## **Glossary**

acid perm [N-COUNT-U6] An acid perm is a type of chemical method to create curls in hair. trwała kwaśna acne [N-UNCOUNT-U14] Acne is a skin problem characterized by painful red bumps on the skin. trądzik activate [V-T-U7] To activate something is to make something work or happen. aktywować, pobudzać after-perm aid [N-COUNT-U6] An after-perm aid is a product that conditions and replenishes hair after a perm. odżywka do włosów po trwałej

**aftershave** [N-UNCOUNT-U9] **Aftershave** is a liquid that men usually put on their faces after shaving. The liquid contains substances that prevent infections. **plyn po goleniu** 

alkaline perm [N-COUNT-U6] An alkaline perm is a type of chemical method to create curls in hair. trwała alkaliczna

**application** [N-COUNT-U12] An **application** is the act of applying something, or putting something on. **stosowanie**, **aplikacja** 

**applicator bottle** [N-COUNT-U6] An **applicator bottle** is a container that is used to easily apply a substance on something. **butelka z aplikatorem** 

apply [V-T-U11] To apply nail polish means to put it on. nakładać

**appointment** [N-COUNT-U1] An **appointment** is an arrangement to meet someone at a specific time and location. umówione spotkanie

arrive [V-I-U2] To arrive at a place is to reach it. przybywać, przyjeżdżać

**astringent** [N-UNCOUNT-U15] An **astringent** is a liquid that causes skin to tighten and become firmer. środek o działaniu ściągającym

auburn [ADJ-U8] Hair that is auburn is a reddish brown color. rudawo-brazowy, kasztanowaty

balding [ADJ-U10] If someone is balding, he or she is losing their hair. lysiejący

barber [N-COUNT-U9] A barber is a person who cuts men's hair and provides shaving services. fryzjer męski, golarz

beard [N-COUNT-U9] A beard is hair that covers the lower half of a man's face. broda

blackhead [N-COUNT-U14] A blackhead is a black spot on the skin. zaskórnik, wągier

blonde [N-COUNT-U8] Blonde describes a pale yellow, hair color. blond

blue-black [ADJ-U8] Hair that is blue-black is very dark black with blue tones in it. czarne wpadające w granat

boulevard [N-COUNT-U2] A boulevard is a wide street in a city with trees along each side. bulwar

**breakout** [N-COUNT-U15] A **breakout** is the occurrence of many skin problems at one time. **wystąpienie kilku problemów skórnych naraz** 

brunette [N-COUNT-U8] A brunette is a person with brown hair. brunetka, brunet

business hours [N PHRASE-U3] Business hours are the hours during the day when a business is open. godziny urzędowania/przyjęć

by appointment only [N PHRASE-U1] Something that is by appointment only is only available to someone who makes an appointment. tylko po uprzednim umówieniu się

cap [N-COUNT-U6] A cap is a protective covering object that fits very closely to the head. It can be used when coloring hair. czepek ochronny

capillary [N-COUNT-U14] A capillary is a thin blood vessel that lies under the skin. When it bursts, it becomes visible on the skin and appears red. naczynie włosowate

caustic [ADJ-U6] If something is caustic, it is able to destroy or seriously damage something it comes into contact with.
żrący

chemical burn [N-COUNT-U13] A chemical burn is damage to the skin because of exposure to chemicals. oparzenie chemiczne

chestnut [ADJ-U8] Hair that is chestnut is a dark reddish-brown color. kasztanowy

chip [V-I-U12] Something chips when it breaks off a larger piece. odpryskiwać, odłamywać się

cleanse [V-T-U14] To cleanse something is to clean it. oczyszczać

clean shaven [ADJ-U9] If a man is clean shaven, he has no hair on his face. gładko ogolony

clientele [N-UNCOUNT-U9] Clientele is all of a business's clients. klientela

coat [N-COUNT-U12] A coat is a thin layer of something that covers a surface. warstwa

color swatch book [N-COUNT-U8] A color swatch book is a presentation file consisting of samples of hair in the different colored dyes that a salon offers. próbnik kolorów farb do włosów

complexion [N-COUNT-U15] The complexion is the natural appearance of someone's skin, including color and texture.

