

Glossary

- abdomen** [N-COUNT-U11] The **abdomen** is the front section of the body below the chest and above the waist.
jama brzuszna, brzuch
- administrative** [ADJ-U13] If an employee is **administrative**, that employee handles business or organizational matters.
administracyjny
- admit** [V-T-U4] To **admit** someone to a hospital is to have that person stay in the hospital to receive treatment.
przyjmować (do szpitala)
- advance directive** [N-COUNT-U4] An **advance directive** is an order specifying what is to be done in the event that a certain situation arises. An advance directive may state, for example, that a patient does not wish to be resuscitated in the event that he or she experiences cardiac or pulmonary arrest. **„testament życia” – oświadczenie woli pacjenta określające zakres możliwych do stosowania czynności medycznych**
- advocacy** [N-UNCOUNT-U13] **Advocacy** is the practice of speaking on behalf of someone else or providing information and support to another person. **wsparcie, poparcie, obrona**
- aids** [N-COUNT-U9] Hospital **aids** are the various medical supplies and equipment that hospitals use.
sprzęt (szpitalny)
- albumin** [N-UNCOUNT-U8] **Albumin** is a type of protein found in the body. **albumina, białko proste**
- allergy** [N-COUNT-U4] An **allergy** is a disorder of the immune system that causes normally harmless substances such as pollen, plants, or food items to produce an adverse reaction. **alergia, uczulenie**
- aneroid monitor** [N-COUNT-U5] An **aneroid monitor** is a device used to measure one's blood pressure.
ciśnieniomierz aneroidowy
- antibiotic** [ADJ-U2] If something is **antibiotic**, it kills or prevents the growth of bacteria. **antybiotyczny**
- antimicrobial** [ADJ-U2] If something is **antimicrobial**, it kills or prevents the growth of microorganisms such as bacteria.
przeciwbakteryjny
- apnea** [N-COUNT-U5] **Apnea** is irregular or difficult breathing. **bezdech**
- appointment** [N-COUNT-U13] An **appointment** is an arrangement to meet with a doctor or medical professional at a specific time and place. **wizyta**
- associate** [N-COUNT-U15] An **associate** is an employee. **współpracownik**
- asthma attack** [N-COUNT-U9] An **asthma attack** is a condition in which a person's airways become tight and the person has trouble breathing. **atak astmy**
- bacteria** [N-UNCOUNT-U2] **Bacteria** are unicellular microorganisms that are capable of infecting a host organism.
bakterie
- bactericidal** [ADJ-U12] If something is **bactericidal**, it will kill bacteria upon contact. **bakteriobójczy**
- bandage** [N-COUNT-U6] A **bandage** is a piece of cloth used to cover a wound. **bandaż**
- bathing** [N-UNCOUNT-U13] **Bathing** is the act of cleaning oneself. **kąpanie się**
- beats per minute** [N-COUNT-U5] **Beats per minute** is the common unit of measurement used to express a person's heart rate. **uderzenia na minutę**
- bili light** [N-COUNT-U11] A **bili light** is a special lamp that emits a blue light which can break down bilirubin in the skin.
lampa do fototerapii
- bilirubin** [N-UNCOUNT-U11] **Bilirubin** is a pigment in blood cells that if not removed by the liver can build up and give skin a yellow appearance. **bilirubina**
- biographic data** [N-COUNT-U4] **Biographic data** is information regarding one's life, including, for example, name, age, marital status, and experiences. **dane osobowe**
- biopsy** [N-COUNT-U8] A **biopsy** is a medical procedure in which a piece of tissue is removed and examined to help determine an illness. **biopsja**

blister [N-COUNT-U6] A **blister** is a pocket of fluid in the skin that is caused by many things, including burns.
pęcherz

blood pressure [N-UNCOUNT-U8] **Blood pressure** is a measure of the pressure with which blood moves through the body.
ciśnienie krwi

bloody show [N-UNCOUNT-U5&U10] **Bloody show** refers to the blood or bloody substance that the body sometimes releases in the later stages of pregnancy.
krwawa wydzielina

body temperature [N-UNCOUNT-U5] **Body temperature** is the temperature of the body. 98.6 degrees Fahrenheit is normal human body temperature.
temperatura ciała

