

Word List

Unit 1 – Lifestyles

1a

aboard /ə'bo:d/ (adv) = on a type of mass transportation **na pokładzie**

admire /əd'maɪə/ (v) = to really like and respect **podziwiać**

break /breɪk/ (n) = a short rest **przerwa**

club /klʌb/ (n) = an organisation for people who have a common interest in a particular activity **klub, koło, stowarzyszenie**

crew /kru:/ (n) = a group of people who work together **załoga**

equipment /'i:kwɪpmənt/ (n) = the tools needed to do a particular job or activity **sprzęt, wyposażenie**

fortunately /fɔ:tʃənətli/ (adv) = luckily **szczęśliwie, na szczęście**

go back /gəʊ 'bæk/ (phr v) = to return **wracać, powracać**

impossible /ɪm'pɒsəbəl/ (adj) = that cannot be done **niemożliwy, niewykonalny**

involve /ɪn'vɒlv/ (v) = to take part or have a strong connection **dotyczyć, obejmować**

member /'membə/ (n) = a part of a group **członek, członkini (np. grupy)**

mission /mɪʃən/ (n) = an important task **misja**

orbit /'ɔ:bit/ (v) = to move around a planet **orbitować, poruszać się po orbicie**

ordinary /'ɔ:dənəri/ (adj) = usual, common **zwykły, zwyczajny**

passenger /'pæsɪndʒə/ (n) = a person travelling on a bus, ship, etc **pasażer**

project /'prɒdʒekt/ (n) = a detailed study **projekt, przedsięwzięcie**

properly /'prɒpəli/ (adv) = correctly **poprawnie, prawidłowo**

rise /raɪz/ (v) = (of the sun) to go up **wschodzić (o słońcu)**

running water (phr) = water supplied through pipes and taps **bieżąca woda**

set /set/ (v) = (of the sun) to go below the horizon **zachodzić (o słońcu)**

shave /ʃeɪv/ (v) = to remove hair **golić (się)**

space station /'speɪs 'steɪʃən/ (n) = a laboratory in space where people can live for long periods of time **stacja kosmiczna**

spacesuit /'speɪssu:t/ (n) = an astronaut's outfit **skafander kosmiczny, kombinezon astronauty**

spacewalk /'speɪswɔ:k/ (n) = the act of an astronaut moving outside a spacecraft **spacer w przestrzeni kosmicznej**

spin /spɪn/ (v) = to turn round quickly **kręcić się, obracać się**

staff /stɑ:f/ (n) = all the people who work in an office, company, etc **personel, pracownicy, załoga**

take over /'teɪk 'əʊvə/ (phr v) = to get control of sth **przejąć, objąć**

team /ti:m/ (n) = a group of people who work together **drużyna, zespół**

towel /'tauəl/ (n) = a piece of material for drying your hands and body **ręcznik**

typical /'tɪpɪkəl/ (adj) = ordinary **typowy, zwykły**

1b

advise /əd'vaɪz/ (v) = to tell sb what you think they should do **radzić, doradzić**

cruise /kru:z/ (n) = a holiday on a ship **rejs, podróż morską**

delicious /dɪ'lɪʃəs/ (adj) = very tasty **pyszny, wyśmienity**

divorced /dɪ'vɔ:s/ (adj) = no longer married because the marriage has been legally ended **rozwiedziony, rozwiedziona**

fix /fɪks/ (v) = to repair **naprawiać, reperować**

flight /flaɪt/ (n) = a journey made by flying on an aeroplane **lot**

hang out /'hæŋ 'aʊt/ (phr v) = to spend time somewhere **spędzać czas**

harbour /'hɑ:bə/ (n) = a small port **przystań, port**

hiking /'haɪkɪŋ/ (n) = the act of going on a long walk in the countryside **wędrówka, piesza wycieczka**

lawyer /'lɔ:jə/ (n) = sb who is trained in the law **prawnik, prawniczka**

mall /mɔ:l/ (n) = a shopping centre **galeria handlowa, centrum handlowe**

married /'mæɪrɪd/ (adj) = having a husband or wife **żonaty, zamężna**

mechanic /mɪ'kæɪnɪk/ (n) = sb who repairs cars **mechanik**

salmon /'sæməŋ/ (n) = a large, silver-coloured fish with pink flesh **łosoś**

secretary /'sekɪrətəri/ (n) = sb who works in an office **sekretarka, sekretarz**

serve /sɜ:v/ (v) = to give food or drink to sb **podawać, serwować**

shine /ʃaɪn/ (v) = to be bright **świecić, błyszczeć (np. włosy)**

shrimp /ʃrɪmp/ (n) = a small shell fish with long tails and many legs **krewetka**

sight /saɪt/ (n) = an interesting place that tourists usually visit **widok, miejsce godne zobaczenia**

single /'sɪŋɡəl/ (adj) = not married **nie będący w związku, stanu wolnego**

souvenir /,su:və'nɪə/ (n) = sth you buy to remember an event or a holiday **pamiątka**

treat /tri:t/ (v) = to provide medical care **leczyć, udzielać pomocy medycznej**

1c

appearance /ə'piərəns/ (n) = the way sb looks **wygląd**

bald /bɔ:ld/ (adj) = having little or no hair **łysy**

branch /brɑ:ntʃ/ (n) = a local office of a big business **oddział, filia**

brave /breɪv/ (adj) = courageous **odważny**

calm /kɑ:m/ (adj) = relaxed, quiet **spokojny, opanowany**

careful /'keəfəl/ (adj) = having the ability to avoid mistakes and problems **ostrożny, uważny**

character /'kærəktə/ (n) = the particular qualities of a person that make them different from others **usposobienie, charakter**

chubby /'tʃʌbi/ (adj) = a little fat in a pleasant way **pulchny, puciołowaty, pyzaty**

clever /'klevə/ (adj) = having the ability to learn and understand things quickly **bystry, zdolny, sprytny**

complexion /kəm'plekʃən/ (n) = the skin condition and colouring of one's face **cera**

fit /fɪt/ (adj) = in good physical condition **w dobrej formie, wysportowany**

freckle /'frekəl/ (n) = a small brown spot on one's face or body **pieg**

friendly /'frendli/ (adj) = kind and pleasant **przyjazny, życzliwy**

full /fʊl/ (adj) = (of lips) large and rounded **pełny (np. pełne usta)**

jealous /'dʒeləs/ (adj) = envious of the achievements of others **zazdrosny**

kind /kaɪnd/ (adj) = generous and helpful **miły, życzliwy, uprzejmy**

lazy /'leɪzi/ (adj) = sb who doesn't like working **leniwy**

look after /'lʊk ɑ:ftə/ (phr v) = to be responsible for sth/sb and keep them healthy and safe **zajmować się, opiekować się, dbać o**

make a difference (phr) = to play an important role **robić różnicę, mieć znaczenie**

middle-aged /'mɪdəl 'eɪdʒd/ (adj) = sb between 40 and 60 years old **w średnim wieku**

moustache /mə'sta:ʃ/ (n) = hair which grows on a man's upper lip **wąsy**

overweight /'əʊvə'weɪt/ (adj) = weighing more than one should **mający nadwagę**

pale /peɪl/ (adj) = having a skin colour that is whiter than usual **blady** (np. **blada cera**)

plump /plʌmp/ (adj) = quite fat **pulchny, puszysty**

relationship /rɪ'leɪʃənʃɪp/ (n) = the connection you have with sb **związek, relacja**

reliable /rɪ'laɪəbəl/ (adj) = trustworthy **wiarygodny, rzetelny, solidny**

roommate /ru:m,meɪt/ (n) = sb living in the same room as sb else **współlokator**

sociable /səʊʃəbl/ (adj) = enjoying spending time with other people **towarzyski**

special /speʃəl/ (adj) = unique **wyjątkowy**

straight /streɪt/ (adj) = (of hair) not curly **prosty** (np. **proste włosy**)

support /sə'pɔ:t/ (v) = to help **wspierać**

talkative /tɔ:kətɪv/ (adj) = talking a lot **rozmowny, gadatliwy**

vet /vet/ (n) = a doctor for animals **weterynarz**

wavy /weɪvi/ (adj) = (of hair) slightly curly **falisty, falujący** (np. **faliste włosy**)

well-built /wel 'bɪlt/ (adj) = having a large strong body **dobrze zbudowany**

Culture 1

band /bænd/ (n) = a small group of musicians **zespół muzyczny, kapela**

chat /tʃæt/ (v) = to have a friendly conversation **gawędzić, ucinać sobie pogawędkę**

contact /kɒntækt/ (v) = to get in touch with, to communicate with **kontaktować się**

different /dɪfrənt/ (adj) = not the same **inny, różny**

festival /fɛstɪvəl/ (n) = a celebration **festiwal, święto**

hang out /hæŋ 'aʊt/ (phr v) = to spend time somewhere **spędzać czas**

hurling /hɜ:lɪŋ/ (n) = a game similar to hockey played by two teams of 15 players, popular in Ireland **hurling** (rodzaj hokeja na trawie)

interest /ɪntrəst/ (n) = a hobby **zainteresowanie, hobby, zamiłowanie**

international /ɪntə'næʃənəl/ (adj) = worldwide **międzynarodowy**

outdoors /aʊtdɔ:z/ (adv) = taking place outside **na zewnątrz, na świeżym powietrzu**

preference /prɛfərəns/ (n) = a choice, a thing one likes the best **preferencja**

single-parent /sɪŋgəl 'peərənt/ (n) = a parent who looks after their children alone (without a partner) **rodzic samotnie wychowujący dzieci**

teen /ti:n/ (n) = sb between 13 and 19 years old **nastolatek**

tend to /tend tə/ (v) = to be likely to have a particular quality **mieć skłonności do, mieć tendencje do**

traditional /trə'dɪʃənəl/ (adj) = existing for a long time without a change **tradycyjny**

Unit 2 – Shop till you drop

2a

alligator /æ'lɪgɪtə/ (n) = a type of crocodile that lives in the USA **aligator**

antique /æn'ti:k/ (n) = valuable old furniture or other item **antyk** (stary, wartościowy przedmiot)

attraction /ə'trækʃən/ (n) = a thing or place of interest **atrakcja** (np. **turystyczna**)

blanket /blæŋkɪt/ (n) = a woollen bed cover **koc**

bouquet /bəʊkeɪ/ (n) = a bunch of flowers **bukiet**

caviar /kæviə/ (n) = fish eggs eaten as food **kawior**

comb /kəʊm/ (n) = a tool for untangling hair **grzebień**

customer /kʌstəmə/ (n) = sb who buys goods from a shop **klient**

delivery service /dɪ'lɪvəri ,sɜ:vɪs/ (n) = the organisation that deals with taking things to a person or a place **usługi dostawcze**

doorman /dɔ:mən/ (n) = a person who offers help to people entering a building **odźwierny, portier**

employ /ɪm'plɔɪ/ (v) = to give sb a job **zatrudniać**

entrance /entrəns/ (n) = (of a building) the way in **wejście** (do budynku)

fire brigade /faɪə brɪgeɪd/ (n) = the organisation in charge of putting out fires **straż pożarna**

grocer's /grəʊsəz/ (n) = a shop that sells food and other goods **sklep spożywczy**

hand out /hænd 'aʊt/ (phr v) = to give sth to people, to distribute **rozdawać**

historic /hɪ'stɔrɪk/ (adj) = important in history **historyczny**

in addition to (phr) = as well as, extra to **dotatkowo**

lamb chop /læm 'tʃɒp/ (n) = one of the cuts of lamb meat **kotlet jagnięcy**

landmark /lændmɑ:k/ (n) = a statue, building, etc that is easily seen and recognised **charakterystyczny obiekt, punkt orientacyjny**

