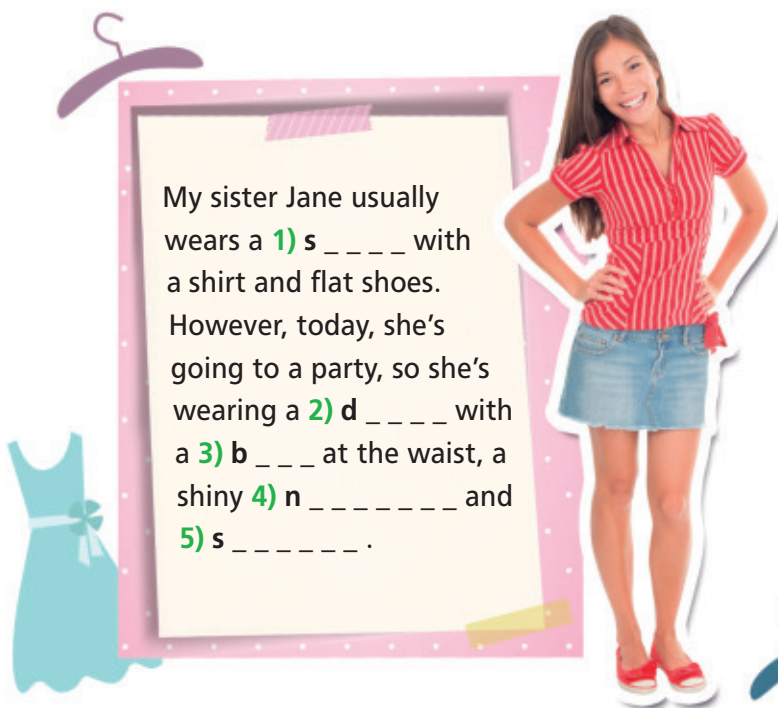
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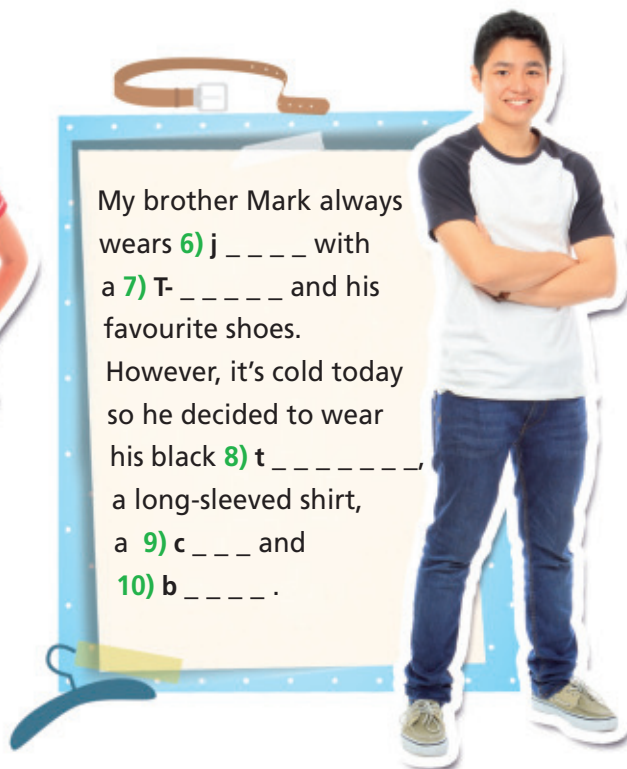
1 • Teen World

Clothes, Footwear & Accessories

1 ★ Read the texts below and fill in: sandals, dress, trousers, shirt, coat, belt, skirt, boots, necklace, jeans.



My sister Jane usually wears a 1) s _ _ _ _ with a shirt and flat shoes. However, today, she's going to a party, so she's wearing a 2) d _ _ _ _ with a 3) b _ _ _ at the waist, a shiny 4) n _ _ _ _ _ and 5) s _ _ _ _ _ .

