

# Key

# On Screen

Workbook & Grammar Book



Pre-Intermediate | B1



Virginia Evans - Jenny Dooley



Express Publishing

Virginia Evans - Jenny Dooley



Express Publishing

**Published by Express Publishing**

**Liberty House, Greenham Business Park, Newbury,  
Berkshire RG19 6HW, United Kingdom**

**Tel.: (0044) 1635 817 363**

**Fax: (0044) 1635 817 463**

**email: [inquiries@expresspublishing.co.uk](mailto:inquiries@expresspublishing.co.uk)**

**[www.expresspublishing.co.uk](http://www.expresspublishing.co.uk)**

© Virginia Evans – Jenny Dooley, 2014

Design and Illustration © Express Publishing, 2014

First published 2014

Made in EU

All rights reserved. No part of this publication may be reproduced, stored in a retrieval system, or transmitted in any form, or by any means, electronic, photocopying or otherwise, without the prior written permission of the publishers.

This book is not meant to be changed in any way.

ISBN 978-1-4715-2350-2

# Contents

<b>Workbook key</b>	
Module 1 .....	p. 4
Module 2 .....	p. 7
Module 3 .....	p. 10
Module 4 .....	p. 13
Module 5 .....	p. 16
Module 6 .....	p. 20
Module 7 .....	p. 23
Module 8 .....	p. 26
<b>Dictation</b> .....	p. 30
<b>Grammar bank key</b> .....	p. 30
<b>Appendix1</b> .....	p. 39
<b>Word Distractors</b> .....	p. 39
<b>Vocabulary bank key</b> .....	p. 40
<b>Audioscripts</b> .....	p. 42

## Module 1

### 1a – Reading (pp. 4-5)

- 1 a) Ss' read and pay attention to underlined words.
- b) The correct answer is D. 'Unusual' is paraphrased to 'with a difference' and 'the people who compete' is paraphrased to 'the contestants'
- 2 1 B      2 D      3 C      4 B      5 A
- 3 **Para A:** participants – contestants (n), lively – busy (adj), plans – preparations (n)  
**Para B:** embarrassed – ashamed (adj), defend – protect (v), value – importance (n), rough – harsh (adj)  
**Para C:** qualities – characteristics (n), shiny – bright (adj), variety – selection (n)  
**Para D:** striking – eye-catching (adj), appealing – attractive (adj), display – show off (v)  
**Para E:** spinning – whirling (v), tiring – exhausting (adj), tough – strong (adj), lightly hit – tap (v)  
**Para F:** imagination – creativity (n), power – endurance (n), features – highlights (n)

- 4 modest ≠ vain                      weakness ≠ strength  
 dull ≠ colourful                      boring ≠ exciting  
 freezing ≠ scorching

- 5 1 physical              3 impressive              5 whirl  
 2 entrant              4 show off              6 nomadic

- 6 1 region              4 elaborate              7 effort  
 2 herders              5 circle              8 winners  
 3 contestants              6 judges

### 1b – Vocabulary (pp. 6-7)

- 1 A 1 old              3 average              5 straight              7 wrinkles  
 2 late              4 beard              6 long

- B 1 teenage              3 curly              5 thin  
 2 plump              4 round

- C 1 late              3 oval              5 full  
 2 slim              4 wavy              6 freckles

- 2 1 vain              2 short              3 wavy              4 slim              5 fat

- 3 1 on              3 about              5 down              7 out  
 2 with              4 to              6 to

- 4 1 honest              3 forgetful              5 impatient  
 2 carefree              4 open-minded

- 5 1 rosy              3 fashionably              5 friendly  
 2 the longest              4 athletic              6 caring

- 6 1 up              2 away              3 in              4 away              5 out

- 7 1 scruffy              3 elegant              5 ugly  
 2 cute              4 pretty              6 handsome

- 8 A 1 T-shirt              3 jeans              5 casual  
 2 shirt              4 shoes

- B 1 suit              2 tie              3 smart

- C 1 coat              2 boots              3 belt              4 scarf

- 9 1 A              2 C              3 B              4 C

- 10 1 jumper              3 jeans              5 earrings  
 2 glasses              4 necklace

- 11 1 messy              5 appearance              9 dishonest  
 2 lonely              6 responsibility              10 shocking  
 3 insecure              7 popularised  
 4 interesting              8 properly

### 1c – Grammar (p. 8)

- 1 1 have just received              6 live  
 2 are always complaining              7 am meeting  
 3 don't do              8 have been looking  
 4 am writing              9 have visited  
 5 have been staying              10 is running

- 2 1 am thinking, don't think              4 see, am seeing  
 2 has, have invited              5 Have you seen,  
 3 are you looking, she looks              has just left, has

- 3 1 the hardest              4 taller than              7 more  
 2 healthier              5 fast as              slowly  
 3 sooner              6 the nicest              8 the best

- 4 1 colder              4 toughest  
 2 low as              5 worse, worse  
 3 warmer              6 most important

- 5 1 What              3 How              5 What  
 2 How              4 What

### Grammar Revision (Module 1) (p. 9)

- 1 1 have you been doing, I have been studying  
 2 Have you invited, have been writing  
 3 has decided, has been thinking  
 4 Have you seen, has just left  
 5 haven't heard, haven't spoken  
 6 Has Dan been looking, hasn't found

- 2 1 have been travelling              5 is  
 2 am staying              6 has just come up  
 3 have been living              7 am joining  
 4 has changed              8 haven't felt

- 3 1 lately 3 yet 5 next week  
2 on Thursdays 4 just 6 always

- 4 1 has been learning 4 by far the nicest  
2 older you get, the more 5 less expensive  
3 usually surfs the Net than

### Grammar in Focus

- 1 largest 6 under 10 for  
2 them 7 than 11 is  
3 have reached 8 with becoming  
4 living 9 have been 12 these  
5 have developed living 13 since

### 1d – Listening skills (p. 10)

- 1 1 an advert 3 an announcement  
2 a speech 4 a narrative

- 2 1 D 2 C 3 B 4 A

- 3 The correct answer is B.