medicine /medsɪn/ (n) = a substance used to treat a disease or injury **lek, lekarstwo**

miss the opportunity (phr) = to lose the chance to do sth **przegapić/ przepuścić/ stracić okazję**

motto /mɒtəʊ/ (n) = a phrase or short sentence used to show a particular belief **motto, hasło, dewiza**

necklace /nekləs/ (n) = a piece of jewellery that you wear around your neck **naszyjnik**

official /ə'fɪʃəl/ (adj) = agreed to or arranged by people in positions of authority **oficjalny**

ordinary /ɔ:dnəri/ (adj) = common, usual **zwykły, przeciętny**

security guard /sɪkjuəreɪ ,gɑ:d/ (n) = sb employed to protect a building and the people there **ochroniarz, strażnik**

supplier /sə'plɑɪə/ (n) = a company that provides sb with sth **dostawca**

take over /teɪk 'əʊvə/ (phr v) = to get control of sth **objąć, przejąć**

the sales /ðə 'seɪlz/ (n) = a period of time during which a shop reduces the prices of goods **wyprzedaż**

visitor /vɪzɪtə/ (n) = a guest in a place **gość, odwiedzający**

2b

ancient /eɪnʃənt/ (adj) = belonging to times long ago **starożytny**

coach /kəʊtʃ/ (n) = a large comfortable bus **autokar**

convenient /kən'vi:niənt/ (adj) = easy for particular purposes and needs **wygodny, dogodny, poręczny**

crowded /kraʊdɪd/ (adj) = packed **zatłoczony**

distance /dɪstəns/ (n) = the amount of space between two places **odległość, dystans**

expensive /ɪk'spensɪv/ (adj) = costing a lot of money **drogi, kosztowny**

experience /ɪk'spɪəriəns/ (n) = something happening to you **doświadczenie, przeżycie, doznanie**

goods /gʊdz/ (pl n) = objects produced for sale **towary, wyroby**

heavy /hevi/ (adj) = of great weight **ciężki**

light /laɪt/ (adj) = not heavy **lekki**

philosopher /fɪ'lɒsəfə/ (n) = a theorist **filozof**

Word List

price /praɪs/ (n) = the money charged for things to buy
cena

product /prɒdʌkt/ (n) = an item which is made and sold on the market **produkt**

side pocket /saɪd pɒkɪt/ (n) = a pocket in or at one side of a bag **boczna kieszeń** (np. torby)

spot /spɒt/ (n) = a small, round, coloured mark **kropka, plamka**

sticker /stɪkə/ (n) = a small piece of paper that sticks **nalepka, naklejka**

strap /stræp/ (n) = a narrow piece of leather or cloth used to hold clothing in place **pasek** (np. od torebki)

trader /treɪdər/ (n) = sb who owns and runs a shop or small business **handlowiec, przedsiębiorca, kupiec**

upload /ʌp'ləʊd/ (v) = to transfer data onto a computer **wgrywać na serwer, przesłać dane, wrzucić**

variety /və'raɪəti/ (n) = many and different of sth **wyбір, asortyment, różnorodność**

zip /zɪp/ (n) = a device for closing and opening parts of clothes and bags **zamek błyskawiczny**

2c

attachment /ə'tætʃmənt/ (n) = a file you send with an email **załącznik**

bookstall /bʊksto:l/ (n) = a small shop with an open front that sells books **stragan z książkami**

checked /tʃekt/ (adj) = having a pattern of coloured squares **w kratę, kraciasty**

discover /dɪ'skʌvə/ (v) = to find sth, to become aware of sth **odkrywać (przypadkowo)**

driving licence /draɪvɪŋ ,laɪsəns/ (n) = a document showing sb is qualified to drive **prawo jazdy**

exhausting /ɪg'zɔ:stɪŋ/ (adj) = extremely tiring **wyczerpujący, męczący**

fitting room /fɪtɪŋ ru:m/ (n) = a place in a shop where customers try on clothes

przymierzalnia

floral /flɔ:rəl/ (adj) = having a pattern or design with flowers on it **w kwiaty** (np. sukienka)

material /mə'tɪəriəl/ (n) = cloth used to make clothes **materiał (tkanina)**

paradise /pærə'daɪs/ (n) = a place that seems perfect for a particular purpose **raj**

pattern /pætən/ (n) = a design on clothes consisting of lines, shapes, etc **wzór, deseń**

patterned /pætənd/ (adj) = having shapes or colours **wzorzysty**

plain /pleɪn/ (adj) = (of material) having no pattern **gładki** (bez żadnego wzoru)

rucksack /rʌksæk/ (n) = a bag with straps that go over your shoulders so that you can carry things on your back **plecak**

spotted /spɒtɪd/ (adj) = decorated or covered with a pattern of spots **w kropki** (np. sukienka)

striped /straɪpt/ (adj) = having lines of different colours **w paski**

tiny /taɪni/ (adj) = extremely small **malutki, niewielki**

trendy /trendi/ (adj) = fashionable, modern **modny, na czasie**

wallet /wɒlɪt/ (n) = a small flat container for paper money and credit cards, usually used by a man **portfel**

Culture 2

anniversary /æ'nɪvɜ:səri/ (n) = a date which is celebrated because sth special happened on that date in the past **rocznica**

bank /bæŋk/ (n) = raised land on the sides of a river **brzeg** (np. rzeki)

beyond /brɪ'jɒnd/ (prep) = further in the distance than sth **poza, dalej**

borough /bɒrə/ (n) = a district in a city responsible for its own schools, markets, etc **dzielnica**

bridge /brɪdʒ/ (n) = a structure that is built over a river, etc so that people or vehicles can cross **most**

brilliant /brɪljənt/ (adj) = excellent **ośniewający, lśniący**

celebrate /seɪlbreɪt/ (v) = to make a day or event special by doing sth enjoyable

chef /ʃef/ (n) = a professional cook **szef kuchni**

cross /krɒs/ (v) = to go from one side of sth to the other **przekroczyć, przeprowić się** (np. przez rzekę)

history /hɪstəri/ (n) = an account of events which happened in the past **historia**

location /ləʊ'keɪʃən/ (n) = the place or position of sth **lokalizacja, położenie**

organised /'ɔ:gənəɪzd/ (adj) = having things in order **zorganizowany, uporządkowany**

philosophy /fɪ'lɒsəfi/ (n) = a belief **dewiza, zasada**

produce /prɒdju:s/ (n) = food or other things that are grown in large quantities **plody rolne**

producer /prɒ'dju:sə/ (n) = a person or company that grows food or makes goods to be sold **producent, wytwórca**

secret /si:kri:t/ (n) = information that is not known by many people **sekret, tajemnica**

storyteller /stɔ:ri,telə/ (n) = sb who tells stories **gawędziarz**

success /sək'ses/ (n) = achieving your aims **sukces, powodzenie (czegoś)**

waste /weɪst/ (n) = food that is thrown away **marnowanie, marnotrawstwo**

Unit 3 – Survival stories

3a

achievement /ə'tʃi:vmənt/ (n) = an accomplishment **osiągnięcie, wyczyn, dokonanie**

blow /bləʊ/ (v) = (of the wind) to cause sth to move **wiać** (o wietrze)

brightly /braɪtli/ (adv) = vividly **jasno, żywo, jaskrawo**

coast /kəʊst/ (n) = land next to the sea **wybrzeże**

deck /dek/ (n) = the part of a ship which you can walk on **pokład (na statku)**

downstairs /daʊn'steəz/ (adv) = going down to a lower floor **na dole, (schodzić) na dół**

drop /drɒp/ (v) = to become less **zmniejszać się**

engine /endʒɪn/ (n) = the machine that causes a car, boat, etc to move **silnik**

flash /flæʃ/ (n) = a light that shines on and off very quickly **błysk**

fog /fɒg/ (n) = a thick cloud of tiny drops of water that makes it difficult to see things **mgła**

goal /gəʊl/ (n) = a target, sth you hope to achieve **cel** (który chcemy osiągnąć)

head /hed/ (v) = to go towards or in the direction of a place **kierować się, zmierzać**

heavily /hevɪli/ (adv) = a lot **mocno, ciężko**

in trouble (phr) = in a difficult situation **w tarapatkach**

land /lænd/ (n) = earth, soil **ład**
lie /laɪ/ (v) = to be in a flat position on a surface **leżeć**

luckily /'lʌkɪli/ (adv) = fortunately **na szczęście, szczęśliwie**

mast /mɑ:st/ (n) = (on a ship) a tall pole that the sails hang from **maszt**

on board (phr) = on a ship **na pokładzie**

pick up /pɪk 'ʌp/ (phr v) = to go and get sb/sth **odbierać** (kogoś/ coś), **zgarbiać, zabierać**

pour /pɔː/ (v) = to rain heavily
lać (o deszczu)

proud /praʊd/ (adj) = pleased about sth good sb has done
dumny

reach /ri:tʃ/ (v) = to arrive
dotrzeć do

realise /ri:əlaɪz/ (v) = to become aware of, to understand
uświadamiać sobie, zdawać sobie sprawę

relieved /rɪ'li:vɪd/ (adj) = happy because sth unpleasant hasn't happened
odczuwający ulgę

remote /rɪ'məʊt/ (adj) = isolated, far away from everything
daleki, odległy

rescue /reskjʊː/ (v) = to save sb from a dangerous situation
uratować, ocalić

roll over /rəʊl 'əʊvə/ (phr v) = to turn to the other side
przewracać się

satellite phone /sætəlɑɪt 'fəʊn/ (n) = a device that can send voice messages over extremely long distances
telefon satelitarny

set sail (phr) = to begin a journey across the sea
wypłynąć (z portu w morze), podnosić żagle

signal /sɪgnəl/ (n) = a sound or action which gives a message to the person who hears or sees it
sygnał

snap /snæp/ (v) = to break with noise
pękać (np. o linie), łamać się

storm /stɔ:m/ (n) = bad weather with strong winds, rain and often lightning and thunder
sztorm, burza

suddenly /sʌdn̩li/ (adv) = unexpectedly
nagle

violent /vaɪələnt/ (adj) = happening with great force causing serious damage
gwałtowny