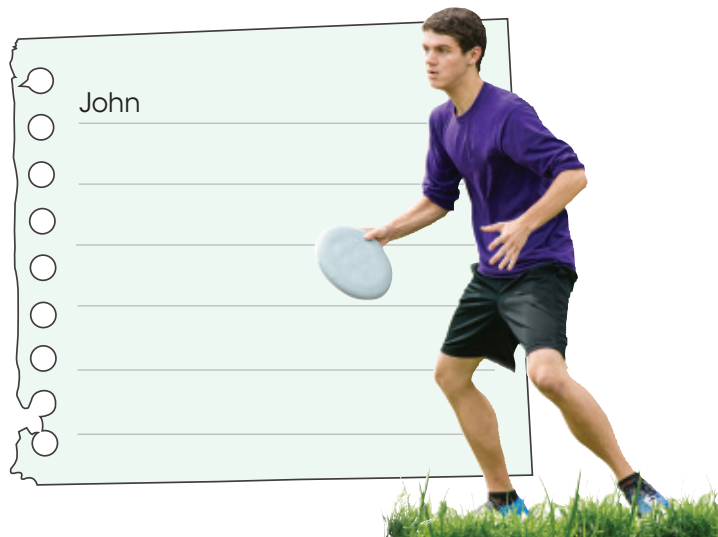


My brother Mark always wears 6) j _ _ _ _ with a 7) T- _ _ _ _ and his favourite shoes. However, it's cold today so he decided to wear his black 8) t _ _ _ _ _ , a long-sleeved shirt, a 9) c _ _ _ and 10) b _ _ _ _ .

2 ★★ Describe the people in pictures.



Kate



John

Free-time activities

3 ★ Match the verbs in column A to the words/phrases in column B.

- | | |
|-------------|-----------------------------|
| going ① | a a book |
| surfing ② | b at a fast food restaurant |
| watching ③ | c sports |
| reading ④ | d to music |
| playing ⑤ | e the Net |
| listening ⑥ | f TV |
| eating ⑦ | g to the cinema |

Present simple - Present continuous

1 ★ Choose the correct option.

- Mike ____ jogging this afternoon.
A goes B is going C go
- Lisa ____ live in Leeds.
A doesn't B isn't C don't
- Dave ____ in a bank.
A works B is working C work
- ____ you doing your homework now?
A Is B Are C Do
- I ____ football every day.
A play B am playing C plays
- Jane ____ a story at the moment.
A writes B is writing C writing

2 ★★ Put the verbs in brackets into the present simple or the present continuous.

- A: _____ (you/walk) to school in the mornings?
B: No, I _____ (usually/catch) the bus.
- A: What _____ (you/do) tonight?
B: I _____ (go) to the theatre with Stacey.
- A: _____ (Ryan/play) basketball?
B: No, he _____ (not/like) sports very much.
- A: _____ (you/use) the computer at the moment?
B: Yes, I _____ (chat) online with my cousin.
- A: _____ (you/go) shopping after work today?
B: No, I'm tired. I just _____ (want) to go back home.
- A: _____ (Carl/go) to the park with his friends at the weekends?
B: No, he _____ (prefer) going to the gym.

3 ★ Look at Jason's daily routine. Match the circles with the correct adverb of frequency and then make sentences.

- | | |
|-------------------------------------|--------|
| get up at 7:00 am (usually) ① | a 50% |
| have breakfast (always) ② | b 5% |
| catch the bus to school (never) ③ | c 100% |
| buy lunch at school (hardly ever) ④ | d 25% |
| play football (sometimes) ⑤ | e 0% |
| watch TV in the evenings (often) ⑥ | f 75% |

1f - Jason usually gets up at 7:00 am.

4 ★★ Put the verbs in brackets into the present simple or the present continuous and choose the correct prepositions.

My name's Janet and I 1) _____ (be) a student 2) **at/on** Merton Secondary school. I 3) _____ (study) Physics 4) **in/at** the moment but I 5) _____ (not/have) classes every day. 6) **At/On** Mondays I 7) _____ (play) basketball and 8) **on/at** Thursdays I 9) _____ (do) aerobics. The summer holidays 10) _____ (start) next week, though, and I 11) _____ (go) to Scotland! My aunt 12) _____ (live) 13) **in/on** Edinburgh so I 14) _____ (stay) with her and I'm starting this blog to write about my experiences. I hope you enjoy reading it! 15) _____ (anyone else/go) to Scotland this summer?

1c • Vocabulary

Feelings

- 1 ★ Look at the pictures and label the pictures. Use: *surprised, scared, excited, bored*.



1 _____



2 _____



3 _____



4 _____

- 2 ★ Fill in the character idioms: *as cold as ice, cry-baby, two-faced*.

1. He didn't show any emotion at all! He was _____!
2. She always gets upset about things for no good reason. She is a _____.
3. He is _____. He is nice and polite but he is very dishonest.

- 3 ★★ Circle the odd word out.