- 4 1 A 2 C 3 B 4 A 5 C

### 1e – Speaking skills (p. 11)

- 1 1 teenagers 4 good-looking  
2 casually 5 T-shirt  
3 happy 6 dark

- 2 a) Picture B matches the description because no one in picture A is wearing sunglasses. You can also only see the sea in picture B.

- b) I can see three people wearing smart business clothes. An older man has got his back towards the camera and he is shaking hands with the woman. A younger man is watching them. They must have just agreed on a business deal, or perhaps they have just met. They are all smiling and look relaxed.

- 3 1 a family sitting at the table.  
2 a meal, perhaps breakfast because they are drinking orange juice.  
3 a bright pink T-shirt.  
4 a baby.  
5 a black T-shirt.  
6 happy and relaxed.

- 4 1 a 2 a 3 b 4 b 5 b

### 1f – Writing (p. 12)

- 1 **Key words to be underlined:** parents, children, nursery school, essay, your opinion, opposite opinion

- 2 1 Firstly 3 Moreover 5 In contrast  
2 For instance 4 As a result 6 All in all

- 3 1 What are the benefits of nursery school?  
2 In my opinion, Havering Academy is the best school in England.  
3 Studying at university is great!  
4 I am strongly in favour of nursery schools.  
5 In addition, I feel that Mr Jones is a fantastic teacher.

- 4 a) **Key words to be underlined:** teenagers, part-time job, essay, your opinion, why parents might oppose to the idea

- b) **Viewpoint 1 – examples/reasons:** being in charge/build self-confidence, Being in charge can help teenagers build their self-confidence.

**Viewpoint 2 – examples/reasons:** save up/buy things they need, They can also save up for the future or have enough money to buy the things they need in their daily lives.

**Opposing viewpoint – examples/reasons:** too tired/hobbies/socialising, On the other hand, they can be too tired to take part in hobbies or socialise.

### c) Suggested Answer

In today's world, more and more teenagers want to have a degree of financial independence from their parents and are keen to work part-time to achieve this. I personally feel that a part-time job is an excellent idea for them, for a couple of reasons.

In the first place, having a job helps make teenagers grow into more responsible adults. For example, they may be put in charge of something or be expected to handle money. By taking on this extra responsibility, they not only learn practical management skills but they also build up their self-confidence.

Furthermore, many teenagers feel a sense of satisfaction in being able to earn their own money. As a result, they can put aside an amount regularly as savings for the future. Alternatively, they have enough money to buy the things they need in their daily lives without having to ask their parents to contribute.

On the other hand, some parents may not want their children to have a part-time job. They argue that it doesn't leave them enough free time. Therefore, they are too tired to do hobbies or social activities, which are also an important part of their development.

All in all, however, I believe that a part-time job is a valuable asset for a teenager to have. As well as offering a measure of financial independence, working part-time also helps to develop a young person's character and give them a good start in their life as adults.

**Matura Skills 1 (p. 13)**

- 1 1 C                      2 A                      3 B
- 2 1 C              2 A              3 C              4 B
- 3 1 They hunt animals and gather plant foods.  
2 They rely on the rainforest for everything they need to live.  
3 The Penan were willing to share everything with him.

**Language Knowledge 1 (pp. 14-15)**

- 1 1 A (L)              3 A (L)              5 A (L)  
2 C (G)              4 A (G)
- 2 1 B              2 C              3 A              4 B              5 B
- 3 a) 1 b                                      2 b  
b) am going to a party
- 4 1 still haven't finished reading  
2 is as funny as  
3 there are any tickets left  
4 interested in practising sports
- 5 1 C    3 B    5 B    7 B    9 C    11 C  
2 A    4 D    6 B    8 C    10 A    12 A
- 6 1 A    4 D    7 C    10 A    13 A  
2 A    5 C    8 B    11 C    14 C  
3 A    6 A    9 A    12 D

**Matura Exam 1 – Poziom podstawowy (pp. 16-17)**

- 1 1 A                                      2 B
- 2 1 M              2 L              3 M              4 M              5 L
- 3 1 C              2 D              3 D              4 B              5 C
- 4 1 A              2 C              3 C              4 B              5 B
- 5 a) Sentence a is formal and sentence b is informal.  
b) 1 b                                      2 a
- 6 1 A                                      2 B                                      3 A

**7 Suggested Answer**

**Hi Louise,**  
**How are you? I'm fine.** I'm planning a surprise birthday party for my best friend, Anna. It's taking place next Saturday at my house as it's cheaper than renting a venue.

I'm busy buying decorations and balloons. My mum is going to help me arrange the furniture in the living room so there is space for dancing. I've asked my brother Janusz to be DJ and Mum's helping me to organise the food. There'll be a homemade cake and lots of snacks. I've already bought Anna's birthday present – a matching set of jewellery. I hope she likes it!  
I feel really excited about the party because I've invited a lot of friends Anna and I haven't seen for ages. I'd really love it if you could come too. Let me know if you're free next Saturday and I can email you with all the details.

**Hope to see you then!**

**Love,**  
**Eva**

**Matura Exam 1 – Poziom rozszerzony (pp. 18-19)**

- 1 a) **Key words to be underlined:** addressed to people, improve family relations, job as social worker, cannot communicate  
b) The correct answer is A.
- 2 1 B                                      2 A                                      3 A
- 3 1 A              2 C              3 C              4 B
- 4 1 C (G)    2 B (L)    3 C (G)    4 A (G)
- 5 1 B              2 A              3 A              4 A

**6 Suggested Answer**

Social media plays a huge role in teen friendships today. According to a recent American survey, the typical teenager has 300 friends on Facebook and 79 Twitter followers. That's a lot of friends. In my view, social networking is a perfectly healthy and useful way to create and maintain friendships.  
Friendships can be created online by creating your own blog so that people with similar interests can respond to your comments. Young people feel socially supported by having a large audience and exchanging views and ideas with them. When they post a picture, for example, and get a big number of 'likes', this makes them feel accepted into a wide circle of friends. Social networking also makes it possible to talk to friends at any time and in any place. Finally, teenagers can video-chat through Skype, which really brings online social interaction to life. One person whom I know personally who has used social media to get to know someone is my older sister. She met her husband on an online dating site and struck up a romantic friendship. She is now happily married. If it hadn't been for the Internet, my sister would probably still be searching for a partner, as she is a shy type and finds meeting new people difficult.  
To conclude, I believe that social media play an

important part in creating and maintaining friendships. One should simply be careful not to give away too much private information online without knowing a friend well.