copper [ADJ-U8] Hair that is copper is bright red. miedziane

cosmetology [N-UNCOUNT-U11] Cosmetology is the study or art of cosmetics and their use. kosmetologia

cotton ball [N-COUNT-U11] A cotton ball is a pad made from a soft, absorbent material. wacik

cracked [ADJ-U12] Something is cracked when it is broken. pekniety

cup [V-T-U5] To cup your hands is to hold your hands in the shape of a cup. złączyć dłonie

cut [N-COUNT-U9] A cut is a small piercing done with a sharp instrument. skaleczenie, rozcięcie

cuticle [N-COUNT-U11] A cuticle is the bit of skin around the nail. skórka

dandruff [N-UNCOUNT-U10] Dandruff is a condition in which the scalp sheds small white pieces of dead skin. łupież

dark brown [ADJ-U8] Dark brown hair is quite close to black in color. ciemnobrązowe

depilatory cream [N-COUNT-U13] A depilatory cream is a thick liquid that contains chemicals which break down the hair and make it possible to wash the hair away. krem do depilacji

destination [N-COUNT-U2] A destination is a place that someone is going to. cel podróży

direct [V-T-U1] To direct someone is to show that person the way to a place. skierować kogoś dokądś

**directions** [N-UNCOUNT-U2] **Directions** are instructions to describe how to get to a specific destination. wskazówki

drape [V-T-U5] To drape something e.g. a material, is to place it over or across something else. drapować

dry skin [ADJ-U14] Dry skin means skin lacking in natural oils. sucha skóra

dry shave [N-COUNT-U9] A dry shave is a type of shave that is done without shaving cream, usually with an electric razor. golenie na sucho

**electric razor** [N-COUNT-U9] An **electric razor** is a razor with a rotating blade that is powered by electricity. **elektryczna maszynka do golenia** 

enamel [N-UNCOUNT-U11] Enamel is paint that turns shiny when it dries. emalia

ensure [V-T-U7] To ensure something is to make certain of it. zapewniać, gwarantować

esteemed [ADJ-U3] Someone who is esteemed is respected and held in high regard. szanowany

esthetician [N-COUNT-U13] An esthetician is someone connected with beauty and the study of it. kosmetolog

exfoliate [V-T-U15] To exfoliate your skin is to remove the top layer in order to improve the appearance of the surface. złuszczać

exit [N-COUNT-U2] An exit is a road where traffic can leave a main road. zjazd

**exothermic perm** [N-COUNT-U6] An **exothermic perm** is a type of chemical way to curl hair where no external heat is needed. **egzotermiczna trwała** 

extended [ADJ-U3] Something that is extended is made longer than normal. przedłużony

facial [N-COUNT-U15] A facial is a treatment given to one's face that involves cosmetics that help the skin. zabieg kosmetyczny twarzy

fine hair [N PHRASE-U10] Fine hair is hair that is thin and not very strong. rzadkie/cienkie włosy

**five o'clock shadow** [N-UNCOUNT-U9] A **five o'clock shadow** is a darkness of the face that is caused by growing hair. **świeży/jednodniowy zarost** 

flaky [ADJ-U10] If something is flaky, pieces of it come off in small, flat pieces. łuszczący się

flat iron [N-COUNT-U7] A flat iron is a hairdressing tool that uses heat to straighten hair. prostownica

flat iron [V-T-U7] To flat iron hair means to straighten hair using a flat iron. prostować (włosy)

floor [N-COUNT-U2] A floor is a level in a building with many stories. pietro

formers [N-COUNT-U6] Formers are flexible foam curlers used to make hair curly. papiloty z gąbki

freeway [N-COUNT-U2] A freeway is a large road that is used for traveling fast across long distances. autostrada

French manicure [N-UNCOUNT-U11] A French manicure is a type of manicure. The nail tips are painted white and the rest of the nail is painted a color that matches the natural color of the nail, like light pink. manicure francuski

frizz-free [ADJ-U7] If something is frizz-free, it does not have unmanageable tight curls. gładkie, łatwo układające się