1. wake up – have lunch – go to school – happy
2. sad – skinny – angry – surprised
3. cheerful – selfish – wrinkles – generous
4. plump – think – overweight – full
5. bored – watch TV – call friends – work out
6. young – skinny – well-built – overweight
7. wavy – straight – curly – round
8. moustache – oval – freckles – beard

Everyday English • 1d

Describing people

1 ★ Complete the dialogue with the sentences below.

- a What's he like?
- b Let's go and meet him now!
- c What does he look like?
- d He sounds really nice.
- e Oh, really?



James: Hi, Vicky. Did you meet the new boy in school?

Vicky: No, I didn't. **1)** _____

James: He's tall and slim. He looks like a basketball player.

Vicky: **2)** _____ Does he have long hair?

James: No. His hair is very short and dark.

Vicky: **3)** _____ Is he nice?

James: Yes, he is. He looks very cheerful and clever. A lot of people seem to like him. I'm sure he's going to be very popular here.

Vicky: **4)** _____

James: Look! That's him over there talking to Felicia. **5)** _____

2 ★★ Use words in the list to describe Tony and Bob.

- plump • thin • skinny • well-built • tall • short • big • small • of medium height
- dark • fair • moustache • beard • wavy • straight • curly • slim • round • oval
- freckles • wrinkles • full • overweight • glasses • fat

Tony



Bob



Past simple - Past continuous

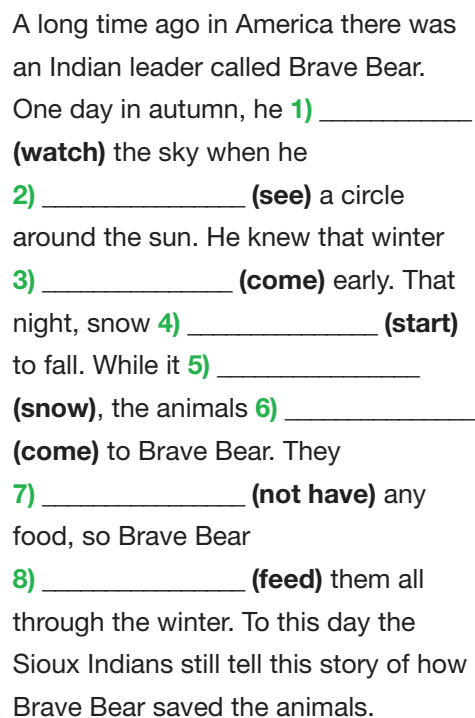
1 ★ Choose the correct form.

1. Amy **was having/had** lunch and then went shopping.
2. It **didn't rain/wasn't raining** when I left the house.
3. Jack **was watching/watched** the news while Sue **cooked/was cooking** dinner.
4. **Were you hearing/Did you hear** the thunder last night?

2 ★★ Put the verbs in brackets into the past simple or continuous.

1. I _____ (**sleep**) when the thunder _____ (**wake**) me up.
2. Ann _____ (**walk**) home from school when she _____ (**slip**) on a patch of ice.
3. George and Michael _____ (**play**) basketball when it _____ (**start**) to rain.
4. Kate _____ (**look**) at dresses while Maggie _____ (**try on**) a pair of boots.

3 ★★ Put the verbs in brackets into the past simple or continuous.



A long time ago in America there was an Indian leader called Brave Bear. One day in autumn, he 1) _____ (**watch**) the sky when he 2) _____ (**see**) a circle around the sun. He knew that winter 3) _____ (**come**) early. That night, snow 4) _____ (**start**) to fall. While it 5) _____ (**snow**), the animals 6) _____ (**come**) to Brave Bear. They 7) _____ (**not have**) any food, so Brave Bear 8) _____ (**feed**) them all through the winter. To this day the Sioux Indians still tell this story of how Brave Bear saved the animals.



Nathan's

blog

HOME

BLOG

PHOTOS

When I was in Thailand last year, I went to Lopburi for the popular Monkey Festival which started in 1989.

While I was walking through the city streets, I could see monkeys everywhere. Some monkeys were snatching people's bags off their shoulders, others were taking food out of people's hands and stealing things from lorries as they drove by. I was a little scared of these small monkeys because I didn't want them to jump all over me.

Thousands of people crowded around an ancient temple. There were large tables filled with colourful fruit, vegetables and other treats for the monkeys. It was amazing because there was something going on everywhere you looked.

As I was leaving at the end of the day, I thought I was safe and sound, but suddenly a monkey dropped from a building window onto my back and searched through my rucksack! I was scared at first, but it was quite funny. Although the monkey didn't find any food, it took a small plastic monkey souvenir. Now I know where the phrase 'cheeky monkey' comes from!