## Module 2

### 2a – Reading (pp. 20-21)

1 a) **Key words to be underlined:** Tom, realised, earthquake

b) **Key words to be underlined:**

A remember, details, experience

B room, shaking, no one knew what to do

Sentence B follows the sentence in Ex. 1a. The word 'realised' in the sentence does not mean 'remembers' but shows that Tom understood what was happening around him at the time, which was an earthquake.

2 1 B 2 B 3 A 4 A

3 1 D 2 A 3 E 4 B

4 **Introduction:** upset – ruin, turning quickly – spinning

**Para A:** imagine – picture, connecting – attaching

**Para B:** finishing – running out, difficult – tough, experience – face, moved gently – floated

**Para C:** extremely – incredibly, becoming nervous – panicking – consisting of – made up

**Para D:** humidity – moisture, increased – risen, cloudy – fogged up

5 unfortunately ≠ luckily loose ≠ secure  
fast ≠ slow large ≠ tiny  
above ≠ beneath dangerous ≠ safe  
similar ≠ different

6 1 carry 3 locked 5 running 7 fly  
2 floated 4 fogged 6 head

7 1 experiments 4 oxygen 7 safety  
2 cables 5 disconnected  
3 airlock 6 moisture

### 2b – Vocabulary (pp. 22-23)

1 1 F 2 A 3 C 4 B 5 E 6 D

2 A 6 C 4 E 7 G 3  
B 5 D 2 F 1 H 8

In the picture we can see a car crash.

3 1 of 3 from 5 up 7 of  
2 out 4 in 6 from 8 with

4 1 dripping 3 strong 5 lose 7 head  
2 bolt 4 deep 6 real 8 normal

5 1 survived 3 twisted  
2 scratching 4 to escape

6 1 rescue, collapsed 4 services, respond  
2 casualties, accident 5 conditions, poor  
3 ground, shake 6 injured, assistance

7 1 soaked 3 lightning 5 died  
2 shine 4 shelter 6 weather

8 1 A – wrecked, B – spoiled  
2 A – damaged, B – crushed  
3 A – harm, B – injury  
4 A – disaster, B – catastrophe

9 **Rain:** downpour, drizzle

**Snow:** snowflakes, blizzard

**Sun:** heatwave, hot spell

**Wind:** gale, breeze

10 1 explosion 4 survival 7 organisation  
2 successful 5 safety 8 exploration  
3 dangerous 6 dampen

### 2c – Grammar (p. 24)

1 1 was driving, saw, did you phone  
2 were you doing, were watching  
3 caused, crashed, broke  
4 did it start, wasn't snowing  
5 was slicing, was talking, cut, did she do, fainted, took

2 1 heard 6 hadn't eaten  
2 were driving 7 had been raining  
3 escaped 8 had set  
4 had you been waiting 9 has lost  
5 has worked 10 was blowing

3 1 B 2 A 3 C 4 A

4 1 for 4 already 7 until, before  
2 ever 5 since 8 never  
3 ago 6 yet

5 1 had/'d been living 8 remembered  
2 had/'d never experienced 9 had/'d seen  
3 changed 10 ran  
4 was sitting 11 stood  
5 felt 12 noticed  
6 was shaking 13 had broken  
7 were screaming 14 were

**Grammar Revision (Modules 1-2) (p. 25)**

- |   |  |                           |
|---|--|---------------------------|
| 1 | 1 does Ann go                            | 5 are leaving             |
|   | 2 have known                             | 6 is thinking             |
|   | 3 leaves                                 | 7 has Mike been learning  |
|   | 4 are still trying                       | 8 are you wearing, smells |
| 2 | 1 the nicest                             | 4 carefully as            |
|   | 2 better                                 | 5 the messiest of         |
|   | 3 the noisiest                           | 6 the hottest             |
| 3 | 1 had never flown                        | 5 opened                  |
|   | 2 hasn't made                            | 6 had been pouring        |
|   | 3 had been driving                       | 7 broke, were swimming    |
|   | 4 had missed                             | 8 travelled               |
| 4 | 1 did not/didn't stop snowing heavily    |                           |
|   | 2 has not/hasn't flown since             |                           |
|   | 3 the laziest person                     |                           |
|   | 4 were having lunch when                 |                           |
|   | 5 did not/didn't use to go               |                           |
|   | 6 have not/haven't been/gone camping for |                           |

**Grammar in Focus**

- |   |                   |    |              |
|---|-------------------|----|--------------|
| 1 | which/that        | 10 | was/had been |
| 2 | more              | 11 | strikes      |
| 3 | when/while        | 12 | are          |
| 4 | yourself          | 13 | for          |
| 5 | stops/has stopped | 14 | before       |
| 6 | higher            | 15 | was shaking  |
| 7 | leaving           | 16 | were falling |
| 8 | came              | 17 | After        |
| 9 | but               |    |              |

**2d – Listening skills (p. 26)**

- 1 1 J      2 M      3 M      4 M      5 J

- 2 1 Japan                      4 daytime  
 2 the newspapers          5 exiting  
 3 were injured              6 a safe/safer
- 3 A volcano erupted in Japan. There was a huge ash cloud that went up in the air and boulders were rolling down the mountainside. Nobody was injured but people have to carry umbrellas to protect themselves from the thick ash. The government has sent in water sprinklers to wash the ash away.