Braxton-Hicks contraction [N-COUNT-U10] **Braxton-Hicks contractions** are contractions that are strong, but do not become longer or more frequent like true labor contractions.
skurcze Braxtona Hicksa

BUN test [N-COUNT-U8] A **BUN (Blood Urea Nitrogen) test** is a test to determine the amount of urea nitrogen in the blood.
badanie ilości azotu mocznikowego

B-vitamins [N-UNCOUNT-U1] **B-vitamins** are a group of vitamins that have a range of health benefits, including the promotion of skin and muscle health as well as proper immune system function.
witaminy z grupy B

carbohydrates [N-UNCOUNT-U1] **Carbohydrates** are substances found in sugar, bread, potatoes etc which provide the body with heat and energy.
węglowodany

CDC [N-UNCOUNT-U14] The **CDC (Center for Disease Control and Prevention)** is an organization in the United States that monitors and responds to outbreaks of disease.
Centrum ds. Zapobiegania i Kontroli Chorób

cellulitis [N-UNCOUNT-U7] **Cellulitis** is inflammation of connective tissue or skin that occurs in places where the skin has previously been broken. Cellulitis is most common in skin on the face or lower legs.
zapalenie tkanki łącznej

chest compression [N-COUNT-U6] A **chest compression** is a physical intervention designed to create artificial circulation in a person whose heart has stopped functioning. Chest compressions are a part of CPR.
uciskanie klatki piersiowej

chief complaint [N-COUNT-U4] A **chief complaint** is a statement indicating the symptom, condition, or problem that is causing a patient to seek medical attention.
główna dolegliwość

chore [N-COUNT-U13] A **chore** is a household task that must be completed, such as cleaning or laundry.
rutynowy obowiązek domowy

CKD [N-UNCOUNT-U8] **CKD (Chronic Kidney Disease)** is a medical condition in which a person loses kidney function over time.
przewlekła niewydolność nerek

clinical [ADJ-U15] If something is **clinical**, it is related to the practice of medicine.
kliniczny

communicable [ADJ-U14] If a disease is **communicable**, it can be passed on from one person to another.
zakaźna

contraction [N-COUNT-U10] A **contraction** is a tensing of the uterus during pregnancy and labor.
skurcz

coordinator [N-COUNT-U12] A **coordinator** is a person who is in charge of a system or organization and who is responsible for keeping the system running smoothly.
koordynator

countersign [V-T-U3] To **countersign** something is to put one's signature to it in order to authenticate or verify it.
kontrasynować

coverage [N-UNCOUNT-U9] **Coverage** refers to the amount of medical costs a health insurance company will pay.
ubezpieczenie

CPR [N-UNCOUNT-U6] **Cardiopulmonary Resuscitation (CPR)** is a procedure designed to be used on people in cardiac and/or pulmonary arrest. It creates artificial circulation and respiration.
resuscytacja krążeniowo-oddechowa

creatinine [N-UNCOUNT-U8] **Creatinine** is a waste product found in blood that the kidney usually removes.
kreatynina