I definitely recommend the festival because you get the chance to experience something truly out of the ordinary. It's a wonderful event for all.



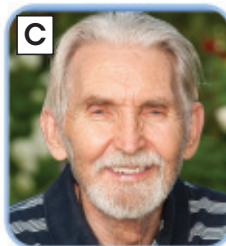
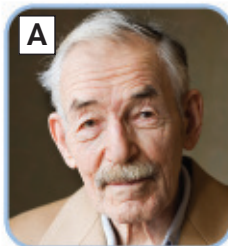
Posted by: Nathan, 5 February at 5:30 pm

1 ★★ Read the text and complete the sentences.

1. Nathan went to _____.
2. He went there the previous _____.
3. Around the ancient temple there were _____.
4. The monkey took _____ from Nathan's rucksack.

Listening

2 ★★ 🎧 Listen to a description of a missing person the police are looking for. Which person (A-D) is the man describing?

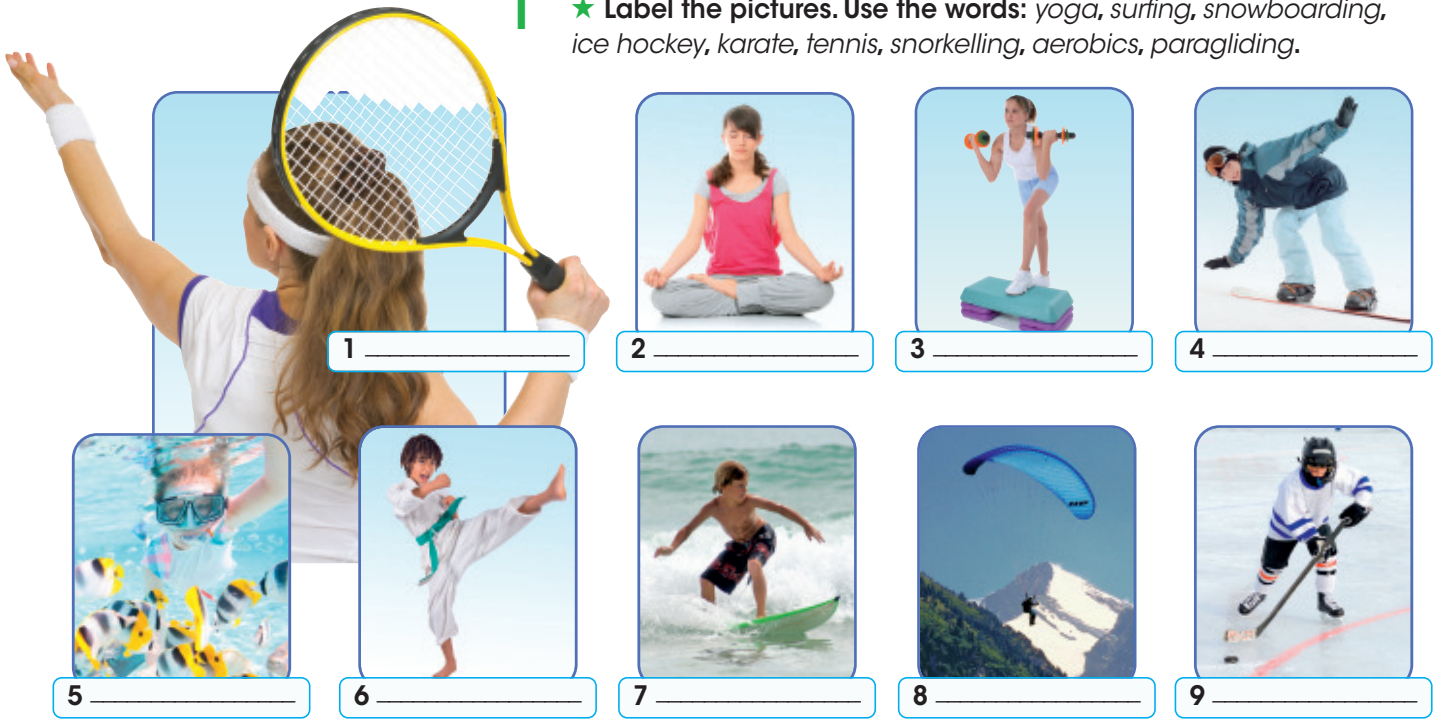


Writing

3 ★★ Think of a winter holiday experience of yours. Post your comment on Nathan's blog (80-100 words).