- 4 **Factory fire:** flammable, blaze  
**Flood:** sandbags, storm, rising waters, drain away  
**Oil spill:** tanker, black slime  
**Earthquake:** aftershocks, tremors, shaking  
**Car crash:** speeding, overtaking, collision

- 5 1 B      2 D      3 E      4 A

**6 Suggested answer**

I think a fire is the most terrifying because it can spread so quickly in a home. That's why we have a smoke alarm in my home. A fire can even start from something like an electrical fault, so it's important to have these alarms installed and working so that you can get out of your house quickly and call the fire brigade for help.

**2e – Speaking skills (p. 27)**

- 1 Text A best describes the picture.

**2 Suggested Answers**

- |           |            |               |
|-----------|------------|---------------|
| 1 snowman | 6 jackets  | 11 excited    |
| 2 posing  | 7 trousers | 12 background |
| 3 bright  | 8 woolly   | 13 garden     |
| 4 dressed | 9 scarf    |               |
| 5 wearing | 10 smile   |               |

**3 Suggested Answers**

- 1 man  
 2 a warm winter jacket, a hat, gloves and jeans  
 3 shovelling snow, has snowed  
 4 unhappy  
 5 covered in snow

- 4 1 b      2 b      3 b      4 a      5 a

**2f – Writing (p. 28)**

- 1 A 4      B 2      C 1      D 3

- 2 1 It was a rainy day yesterday. I had finished shopping. I was looking for a café to have a drink.  
 2 Yesterday afternoon, we were sitting in a restaurant next to the beach. The sun was setting and a cool breeze was blowing. Ted decided to walk along the shore.

- 3 1 sunny                      4 huge                      7 friendly  
 2 tall                          5 ferocious  
 3 strange                      6 short

- 4 1 frustrated                  3 amazed                  5 sad  
 2 relieved                      4 worried

- 5 1 suddenly                      3 strongly                  5 thickly  
 2 tightly                          4 anxiously                  6 greatly

**6 Suggested Answer**

**Hi Steve,**  
**How are you? I just got back from my holiday.** I spent two weeks in Thailand. I went there to visit my sister who's working in Bangkok. The highlight of my holiday was a boat trip I took to Koh Hae Island. In the morning, the guide told us that we might have some bad weather, but we didn't think it would be serious.



As we went further out to sea, though, the sky started to get dark. We were in a small boat and it got very scary as the storm approached.

When the waves turned violent, I was sure that the boat would sink! Then, we saw a beach on the horizon. Finally, we reached land and I felt so relieved that we had arrived safely! If something like this happens to you, make sure to wear a lifejacket.

**Write back soon,**

**Lucas**

### Matura Skills 2 (p. 29)

- 1 1 D                      2 A                      3 E
- 2 1 They have to be able to handle any weather conditions and get the lifeboat out quickly as every second counts.  
2 He helps to raise money through sponsored events and helps to promote the RNLI by giving safety talks.  
3 He is very proud of what he does and he enjoys it very much.
- 3 The weather was fine as we sailed out, but there were dark clouds in the distance. Tom and I were going sea fishing for the first time and we were happy and not worried at all.  
We caught a lot of fish and it was deeply exciting. In fact, we were so occupied with the fish we were catching we didn't notice that dark clouds were gathering right above us.  
Suddenly, lightning struck the boat and the power went out. It started to rain heavily and the sea became very rough. We couldn't get back to shore because there was an electrical failure and we couldn't radio for help either. Luckily, Tom had a satellite phone and so he called the coastguard. They came quickly and pulled us back to shore. I was very greatly relieved to be safe.

### Language Knowledge 2 (pp. 30-31)

- 1 a) B  
b) C
- 2 1 A            2 C            3 B            4 A            5 C
- 3 a) 1 verb  
2 object pronoun  
3 adverb
- b) 1 b                      2 b                      3 b
- 4 1 hope/chance    2 below    3 took    4 had

- 5 1 A    3 A    5 D    7 C    9 D    11 A  
2 B    4 B    6 D    8 D    10 B    12 B

- 6 1 A    4 B    7 D    10 C    13 C  
2 C    5 D    8 D    11 B    14 B  
3 B    6 A    9 D    12 A

### Matura Exam 2 – Poziom podstawowy (pp. 32-33)

- 1 1 E fear, flying – travel, train or ferry instead  
2 D correct procedure, fire – what to do, drill  
3 B forecast, thunderstorms, weekend – in for, extreme weather  
4 C lucky, survive, accident – Thankfully, no one, injured  
5 A Earthquakes aren't very common – no point worrying, probably won't happen

- 2 1 C            2 E            3 A            4 B

- 3 The correct answer is A.

B is the wrong answer because Kate is sure that Lisa was unharmed and doesn't need to ask her about her wellbeing.

C is the wrong answer because Kate did not experience the earthquake; she wasn't even in the same country as where it occurred.

- 4 1 B                      2 A                      3 C

- 5 a) A you to take a look at something  
B a rule about leaving the hotel

- b) The correct answer is B.

- 6 1 C            2 A            3 B            4 C            5 B

### 7 Suggested Answer

**Hi everyone, you won't believe what happened today!** I was walking to school and about to cross the road when I saw a road accident! A car turned around the corner of the road really quickly and lost control. It skidded off the road and hit a wall across the street! I was really lucky that I didn't get hurt.

The police arrived very quickly and they called for an ambulance, even though the driver of the car didn't seem injured. One police officer asked me a lot of questions about what I'd seen and I answered them all very carefully. The police handled the situation really well.