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- cross check** [V-T-U3] To **cross check** something is to determine the accuracy of it by verifying it with multiple sources. **weryfikować**
- c-section** [N-COUNT-U10] A **c-section (caesarean-section)** is a medical procedure that involves cutting into a pregnant woman's abdomen to deliver a baby. **cięcie cesarskie**
- debridement** [N-UNCOUNT-U7] **Debridement** is a procedure whereby dead tissue is surgically removed from a living organism. **opracowanie chirurgiczne rany**
- defibrillator** [N-COUNT-U6] A **defibrillator** is a device which delivers an electric shock to the heart in an effort to reset an abnormal heartbeat. **defibrylator**
- desiccation** [N-UNCOUNT-U7] **Desiccation** is a condition wherein tissue becomes excessively dry, frequently leading to cracking. **wysuszenie, desykcja**
- diastolic** [ADJ-U5] If a blood pressure measurement is **diastolic**, it is a measurement of blood pressure as a heart rests. **rozkurczowy**
- discharge** [N-COUNT-U9] A hospital **discharge** is the release of a patient after care is given. **wypis (ze szpitala)**
- discharge** [N-UNCOUNT-U10] **Discharge** is light-colored mucus that the body releases in the later stages of pregnancy. **wydzielina, upławy**
- discharge planner** [N-COUNT-U9] A **discharge planner** is a person who plans the details of a hospital discharge. **koordynator wypisów ze szpitala**
- disinfectant** [N-COUNT-U2] A **disinfectant** is a substance that is used to clean a non-living object and kill any microorganisms that are living on it. **środek dezynfekujący**
- dosage** [N-COUNT-U3] A **dosage** is the amount of medication to be given to a patient. **dawka, dawkowanie**
- dress** [V-T-U7] To **dress** a wound is to apply medication or a bandage to it. **opatrywać**
- elevated** [ADJ-U11] If something is **elevated**, it is higher than usual. **podwyższony**
- epidemic** [N-COUNT-U14] An **epidemic** is the sudden spread of a disease through a significant portion of a population. **epidemia**
- erythema toxicum** [N-UNCOUNT-U11] **Erythema toxicum** is a harmless skin condition in which infants' skin has yellow and white bumps surrounded by red skin. **rumień pochodzenia toksycznego**
- eschar** [N-COUNT-U7] An **eschar** is a piece of dead tissue that has fallen from the surface of the skin. **strup (np. powstały w wyniku oparzenia)**
- eupnea** [N-UNCOUNT-U5] **Eupnea** is normal, unlabored breathing. **prawidłowy oddech**
- existing services** [N-COUNT-U9] **Existing services** are the hospital services that a patient is currently receiving. **zabiegi/opieka, której poddawany jest pacjent**
- expiration date** [N-COUNT-U3] An **expiration date** is a date that marks the final day that a particular dose of medication is considered fit for use. **data ważności, termin końcowy**
- exudate** [N-COUNT-U7] An **exudate** is a fluid that has escaped from the circulatory system and flowed into tissue as a result of inflammation. **wysięk**
- facemask** [N-COUNT-U2] A **facemask** is a piece of cloth worn over the face that is intended to prevent the spread of disease. **maseczka chirurgiczna /ochronna**
- family history** [N-COUNT-U4] A **family history** is a list of the medical conditions or problems experienced by members of one's family. **wywiad rodzinny**
- fats** [N-UNCOUNT-U1] **Fats** are organic compounds that are used to store excess nutrients in order to produce energy at a later time. **tłuszcze**
- fetal movement count** [N-COUNT-U10] A **fetal movement count** is a count of the number of times a fetus moves during a certain amount of time. **obliczanie ruchów płodowych**

follow-up [N-COUNT-U9] A **follow-up** is a visit to a doctor following treatment or a procedure to ensure that a patient is healthy. **wizyta kontrolna, kontrola**

forceps [N-PLURAL-U12] **Forceps** are an instrument used in surgery to grasp small objects or to clamp blood vessels shut. **kleszcze, szczypce chirurgiczne**

full-time [ADJ-U15] If a job is **full-time**, it requires a person to work at least forty hours a week. **na pełny etat**

GFR test [N-COUNT-U8] A **GFR (Glomerular Filtration Rate) test** is a test to determine how much kidney function a person has. **badanie współczynnika przesączania kłębuszkowego**

grooming [N-UNCOUNT-U13] **Grooming** is the practice of taking care of one's personal appearance, such as combing hair or shaving. **dbanie o siebie**

heart rate [N-UNCOUNT-U5] **Heart rate** is a measurement of how many times per minute a person's heart beats. **tętno**

high fructose corn syrup [N-UNCOUNT-U1] **High fructose corn syrup** is a modified corn syrup that is used as a sugar substitute. High fructose corn syrup is found in most processed foods and drinks. **syrop kukurydziany o wysokiej zawartości fruktozy**