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glossy [ADJ-U7] If something is glossy, it is shiny. blyszczący
go straight [V PHRASE-U2] To go straight is to travel in a straight line. iść prosto
golden blonde [ADJ-U8] Hair that is golden blonde is blonde with a golden tint. złocisty blond
gratitude [N-UNCOUNT-U3] Gratitude is the state of feeling grateful. wdzięczność
greet [V-T-U1] To greet people is to welcome them when they arrive at a place. powitać
guidelines [N-COUNT-U1] Guidelines are official advice about the appropriate way to act in a specific situation.
wytyczne

hair loss [N-UNCOUNT-U10] Hair loss is a condition in which someone loses hair volume. wypadanie włosów hair straightening kit [N-COUNT-U7] A hair straightening kit is a set of tools or other items which can make a person's hair remain straightened for longer. zestaw do prostowania włosów

hair removal [N-UNCOUNT-U13] Hair removal is a process that eliminates unwanted hair. depilacja

hand cream [N-COUNT-U12] Hand cream is a thick liquid that moisturizes and soothes skin. krem do rak

head [V-I+ADV/PREP-U2] To head in a direction is to travel in that direction. kierować się dokądś

herbal extract treatment [N-COUNT-U10] A herbal extract treatment is a cure that uses natural oils from herbs. pielęgnacja wywarami ziołowymi

holiday [N-COUNT-U3] A holiday is a day when there is no school or work for the purpose of celebrating a special occasion. święto

honey blonde [ADJ-U8] Hair that is honey blonde is blonde with a honey brown tint. miodowy blond

hood-type dryer [N-COUNT-U6] A hood-type dryer is a type of hair dryer that covers the top part of the user's head. suszarka hełmowa

hose [N-COUNT-U5] A hose is a long tube that transports water. gumowy wąż

**hours of operation** [N PHRASE-U3] **Hours of operation** are the hours during the day when a business is open. godziny otwarcia

in effect [PREP PHRASE-U3] Something that is in effect is currently operating. (być) stosowanym

ingrown hair [N-COUNT-U13] An ingrown hair is a hair that grows into the skin, often causing pain. wrastający włos

interstate [N-COUNT-U2] An interstate is a large road that crosses different states and connects major cities. autostrada międzystanowa

**irritation** [N-COUNT-U9] An **irritation** is an uncomfortable reaction to something, often producing red spots when it is a skin irritation. **podrażnienie** 

irritated [ADJ-U13] If something is irritated, it is red and inflamed. podrażniony

itchy [ADJ-U10] If something is itchy, it feels uncomfortable and causes you to want to scratch it. swedzacy

**keratin treatment** [N-COUNT-U7] A **keratin treatment** is a semi-permanent hair straightening method that involves applying a solution on the hair and activating the chemicals by heat. **keratynowe prostowanie włosów** 

landmark [N-COUNT-U2] A landmark is a building or feature that is easy to recognize. charakterystyczny obiekt

lather [N-UNCOUNT-U5] Lather is a mass of small white bubbles that forms by mixing soap and water. piana

**leave-in conditioner** [N-COUNT-U10] A **leave-in conditioner** is a conditioner that gets applied to the hair and does not get washed out. **odżywka bez spłukiwania** 

light brown [ADJ-U8] Hair that is light brown is a pale shade of brown. jasnobrazowe

lukewarm [ADJ-U5] If something is lukewarm, it is slightly warm. letni (o temperaturze)

maintain [V-T-U12] To maintain something is to take care of it. podtrzymywać, konserwować

mask [N-COUNT-U15] A mask is a skincare product that is applied to the face and then washed off to clear pores and refresh the skin. maseczka do twarzy

meet one's needs [V PHRASE-U3] To meet one's needs is to satisfy a person's requirements. zaspokajać czyjeś wymagania

merge [V-I-U2] To merge is to combine or come together into one. łączyć (się)