Next time you are thinking of crossing the road, make sure you pay attention to the traffic. You never know what might happen! **Please write a comment below if anything similar has happened to you.**



- 11 1 manager 5 cooperative 9 security  
 2 performance 6 disappear 10 inventor  
 3 employment 7 musician  
 4 knowledgeable 8 professionally

**3c – Grammar (p. 40)**

- 1 1 will 4 is going to 7 are going to  
 2 am going to 5 am going to 8 will  
 3 will 6 will
- 2 1 is going to study 5 Will you be driving  
 2 am going to 6 won't  
 3 am having 7 are going to  
 4 leaves 8 will be having
- 3 1 will have completed  
 2 Will the meeting have finished  
 3 will be doing  
 4 Will you be seeing  
 5 will have worked
- 4 1 will be moving/  
 am moving 5 will go  
 2 will change 6 will have seen  
 3 am starting 7 will be flying  
 4 will have 8 will phone  
 9 will come
- 5 1 When, will the lecture start?  
 2 will be holding, while  
 3 As soon as, finishes  
 4 the moment, comes  
 5 When, will they announce  
 6 will have finished, by

**Grammar Revision (Modules 1-3) (p. 41)**

- 1 1 am writing 6 have worked  
 2 appeared 7 have attended  
 3 will be turning 8 do not panic  
 4 completed 9 look  
 5 will get
- 2 1 C 3 A 5 B 7 B  
 2 B 4 A 6 A
- 3 1 he had been waiting 4 didn't use to  
 2 since Jill graduated 5 soon as  
 3 will have finished he completes

**Grammar in Focus**

- 1 will change 7 our 12 at  
 2 more 8 is improving 13 is  
 3 choosing 9 longer 14 growing  
 4 such 10 after 15 and  
 5 have disappeared 11 most  
 6 is advancing important

**3d – Listening skills (p. 42)**

- 1 1 F ... I find the work itself as interesting as ever.  
 2 T ... you'll find conditions at this company are very different ...
- 2 1 T 2 F 3 T 4 F 5 T
- 3 B I landed my first role in a play just after drama college ...
- 4 1 D 2 D 3 C 4 B 5 A

**3e – Speaking skills (p. 43)**

- 1 1 Please take a seat.  
 2 Well, I need a part time job.  
 3 I worked in a grocery shop last year.  
 4 I think I'm hard-working and responsible.  
 5 What are the working hours?  
 6 I can work after college, then.

**2 Suggested Answer**

- A: Hi there, Mr Andrew Porter. My name is Sharon Davies and I am the restaurant manager. You have applied for the waiter vacancy, is that right?  
 B: Yes, that's correct.  
 A: So Andrew, why is it that you are interested in working here as a waiter?  
 B: Well, I am currently at college and looking for an evening job.  
 A: Do you have any previous waiting experience?  
 B: No, I don't. But I am certainly willing to learn.  
 A: We are able to provide full training to our staff, so it wouldn't be a problem. Why do you think you are suitable for the job?  
 B: I am very enthusiastic and hard-working. I also enjoy working with others and like to have an active job where I can move around.  
 A: That sounds great. Do you have any questions about the position?  
 B: Yes, what would my working hours and days be?  
 A: Your shifts would be 5pm-10pm on Wednesday and Friday evenings. Well, thank you very much for coming in. I will give you a call in the next couple of days to let you know about the job.  
 B: Thank you very much for your time, Ms Davies.

- 3 1 A 2 B 3 C 4 A

**3f – Writing (p. 44)**

- 1 **key words:** summer job, waiter, restaurant by the sea, blog entry  
 1 readers of a blog about jobs  
 2 informal  
 3 a summer job as a waiter

4 description of the restaurant, your duties, your feelings, invitation to readers

2 1 D 2 A 3 C 4 B

3 1 ideal 3 charming 5 smart  
2 breathtaking 4 delicious

4 1 excited 3 pleased 5 exhausted  
2 afraid 4 anxious

5 1 opens 3 will be 5 will have saved  
2 will leave 4 will be serving

6 a) reader: blog followers, young people, people interested in fashion  
style: informal  
subject: new job, fashion, clothing  
content: description of the shop, explanation of duties, feelings about the job, invitation to readers to shop there

**b) Suggested Answer**

**MY STYLISH NEW JOB!**

I just got offered a Saturday job in a clothes shop in my local shopping centre. It is a small colourful shop that sells vintage clothing. They have lots of clothes, shoes and accessories to choose from.

I will be a fitting room assistant, which means I get to help people, making sure they have the right sized clothes and helping people to pick which items to buy.

I am so excited about working there. I can wear vintage clothes to work instead of a uniform. I love vintage fashion and want to be a fashion designer some day, so this job is perfect for me.

The shop has such a lot of stylish clothes that I would definitely recommend coming into the store to take a look! Perhaps I'll see you there!

**Matura Skills 3 (p. 45)**

1 1 B 2 C 3 A 4 D

2 1 Food scientists make food taste and look better.  
2 Food scientists are developing a food printer so that astronauts can eat tastier food in space.

3 1 F 2 T 3 T

4 1 equipment 3 opportunity 5 design  
2 necessary 4 laboratory 6 develop

**Language Knowledge 3 (pp. 46-47)**

1 1 without giving her 3 will be  
2 were waiting

2 1 B 2 A 3 C 4 A 5 C

3 a) 1 past participle 3 noun  
2 adverb 4 verb

b) 1 obsessed 3 mathematics  
2 Luckily 4 realise

4 1 making 3 demanding  
2 applicants 4 finally

5 1 B 3 C 5 A 7 A 9 A 11 B  
2 A 4 D 6 D 8 A 10 C 12 C

6 1 B 4 A 7 D 10 D 13 B  
2 D 5 A 8 A 11 A 14 C  
3 C 6 C 9 B 12 C

**Matura Exam 3 – Poziom podstawowy (pp. 48-49)**

1 B

2 1 C 2 C 3 C 4 B 5 C 6 B

3 The correct answer is B.

'Travel the world,' 'think about the future,' 'meet new people' and 'do some voluntary work' are all positive consequences of taking a gap year.

4 1 B 2 D 3 A 4 D 5 C

5 1 A 2 C 3 B 4 B 5 B

**6 Suggested Answer**

**I've just come back from volunteering abroad.** I spent my gap year in Peru, where I did some teaching. I had a class of lively 10-year-olds. As well as teaching them English, we played lots of games and went on trips. I love working with children and I would really like to teach English after university, so this seemed like a great chance to get some experience. One day, I took the class to the zoo and we saw a llama. It suddenly began to chase me and everyone was laughing! I'll never forget it!

The whole Peru experience was incredible. I learnt so much. My only advice, if you're thinking of going there, is to learn a little Spanish. It helps if you speak the local language!