hospitalize [V-T-U4] To **hospitalize** someone is to put that person in a hospital so that he or she will be given the necessary treatment. Usually, only people with fairly serious medical conditions are hospitalized. **hospitalizować**

hygiene [N-UNCOUNT-U2] **Hygiene** is the practice of keeping oneself clean. Among other things, it includes proper bathing and hand washing habits. **higiena**

identification bracelet [N-COUNT-U3] An **identification bracelet** is a bracelet worn by patients in a hospital that has essential information such as the patient's name and birth date written on it. **bransoletka/opaska identyfikacyjna**

illness [N-COUNT-U13] An **illness** is a disease or condition that damages a person's health. **choroba**

immune system [N-COUNT-U11] The **immune system** is the body's defense against infection that includes special cells that attack and destroy foreign substances. **system immunologiczny/odpornościowy**

infection [N-COUNT-U2] An **infection** is a colonization of a host organism by a microorganism such as bacteria or a virus. Infections are usually harmful for the host organism. **infekcja**

infectious [ADJ-U14] If a disease is **infectious**, it can be spread from one person to another. **zakaźna**

inflammation [N-UNCOUNT-U7] **Inflammation** is a response by tissue to a harmful substance such as pathogens, irritants, or damaged tissue. **zapalenie, stan zapalny**

infusion therapy [N-UNCOUNT-U13] **Infusion therapy** is the process of passing medicine into the body over a long period of time by using an intravenous line. **terapia infuzyjna**

injury [N-COUNT-U13] An **injury** is physical damage to part of the body. **zranienie, rana**

insurance [N-COUNT-U4] **Insurance** is a form of risk management wherein one pays a company a certain amount of money each month in exchange for the assurance that the company will cover the costs incurred by a specified situation, such as a car accident or a medical emergency. **ubezpieczenie**

international [ADJ-U15] If something is **international**, it concerns or involves a different country. **międzynarodowy**

intramuscular administration [N-COUNT-U3] **Intramuscular administration** is the introduction of medication into the body by way of an injection. **zastrzyk domięśniowy**

isolate [V-T-U2] To **isolate** someone is to keep that person by him or herself so that he or she cannot infect others with a disease. **izolować**

jaundice [N-UNCOUNT-U11] **Jaundice** is a medical condition resulting from poor liver function which is characterized by yellow skin and eyes. **żółtaczka**

keynote speaker [N-COUNT-U14] A **keynote speaker** is the featured speaker at a public event who delivers a speech after others have spoken. **główny mówca**