mind [V-I-U1] To mind is to be bothered by something. mieć coś przeciwko

mustache [N-COUNT-U9] A mustache is hair that covers the upper lip. wąsy

nail dryer [N-COUNT-U11] A nail dryer is a machine that speeds the drying process for nail polish. Users place their hands inside the machine and wait until the polish dries. osuszacz do lakieru

nail plate [N-COUNT-U11] A nail plate is the hard part of the nail that is painted during a manicure. płytka paznokcia

nail polish [N-COUNT-U11] Nail polish is a shiny, clear or colored liquid, which is applied to the surface of the nail. lakier do paznokci

nail polish remover [N-UNCOUNT-U11] Nail polish remover is a chemical that dissolves nail polish. zmywacz do paznokci

nail technician [N-COUNT-U12] A nail technician has the technical knowledge to be able to create beautiful nails. manicurzystka/manicurzysta; technik usług kosmetycznych zajmujący się stylizacją paznokci

nape [N-COUNT-U5] The nape is the back of the neck. kark

**neutralizer** [N-COUNT-U6] A **neutralizer** is a chemical substance that stops the chemicals that create a perm from working. **neutralizator do trwałej** 

**new hair growth** [N PHRASE-U7] **New hair growth** is hair near the scalp that has grown recently. **odrosty nick** [N-COUNT-U9] A **nick** is a small cut. **draśniecie**, **naciecie** 

**no-lye solution** [N PHRASE-U7] **No-lye solution** is a type of hair straightening formula that doesn't include a harsh chemical called lye. bezzasadowy roztwór do prostowania włosów

**non-acetone** [ADJ-U11] If something is **non-acetone**, it does not contain a chemical that is commonly used to remove paint from surfaces. **bezacetonowy** 

**nozzle** [N-COUNT-U5] A **nozzle** is an object attached to the end of a tube that directs how the liquid comes out of the tube. **dysza** 

**off day** [N PHRASE-U3] An **off day** is a day on which a business is closed and its employees do not have to work. dzień wolny od pracy

oily [ADJ-U14] When skin is oily it is shiny and produces too much oil. tłusta

**opening** [N-COUNT-U4] An **opening** is a time slot that is available in someone's appointment book. **okienko** (czas na przyjęcie klienta)

oval [ADJ-U11] An oval shape is a shape similar to an egg. owalny

**over-processed** [ADJ-U10] If something is **over-processed**, it is damaged as a result of hair treatments like dyeing or heat styling. **zniszczone** (np. farbowaniem)

paraffin wax treatment [N-COUNT-U11] A paraffin wax treatment is a service that involves dipping your hands into warm wax, then wrapping the wax-covered hands in a towel. This treatment is used to make the hands soft. zabieg parafinowy

pamper [V-T-U15] To pamper is to look after or spoil someone with luxuries. rozpieszczać

pat [V-T-U15] To pat is to lightly touch someone or something very gently with your hand flat. klepać

patronage [N-UNCOUNT-U3] Patronage is the financial support that clients or customers give to a business. stata klientela

peak hours [N PHRASE-U1] Peak hours are the times during the day when a business is very busy. godziny tłoku
peel [N-COUNT-U15] A peel is a skincare product that is applied to the face and then peeled off. It removes dead skin by pulling it off. maseczka typu peel-off

peel [V-I-U12] To peel is to lose the top layer of skin. łuszczyć się

pencil in [PHRASAL V-U4] To pencil in is to schedule an appointment, wpisać klienta na dana godzine

perm [N-COUNT-U6] A perm is a technique which hairdressers use to curl hair permanently. trwała ondulacja

perm rods [N-COUNT-U6] Perm rods are used to wrap hair around when using chemicals to curl the hair. kołki do trwałej ondulacji

platinum [ADJ-U8] Hair that is platinum is very pale, almost white. platynowe

pluck [V-T-U13] To pluck something is to pull something out from somewhere. wyrywać, wyskubywać

pore [N-COUNT-U14] A pore is a tiny opening in the skin. por (skórny)

prepare [V-T-U11] To prepare something is to make it ready to use. przygotowywać

**procedure** [N-COUNT-U7] A **procedure** is the series of steps or actions in order to make something happen. procedura