**Leave your comment below.**

**Matura Exam 3 – Poziom rozszerzony (pp. 50-51)**

1 B

2 1 E      2 D      3 B      4 C

3 1 C                      2 A                      3 B

4 1 B      2 A      3 A      4 D      5 C

5 1 are going to take over      3 I'll be working  
2 be able to afford to      4 as soon as you get**6 Suggested Answer****GETTING YOURSELF EMPLOYED**

Competition for jobs is extremely fierce these days and making a good first impression at the interview is all-important. So what can you do to ensure you stand out from the other applicants and get yourself hired?

Well firstly, just having good qualifications is no longer enough. What employers are looking for at the interview are your personal qualities. In order to be a real company asset, you need to show initiative and creativity, be adaptable and, of course, honest. Bosses want to employ someone who is good at teamwork and will fit in with other employees, cooperating to get the job done. Willingness and a 'can-do' attitude are also something employers value highly.

But making a good impression is not just down to personality. You must be prepared. It is important to familiarise yourself with questions the employer is likely to ask you. You can research these online and then role play with a good coach – say, a friend who is experienced in attending job interviews – and practise what you are going to say. That way, there is less chance of being taken by surprise. Additionally, you should find out something about the company beforehand and be prepared to ask your interviewer one or two questions about it. This shows you have a real interest in working for them.

All in all, being prepared for the interview and projecting the right personality will go a long way towards making your job interview a successful one.

**Module 4****4a – Reading (pp. 52-53)**

1 a) D

b) viewing figures show (fact – statistically proved), in my view (opinion), there are those that would disagree (opinion)

2 1 A      2 B      3 A      4 A      5 B

3 entry ≠ exit  
full ≠ empty  
normal ≠ odd  
friend ≠ strangeryoung ≠ elderly  
outer ≠ inner  
gradual ≠ sudden4 amuse – entertain  
model – version  
wealthy – rich  
formed – made up  
meant – intended  
material that covers the outside of a tree – bark  
reproduces – recreates  
deceived – fooled  
definitely – certainly  
fortunate – lucky**4b – Vocabulary (pp. 54-55)**1 1 drawn      4 promote      7 brought  
2 transfer      5 stay      8 raising  
3 kept      6 presenting

2 1 B      2 A      3 B      4 C      5 C      6 C

3 1 e      2 c      3 a      4 b      5 d

4 1 plotline      5 episode      9 award  
2 effects      6 series      10 reviews  
3 audience      7 fans  
4 cast      8 chart hits5 1 based      4 to be missed  
2 has been nominated      5 booking  
3 awards6 1 designed      3 direct      5 sculpts  
2 drawn      4 acted      6 carving7 1 written      4 made      7 released  
2 hired      5 directed  
3 built      6 edited8 1 volume      3 paperback      5 chapter  
2 hardback      4 edition      6 publication9 1 adaptation      4 script      7 hit  
2 nominees      5 leading      8 cast, curtain  
3 dress      6 footlights10 1 amazement      6 listeners  
2 spectacular      7 incredible  
3 rehearsals      8 beautifully  
4 classical      9 theatrical  
5 humorous      10 intensify

**4c – Grammar (p. 56)**

- 1 1 will have been cancelled  
 2 were not allowed  
 3 has been returned  
 4 are chosen  
 5 is being judged  
 6 to be restored  
 7 are (these chocolates) filled  
 8 are going to/will be announced
- 2 A 1 is chosen  
 2 have been/are selected  
 3 is drawn
- B 1 was written 3 is highly recommended  
 2 be made
- C 1 was robbed 3 have not been arrested  
 2 were stolen 4 is being offered
- 3 1 A film was awarded 3 Oscars last Sunday.  
 2 A painting has been brought to life with new technology.  
 3 Art thieves were arrested yesterday.  
 4 The exhibition is going to be attended by thousands.
- 4 1 had her photo taken.  
 2 are having their house redecorated.  
 3 have been having our pool cleaned by the neighbour's son for years.  
 4 had his digital camera replaced by the shop.  
 5 will have the masks made for our play.  
 6 is going to have an ice sculpture made for her gallery.
- 5 1 C 2 B 3 A 4 A 5 C 6 B

**Grammar Revision (Modules 1-4) (p. 57)**

- 1 1 C 3 A 5 C 7 B  
 2 B 4 B 6 A
- 2 1 had 4 far 7 themselves  
 2 with 5 by 8 let  
 3 What 6 would
- 3 1 twice as hard 5 the cinema more than the  
 2 enjoyed themselves  
 3 going to give 6 can be bought  
 4 is interested in

**Grammar in Focus**

- 1 visiting 6 was built 11 made  
 2 one 7 between 12 of  
 3 was designed 8 of  
 4 to 9 it  
 5 for 10 disappeared

**4d – Listening skills (p. 58)**

- 1 a) Key words to be underlined:  
 A only watch films, family activity  
 B in the cinema, best  
 C stop him, enjoying films
- b) C People often tell me the ending
- 2 1 A 2 A 3 C 4 B 5 A 6 B
- 3 1 C 2 A 3 B 4 C 5 D

**4 Suggested Answer**

My favourite type of films are science-fiction films. I love stories about new worlds and aliens or the future. The special effects in science-fiction films are always really fantastic too!

**4e – Speaking skills (p. 59)**

- 1 1 probably 3 concerned 5 exciting  
 2 option 4 activities 6 point

**2 Suggested Answer**

I think the best way to spend our evening celebrating our school friend's birthday would be going out for a meal. You can all dress up and have fun with your friends. It's a very social way to celebrate someone's birthday and it's an event that everyone will enjoy.

I wouldn't want to go to the circus or a concert, because while they would be fun they wouldn't be as social. At a circus you are always watching something happening in the ring, so you can't interact with your friends. At a concert it's also very loud and you wouldn't be able to talk to each other. Also both of these events are large public events so they wouldn't be very private. I wouldn't want to share a birthday with lots of strangers!