3b

avalanche /ævələntʃ/ (n) = a large amount of snow, ice and rock that suddenly falls or slides down a mountain
lawina

bitterly /'bɪtəli/ (adv) = unpleasantly
przenikliwie (np. zimno)

carriage /'kærɪdʒ/ (n) = part of a train
wagon

crash /kræʃ/ (v) = to fall and make a loud noise
uderzyć gwałtownie, huknąć (w coś)

dig /dɪg/ (v) = to make a hole by moving earth
kopać, wykopać (np. coś z ziemi)

elderly /'eldəli/ (adj) = the old people
starszy, starszawy

emergency services /ɪ'mɜ:dʒənsɪ 'sɜ:vɪsɪz/ (pl n) = public organisations such as the fire brigade, the ambulance service and the police
służby ratownicze

envelope /'envələʊp/ (n) = a flat rectangular paper container for papers
koperta

grab /græb/ (v) = to take sth quickly
chwytać, łapać

guest /gest/ (n) = a person who is staying at a hotel
gość

manager /'mænɪdʒə/ (n) = a person responsible for a business
menadżer, dyrektor

missing /'mɪsɪŋ/ (adj) = lost
zaginiony

resort /rɪ'zɔ:t/ (n) = a place where a lot of people spend their holiday
kurort, ośrodek wczasowy

set out /set 'aʊt/ (phr v) = to begin a journey
wyruszać

slope /sləʊp/ (n) = part of the side of a hill or mountain, especially as a place for skiing
zbocze, stok (narciarski)

strike /straɪk/ (v) = (of a disaster) to happen suddenly and without warning
uderzyć, nawiedzić, zaatakować

vlog /v'lɒg/ (n) = a video blog
wideoblog

3c

angry /æŋgri/ (adj) = annoyed
zły, rozzłoszczony

anxious /æŋkʃəs/ (adj) = nervous, worried
zaniepokojony

award /ə'wɔ:d/ (n) = prize
nagroda

bark /bɑ:k/ (v) = (of a dog) to make a short loud noise
szczekać

brake /breɪk/ (n) = what makes a vehicle stop or slow down
hamulec

breeze /brɪz/ (n) = a gentle wind
wietrzyk

burglary /'bɜ:gləri/ (n) = the act of entering a building and stealing things
kradzież z włamaniem

canoe /kə'nuː/ (n) = a small narrow boat
kajak

chase /tʃeɪs/ (v) = to run after sb or sth in order to catch them
gonić, ścigać

cheerful /tʃɪəfəl/ (adj) = happy
radosny, wesoły

cover (with) /'kʌvə/ (v) = to put sth over sth else
przykryć (czymś)

crash /kræʃ/ (v) = to hit sth accidentally
zderzyć się

disappear /dɪsə'piə/ (v) = to stop existing
zniknąć

footstep /'fʊtstep/ (n) = the sound or mark of a step when walking
krok, odgłos kroków

forgive /fɔ:ɡɪv/ (v) = to stop being angry with sb
wybaczać

frightened /'fraɪtənd/ (adj) = anxious or afraid of sth
przestraszony, przerażony

gather /gəðə/ (v) = to come together
zbierać się (np. o chmurach)

gentle /dʒentəl/ (adj) = calm, light
łagodny, spokojny, delikatny

ground /graʊnd/ (n) = the soil or rocks which make up the floor of the Earth
ziemia

helpful /hel'pfəl/ (adj) = willing to help
pomocny

lie /laɪ/ (v) = to not tell the truth
kłamać

parcel /pɑ:səl/ (n) = sth wrapped in paper usually to be sent by post
paczka

pleased /pli:zd/ (adj) = happy, satisfied
zadowolony

puzzled /pʌzəld/ (adj) = confused
zaintrygowany, zdziwiony

scream /skri:m/ (v) = to shout because of fear
wrzeszczeć, krzyczeć

screech /skri:tʃ/ (v) = to make a loud and unpleasant noise
piszczeć (o hamulcach)

siren wailing (phr) = the long and loud sound of a siren (a warning device)
wycie syreny

thrilled /θrɪld/ (adj) = very excited and happy
podekscytowany

waterfall /'wɔ:təfɔ:l/ (n) = a steep high cliff where water flows over the edge
wodospad

Culture 3

alive /ə'laɪv/ (adj) = not dead
żywy

Antarctica /æ'n'tɑ:ktɪkə/ (n) = the continent around the South Pole
Antarktyda

break up /breɪk 'ʌp/ (v) = to gradually divide into smaller pieces
rozpaść się, pękać

camp /kæmp/ (v) = to stay somewhere for a short time in a tent
obozować, spać w namiocie

crazy /kreɪzi/ (adj) = mad
szalony, zwirowany

destroy /dɪ'strɔɪ/ (v) = to damage sth badly
niszczyć

explorer /ɪk'splɔ:ərə/ (n) = sb who travels to places that nobody has been to before
badacz, odkrywca

journey /dʒɜ:ni/ (n) = trip
podróż

leave /li:v/ (v) = to go away from a place or a person
opuścić

lifeboat /laɪfbəʊt/ (n) = a small boat on a ship for people to leave in if the ship is not safe or might sink
szalupa ratunkowa

melt /melt/ (v) = to become liquid
topić się, roztopiać

reach /ri:tʃ/ (v) = to arrive at
dojechać do, docierać do

relieved /rɪ'li:vɪd/ (adj) = no longer worried
odczuwający ulgę

rescue /reskjʊː/ (v) = to save from danger or harm
ocalić, uratować

Word List

save /seɪv/ (v) = to rescue sth/ sb from danger **ratować, ocalić, chronić**
set out /,set 'aʊt/ (phr v) = to begin a journey **wyruszać**
sink /sɪŋk/ (v) = to go down below the surface of the sea **tonąć, zatonać**
survive /sə'vaɪv/ (v) = to continue to live **przeżyć, przetrwać**
tent /tent/ (n) = a shelter which can be folded up and carried **namiot**
trap /træp/ (v) = to be kept in a place from which you cannot escape **uwieźć, złapać w pułapkę**

Values A: Diversity

basically /'beɪsɪkli/ (adv) = generally **zasadniczo, w zasadzie**
belief /brɪ'li:f/ (n) = an opinion, sth a person believes in **pogląd, wierzenie, przekonanie**
culture /'kʌltʃə/ (n) = the lifestyle, beliefs and traditions of a group of people **kultura**
depend on /dɪ'pend ɒn/ (phr v) = to rely on **zależać od**
diversity /daɪ'vɜ: səti/ (n) = variety **różnorodność**
DNA /di: en 'eɪ/ (n) = the chemical responsible for characteristics passed from parents to their children **DNA; związek chemiczny, będący nośnikiem informacji genetycznej**
enjoy /ɪn'dʒɔɪ/ (v) = to get pleasure from sth **dobrze się bawić, czerpać przyjemność**
individual /ɪn'dɪvɪdʒuəl/ (adj) = personal, of one person **indywidualny**
introduce /ɪn'trə'dju:s/ (v) = to bring sth into a country for the first time **wprowadzać, wnosić, sprowadzać**
language /'læŋgwɪdʒ/ (n) = the method of communication using spoken or written words **język**

move away /mu:v 'əweɪ/ (phr v) = to move house **wyprowadzić się**
physical /'fɪzɪkəl/ (adj) = relating to a person's body **fizyczny**
population /,pɒpjʊ'leɪʃən/ (n) = all the people that live in a town, city, country, etc **liczba mieszkańców, populacja, ludność**
religion /rɪ'lɪdʒən/ (n) = the belief in a god or gods **religia**
study /'stʌdi/ (n) = survey **badania, studium**
tradition /trə'dɪʃən/ (n) = a custom passed down from one generation to the next **tradycja**
unique /ju:'ni:k/ (adj) = special, different from others **unikalny, niepowtarzalny**

Public Speaking Skills A

clue /klu:/ (n) = a piece of evidence which helps to find the answer to sth **wskazówka, trop, podpowiedź**
consist (of) /kən'sɪst/ (v) = to be made up of **składać się z**
crop /krɒp/ (n) = plants or fruit grown in large quantities for food **roślina uprawna**
curry /'kʌri/ (n) = a dish composed of meat or vegetables in a hot spicy sauce **curry (potrawa)**
delicate /dɪ'lɪkət/ (adj) = small and beautifully shaped **delikatny**
exchange programme /ɪks'tʃeɪndʒ ,prɒgræm/ (n) = an arrangement in which students from one country go to stay with students from another country **program wymiany**
fascinating /fæ'sɪneɪtɪŋ/ (adj) = very interesting **fascynujący**
feature /'fi:tʃə/ (n) = a characteristic **cecha**
field /fi:ld/ (n) = an area of land used for growing crops **pole (np. uprawne)**

generous /dʒenərəs/ (adj) = willing to give or share what one has with others **życzliwy, miły; hojny**
include /ɪn'klu:d/ (v) = to contain **zawierać, obejmować**
nickname /'nɪkneɪm/ (n) = an informal name for sb or sth **przezwiśko, przydomek, pseudonim**
plant /plɑ:nt/ (v) = to put a seed into the ground so that it will grow there **sadzić, siać**
sandy /'sændi/ (adj) = covered in sand **piaszczysty**
spicy /'spaɪsi/ (adj) = with a strong flavour of spices **pikantny**
tanned /tænd/ (adj) = having brown skin by being in the sun **opalony**
temple /tempəl/ (n) = a building used to worship a god **świątynia**
tropical /trɒpɪkəl/ (adj) = (of a climate) very hot and wet **tropikalny**
warm-hearted /wɔ:m 'hɑ:tid/ (adj) = kind and loving **serdeczny, życzliwy**
welcoming /welkəmɪŋ/ (adj) = friendly **gościnnie, serdeczny**

Unit 4 – Planning ahead

4a

agree /ə'ɡri:/ (v) = to have the same opinion with sb **zgadzać się**
ambition /æm'bɪʃən/ (n) = a goal, a strong desire **ambicja**
arrange /ə'reɪndʒ/ (v) = to organise sth **zorganizować**
arrangement /ə'reɪndʒmənt/ (n) = a plan **ustalenie, plan**
company /'kʌmpəni/ (n) = a business organisation **firma**
course /kɔ:s/ (n) = a series of classes **kurs, lekcja**
decision /dɪ'sɪʒən/ (n) = the act of choosing what is the best to do **decyzja**
decoration /,dekə'reɪʃən/ (n) = things put around a place to make it look more attractive **dekoracja, wystrój**
degree /dri:ɡri:/ (n) = the qualification you get when you finish a university or college **stopień naukowy**
entrance test /'entrəns ,test/ (n) = a test that you take to join a school, university, etc **egzamin wstępny**
feedback /'fi:dbæk/ (n) = comments about how well or badly you are doing sth **opinia, informacja zwrotna**
fit /fɪt/ (adj) = healthy and in good physical condition **w dobrej formie, wysportowany**
follow your dream (phr) = to pursue and try hard for what you want **podążać za swoim marzeniem**
full-time /fʊl 'taɪm/ (adj) = working for the whole part of the working day or week **pełnoetatowy**
graduation /,ɡrædʒu'eɪʃən/ (n) = successful completion of a course at college, university, etc **ukończenie szkoły/studiów**
guest /gest/ (n) = sb who is invited somewhere **gość**
local /ləʊkəl/ (adj) = of the area sb lives in **lokalny, miejscowy**
long hours (phr) = for a long time **do późna, po godzinach**
mistake /mɪ'steɪk/ (n) = a wrong action **błąd, pomyłka**
organisational skill (phr) = the ability to arrange things efficiently **umiejętność organizacyjna**
otherwise /'ʌðəwaɪz/ (adv) = or **w przeciwnym razie**
pass /pɑ:s/ (v) = to succeed in sth **zdawać (np. egzamin)**
quality /'kwɒləti/ (n) = a characteristic of sth **cecha charakterystyczna, przymiot**
save /seɪv/ (n) = to rescue sth/ sb from danger **ratować, ocalić**

set up /ˌset ʰʌp/ (phr v) = to establish **zakładać, tworzyć (np. organizację)**
suit /su:t/ (v) = to be right/appropriate for a person **pasować, odpowiadać**
take care of (phr) = to look after **opiekować się/ zajmować się (kims/ czymś)**
training /ˈtreɪnɪŋ/ (n) = the learning of skills you need for a particular job **szkolenie, trening**
university /ˌju:nɪˈvɜ:səti/ (n) = an institution for higher education **uniwersytet**
venue /ˈvenju:/ (n) = the place where an event takes place **miejsce (spotkania, koncertu, konferencji itp.)**
work out /ˌwɜ:k ʰaʊt/ (phr v) = to exercise **ćwiczyć, trenować**