2 • Sports & Food

1 ★ Label the pictures. Use the words: *yoga, surfing, snowboarding, ice hockey, karate, tennis, snorkelling, aerobics, paragliding.*



2 ★ Fill in: *watch, go, surf, play, do.*

- | | |
|--------------------------------------|-------------------------|
| 1. _____ to the cinema | 5. _____ sports |
| 2. _____ TV | 6. _____ exercise |
| 3. _____ out with friends and family | 7. _____ computer games |
| 4. _____ the Net | |

Sports/Activities & Equipment

3 ★★ Write the correct word.

- You wear these on your feet when you go snorkelling.
- You wear this to keep you warm in the water.
- You sit on this to do yoga.
- This protects your head.
- These protect your eyes.
- You play tennis with this.
- You wear these to go running.
- You use this instead of a ball in ice hockey.
- These protect your hands.
- You wear these to go skating.

f _____
w _____
m ____
h _____
g _____
r _____
t _____
p ____
g _____
s _____



Present perfect

1 ★ Julie loves sports. Write what she has or hasn't done this week. Use *already* or *yet*.

- play ice hockey ✓
- try snowboarding ✓
- do aerobics ✗
- play basketball ✗
- do yoga ✓

1. _____ Julie has already played ice hockey this week.

2. _____

3. _____

4. _____

5. _____



2 ★ Fill in the gaps with *have/has been (to)* or *have/has gone (to)*.

1. Where is Jennifer?' 'She has gone to the parade.'
2. We _____ a lot of plays lately.
3. Andy _____ Spain. He's coming back next Sunday.
4. Philip _____ Paris three times.
5. Helen isn't here. She _____ shopping.

3 ★ Choose the correct item.

1. Jack has **ever/never** been to a carnival parade.
2. Has Georgia **just/yet** got back from the event?
3. I haven't been to London **for/since** 2010.
4. Fay hasn't made her costume **already/yet**.
5. Have you **ever/already** taken part in a marathon?
6. I haven't seen a firework display **for/since** April last year.

4 ★★ Fill in the gaps with *have/has been (to)* or *have/has gone (to)*.

Jane: Hi, Mark. Have you seen Debbie?

Mark: No. She 1) has gone to her grandmother's house in Wales for the weekend.

Jane: Really? I 2) _____ never _____ Wales. Have you?

Mark: Yes, I 3) _____ there once before, but my brother 4) _____ Wales many times.

Jane: That's great. I'd like to go one day. My parents 5) _____ away for the weekend, too. They 6) _____ camping by the lake.

Mark: That sounds fantastic! I'd love to be there now.

Jane: Me, too. I'd love to take a trip!

2C • Vocabulary

Food & Partitives

1 ★ Complete each sentence with the correct food group listed below.

• starchy foods • sugar and snacks • fruit and vegetables • proteins • dairy products

1. Yoghurt, cheese and milk are examples of _____.
2. _____ like potatoes and pasta are important for a healthy diet.
3. Chocolate and cake are part of the _____ group.
4. You should eat _____ like tomatoes, apples and broccoli regularly.
5. _____ such as nuts, fish or meat make up part of a healthy diet.

2 ★ Put the words on the correct shopping list.

- tuna
- butter
- cabbage
- apples
- crab
- grapes
- carrots
- yoghurt
- lobster
- cheese
- oranges
- onions



3 ★ Choose the correct answer.

1. Mum is drinking a ____ of coffee.
A glass B cup C piece
2. I usually eat a ____ of cereal for breakfast.
A bowl B slice C carton
3. James bought a ____ of bread from the baker's.
A jar B bottle C loaf
4. Can you help me open this ____ of pickles?
A bowl B jar C carton
5. I ate two ____ of pizza for lunch yesterday.
A slices B loaves C cans

4 ★★ Circle the odd word out.

1. carrots – cheese – lettuce – onions
2. biscuits – crisps – milk – crackers
3. carton – bottle – packet – juice
4. chicken – tuna – lobster – crab
5. cheese – butter – pasta – yoghurt
6. saucer – lunch – supper – dinner
7. rice – honey – spaghetti – pasta
8. juice – coffee – hot chocolate – cereal

Everyday English • 2d

Ordering at a restaurant

1 ★ Choose the correct response.