**3 Suggested Answers**

- 1 a woman make pottery  
 2 at a table/bench  
 3 a white t-shirt and an apron  
 4 a red t-shirt and an apron  
 5 interested in what he is doing  
 6 a mosaic/tiles on the wall

**4f – Writing (p. 60)**

- 1 **Key words to be underlined:** saw an in-flight film, enjoyed, Write your friend, give, general information, describe the plot, say why you liked, recommend the film
- 2 1 interesting 4 talented 7 unexpected  
 2 fantasy 5 well-developed 8 exciting  
 3 main 6 fast-paced



3 1 tells 3 likeable 5 set  
2 twist 4 effects 6 disappoint

4 A 1 are looking for 2 make sure  
B 3 well worth seeing 4 thoroughly recommend  
C 5 waste of time 6 don't bother

### 5 Suggested Answer

**Film Type/Title:** *Captain Phillips*, drama

**Director:** Paul Greengrass

**Cast:** Tom Hanks

**Plot:** Based on a true story. Somali pirates capture an American ship. The captain tries to save his crew, but is taken hostage. Eventually he is saved by the navy.

**Comments:** Fast-paced and exciting finale. Very good characters and lots of action.

**Recommendation:** I found this film well worth seeing. If you like adventure, I recommend that you see it.

### 6 Suggested Answer

Dear Steve,

Yesterday evening I watched a film with my brother.

It is a drama film called *Captain Phillips*, directed by Paul Greengrass. It stars Tom Hanks in the lead role as the captain of a huge ship.

The film is based on a true story. It is about an American ship that is captured by Somali pirates. Captain Phillips tries to save his crew, but he is taken hostage by the pirates. In the exciting finale, the US Navy rescues him.

The film is very fast-paced and there are lots of action scenes. The ending is so exciting! Tom Hanks is a great actor and the character of Captain Phillips is very believable.

Overall, I found this film well worth seeing. If you like adventure I recommend that you see it. **Have you seen anything good lately?**

Write soon,

Tom

### Matura Skills 4 (p. 61)

1 a) 1 c commitment, truly impressive  
2 b a number of possible reasons why  
3 d took a year to make, all hand-sewn  
4 a unnecessarily violent

b) intention d – to describe

2 1 C 2 B 3 B 4 D 5 A

### Language Knowledge 4 (pp. 62-63)

1 1 C 2 C 3 A 4 B 5 C

2 1 C 2 A 3 C

3 1 b 2 b 3 a

4 1 very impressed by  
2 the artist had  
3 having my piano repaired  
4 by himself/on his own

5 1 D 3 A 5 D 7 D 9 A 11 C  
2 C 4 B 6 A 8 B 10 C 12 A

6 1 B 4 D 7 C 10 D 13 B  
2 A 5 D 8 B 11 B 14 D  
3 C 6 A 9 C 12 A

### Matura Exam 4 – Poziom podstawowy (pp. 64-65)

1 1 K 2 J 3 J 4 J 5 K

#### 2 a) Key words to be underlined:

in the sentences: *Avatar*, 3D technology, Cameron, *Avatar* films

in choice A: 3D films, *Avatar*

in choice B: technology, Cameron

b) B It talks about the technology used in the film and introduces the reader to the director mentioned later in the text.

3 1 D 2 E 3 A

4 1 A 2 C

5 1 C 2 A 3 B 4 A 5 B

6 1 A 2 C 3 B 4 C 5 B

### 7 Suggested Answer

Hi everyone! We're putting on a play next week, on Friday 15th of August. It's going to be at the local youth theatre on Green Street. We are all working really hard to prepare for the play. We've had lots of rehearsals with our director and we've been making our own costumes too. I get a little bit nervous before a performance, but once it starts those feelings always go away and I get really excited! If the play goes well, then next year we hope to do another one, or maybe even two! It would be great fun to do something by Shakespeare! Put the 15th in your diaries, I hope to see lots of you at the theatre! **What's going on with you?**

### Matura Exam 4 – Poziom rozszerzony (pp. 66-67)

1 A fact B opinion C opinion

2 1 B 2 A 3 B

3 1 B 2 C 3 B 4 A

- 4 1 could have bought (modal + perfect infinitive to express possibility in the past)  
 2 haven't seen (present perfect + yet)  
 3 will have made (future perfect to express a number of actions completed by a certain point in the future)  
 4 hadn't told (past perfect to express regret about sth that happened in the past)
- 5 1 no chance of winning the  
 2 is expected to be made  
 3 had his portrait painted by  
 4 she could sing as well

**6 Suggested Answer**

Television channels tend to broadcast more and more reality TV shows these days. However, while they may be popular with some viewers, I don't believe that such programmes are such a good idea.

To begin with, the people who appear on such programmes are not actors or celebrities who are prepared for dealing with fame. They are just normal people like you and I. There's no way that they could be ready for all the pressure and stress that comes with being famous. Furthermore, television channels usually edit the contents of reality shows to make someone appear different from how they are in real life. For instance, a friendly person might be made into the show's villain because of a single thing that they may have said or done.

On the other hand, viewers might argue that people shouldn't put themselves forward for such roles unless they are prepared to deal with the consequences. If you want to be famous without having done any hard work, then you should be willing to pay a price for your success. Television networks also only give audiences what they want. After all, people want to see extreme events and larger-than-life characters.

All things considered, I feel that even though reality shows allow normal people to be famous, television companies still take advantage of the people who appear on them. I think television companies should spend more time and money on serious programmes and dramas.

**Module 5**

**5a – Reading (pp. 68-69)**

- 1 1 E 2 D 3 B
- 2 1 Winter's tail was caught in a crab trap. Because it was badly damaged, she lost it.  
 2 Dan and Kevin designed an artificial tail to help

Winter properly swim again.

- 3 WintersGel has made artificial limbs more comfortable for people to use.

