

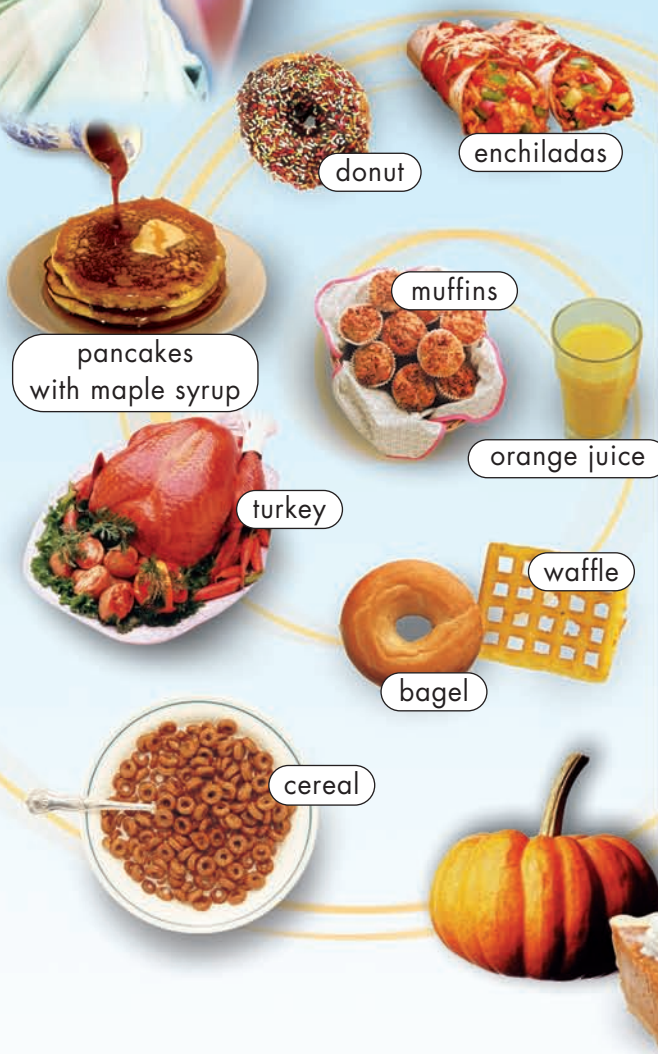


Culture Corner

Americans & Food



hot dog



donut

enchiladas

pancakes with maple syrup

muffins

orange juice

turkey

waffle

bagel

cereal

pumpkin pie

Breakfast

Americans eat a variety of foods for breakfast. While eating cereal with milk and orange juice or coffee for breakfast is very **common** in the US, some Americans who like a **home-cooked** meal prefer waffles, pancakes with maple syrup, or eggs. Others who have breakfast on the go eat bagels, muffins, or donuts* with coffee. Those who prefer a healthier breakfast have grapefruit and toast with orange juice.

Fast Food

The US is known as the home of fast food. Fast food restaurants are everywhere and are very cheap. Some of America's most loved fast food includes hot dogs, pizza, and burgers with fries. Americans also often eat pre-cooked meals that only need **heating up**.

Ethnic food

One can find a wide variety of **ethnic** food in the US because people from all over the world live there. The basic **ingredients** in ethnic cuisines vary. Beans are a basic ingredient in Mexican cuisine. In Indian cuisine, curry and other spices are often used. Rice is the basic ingredient in Chinese cuisine. Traditional Mexican dishes are beans and rice, tacos, and enchiladas, while chicken curry is a popular Indian dish. Traditional Chinese American dishes include fried rice with vegetables and a variety of noodle dishes. But on national holidays, a lot of people eat traditional American food. On Thanksgiving, they eat turkey and pumpkin pie.

* AmE for doughnut

Listening

- 1 Look at the title and the subheadings. Now look at the pictures and match them to the subheadings. Work in pairs. Then listen and check your answers.

Reading

- 2 Read the text and correct the words in bold in sentences 1 to 5. Then explain the highlighted words in the text.
1 American breakfast on the go includes muffins, **pancakes**, and donuts.
2 On Thanksgiving, Americans eat **waffles** and pumpkin pie.
3 Beans are a basic ingredient of **Indian** cuisine.

- 4 Traditional American fast food includes pizza, burgers with fries, and **beans with rice**.
- 5 **Beans and rice** and noodles are traditional Chinese American foods.

Speaking

- 3 Answer the following questions.
1 What are some of the traditional dishes in your country?
2 What's your favorite food?
3 Is fast food popular in your country? Do you like it?

Writing

- 4 Portfolio: Write a short text about the food in your country. Use the text in Ex. 2 as a model.