**protective gloves** [N-COUNT-U6] **Protective gloves** are hand coverings used to keep the hands dry and prevent them from being damaged. rekawiczki ochronne

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purple-black [ADJ-U8] Hair that is purple-black is dark black with purple tones in it. czarne wpadające w fiolet quarter-sized [ADJ-U5] If something is quarter-sized, it is the same amount and shape as a quarter coin. wielkości monety 25-pensowej ramp [N-COUNT-U2] A ramp is a road which cars use to drive onto a major road. droga wjazdowa rash [N-COUNT-U14] A rash is an area of skin that red is with raised spots. wysypka receptionist [N-COUNT-U4] A receptionist is someone who answers phones, greets visitors and initially deals with clients. recepcjonistka/ recepcjonista redhead [N-COUNT-U8] A redhead is a person with red hair. człowiek o rudych włosach, rudzielec regimen [N-COUNT-U14] A regimen is a plan for treating a condition. reżim (zestaw reguł) regular hours [N-PHRASE-U3] Regular hours are the hours when a business is usually open. state godziny pracy remove [V-T-U11] To remove nail polish means to take it off. usuwać, tu: zmywać (lakier) repeat client [N-COUNT-U1] A repeat client is someone who visits the same business more than once. klient powracający ridge [N-COUNT-U11] A ridge is a bump or imperfection on an otherwise flat surface, wzgórek rod [N-COUNT-U6] A rod is a thin and flexible piece of plastic or metal that is used to create a curl shape in hair. wałek, kołek (np. do trwałej) rule book [N-COUNT-U3] A rule book contains the rules of an organization, job or game. regulamin salon [N-COUNT-U1] A salon is the place where beauty products get applied and a person can receive massages or other relaxing therapies. salon salon staff [N-PHRASE-U3] Salon staff are the people that work in a salon, personel/pracownicy salonu saturate [V-T-U5] To saturate something is to make something totally wet. namaczać scalp [N-COUNT-U10] The scalp is the skin covering the top of the human head. owłosiona skóra głowy scratch [V-I-U12] To scratch something is to mark the surface of something, usually with something sharp or rough, drapać, zadrapać scrub [N-COUNT-U15] A scrub is a skincare product that is made of a coarse material. peeling seal [N-COUNT-U12] A seal is something that keeps water or air from entering an object. uszczelka sensitive skin [N PHRASE-U15] Sensitive skin is skin that can easily react badly to certain products and conditions. skóra wrażliwa serum [N-COUNT-U7] A serum is a thick liquid that has a high amount of substances that perform a specific function, like straightening hair. serum shampoo [N-COUNT-U5] Shampoo is the liquid soap-based substance we use to wash hair. szampon shampoo chair [N-COUNT-U5] A shampoo chair is a seat that is specially designed for giving clients a professional shampoo. It has an adjustable height and reclines. fotel do myjni fryzjerskiej shape [V-T-U11] To shape is to give something a particular shape or form. kształtować, formować sharp [ADJ-U9] When someone is sharp, he or she is well groomed. zadbany shaving brush [N-COUNT-U9] A shaving brush is a brush for spreading soap or shaving cream over the face when you shave. pedzel do golenia shaving cream [N-UNCOUNT-U9] Shaving cream is a kind of cream that is put on a person's face or body before shaving. krem do golenia shrink [V-I-U12] To shrink is to become smaller, kurczyć się sign-in sheet [N-COUNT-U1] A sign-in sheet is a piece of paper on which people write their name to let the staff know that they've arrived. lista klientów umówionych na dany dzień skincare [N-UNCOUNT-U14] Skincare refers to things that a person does to improve the condition of the skin. pielęgnacja skóry slough [V-T-U15] To slough something is to rub away a layer. zetrzeć warstwe smooth [ADJ-U7] If something is smooth, it has a surface without lumps or imperfections. gładki smudge [V-T-U12] To smudge something is to rub something and make it blurry or ruin its surface. rozmazywać

overprocessing. rozdwajająca się końcówka

split end [N-COUNT-U10] A split end is the tip of a strand of hair that has divided due to dryness or