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- kidney** [N-COUNT-U8] A **kidney** is one of the two organs that removes waste from the blood and produces urine. **nerka**
- labor** [N-UNCOUNT-U10] **Labor** is a natural childbirth process in which a woman's uterus contracts in preparation to deliver the baby. **poród**
- lightening** [N-UNCOUNT-U10] **Lightening** occurs when the fetus drops down into the pelvis in the later stages of pregnancy. **obniżenie dna macicy**
- maceration** [N-UNCOUNT-U7] **Maceration** is a condition wherein tissue becomes soft and pale from being constantly wet. **maceracja (uszkodzenie skóry pod wpływem wilgoci)**
- medical history** [N-COUNT-U4] A **medical history** is a detailed list of previous medical experiences. This may include past surgeries or other forms of treatment. **wywiad chorobowy; przebyte choroby**
- metered dose inhaler** [N-COUNT-U9] A **metered dose inhaler** is a small device that delivers a measured amount of medication to your lungs when you press down on the device whilst breathing in. **inhalator dawkujący**
- mobility** [N-UNCOUNT-U13] **Mobility** is the ability to move, especially moving to complete a task. **zdolność poruszania się, mobilność**
- moderate** [V-T/I-U14] To **moderate** a meeting is to be in charge of it and lead the discussion. **moderować, prowadzić (np. zebranie)**
- morphine** [N-UNCOUNT-U6] **Morphine** is a highly addictive psychoactive drug used as a pain reliever in serious situations. **morfina**
- MSN** [N-COUNT-U14] An **MSN (Master's of Science in Nursing)** is an advanced degree available to nurses who wish to become administrators or practice medicine more independently. **tytuł magistra pielęgniarstwa**
- nebulizer** [N-COUNT-U9] A **nebulizer** is a machine that converts liquid medicine into a mist that a person inhales using a mask. **nebulizator**
- necrosis** [N-UNCOUNT-U7] **Necrosis** is a condition wherein the cells in a living organism's tissue are dying. **martwica**
- newborn** [N-COUNT-U11] A **newborn** is a child that is less than four weeks old. **noworodek**
- next of kin** [N-COUNT-U4] A **next of kin** is one's closest living relative who should be contacted about medical decisions or events. **najbliższy krewny**
- nutrition** [N-UNCOUNT-U1] **Nutrition** is the process of taking in food and nutrients and using them for growth and energy. **odżywianie**
- OB Triage** [N-COUNT-U10] An **OB Triage** is an area of a hospital for emergency care for pregnant women. **izba przyjęć położniczo-ginekologiczna**
- obesity** [N-UNCOUNT-U1] **Obesity** is a medical condition wherein excess body fat leads to health problems and a decreased life expectancy. **otyłość**
- omega-3** [N-UNCOUNT-U1] **Omega-3** is a fatty acid that promotes brain functions and development and helps prevent cancer and cardiovascular disease. **kwas tłuszczowy omega-3**
- operating room** [N-COUNT-U12] An **operating room** is a room in a hospital specially designed to have surgical procedures performed in it. **sala operacyjna**
- oral administration** [N-UNCOUNT-U3] **Oral administration** is the introduction of medication into the body by way of the mouth. **doustne podawanie leku**
- oral thrush** [N-UNCOUNT-U11] **Oral thrush** is an infection in the mouth that causes painful sores. **pleśniawka**
- outbreak** [N-COUNT-U14] An **outbreak** is the sudden appearance of a disease in a population. **wybuch (np. epidemii)**
- out-of-network** [ADJ PHRASE-U13] If something is **out-of-network**, it is not covered by an insurance policy. **nieubezpieczony**

outreach [N-UNCOUNT-U14] **Outreach** is the practice of going to a community or population that might usually be ignored or neglected in order to help people there or get them involved in a productive effort. **program pomocy potrzebującym**

over-the-counter [ADJ PHRASE-U4] If something is **over-the-counter**, it is available without a prescription. Common painkillers and cough suppressants are examples of over-the-counter medications. **dostępne bez recepty**

paramedic [N-COUNT-U6] A **paramedic** is a person trained to respond to emergency situations and provide medical assistance. **ratownik medyczny**

part-time [ADJ-U15] If a job is **part-time**, it requires a person to work less than forty hours a week. **niepełnoetatowy**

passport [N-COUNT-U15] A **passport** is a document issued by a government that allows people to enter and exit other countries. **paszport**

pathology report [N-COUNT-U8] A **pathology report** is a report that discusses what was found after cells and tissue were examined. **raport patologiczny, wynik badania histopatologicznego**

per diem [ADJ-U15] If a job is **per diem**, it hires and pays an employee by the day instead hiring that employee full or part time. **dziennie, na dzień**

phototherapy [N-UNCOUNT-U11] **Phototherapy** is the use of light to treat a skin disorder. **fototerapia**

physical therapy [N-UNCOUNT-U9] **Physical therapy** is treatment for an injury that helps a person regain movement. **fizjoterapia**

physiotherapist [N-COUNT-U9] A **physiotherapist** is a doctor who specializes in physical therapy. **fizjoterapeuta**

post-operative unit [N-COUNT-U12] A **post-operative unit** is a part of a hospital where patients are taken after surgical procedures to recover. **oddział pooperacyjny**

poultry [N-UNCOUNT-U1] **Poultry** is meat that comes from birds, such as chicken or turkey. **drób**

pregnancy [N-COUNT-U10] **Pregnancy** is a state in which a woman carries a developing child inside her body. **ciąża**