4b

appointment /əˈpɔɪntmənt/ (n) = an arrangement to see sb at a particular time **umówione spotkanie, wizyta (np. u lekarza)**
become /brɪˈkʌm/ (v) = to begin to have a particular job **zostawać (kims)**
board /bɔ:d/ (n) = a group of people who have the responsibility for managing a business, etc **zarząd, dyrekcja**
break down /breɪk ˈdaʊn/ (phr v) = to stop working **zepsuć się**
chairman /tʃeəmən/ (n) = sb in charge of an organisation, etc **przewodniczący, prezes**
doorbell /dɔ:bel/ (n) = a button near the front door that you press to signal to the person in the house that you are there **dzwonek do drzwi**
episode /ˈepɪsɔ:d/ (n) = each of the parts of a television story **odcinek (np. serialu)**
flat /flæt/ (n) = apartment **mieszkanie**
join /dʒɔɪn/ (v) = to become a member of **zapisywać się (np. do organizacji), dołączać**

lecture /ˈlektʃə/ (n) = a talk at university **wykład**
part-time /ˌpɑ:t ˈtaɪm/ (adj) = working less than the standard forty-hour week **na niepełnym etacie**
plan /plæn/ (n) = an arrangement for the future **plan**
tour /tuə/ (n) = an organised trip **wycieczka, zwiedzanie (jakiegoś miejsca)**
volunteer /ˌvɒləntɪə/ (v) = to offer to do sth without payment **zgłosić się na ochotnika**

4c

application /ˌæplɪˈkeɪʃən/ (n) = a document that you use to officially ask for a job, etc **wniosek, podanie, aplikacja**
available /əˈveɪləbəl/ (adj) = not busy **dostępny, wolny**
brave /breɪv/ (adj) = courageous **dzielny, odważny**
careful /ˈkeəfəl/ (adj) = cautious **ostrożny, uważny**
caring /ˈkeərɪŋ/ (adj) = showing concern for other people **troskliwy, opiekuńczy**
client /ˈklaɪənt/ (n) = a customer, a person using the services of a company, etc **klient**
communication skill (phr) = being good at exchanging information with sb orally or in writing **umiejętność komunikacji/ porozumiewania się**
education /ˌedʒuˈkeɪʃən/ (n) = the process of learning in a school, university, etc **edukacja, wykształcenie**
enquire /ɪnˈkwaɪə/ (v) = to ask for information **pytać, dowiadywać się**
exhibit /ɪgˈzɪbɪt/ (n) = an object shown to the public at a museum, etc **eksponat**
hard-working /ˌhɑ:d ˈwɜ:kɪŋ/ (adj) = putting a lot of energy into your work **pracowity**
have a seat (phr) = to sit down **usiąść**

imaginative /ɪˈmædʒɪnətɪv/ (adj) = able to come up with new original ideas **pomysłowy, obdarzony wyobraźnią**
interested (in sth) /ɪntrəstɪd/ (adj) = caring about sth, wanting to know about sth **być czymś zainteresowanym**
knowledge /ˈnɒlɪdʒ/ (n) = the information and understanding of a particular subject **wiedza**
look for /ˈlʊk fɔ:/ (phr v) = to try to find, to search for **szukać, poszukiwać**
patient /ˈpeɪʃənt/ (adj) = not getting angry or easily annoyed **cierpliwy**
polite /pəˈlaɪt/ (adj) = kind **uprzejmy, kulturalny**
reply /rɪˈplaɪ/ (n) = a response **odpowiedź**
residence /ˈrezɪdəns/ (n) = home **zamieszkanie, mieszkanie**
salary /ˈsæləri/ (n) = the money that sb is paid each month by their employer **pensja (wypłacana co miesiąc)**
shop assistant /ˈʃɒp əˈsɪstənt/ (n) = sb who works in a shop and sells things to customers **sprzedawca, ekspedientka**
sociable /ˈsəʊjəbl/ (adj) = friendly, outgoing **towarzyski**
work experience /ˌwɜ:k ɪkˈspɪəriəns/ (n) = experience that sb already has of working **doświadczenie zawodowe**

Culture 4

clash with /klæʃ ˈwɪð/ (v) = to happen at the same time as sth else **kolidować z**
customer /ˈkʌstəmə/ (n) = sb who buys goods from a shop **klient**
develop /dɪˈveləp/ (v) = to start to have sth **rozwijać**
fit /fɪt/ (adj) = healthy and in good physical condition **w dobrej formie, wysportowany**

have a head for figures (phr) = to be good at using numbers **mieć głowę do liczb**
industry /ˈɪndəstri/ (n) = the companies that produce goods for sale **przemysł**
outdoors /ˌaʊtˈdɔ:z/ (adv) = taking place outside **na dworze, na zewnątrz, na świeżym powietrzu**
promotion /prəˈmɔʃən/ (n) = getting a more important job **awans**
qualification /ˌkwɒlɪfɪˈkeɪʃən/ (n) = a particular skill in or knowledge of a subject **kwalifikacje, umiejętność**
receipt /rɪˈsi:t/ (n) = a piece of paper that shows you have bought and paid for sth **paragon, rachunek, pokwitowanie**
scan /skæn/ (v) = (of a computer) to store information from a product **skanować za pomocą skanera lub czytnika**
wage /weɪdʒ/ (n) = daily/ weekly payment for work **płaca, zarobki (wypłacane zwykle co tydzień)**

Unit 5 – Food, glorious food!

5a

check out /tʃek ʰaʊt/ (phr v) = to look at sth new **sprawdzać**
condition /kənˈdɪʃən/ (n) = the particular state that sth is in **stan, warunek**
cramped /kræmpt/ (adj) = small and uncomfortable **ciasny, zatłoczony**
crate /kreɪt/ (n) = a box made of wood **skrzynka**
crew /kru:/ (n) = the staff of a ship **załoga (np. na statku)**
cuisine /kwiˈzi:n/ (n) = the cooking style of a specific place **kuchnia (sposób przygotowywania potraw)**
dish /dɪʃ/ (n) = a particular kind of food cooked as a meal **potrawa, danie**
fatty /ˈfæti/ (adj) = (of food or drinks) that cause sb to gain weight **tłusty**

Word List

fresh /frɛʃ/ (adj) = (of food) made recently **świeży**

frozen /frəʊzən/ (adj) = very cold, made into ice **mrożony; zamrożony**

healthy /helθi/ (adj) = good for your body **zdrowy**

impressive /ɪmˈpresɪv/ (adj) = great, remarkable **imponujący, robiący wrażenie**

ingredient /ɪnˈɡriːdiənt/ (n) = a food item used to make a particular dish **składnik**

junk food /dʒʌŋk fuːd/ (n) = food such as crisps, hamburgers, etc which are bad for your health **niezdrowe/śmieciowe jedzenie**

keep one's spirits up (phr) = to keep oneself in a positive frame of mind **nie tracić ducha; podtrzymywać czyjś dobry nastrój**

low-fat /ləʊ ˈfæt/ (adj) = without much fat **niskotłuszczowy**

make sense (phr) = sth can be understood **mieć sens, być sensownym**

midnight /mɪdnaɪt/ (n) = 12 o'clock at night **północ**

mission /mɪʃən/ (n) = an important task given to people, involving travelling to another country **misja**

navy /neɪvi/ (n) = the part of a country's armed forces that can fight at sea **marynarka wojenna**

on board (phr) = on a ship **na pokładzie (np. statku, samolotu)**

popular /pɒpjʊlə/ (adj) = liked by many people **popularny, lubiany**

pot /pɒt/ (n) = a round container used for cooking food **garnek**

prepare /prɪˈpeə/ (v) = to make sth ready **przygotowywać**

produce /prɒdʒuːs/ (n) food or other things that are grown in large quantities **produkty rolne**

sailor /seɪlə/ (n) = sb who works on a boat or ship **marynarz**

shift /ʃɪft/ (n) = a set period for a group or a person to work before another group or person replaces them **zmiana**

store cupboard /stɔː ˌkʌbəd/ (n) = a piece of furniture used for keeping things for future use **szafka na przetwory i zapasy**

submarine /sʌbməriːn/ (n) = a ship that can travel both on the surface of the sea and under the sea **łódź podwodna**

sunshine /ˈsʌnʃaɪn/ (n) = light and heat that come from the sun **światło słoneczne**

tasty /teɪsti/ (adj) = (of food) delicious **smaczny**

tinned /tɪnd/ (adj) = sealed in a can **w puszcze**

typical /tɪpɪkəl/ (adj) = usual, ordinary **typowy**

vegetarian /ˌvedʒəˈteəriən/ (n) = sb who does not eat meat **wegetarianin**

voyage /ˈvɔɪdʒ/ (n) = a long journey by sea **podróż, rejs**

wave /weɪv/ (n) = raised water **fala**

well stocked /wel ˈstɒkt/ (adj) = (of a shop) having plenty of things to choose from **dobrze zaopatrzony**

5b

add /æd/ (v) = to put in **dodawać**

boil /bɔɪl/ (v) = to cook in very hot water **gotować, ugotować**

bun /bʌn/ (n) = small sweet cake, usually in a round shape **bułka**

dressing /ˈdresɪŋ/ (n) = a mixture of liquids such as oil and vinegar that you pour over a salad **sos do sałatek**

drop /drɒp/ (n) = a small amount of a liquid **kropla**

mix /mɪks/ (v) = to combine **mieszać**

order /ɔːdə/ (v) = to ask for food or drink in a restaurant, etc **zamawiać**

pour /pɔː/ (v) = to make a liquid go out of a container you are holding **nalewać, wlewać**

serving /ˈsɜːvɪŋ/ (n) = a portion of food for one person **porcja (jedzenia)**

shell /ʃel/ (n) = the hard covering of some animals **skorupa, łupina**

take off /teɪk ˈɒf/ (phr v) = to remove **zdejmować, usuwać**

5c

affordable /əˈfɔːdəbəl/ (adj) = not too expensive **przystępny, w przystępnej cenie**

atmosphere /ˈætməsfiə/ (n) = the mood or feeling that exists in a place and affects the people who are there **atmosfera**

change /tʃeɪndʒ/ (n) = the money given back to you when you pay for sth with more money than it costs **reszta (o pieniądzu) wydawanych np. przy kasie**

countryside /ˌkʌntrisaɪd/ (n) = the land that is outside a city or town **wieś, wiejska okolica**

delicious /dɪˈlɪʃəs/ (adj) = very tasty **pyszny**

dessert /dɪˈzɜːt/ (n) = sweet food eaten at the end of a meal **deser**

disappointing /ˌdɪsəˈpɔɪntɪŋ/ (adj) = not as good as you had hoped for **rozczarowujący, niespełniający oczekiwań**

kick off /kɪk ˈɒf/ (phr v) = to begin **rozpoczynać**

located /ləʊˈkeɪtɪd/ (adj) = situated **położony, usytuowany**

mark /mɑːk/ (n) = score **ocena**

menu /ˈmenjuː/ (n) = a list of food that is available in a restaurant, café, etc **menu, karta dań**

portion /ˈpɔːʃən/ (n) = a serving **porcja**

reasonable /ˈriːzənəbəl/ (adj) = (of a price) fair and not too high **rozsądny, niewygórowany**

recommend /ˌrekəˈmend/ (v) = to make a suggestion **polecać, rekomendować**

retreat /rɪˈtriːt/ (n) = a quiet place where sb can relax **zaczysze, ustronie**

roast /rəʊst/ (n) = cooked meat **pieczeń**

round off /raʊnd ˈɒf/ (phr v) = to end sth in a satisfactory way **zakończyć**

rude /ruːd/ (adj) = impolite **niegrzeczny**

setting /ˈsetɪŋ/ (n) = a place or surroundings **miejsce, otoczenie**

takeaway /ˈteɪkəweɪ/ (n) = a shop or restaurant which sells hot food that you eat somewhere else **restauracja lub sklep oferujące jedzenie na wynos**

tempting /ˈtemptɪŋ/ (adj) = attractive **kuszący, nęcący**

thumbs down /θʌmz ˈdaʊn/ (n) = a reaction that shows you do not like sth **brak akceptacji poprzez pokazanie kciuka w dół**