1. Are you ready to order?
A Yes, we are.
B Thank you.
C It was delicious.
2. What would you like for your main course?
A No, thank you.
B I'd like a cheese pizza.
C I don't want soup.
3. Did you enjoy your meal?
A Just a sandwich for me, please.
B I'll have the hamburger.
C Yes. It was delicious.
4. Would you like some dessert?
A No, thank you.
B Yes, we are.
C I'll be back.
5. Could you just bring us the bill, please?
A Yes, it is.
B Certainly, sir.
C Just water for me, please.



2 ★★ Match the informal sentences to the formal ones.

INFORMAL

- What do you want to eat? ①
What do you want to drink? ②
Did you like the food? ③
How about some dessert? ④

FORMAL

- a Did you enjoy your meal?
b Would you like some dessert?
c What would you like to drink?
d What would you like for your main course?

Present perfect vs Past simple

1 ★ Put the verbs in brackets into the present perfect or the past simple.

- Mary hasn't ordered (not/order) yet.
- Steve _____ (come) back from the supermarket.
- _____ (you/ever/try) sushi?
- I _____ (never/eat) curry.
- They _____ (start) cooking an hour ago.
- Ann _____ (go) to Morocco last month.


2 ★★ Put the verbs in brackets into the present perfect or the past simple.

email
⋮ 🛒 📧 🏠 🔄

Hi Mary,

I **1**) arrived (arrive) here in Baltimore a few days ago, in time for the Crab Festival. I **2**) _____ (never/taste) crabs like these before – they're delicious! I **3**) _____ (come) here to see my cousins, but we **4**) _____ (go) to the festival every day since I got here. Yesterday we **5**) _____ (see) an art exhibition yesterday and then we **6**) _____ (watch) a firework display. I **7**) _____ (already/buy) some souvenirs, too. **8**) _____ (you/decide) where you're going on holiday yet?

See you next Monday.
Jenny



the

3 ★ Fill in *the* where necessary.

- _____ Paris is in _____ France.
- We often go camping by _____ River Thames.
- _____ Sahara Desert in _____ Egypt.
- You can get to _____ Malta by plane. It's a beautiful island.
- We go skiing in _____ Alps every January.
- Where is _____ Lake Titicaca

Reading

1 ★ Read the text and mark the sentences as R (Right) or W (Wrong) or DS (Doesn't Say).

1. Tina's eating habits reflect her love of animals.
2. She doesn't cook her own meals.
3. She eats more vegetables than fruit.



Many people believe that most Americans eat nothing but junk food like hamburgers, hot dogs, fried food and pizzas. However, more and more of us are changing our eating habits by eating healthier foods.

My name is Tina and I'm one of those Americans. I'm a vegan. This means that I don't eat foods such as meat, dairy products, eggs, honey or even most chocolate bars. I chose this because I'm against animal cruelty. This has made me more interested in food and learning to cook interesting dishes.

For breakfast, I usually make porridge or pancakes with soya milk and I often have a salad for lunch. In the evenings, I try out different recipes from cookbooks and from the Internet which use a wide variety of vegetables.

I believe that this food is packed with flavour and that it gives me more mental and physical energy. My eating habits don't just make me look and feel healthy, they also make me feel good about saving animals' lives in the process.



Listening

2 ★ Listen to David talking about his eating habits and complete the table.

Name: David

Age: 1) _____

Lives in: 2) _____

Morning: cereal and 3) _____

Lunch: burger and chips or 4) _____ and a fizzy drink

Afternoon: 5) _____ sandwich and a banana

Writing

3 ★★ Write a text about your eating habits (50-80 words). Follow the plan. You can use the text in Ex. 1 as a model.

Plan

Para. 1: what foods are typical of your country and how often people eat them

Para. 2: what foods you like and what you usually have for breakfast, lunch and dinner

Para. 3: your thoughts and feelings about your eating habits

1 Read the title and look at the picture. What do you think the song is about?

▶ Listen, read and check.

Cool at School



I wake up in the morning and I need to get dressed
Don't know what to wear, I'm feeling so stressed
I've got to find something to look and feel great
I'd better hurry up; I don't want to be late
What can I say?
What should I wear?
How can I be cool at school?

*When you're part of a world
Where teenagers make the calls
It's hard to find a style that's just right
One that will put you in the spotlight*

Walking out of the house with a smile on my face
I'm looking great, my clothes perfectly in place
People passing by dressed in different styles
From vintage to classy, they all make me smile
What can I say?
What should I wear?
How can I be cool at school?

A world of changes
Every single day
Fashion choices
Guiding your way
What does it take?
How does it evolve?
The mystery of the teen
Will it ever be solved?

Where everything feels so fine
Where you can really shine!