squoval [ADJ-U11] Squoval means having a shape with four rounded corners. kwadratowo-owalny steam [V-T-U15] To steam something is to expose it to hot water vapor. zrobić parówkę (np. na twarz) straight razor [N-COUNT-U9] A straight razor is a type of razor with one long blade that folds out from

the handle. brzytwa

strip [N-COUNT-U13] A strip is a long and narrow piece of material. pasek

stylist [N-COUNT-U4] A stylist is a person whose job it is to creatively design the look of someone or something. stylistka, stylista

styptic pencil [N-COUNT-U9] A styptic pencil is a tool that is used to treat cuts caused by shaving. sztyft do tamowania krwi

**summer look** [N-PHRASE-U3] A **summer look** is a particular appearance someone has during the summer months. **letni wygląd** 

sun spot [N-COUNT-U14] A sun spot is an area of the skin that is darker than the rest of the skin. This is caused by exposure to the sun. przebarwienie po opalaniu

**sunscreen** [N-UNCOUNT-U14] **Sunscreen** is a substance that protects the skin from the sun's rays. filtr przeciwsłoneczny, krem z filtrami

tail comb [N-COUNT-U6] A tail comb is a type of comb with a thin and pointed handle which is often used to divide the hair into different sections. grzebień ze szpikulcem

**thermal reconditioning** [N-UNCOUNT-U7] **Thermal reconditioning** is a permanent hair straightening method that involves applying a chemical solution to the hair and activating the chemicals by heat. **termalne prostowanie** włosów

thinning hair [N-UNCOUNT-U10] Thinning hair is a condition in which hair volume on the head decreases due to age or other circumstances. przerzedzanie się włosów

**threading** [N-UNCOUNT-U13] **Threading** is the process of removing hair using a twisted piece of thread to pull hair from the skin. nitkowanie, depilacja za pomocą nitki

toner [N-COUNT-U15] A toner is a liquid that reduces oiliness and makes the skin firm. tonik

topcoat [N-COUNT-U12] A topcoat is the last layer of paint, varnish or polish put on a surface. nawierzchniowy (np. lakier do paznokci)

**towel dry** [V-T-U5] To **towel dry** something is to take away all of something's wetness by rubbing it with a towel. wysuszyć ręcznikiem

treatment [N-UNCOUNT-U15] A beauty treatment is a service offered to people at a salon. pielegnacja

tuck in [Phrasal V-U5] To tuck in something is to fit it snugly into something else. wpychać pod spód

turn [V-I-U2] To turn is to move in a different direction. skręcać

**tweezers** [N-UNCOUNT-U13] **Tweezers** are a tool with two metal pieces that are connected on one end. They are used to grab small objects. **peseta** 

twist [V-T-U13] To twist something is to turn and bend something. skręcać

t-zone [N-COUNT-U14] The t-zone is the area of the face including the forehead and nose. strefa T

volume-boosting [ADJ-U10] A hair product that is volume-boosting makes hair look thicker. zwiększający objętość

wait time [N PHRASE-U1] A wait time is the length of a time a person has to wait before he or she can see someone. czas oczekiwania

waiting area [N-COUNT-U1] A waiting area is a place where people wait. poczekalnia

walk-ins [N-COUNT-U1] Walk-ins are people who visit a business without making an appointment. klient z ulicy, bez wcześniejszego umówienia się

waxing [N-COUNT-U13] Waxing is the process of removing hair by applying wax to the skin, applying a strip over the wax, and quickly pulling the strip off. woskowanie

weekday [N-COUNT-U3] A weekday is a day of the week from Monday to Friday. dzień roboczy

weekend [N-COUNT-U4] A weekend is the last two days of the week. weekend

wet shave [N-COUNT-U9] A wet shave is a type of shave that is done using shaving cream. golenie na mokro

work week [N-UNCOUNT-U4] A work week is the hours or days that are worked during a week. tydzień pracy

wrap [V-T-U5] To wrap something is to cover it with a material. owijać, zawijać

wrinkle [N-COUNT-U14] A wrinkle is a fold in a smooth surface, zmarszczka