unpleasant /ʌnˈplezənt/ (adj) = that you do not like or enjoy **niemiły, nieprzyjemny**

varied /veəriəd/ (adj) = various, containing many different things **urozmaicony, różnorodny**

well worth doing (phr) = important to do **warte zrobienia**

Culture 5

blow up /bləʊ ˈʌp/ (phr v) = to destroy with explosives **wysadzić (w powietrze)**

celebrate /seɪlɪbreɪt/ (v) = to mark a day or event by doing sth special **świętować**

cloth /klɒθ/ (n) = a material used for making clothes **tkanina, ściereka, szmatka**

cloutie dumpling /'klu:tri dʌmplɪŋ/ (n) = a traditional dessert pudding made with dried fruit **szkocki pudding z suszonymi owocami, gotowany keks**

complete /kəm'pli:t/ (adj) = whole, with nothing missing **kompletny, pełny, gotowy**

dried fruit /draɪd 'fru:t/ (n) = fruit that has all the water removed from it so that it will last for a long time **suszone owoce**

fail /feɪl/ (v) = to not succeed **nie udać się, nie powieść się; nie zdać**

festive /'festɪv/ (adj) = (of food) special, related to a celebration **święteczny, uroczysty**

fireworks /'faɪəwɜ:kz/ (pl n) = small containers filled with explosive substances which produce a loud noise and brightly coloured patterns in the sky **fajerwerki, sztuczne ognie**

ground nuts /'graʊnd nʌts/ (pl n) = nuts made into small pieces **orzechy mielone**

invent /ɪn'vent/ (v) = to create sth new **wynaleźć**

mixture /'mɪkstʃə/ (n) = several different things together **mieszanka**

national /'næʃənəl/ (adj) = relating to a whole country **narodowy**

oatmeal /'əʊtmɪ:l/ (n) = a type of flour made from oats **owsianka**

oven /'ʌvən/ (n) = the enclosed part of a cooker where food is cooked **piekarnik, piec**

pan /pæn/ (n) = a round metal container with a large handle, used for cooking **rondel, patelnia**

parkin /'pɑ:rkɪn/ (n) = a cake eaten in the north of England **tradycyjne ciasto z płatków owsianych i czarnego syropu**

shorten /ʃɔ:tən/ (v) = to make shorter **skracać**

simnel cake /sɪmnəl keɪk/ (n) = a cake made with dried fruit **tradycyjne angielskie ciasto z bakaliami i marcepanem**

spice /spaɪs/ (n) = substance used in cooking to add flavour **przyprawa**

spicy /'spaɪsi/ (adj) = having strong flavours from spices **pikantny, mocno przyprawiony**

suet /su:ɪt/ (n) = beef or mutton fat **łój, tłuszcz**

topping /'tɒpɪŋ/ (n) = food which is put on top of a dish to add flavour or make it look attractive **dodatek, przybranie, wierzch**

treat /tri:t/ (n) = sth special **potęstunek, smakołyk**

wrap /ræp/ (v) = to cover sth with paper **zawinać, zapakować**

Unit 6 – Health

6a

ache /eɪk/ (n) = a feeling of pain that continues for a long time **ból**

advice /əd'vaɪs/ (n) = an opinion about what you should do in a particular situation **rada, porada**

antibiotic /,æntɪbaɪ'ɒtɪk/ (n) = a medicine that cures illnesses and infections caused by bacteria **antybiotyk**

awful /'ɔ:fəl/ (adj) = terrible **okropny, paskudny**

come up /kʌm 'ʌp/ (phr v) = to happen **wydarzyć się**

complain /kəm'pleɪn/ (v) = to express dissatisfaction about sth **skarżyć się, narzekać**

cure /kjʊə/ (n) = a treatment that makes sb ill healthy again **lekarstwo**

disease /dɪ'zi:z/ (n) = a serious illness **choroba**

fever /'fi:və/ (n) = a higher body temperature than usual **gorączka**

fluid /flu:ɪd/ (n) = a liquid **płyn**

get rid of (phr) = to become free of sth that is unpleasant or annoying **pozbyć się czegoś**

illness /ɪlnəs/ (n) = a disease or health problem **choroba, dolegliwość**

in doubt (phr) = to not be certain **nie mieć pewności**

infection /ɪn'fekʃən/ (n) = a disease that is caused by bacteria or a virus **infekcja**

liquid /'lɪkwɪd/ (n) = a substance, e.g. water, that is not solid **ciecz, płyn**

medical /'medɪkəl/ (adj) = relating to the treatment of illnesses **medyczny**

nettle /netl/ (n) = a wild plant whose leaves hurt if you touch them **pokrzywa**

pain /peɪn/ (n) = an unpleasant feeling caused by an illness or injury **ból**

peppermint /'pepə'mɪnt/ (n) = a type of mint plant with a strong smell and flavour used in medicine or drinks **mięta pieprzowa**

plenty of (phr) = a large amount of sth **mnóstwo czegoś**

prescription /prɪ'skrɪpʃən/ (n) = a piece of paper written by your doctor that indicates the medicine you need to take **recepta**

recipe /resə'pi/ (n) = a list of ingredients and a set of instructions that tell you how to cook sth **przepis kulinarny**

remedy /remə'di/ (n) = a medicine or treatment for a disease, illness or injury **lekarstwo, remedium**

smelly /'smeli/ (adj) = having an unpleasant smell **śmierdzący, cuchnący**

soak /səʊk/ (v) = to leave in water for a long period **namoczyć**

suffer (from sth) /sʌfə/ (v) = to be affected and experience pain by a disease **cierpieć (na coś)**

temperature /'tempərə'tʃə/ (n) = how hot or cold sth is **temperatura**

treatment /tri:tmənt/ (n) = medical attention given for a specific period of time **leczenie, opieka medyczna**

trick /trɪk/ (n) = a clever way of doing sth **trik**

vinegar /'vɪnɪgə/ (n) = a sour-tasting liquid made from malt or wine **ocet**

6b

appointment /ə'pɔɪntmənt/ (n) = an arrangement to see sb at a particular time **umówione spotkanie, wizyta (np. u lekarza)**

bleeding /'bli:dɪŋ/ (n) = blood coming from a part of your body **krwawienie**

career /kə'riə/ (n) = sb's professional life **kariera zawodowa**

check-up /tʃek 'ʌp/ (n) = a medical examination to see if you are healthy **badanie kontrolne**

for ages (phr) = for a long time **od dawna**

injured /ɪndʒəd/ (adj) = being hurt or having damaged a part of your body **zraniony, skaleczony, kontuzjowany**

patient /'peɪʃənt/ (n) = a person who receives a treatment for illness **pacjent**

recently /ri:'sɛntlɪ/ (adv) = lately **niedawno, ostatnio**

regret /rɪ'gret/ (v) = to feel sad about sth you have done, or wish you had not done it **żałować**

scholarship /'skɒləʃɪp/ (n) = an award of money given to a very good student for further study **stypendium naukowe**

training /treɪnɪŋ/ (n) = the process of learning the skills you need to do a particular job **trening, szkolenie**

wise /waɪz/ (adj) = smart and sensible **mądry, rozsądny**

Word List

6C

- bruise** /bru:z/ (v) = to hit a part of your body causing a purple mark to appear
posiniaczyć
- bump** /bʌmp/ (v) = to accidentally hit by moving
uderzyć, potrącić
- burn** /bɜ:n/ (v) = to come in contact with fire or heat and make a mark on the skin
poparzyć się
- develop** /dr'veləp/ (v) = to start having sth
rozwijać
- injury** /ɪndʒəri/ (n) = harm or damage to a person's body
uraz, kontuzja
- side street** /saɪd stri:t/ (n) = a small street connected to a major street
boczna ulica
- sprain** /spreɪn/ (v) = to damage the ankle or wrist by accidentally twisting or bending it
zwichnąć, skręcić (np. kostkę)

Culture 6

- Aboriginal** /æbə'ɪrɪdʒnəl/ (adj) = relating to the original race of people who live in Australia
aborygeński
- airfield** /'eəfi:ld/ (n) = a place where small aircraft can take off and land
ładowisko
- bite** /baɪt/ (v) = to close your teeth upon sth or sb
ugryźć kogoś lub coś
- check-up** /tʃek ʌp/ (n) = a medical examination
badanie kontrolne
- clinic** /'klnɪk/ (n) = a place where people go for medical treatment or advice
poradnia lekarska, przychodnia
- community** /kəmju:nəti/ (n) = a group of people living in a specific area
społeczność
- distance** /dɪstəns/ (n) = the amount of space between two points or places
odległość, dystans
- donation** /dəʊneɪʃən/ (n) = money given to a charity or other organisation
darowizna, datek

emergency services

- /ɪ'mɜ:dʒənsɪ ,sɜ:vɪsɪz/ (pl n) = public organisations such as the fire brigade, the ambulance services and the police
slużby ratownicze
- equal (to)** /i:kwəl/ (adj) = the same as
jednakowy
- location** /ləʊ'keɪʃən/ (n) = the place or position of sth
położenie, lokalizacja
- middle** /mɪdəl/ (n) = the central part of sth
środek
- the Outback** /ði 'aʊtbæk/ (n) = the central desert areas of Australia where few people live
słabo zaludnione tereny w Australii
- profit** /'prɒfɪt/ (n) = money that you get from selling services
zysk
- provide** /prə'vaɪd/ (v) = to give, to supply sth to sb
dostarczać, zaopatrywać
- remote** /rɪ'məʊt/ (adj) = isolated, far away from everything
daleki, odległy
- run** /rʌn/ (v) = to operate sth
prowadzić (np. firmę)
- shot** /ʃɒt/ (n) = an amount of medicine put into the body with a special needle
zastrzyk
- state** /steɪt/ (n) = territory or area which is part of a country
stan (jednostka administracyjna)
- transport** /træns'pɔ:t/ (v) = to take people from one place to another
transportować, przewozić
- trip** /trɪp/ (n) = a journey that we make to a particular place
podróż, wycieczka, wyprawa

Values B: Volunteering

- amnesia** /æm'ni:ziə/ (n) = memory loss
amnezja (utrata pamięci)
- benefit** /benɪfɪt/ (v) = to help sb to improve their life in some way
przynosić korzyść

- describe** /dr'skraɪb/ (v) = to say or write what sth is like
opisywać
- faraway** /'fɑ:rəweɪ/ (adj) = being a long way away
odległy
- independent** /,ɪndɪ'pendənt/ (adj) = self-sufficient, not controlled
niezależny
- life-changing** /laɪf ,tʃeɪndʒɪŋ/ (adj) = so important that it can affect your whole life
zmieniający życie
- moment** /'mɒmənt/ (n) = a point in time
moment, chwila
- purpose** /'pɜ:pəs/ (n) = a reason
zamiar, cel
- quarter** /'kwɔ:tə/ (n) = each of the four equal parts that sth is divided into
ćwierć, jedna czwarta
- reason** /'ri:zən/ (n) = an explanation
powód, przyczyna
- research** /rɪ'sɜ:tʃ/ (n) = work that involves studying sth and trying to discover facts about it
badania, badania naukowe
- out of your shell** (phr) = more interested in other people, more willing to talk and take part in social activities
otworzyć się na ludzi
- stressed** /strest/ (adj) = anxious
zestresowany
- volunteer** /vɒlən'tɪə/ (v) = to offer to do sth without payment
zgłosić się na ochotnika
- worry** /'wɒri/ (v) = to feel anxious or troubled about sth
martwić się

Public Speaking Skills B

- ability** /ə'bɪləti/ (n) = a skill
zdolność, umiejętność
- agree** /ə'gri:/ (v) = to have the same opinion about sth as sb else
zgodzać się, przyznawać rację
- all-round** /ɔ:l 'raʊnd/ (adj) = general
wszechstronny, uniwersalny