prescription [N-COUNT-U3] A **prescription** is a note from a doctor stating that a patient should receive a certain amount of a powerful medicine. **recepta**

preventative [ADJ-U14] If something is **preventative**, it is intended to stop something else from occurring. **profilaktyczny, zapobiegawczy**

protein [N-UNCOUNT-U1] **Protein** is a nutrient that contributes to the development of healthy tissue, bone, muscle, skin, and blood. **proteina, białko**

psychosocial history [N-COUNT-U4] A **psychosocial history** is a list of one's experiences or problems with psychological development and social interaction. **wywiad psychospołeczny**

public health nursing [N-UNCOUNT-U14] **Public health nursing** is the field of nursing that concerns educating the public and promoting good health, as well as preventing and treating disease in groups or populations. **pielęgniarstwo społeczne i promocja zdrowia**

qualification [N-COUNT-U15] A **qualification** is a requirement that someone must have or meet in order to be eligible for something. **kwalifikacja**

rash [N-COUNT-U11] A **rash** is an area of irritated skin. **wysypka**

recovery [N-UNCOUNT-U13] **Recovery** is the process of healing from an injury or becoming healthy after an illness. **powrót do zdrowia**

renal [ADJ-U8] Something that is **renal** is related to the kidneys. **nerkowy**

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- rescue breathing** [N-UNCOUNT-U6] **Rescue breathing** is a physical intervention designed to create artificial respiration in a person who is unable to breathe on their own. Rescue breathing is a part of CPR. **oddech ratowniczy, sztuczne oddychanie metodą “usta-usta”**
- respiration** [N-UNCOUNT-U5] **Respiration** is the transport of oxygen from outside the body to inside the body. **oddychanie**
- responsiveness** [N-UNCOUNT-U6] **Responsiveness** is the ability to react to external stimuli such as noise or touch. **reagowanie**
- resting rate** [N-COUNT-U5] A **resting rate** is a measurement of how many times a person’s heart beats per minute while they are resting and not engaged in physical activity that raises their heart rate. **tętno spoczynkowe**
- retractor** [N-COUNT-U12] A **retractor** is an instrument used in surgery to hold an incision open. **hak chirurgiczny**
- route of administration** [N-COUNT-U3] A **route of administration** is the method by which a medication is introduced to the body. **sposób podawania**
- sanitize** [V-T-U12] To **sanitize** something is to clean it and kill or remove all bacteria. **odkazać, dezynfekować**
- scalpel** [N-COUNT-U12] A **scalpel** is a very sharp knife used in surgery to cut into a patient. **skalpel**
- scissors** [N-PLURAL-U12] **Scissors** are sharp metal blades that are connected in a way that allows them to slide past one another and cut any material between them. **nożyczki**
- scrub room** [N-COUNT-U12] A **scrub room** is a room near an operating room that contains sinks and strong disinfectants in order to allow all medical personnel to remove bacteria from their skin. **pomieszczenie myjni chirurgicznej**
- shock** [N-UNCOUNT-U6] **Shock** is a life-threatening medical emergency wherein a decrease in blood circulation to the body’s tissue threatens the life of the tissue or the entire organism. **wstrząs**
- shot** [N-COUNT-U3] A **shot** is the act of injecting medication into a patient’s body. **zastrzyk**
- side effect** [N-COUNT-U3] A **side effect** is an undesired effect of taking medicine. Side effects are usually harmful or unpleasant. **efekt uboczny**
- slough** [N-COUNT-U7] A **slough** is a mass of dead tissue. **martwa tkanka; tu: strup**
- sore** [N-COUNT-U11] A **sore** is a damaged or infected area on the surface of a body part. **rana, bolące miejsce**
- sponge** [N-COUNT-U12] A **sponge** is an absorbent material that is used in surgery to soak up blood or to apply disinfectant. **gąbka**
- stable** [ADJ-U5] If someone is **stable**, they have unvarying vital signs or a favorable prognosis. **stabilny**
- statistics** [N-PLURAL-U14] **Statistics** are numbers, values, or data that can be used to make predictions or analyze a population. **statystyki**
- sterilize** [V-T-U6] To **sterilize** something is to make it unable to transmit infection or disease by destroying the microorganisms found on it. **sterylizować**
- surgical procedure** [N-COUNT-U12] A **surgical procedure** is a procedure in which a surgeon uses instruments to cut into a living body to repair damage or remove diseased tissue. **zabieg chirurgiczny**
- suture** [N-COUNT-U7] A **suture** is a stitch or fastener used to join together the edges of a wound and promote healing. **szew chirurgiczny**
- systolic** [ADJ-U5] If a blood pressure measurement is **systolic**, it is a measurement of blood pressure as a heart beats. **skurczowy**
- tablet** [N-COUNT-U3] A **tablet** is a form of medication that is swallowed. Tablets are often referred to as “pills”. **tabletki**
- temporary housing** [N-UNCOUNT-U15] **Temporary housing** is a place in which a person lives for a short time before establishing a more permanent home. **tymczasowe miejsce zamieszkania**