- championship** /tʃæmpɪənʃɪp/ (n) = a sporting event where competitors compete for top positions, involving a series of matches or races
mistrzostwa
- charity** /tʃærəti/ (n) = an organisation which helps people in need
organizacja charytatywna
- childhood** /tʃaɪldhʊd/ (n) = the early years of sb's life
dzieciństwo
- clear** /klɪə/ (adj) = obvious
oczywisty
- coach** /kəʊtʃ/ (n) = the person who trains an athlete, team, etc
trener
- defender** /drɪfendə/ (n) = sb in a sports team who tries to prevent the other team from scoring points, goals, etc
obrońca
- donate** /dəʊneɪt/ (v) = to give money or things to charity
składać datek
- drop out (of)** /,drɒp 'aʊt/ (phr v) = to leave school without finishing it
porzucić szkołę
- encourage** /ɪn'kʌrɪdʒ/ (v) = to try to persuade sb to do sth
zachęcać
- event** /ɪvent/ (n) = a happening
wydarzenie
- goal** /gəʊl/ (n) = aim, purpose
cel
- hold** /həʊld/ (v) = to organise (a meeting, etc)
przeprowadzać, organizować
- introduce** /,ɪntrə'dju:s/ (v) = to make sth known to sb for the first time
przedstawiać (np. znajomych)
- offer** /ɒfə/ (v) = to give, to provide
zaoferować
- passer** /'pɑ:sə/ (n) = the player in a sports team responsible for passing the ball
rozgrywający
- position** /pə'zɪʃən/ (n) = a situation
sytuacja, pozycja
- rarely** /rɪəli/ (adv) = not often
rzadko

scorer /ˈskɔːrə/ (n) = sb who scores a point or goal in a game **zdobywca bramki lub punktów**
set up /ˌset ʼʌp/ (phr v) = to start an organisation to help people **zakładać coś, tworzyć coś (np. firmę)**
similar /ˈsɪmələ/ (adj) = alike **podobny**
talent /ˈtælənt/ (n) = a natural ability or skill to do sth
talent

Unit 7 – Stick to the rules!

7a

allow /əˈlaʊ/ (v) = to permit, to let **pozwalać, zezwalać**
annoy /əˈnɔɪ/ (v) = to make sb angry **denerwować, złościć**
campsite /ˈkæmpsaɪt/ (n) = an area where people stay in tents or caravans while on holiday **pole kempingowe**
caravan /ˈkærəvæn/ (n) = a vehicle pulled by a car/van and which contains beds and cooking equipment so that people can spend their holidays in it **pryczepa kempingowa**
charge /tʃɑːdʒ/ (n) = an amount of money you have to pay for sth **koszt, opłata**
daily /ˈdeɪli/ (adj) = happening every day **codzienny**
dangerous /ˈdeɪndʒərəs/ (adj) = unsafe **niebezpieczny**
disturb /dɪˈstɜːb/ (v) = to bother sb **zakłócać, przeszkadzać**
except /ɪkˈsept/ (prep) = apart from **oprócz, z wyjątkiem**
extremely /ɪkˈstriːmlɪ/ (adv) = very **nadzwyczaj, wyjątkowo**
fellow /ˈfeləʊ/ (adj) = of the same group **znajomy**
fire pit /ˈfaɪə pɪt/ (n) = a large hole in the ground in which a fire for cooking food is lit **palenisko**
free of charge (phr) = that does not cost anything **za darmo, bezpłatny**

freely /ˈfriːli/ (adv) = without being limited **swobodnie, bez przeszkód**
heating /ˈhiːtɪŋ/ (n) = the system for keeping a room, etc warm **ogrzewanie**
lead /liːd/ (n) = a long narrow piece of leather, chain, etc that you fasten to the collar around a dog's neck in order to control the dog **smycz**
light /laɪt/ (v) = (of a fire) to start **zapalić**
litter /ˈlɪtə/ (n) = rubbish **śmieci, odpadki**
peaceful /ˈpiːsfəl/ (adj) = calm, quiet **spokojny**
pet /pet/ (n) = an animal which is kept at home **zwierzątko domowe**
pick up /pɪk ʼʌp/ (phr v) = to lift up **podnieść**
provide /prəˈvaɪd/ (v) = to make available **dostarczać, zaopatrywać**
recycle /ˈriːsaɪkl/ (v) = to collect and process things such as paper and cans so that they can be used again **powtórnie przetwarzać**
regulation /ˌregjʊˈleɪʃən/ (n) = an official rule or order **regulacja prawna, przepis, nakaz**
respect /rɪˈspekt/ (v) = to care about sb's wishes, beliefs and rights **szanować, liczyć się (z kimś)**
rule /ruːl/ (n) = an official instruction about what you must or must not do **reguła, zasada**
safety /seɪfti/ (n) = the state of sth being safe to do or use **bezpieczeństwo**
supply /səˈplaɪ/ (v) = to provide **dostarczać, zaopatrywać**
tidy /ˈtaɪdi/ (adj) = orderly, neat **schludny, uporządkowany**

7b

adult /ædʌlt/ (n) = sb who is no longer a child, a mature person **osoba dorosła**

allergic /əˈlɜːdʒɪk/ (adj) = becoming ill or getting a rash when you eat, drink or touch sth **uczulony**
avoid /əˈvɔɪd/ (v) = to try not to do sth **zapobiegać, unikać**
break the law (phr) = to commit a crime **złamać prawo**
custom /ˈkʌstəm/ (n) = an activity or way of behaving that is usual or traditional in a particular society **zwyczaj, tradycja, obyczaj**
enter /ˈentə/ (v) = to go into a place **wchodzić**
matches /ˈmætʃɪz/ (pl n) = small sticks of wood used to create fire **zapalki**
offend /əˈfend/ (v) = to do sth that upsets or annoys sb **urazić, obrazić**
passport /ˈpɑːspɔːt/ (n) = an official document allowing you to travel abroad **paszport**
prison /ˈprɪzən/ (n) = the place where criminals are kept **więzienie**
rent /rent/ (n) = payment given to sb to live in their place temporarily **czynsz**
runway /ˈrʌnweɪ/ (n) = the long road where planes take off and land **pas startowy**
settle in /ˈsetl ɪn/ (phr v) = to get used to living somewhere **zadomowić się, zaaklimatyzować się**
sign /saɪn/ (v) = to write your name on a document to show that you agree with the content **podpisać**
support /səˈpɔːt/ (v) = to give help of some kind to sb or sth **wspierać**
up-to-date (phr) = the newest of its kind, the most recent **aktualny, nowoczesny**
wildlife /ˈwaɪldlaɪf/ (n) = animals and other living creatures which live in the wild **dzika przyroda**

7c

basement /ˈbeɪsmənt/ (n) = a floor built below ground level **piwnica**

cancellation /ˌkænsəˈleɪʃn/ (n) = the act of stopping sth arranged from happening **odwołanie, anulowanie**
check out /ˌtʃek ʼaʊt/ (phr v) = to pay the bill and leave a hotel **wymeldować się z hotelu**
damage /ˈdæmɪdʒ/ (n) = harm caused to sth **uszkodzenie, szkoda**
dust /dʌst/ (n) = very small bits of dirt on furniture, etc **kurz**
equipped /ˈɪkwɪpt/ (adj) = including tools needed for a particular purpose **wyposażony**
furniture /ˈfɜːnɪtʃə/ (n) = large moveable objects such as chairs and tables **meble**
latest /ˈleɪtɪst/ (adj) = the most recent **najnowszy**
lock /lɒk/ (v) = to make sth safe by closing doors, windows, etc **zamykać**
overnight /əʊvəˈnaɪt/ (adv) = during the night **nocą, w nocy**
property /ˈprɒpəti/ (n) = the things that belong to sb or sth **własność, mienie**
remove /rɪˈmuːv/ (v) = to take away **usuwać**
report /rɪˈpɔːt/ (v) = to state, to describe **składać sprawozdanie**
sort /sɔːt/ (v) = to classify **sortować**
view /vjuː/ (n) = sight, scenery **widok**
workspace /ˈwɜːkspeɪs/ (n) = a working area such as a desk, counter, room, etc **obszar roboczy**

Culture 7

challenge /ˈtʃælɪndʒ/ (n) = sth that tests your abilities and strengths **wyzwanie**
competition /ˌkɒmpəˈtɪʃən/ (n) = a contest **zawody, konkurs**
competitor /kəmˈpetɪtə/ (n) = a person who takes part in a competition **konkurent, uczestnik**

Word List

crew member /'kru: ,membə/ (n) = a member of a group of people who work together **członek załogi**

enormous /'nɔ: məs/ (adj) = extremely large **olbrzymi, ogromny**

excitement /'ɪk'saɪtmənt/ (n) = a feeling of enthusiasm **podekscytowanie**

face /feɪs/ (v) = to deal with **stawiąć czoła czemuś**

ferry boat /'feri bəʊt/ (n) = a boat or ship taking passengers across an area of water **prom (łódź)**

finish line /'fɪnɪʃ laɪn/ (n) = the line at the end of a race **linia mety**

gather /'gæðə/ (v) = to come together **zbierać się, gromadzić się**

join /dʒɔɪn/ (v) = to participate **dołączać**

last /lɑ:st/ (v) = to continue to happen **trwać**

limit /'lɪmɪt/ (n) = the greatest amount allowed **limit, ograniczenie**

miss /mɪs/ (v) = to lose the chance to do sth **przegapić coś, spóźnić się na coś, stracić okazję**

race /reɪs/ (n) = a competition to see who is the fastest **wyścig**

sail /seɪl/ (v) = to move a boat across water **żeglować**

set sail (phr) = to begin a journey across water **wypłynąć w morze**

shore /ʃɔ:/ (n) = the land across the edge of the sea **brzeg (morza, jeziora)**

spectator /spek'teɪtə/ (n) = sb who watches a game, competition, etc **widz, obserwator**

spot /spɒt/ (n) = a position **miejsce**

take part (phr) = to participate **brać udział**

wave /weɪv/ (n) = raised water **fala**

yacht /'jɒt/ (n) = a medium-sized sailing boat **jacht**

Unit 8 – Landmarks

8a

attraction /ə'trækʃən/ (n) = an appealing feature which makes sb interested in visiting a place **atrakcja turystyczna**

canyon /'kænjən/ (n) = a deep narrow valley with steep sides usually with a river flowing through it **kanion**

carve /kɑ:v/ (v) = to make objects by cutting them out of wood or stone **rzeźbić, wydrążyć**

chamber /'tʃeɪmbə/ (n) = an enclosed space; a large room **komora (np. w kopalni)**

chance /tʃɑ:ns/ (n) = an opportunity **szansa, okazja**

dig /dɪg/ (v) = to make a hole by moving earth **kopać**

fall /fɔ:l/ (n) = water dropping from a higher to a lower point **wodospad**

legend /'ledʒənd/ (n) = a myth; a story **legenda**

mine /maɪn/ (n) = a system of holes underground from where coal, salt, etc are removed **kopalnia**

mine /maɪn/ (v) = to work underground digging for salt, coal, metal, etc **wydobywać, eksploatować**

mineshaft /maɪnʃɑ:ft/ (n) = a narrow vertical hole or a tunnel that gives access to a mine **szyb kopalniany**

rainforest /reɪnfɔ:rest/ (n) = a thick forest of tall trees in tropical areas with a lot of rain **las deszczowy, las tropikalny**

servant /sɜ:vənt/ (n) = a person employed by another person to work at their house **służący**

shape /ʃeɪp/ (n) = a form **kształt**

surface /'sɜ:fɪs/ (n) = the outer top part or layer of sth **powierzchnia**

valley /'væli/ (n) = a low flat area of land between hills **dolina**

well /wel/ (n) = a deep hole in the ground to get water **studnia**

8b

admission /əd'mɪʃən/ (n) = the money that you pay to enter a place **wstęp (możliwość wejścia gdzieś)**

charge /tʃɑ:dʒ/ (n) = price **koszt, opłata**

complete /kəm'pli:t/ (v) = to finish **ukończyć**

compose /kəm'pəʊz/ (v) = to write music **komponować**

confuse (with) /kən'fju:z/ (v) = to mistake for **mylić z**

exhibit /ɪg'zɪbɪt/ (n) = a work of art in a gallery, museum, etc **eksponat**

invent /ɪn'vent/ (v) = to create sth that did not exist before **wynaleźć**

8c

brick /brɪk/ (n) = a rectangular block of baked clay used for building walls **cegła**

clay /kleɪ/ (n) = a kind of earth which is soft when wet and hard when dry **gлина**

concrete /'kɒŋkri:t/ (n) = a building material made from stone, sand, cement and water **beton**

courtyard /'kɔ:tjɑ:d/ (n) = an open area surrounded by buildings or walls **dziedziniec**

glass /glɑ:s/ (n) = a hard usually transparent substance used to make windows **szkło**

marble /'mɑ:bəl/ (n) = a type of very hard rock which shines when it is cut and polished **marmur**

ruins /ru:ɪnz/ (pl n) = ancient/old buildings that have survived over time **ruiny**

steel /sti:l/ (n) = a very strong metal whose major component is iron **stal**

stone /stəʊn/ (n) = a hard solid substance of which rocks consist **kamień**

wood /wud/ (n) = the material that forms the trunks and branches of trees **drewno**

Culture 8

beast /bi:st/ (n) = an animal **bestia**

ceramic tile (phr) = a piece of fired clay used for covering floors, walls, etc **dachówka ceramiczna**

chalk /tʃɔ:k/ (n) = a soft white rock that we use to write or draw **kreda**

emblem /'embləm/ (n) = sth that represents a particular person, a group of people or an idea **symbol**

entrance /'entrens/ (n) = a door, gate etc that allows access to a place **wejście, wjazd**

explorer /ɪk'splɔ:rə/ (n) = a person who travels to places that very little is known about **badacz, odkrywca**

figure /'fɪgə/ (n) = a drawing; an image **figura, kształt**

prehistoric times (phr) = the time period before recorded history **czasy prehistoryczne**

symbolise /sɪmbəlaɪz/ (v) = to stand for **symbolizować**

time capsule /'taɪm ˌkæpsju:l/ (n) = a container filled with objects that represent the present period of history **kapsuła czasu (pojemnik zawierający przedmioty z epoki)**

trade /treɪd/ (n) = the activity of selling and buying things **handel**

tribe /traɪb/ (n) = a group of people living together, sharing the same language, culture and history **szczęp, plemię**

Unit 9 – Live and let live

9a

- bat** /bæt/ (n) = a small flying animal that looks like a mouse with wings
nietoperz
- beak** /bi:k/ (n) = the hard pointed part on a bird's face which is its mouth **dziób**
- claw** /klɔ:/ (n) = a sharp nail on an animal's toe **szpon**
- feathers** /feðəz/ (pl n) = soft light coverings of a bird's body **pióra**
- fin** /fin/ (n) = a wide thin part on each side and the back of a fish **pletwa**
- hooked** /hukt/ (adj) = bended **haczykowany (np. dziób)**
- hoof** (plural: hoofs/hooves) /hu:f/ (n) = the hard lowest part of each foot of a horse, a cow, etc **kopyto**
- horn** /hɔ:n/ (n) = the hard curved part on the top of some animals' head **róg**
- hunt** /hʌnt/ (v) = to chase an animal in order to kill it **polować**
- ivory** /aɪvəri/ (n) = a hard cream-coloured substance which forms elephant tusks **kość słoniowa**
- kitten** /kɪtn/ (n) = a young cat **kociak, kocię**
- logger** /lɒgə/ (n) = a person who cuts down trees **drwal**
- oil spill** /ɔɪl spi:l/ (n) = leakage of oil into the sea **wyciek ropy**
- paw** /pɔ:/ (n) = an animal's foot **łapa**
- peacock** /pi:kɒk/ (n) = a large bird the male of which has got long blue and green tail feathers **paw**
- response** /rɪ'spɒns/ (n) = a reply **odpowiedź, reakcja**
- seal** /si:l/ (n) = a large fish-eating mammal with thick fur that lives in cold areas in the sea **foka**
- stripe** /straɪp/ (n) = a line **pasek (wzór)**
- treetop** /tri: tɒp/ (n) = the upper part of a tree **wierzchołek drzewa**

- trunk** /trʌŋk/ (n) = the body of a tree **pień drzewa**
- tusk** /tʌsk/ (n) = a long pointed tooth of an elephant, a walrus, etc **kieł**
- webbed** /webd/ (adj) = having the toes connected with a membrane **z błoną pławną (np. stopa kaczki)**
- whiskers** /wɪskəz/ (pl n) = long hairs on the face of a cat, a seal, etc **wąsy (włosy czuciowe u zwierząt)**

9b

- bin** /bɪn/ (n) = a container for rubbish **kosz na śmieci**
- safely** /serfli/ (adv) = securely **bezpiecznie**
- turn round** /tɜ:n ə'raʊnd/ (phr v) = to cause to change direction **odwrócić się**
- waste** /weɪst/ (n) = rubbish **odpady**

9c

- bagful** /bægful/ (n) = the amount that a bag contains **pełna zawartość torby**
- cycle path** /saɪkəl pɑ:θ/ (n) = a narrow road for bicycles **ścieżka rowerowa**
- encourage** /ɪn'kʌrɪdʒ/ (v) = to make sb more likely to do sth **zachęcać**
- greenery** /'grɪ:nəri/ (n) = trees **roślinność**
- litter** /lɪtə/ (n) = rubbish **śmieci, odpadki**
- public transport** /pʌblɪk 'trænsɒ:t/ (n) = buses, trains, etc for people to use **transport publiczny**
- recycle** /ri:'saɪkəl/ (v) = to collect and process things such as cans, glass or paper, so that they can be used again **powtórnie przetwarzać**

Culture 9

- celebrate** /seləbreɪt/ (v) = to mark a day or event by doing sth special, usually with other people **świętować, obchodzić; ślawić, wysławiać**

- free of charge** (phr) = without paying any money **za darmo, bezpłatnie**
- gather** /'gæðə/ (v) = to come together **zbierać się, gromadzić się**
- in the heart of** (phr) = in the centre of **w samym środku**
- outfit** /aʊtfɪt/ (n) = a set of clothes worn together **ubiór, strój**
- pedal** /'pedl/ (v) = to move the bicycle with your feet **pedałować**
- service** /sɜ:vɪs/ (v) = to examine a machine and repair it if needed **serwisować**
- swap** /swɒp/ (v) = to exchange **zamieniać, wymieniać**

Values C: Good Citizenship

- avoid** /ə'vɔɪd/ (v) = to keep away from **zapobiegać, unikać**
- can't stand** (phr) = to dislike **nie móc czegoś znieść**
- coach** /kəʊtʃ/ (v) = to teach or train sb **trenować**
- impact** /ɪmpækt/ (n) = an effect **wpływ**
- law** /lɔ:/ (n) = a system of rules by a government or society **prawo, system prawny**
- look after** /lʊk ɑ:ftə/ (phr v) = to take care of **zajmować się, opiekować się (kimś)**
- obey** /əu'beɪ/ (v) = to follow rules/instructions **przestrzegać, być posłusznym**
- under arrest** (phr) = in legal custody **aresztowany**

Public Speaking Skills C

- drain** /dreɪn/ (n) = a pipe that carries water or sewage **odpływ**
- leaking** /li:kɪŋ/ (adj) = letting water escape **cieknący**
- pour** /pɔ:/ (v) = (of a liquid) to come out of sth **wlewać, rozlewać**

- rinse** /rɪns/ (v) = to wash sth in clean water to remove dirt or soap from it **splukać**
- tap** /tæp/ (n) = the part at the end of a pipe which controls the flow of water **kran**

Unit 10 – Holiday time

10a

- bright** /braɪt/ (adj) = full of light **jasny, pełen światła**
- budget** /'bʌdʒɪt/ (n) = an amount of money that you have available to spend **budżet**
- deal** /di:l/ (n) = an arrangement **oferta, umowa, układ, porozumienie**
- dine** /daɪn/ (v) = to eat dinner, usually at a restaurant **jeść obiad**
- expedition** /ekspə'dɪʃən/ (n) = an organised journey for a specific purpose **wyprawa**
- get sb down** /get 'daʊn/ (phr v) = to cause sb to be exhausted **zasmucić, zmartwić kogoś**
- look after** /lʊk ɑ:ftə/ (phr v) = to take care of **zajmować się, opiekować się (kimś)**
- memorable** /memərəbəl/ (adj) = notable **pamiętny**
- on board** (phr) = on or in an aircraft, train, ship etc. **na pokładzie**
- sight** /saɪt/ (n) = a place of interest **widok, atrakcja turystyczna**
- staff** /stɑ:f/ (n) = all the people who work for a company **personel, kadra**
- stroll** /strɔ:l/ (v) = to walk in a leisurely way **przechadzać się**
- thunderstorm** /θʌndə'stɔ:m/ (n) = a storm with lightning and thunder and usually heavy rain **burza (z piorunami)**
- wet** /wet/ (adj) = not dry **wilgotny**

Word List

10b

admire /əd'maɪə/ (v) = to show respect **podziwiać**
guest /gest/ (n) = a person staying at a hotel **gość**
guidebook /'gaɪdbʊk/ (n) = a book for tourists giving information about a place **przewodnik (książka)**
look forward to /'lʊk 'fɔ:wəd tə/ (phr v) = I can't wait **czekać na coś z niecierpliwością**
melt /melt/ (v) = to become liquid **roztapiać się**
provide /prə'vaɪd/ (v) = to give **dostarczać, zaopatrywać**
thermal /θɜ:məl/ (adj) = relating to or caused by heat **termiczny**

10c

airport shuttle (phr) = a hotel bus that takes passengers to and from the airport **transport wahadłowy do i z lotniska**
laundry service (phr) = the service in a hotel that washes and irons clothes for guests **pralnia**
polite /pə'laɪt/ (adj) = kind **uprzejmy**
recommend /rekə'mend/ (v) = to suggest **polecać**
reservation /rezə'veɪʃən/ (n) = an arrangement to have a hotel room, a ticket, etc kept for you **rezerwacja**
seafront /'si:frʌnt/ (n) = the part of a town on the coast that is next to the beach **bulwar nadmorski**

Culture 10

break /breɪk/ (n) = a short period of rest **przerwa na odpoczynek**
capital /'kæpɪtl/ (n) = the most important city of a country or region **stolica**
eagle /'i:ɡəl/ (n) = a large bird with a hooked bill and long broad wings **orzeł**

otter /'ɒtə/ (n) = a small mammal with four short legs, short brown fur and a long tail that swims well and eats fish **wydra**
peaceful /'pi:sfəl/ (adj) = quiet **spokojny**
puffin /'pʌfɪn/ (n) = a black and white seabird with a large brightly-coloured beak **maskonur (gatunek ptaka)**
wander /'wɒndə/ (v) = to walk around a place without any specific purpose **włóczyć się, szwędzać się**