thermometer [N-COUNT-U5] A **thermometer** is a device that is used to measure the temperature of something.
termometr

third-degree burn [N-COUNT-U6] A **third-degree burn** is a skin injury caused by heat. Third-degree burns are very serious burns that result in the loss of the epidermis and damage to the subcutaneous tissue. **oparzenie trzeciego stopnia**

tissue [N-UNCOUNT-U7] **Tissue** is a grouping of cells that form a structural material with a specific purpose. Examples include skin or muscle. **tkanka**

transition [N-COUNT-U15] A **transition** is the process of changing from one thing or place to another. **przemiana, przejście**

transmit [V-T-U2] To **transmit** something is to pass it from one place or person to another. **przekazywać**

transportation [N-UNCOUNT-U9] **Transportation** is the movement of a person or thing from one location to another, often in a vehicle. **transport**

travel nursing [N-UNCOUNT-U15] **Travel nursing** is a field in which nurses move to different locations that need nurses. **zatrudnianie pielęgniarek na krótki czas, w miejscach gdzie ich brakuje**

trimester [N-COUNT-U10] A **trimester** is a period of three months that pregnancy is commonly divided into. **trymestr**

urinalysis [N-COUNT-U8] A **urinalysis** is a test that examines a urine sample. **badanie moczu**

urine [N-UNCOUNT-U8] **Urine** is a liquid waste product that the body produces. **mocz**

virus [N-COUNT-U2] A **virus** is an infectious microorganism that is capable of replicating within the cells of a living organism. **wirus**

vital signs [N-COUNT-U5] A person's **vital signs** are measurements of important medical statistics, including body temperature, heart rate, blood pressure, and respiratory rate. **oznaki życiowe**

Vitamin A [N-UNCOUNT-U1] **Vitamin A** is a vitamin that benefits the eyes. **witamina A**

Vitamin C [N-UNCOUNT-U1] **Vitamin C** is a vitamin that acts as an anti oxidant and helps prevent heart disease and promotes overall health. **witamina C**

Vitamin D [N-UNCOUNT-U1] **Vitamin D** is a vitamin that contributes to bone health, helping to prevent osteoporosis. **witamina D**

water break [V PHRASE-U10] A pregnant woman's **water breaks** when the fluid-filled sac around the fetus ruptures. This happens shortly before labor occurs. **odejście wód płodowych (tu: odchodzą wody)**

work visa [N-COUNT-U15] A **work visa** is a document that allows a person to work in a foreign country. **wiza pracownicza**

workshop [N-COUNT-U14] A **workshop** is an educational event in which professionals are led through a discussion of a topic in order to better understand or deal with it. **warsztat**

wound [N-COUNT-U7] A **wound** is an injury that usually involves the rupture of the skin or other tissue and results from something other than disease. **rana**

zinc [N-UNCOUNT-U1] **Zinc** is a metallic chemical element that contributes to the development and functioning of the brain and central nervous system. **cynk**