Unit 11 – Join in the Fun

11a

be caught in the moment (phr) = to be completely focused on a specific event **być pod wpływem chwili**
come alive (phr) = (of a place) to become full of activity **ożywić się**
come true (phr) = to happen **spełniać się, ziścić się**
float /fləʊt/ (v) = to lie on or just below the surface of a liquid **unosić się (np. na wodzie)**
full moon /fʊl 'mu:n/ (n) = the moon when it is in the shape of a complete disc **pełnia księżycza**
give thanks to (phr) = to show appreciation that sth has happened **dziękować**
harvest /'hɑ:vɪst/ (n) = the amount of crops gathered when they are mature **plony, zbiory**
in full swing (phr) = at the highest level of an activity **w pełni**
out of sight (phr) = where sb/ sth can't be seen **poza zasięgiem wzroku**
release /rɪ'li:s/ (v) = to set free **uwolnić, wypuścić**
tree trunk /tri: trʌŋk/ (n) = the body of the tree **pień drzewa**
truly /'tru:li/ (adv) = really **prawdziwie**
wish /wɪʃ/ (n) = a hope; a desire **zyczenie**

11b

march /mɑ:tʃ/ (v) = to walk with very regular steps **maszerować**
parade /pə'reɪd/ (n) = a procession in order to celebrate a special day, an event, etc **parada, pochód**
wonder /'wʌndə/ (v) = to ask yourself **zastanawiać się**

11c

circus /'sɜ:kəs/ (n) = a group of clowns and acrobats that travel to various places and perform a show **cyrk**
concert /'kɒnsət/ (n) = a music performance **koncert**
escape room /ɪ'skeɪp ru:m/ (n) = a game where people are locked into a room and have to find a way to escape solving puzzles **gra, w której uczestnicy próbują wydostać się z zamkniętego pokoju**
fashion show /'fæʃən ʃəʊ/ (n) = an event where models wear new styles of clothes **pokaz mody**
highlight /'haɪlaɪt/ (n) = the most interesting part of an event **główna atrakcja**
ice show /'aɪs ʃəʊ/ (n) = an event in which ice-skaters perform, usually with musical accompaniment **rewia na lodzie**
opera /'ɒpərə/ (n) = a musical play in which all words are sung **opera**
waist-deep /'weɪst di:p/ (adv) = at a depth to reach the middle part of your body **po pas, (głęboki) po pas**

Culture 11

annual /'ænjʊəl/ (adj) = happening every year **coroczny**
bushfood /'bʊʃfu:d/ (n) = any food native to Australia and eaten by the original inhabitants **żywność zdobywana w australijskim buszu**

experience /ɪk'spɪəriəns/ (v) = to be in a situation **doświadczyć, doznawać**
fancy /'fænsi/ (v) = to like **mieć ochotę, chcieć**
gathering /'gæðərɪŋ/ (n) = the act of getting together **zgromadzenie**
inhabitant /ɪn'hæbɪtənt/ (n) = a dweller **mieszkaniec, mieszkanka**
sample /'sɑ:mpl/ (v) = to taste **próbować, kosztować**
sandstone rock /'sændstəʊn ,rɒk/ (n) = a rock that contains mainly sand **skała z piaskowca**

Unit 12 – Going online!

12a

access /'ækses/ (v) = to open a computer file **uzyskiwać dostęp**
anti-virus program /ænti 'vaɪərəs ,prəʊgræm/ (n) = a type of utility for scanning and removing programs introduced secretly into a computer system in order to alter or destroy data **program antywirusowy**
attachment /ə'tætʃmənt/ (n) = a file sent with an email message **załącznik (do listu elektronicznego)**
click /kɪk/ (v) = to select using the left button of a mouse **klikać**
complex /'kɒmpleks/ (adj) = complicated **złożony, skomplikowany**
delete /dɪ'li:t/ (v) = to remove **kasować, usuwać**
detect /dɪ'tekt/ (v) = to find **wykrywać**
download /daʊn'ləʊd/ (v) = to receive data over the Internet **pobierać**
exchange /ɪks'tʃeɪndʒ/ (v) = to give and receive **wymieniać, zamieniać**
exposed /ɪk'spəʊzd/ (adj) = not covered **narazony**
familiar /fə'mɪliə/ (adj) = known **znajomy, znany**

flash drive /flæʃ draɪv/ (n) = a portable data storage device **pamięć przenośna**

hacker /hækə/ (n) = a person who accesses other people's computers illegally **haker**

hard drive /hɑ:d draɪv/ (n) = the part of a computer which contains all the programs **dysk twardy**

headset /hedset/ (n) = a set of headphones **sluchawki**

interconnected /,ɪntəkə'nektɪd/ (adj) = joined **połączone**

keyboard /ki:bɔ:d/ (n) = the part of a computer where you type in order to operate it **klawiatura**

link /lɪŋk/ (n) = an HTML object that allows you to visit a new location when you click or tap it **odnośnik, łącze**

mouse /maʊs/ (n) = a device attached to the computer, which moves the cursor around the screen **mysz komputerowa**

network /netwɜ:k/ (n) = a group of computers which are connected to each other **sieć**

pop-up advert /pɒp ʌp 'ædvɜ:t/ (n) = an announcement that appears unexpectedly on the screen and tries to persuade people to buy a product or service **wyskakująca reklama**

printer /prɪntə/ (n) = a device attached to the computer which produces a written copy of a file **drukarka**

purchase /pɜ:tʃəs/ (n) = what one buys; a product **zakup**

record /rɪ'kɔ:d/ (v) = to copy **nagrać**

router /ru:tə/ (n) = a device which connects computer networks to each other, and sends information between networks **ruter**

scanner /skænə/ (n) = a device that captures images from physical items and converts them into digital formats **skaner**

screen /skri:n/ (n) = a flat surface as part of a computer, on which pictures and words are shown **ekran**

speakers /spi:kəz/ (pl n) = the part of a computer through which the sound comes out **głośniki**

tower /tauə/ (n) = a metal case that holds all of the computer's components **pionowa obudowa komputera**

trick /trɪk/ (n) = an action that intends to cheat sb **trik, podstęp**

upload /ʌp'ləʊd/ (v) = to send a file from your computer to another computer **wysyłać, przekazywać (plik)**

USB /ju: es 'bi:/ (n) = a part that connects other devices to a computer **port USB**

virus /'vaɪərəs/ (n) = a small program or script that can cause your computer not to function correctly **wirus**

webcam /'webkæm/ (n) = a video camera that takes pictures which can be viewed on a website **kamera internetowa**

12b

crash /kræʃ/ (v) = to stop functioning properly **zepsuć się, zawiesić się**

password /'pɑ:swɜ:d/ (n) = a secret word or phrase used to gain access to sth **hasło**

pity /'ptɪ/ (n) = a feeling of sadness **szkoda, żal**

unreasonable /ʌn'reɪ:zənəbəl/ (adj) = illogical **niedorzeczny, nierozsądny**

up-to-date /ʌp tə 'deɪt/ (adj) = recent **aktualny**

12c

addictive /ə'dɪktɪv/ (adj) = of sth which a person cannot stop using, doing or taking **uzależniający**

background /'bækgraʊnd/ (adj) = behind the main subject **drugoplanowy, drugorzędny (w tle)**

calculator /'kælkjuleɪtə/ (n) = an electronic device used to do mathematical calculations **kalkulator**

GPS /dʒi: pi: 'es/ (n) = (global positioning system) a system that shows the exact position of sth using signals from satellites **nawigacja GPS**

note /nəʊt/ (n) = a short piece of writing **notatka**

obviously /'ɒbvɪəslɪ/ (adv) = surely; without doubt **oczywiście**

online shopping /'ɒnlaɪn 'ʃɒpɪŋ/ (n) = buying things on the Internet **zakupy przez internet**

pretend /prɪ'tend/ (v) = to act as if sth were real or true when it is not **udawać**

setting /'setɪŋ/ (n) = a place on a mobile phone or other electronic device where you can set a function **ustawienie, układ, regulacja**

social media /səʊʃəl 'mi:diə/ (pl n) = websites that allow people to communicate on the Internet using a computer or mobile phone **media społecznościowe**

steal /sti:l/ (v) = to take sth which belongs to sb else without their permission **ukraść**

Culture 12

admission /əd'mɪʃən/ (n) = entrance **wstęp (możliwość wejścia gdzieś)**

explore /ɪk'splɔ:/ (v) = to search and discover **eksplorować**

hill /hɪl/ (n) = an area of land not as high as a mountain **wzgórze, pagórek**

ingenuity /ɪn,dʒə'nju:əti/ (n) = the ability to think of clever ways to solve a problem **pomysłowość**

stuff /stʌf/ (n) = things **rzeczy**

virtual world /vɜ:tʃuəl 'wɜ:ld/ (n) = a computer-based online community environment designed and shared by individuals **wirtualny świat**

Values D: Unity

compete /kəm'pi:t/ (v) = to take part in a race or a competition **konkurować**

experience /ɪk'spɪəriəns/ (n) = an event that happens to sb **doznanie, przeżycie**

generally /dʒenərəli/ (adv) = usually **zwykle, zazwyczaj**

survival /sə'vaɪvəl/ (adj) = remaining alive **zapewniający przeżycie**

time limit /taɪm lɪmɪt/ (n) = an amount of time within which sth has to be done **limit czasowy**

tough /tʌf/ (adj) = difficult **trudny, wymagający**

Public Speaking Skills D

close /kloʊs/ (adv) = near **blisko**

craftwork /kra:ftwɜ:k/ (n) = the act of making decorative or practical objects by hand **rękodzieło**

gather /gæðə/ (v) = to come together **zbierać się, gromadzić się**

mankind /mæn'kaɪnd/ (n) = the human race **ludzkość**

tribe /traɪb/ (n) = a group of people of the same race, language and customs **szczep, plemię**

CLIL A: History

earn /ɜ:n/ (v) = to receive money in return for work that you do **zarabiać**

hanger /'hæŋgə/ (n) = a piece of wood, plastic or metal with a hook at the top that we use to hang clothes **wieszak**

Word List

measure /meɪʒə/ (v) = to be a specific size, length, etc
mierzyć (długość, wagę, ilość itd.)

pheasant /feɪzənt/ (n) = a bird with a long tail **bażant**

pole /pəʊl/ (n) = a long piece of wood or metal used to support things **kij, słup**

scone /skɒn/ (n) = a small cake
rożek (ciastko)

CLIL B: Food Preparation & Nutrition

allergic /ə'li:dʒɪk/ (adj) = covered in a rash when you eat, smell or touch sth
uczulony

fool /fu:l/ (v) = to trick sb
oszukiwać

nutrient /nju:triənt/ (n) = a substance that helps animals and plants to grow
składnik odżywczy

weight /weɪt/ (n) = the amount of heaviness of sth **waga**

CLIL C: Science

average /ævərɪdʒ/ (adj) = typical or normal of sth
średni, przeciętny

carbon dioxide /kɑ:bən daɪ'ɒksaɪd/ (n) = the gas that comes from animals and people breathing out and from chemical reactions
dwutlenek węgla

emission /ɪ'mɪʃən/ (n) = the sending out of fumes
emisja, wydzielanie

reduce /rɪ'dju:s/ (v) = to make smaller in size or amount
redukować, obniżyć

vapour /veɪpə/ (n) = tiny drops of liquid in the air which appear as mist **para (np. wodna)**

CLIL D: Art & Design

abstract /æbstrækt/ (adj) = based on a general idea or thought **abstrakcyjny, oderwany**

claim /kleɪm/ (v) = to say that sth is true without proving it
twierdzić, utrzymywać

drip /drɪp/ (v) = to fall in drops
kapać

explore /ɪk'splɔ:/ (v) = to examine; to look into
badać, eksplorować

melt /melt/ (v) = to become liquid because of heat
roztapiać się

represent /reprɪ'zent/ (v) = to show; to act as an example of **symbolizować, przedstawiać**