3 1 f 3 a 5 d 7 b  
 2 e 4 h 6 c 8 g

- 4 difficulties – challenges, serious – severe, encouragement – inspiration, tightly – firmly, definitely – truly, slowly – gradually, lively – playful, hope – chance, story – tale, deserted – abandoned, popular – successful, fake – artificial

**5 a) & b)**

- found ≠ lost (v)  
 luckily ≠ unfortunately (adv)  
 national ≠ local (adj)  
 real ≠ artificial (adj)  
 hard ≠ soft (adj)  
 unknown ≠ famous (adj)

- 6 1 staff 3 comfortable 5 runs  
 2 attraction 4 set 6 developed
- 7 1 coast 5 damaging 9 worth  
 2 trap 6 limb 10 starring  
 3 survive 7 deal  
 4 named 8 gripped

**5b – Vocabulary (pp. 70-71)**

- 1 1 bulbs 4 gases 7 layer 10 power  
 2 waste 5 warming 8 endangered  
 3 fuels 6 spill 9 change
- 2 1 e 2 f 3 a 4 b 5 d 6 c
- 3 1 packaging 4 unemployment 7 injustice  
 2 security 5 pollution 8 peace  
 3 poverty 6 campaign
- 4 1 B 2 A 3 C 4 B 5 B
- 5 1 on, at 4 against, on 7 on, in  
 2 down, off 5 on, on 8 in, under  
 3 in, out 6 on, in
- 6 1 who 3 are 5 in 7 point  
 2 now 4 found 6 enough 8 of
- 7 1 patrol 3 raise 5 dump  
 2 support 4 cut 6 contaminate
- 8 1 Illiteracy 4 War  
 2 Inequality 5 Hunger  
 3 Migration 6 Human rights



- 9 1 biodegradable 4 Industrial 7 car  
 2 Acid 5 thick  
 3 carbon 6 extinct

- 10 1 unnecessary 6 darken  
 2 exhausting 7 starry  
 3 illnesses 8 recycling  
 4 global 9 equipment  
 5 accommodation 10 natural

### 5c – Grammar (p. 72)

- 1 1 told 3 asked 5 say 7 said  
 2 say 4 told 6 told
- 2 1 Danny said (that) Katie had joined an environmental group.  
 2 Fran told us (that) she was writing her project on endangered species.  
 3 Ben's wife told me (that) he used public transport to get to work instead of driving.  
 4 The Prime Minister said (that) they would give more money to fight poverty.  
 5 John said (that) he could help out at the animal shelter that week.  
 6 Kelly told me (that) she had seen a sea turtle while he had been/was swimming the day before.
- 3 1 Sam asked me where the animal shelter in my neighbourhood was.  
 2 Beth asked if I (had) found out about volunteering for Oxfam.  
 3 David asked what he had been saying about coral reefs.  
 4 Anya asked me if I had read the/that article about homelessness.  
 5 Peter asked Bob if he could save/to save all his old newspapers.  
 6 Ben asked when we were taking the used clothes to the charity shop.
- 4 1 The organiser told us to make sure we arrived on time.  
 2 The organiser told us not to wear trainers.  
 3 The organiser told us to bring some plastic bags for the rubbish.  
 4 The organiser reminded/told us not to forget to bring something for lunch.  
 5 The organiser told/instructed us to put the rubbish in the correct bins.
- 5 1 that the clean-up campaign began that day.  
 2 me to go to the WWF meeting with her.  
 3 us to go swimming with the dolphins.  
 4 us not to buy aerosol sprays that use CFCs.  
 5 to take the bags out for me.  
 6 for not recording the wildlife show the night before.

- 6 "I want to say a few words about the oil spill," Tom said to the reporters.  
 "How did the tanker capsize?" asked the reporters.  
 "I can't say for sure, but the company is trying its best to find out. The company is extremely sorry for the damage and they are doing everything they can to clean up the beaches," said Tom.

### Grammar Revision (Modules 1-5) (p. 73)

- 1 1 were allowed 4 said  
 2 use 5 ever  
 3 worst 6 have been planting
- 2 1 I'd like to know how long Save the Children has been fighting for children's rights.  
 2 Could you tell me which countries you work in?  
 3 Have you any idea how many people he invited to the event?  
 4 I want to know how much you spend on helping children and families.  
 5 Do you know if it is possible to volunteer?
- 3 1 if Daisy had seen the news report about the smog.  
 2 what it said.  
 3 that the smog was so bad that the government was telling people to keep their windows closed.  
 4 if the government was looking for a solution to the problem.  
 5 that the government had promised to invest more in public transport  
 6 that she hoped they would do it soon.
- 4 1 is being picked up  
 2 has/gets his waste taken  
 3 much more expensive than  
 4 haven't been to  
 5 asked if Mary was  
 6 used to cycle

### Grammar in Focus

- |                |                |           |
|----------------|----------------|-----------|
| 1 every/each/  | 5 is destroyed | 10 in     |
| per/an         | 6 than         | 11 like   |
| 2 are recycled | 7 will be      | 12 are    |
| 3 takes        | 8 was set      | 13 closer |
| 4 for          | 9 works        | 14 at     |

### 5d – Listening skills (p. 74)

- 1 **adoption programme:** a programme in which people 'adopt' a particular animal or species by donating money to their welfare  
**donate:** to give  
**endangered:** at risk of extinction  
**natural habitat:** the natural environment in which an animal is normally found

**certificate:** a piece of paper that proves you have done something

**bookmark:** a strip of material, e.g. leather or plastic, to mark a reader's progress in a book

**sticker:** an adhesive label with words/a picture printed on it

**fund (v):** to pay for

- 2 1 F      2 T      3 T      4 T      5 F

### 3 Suggested Answer

I believe the WWF's 'Adopt an Animal' programme is a good cause, of course, but personally I would prefer to donate money to an ecosystem-based rather than a species-based conservation programme. This is because large, popular animals get a lot of attention, but there are many plants and insects, and even fungi that are equally threatened, which people often forget about. All of these creatures that make up the ecosystem must survive if we truly want to save any animal.

- 4 a) A To recount a history is to tell the story of something  
 B To persuade someone to donate is to convince them to give e.g. money.  
 C To announce news is to publicly give out information.

b) C inform ... just moved into a newly built office

- 5 1 A      2 C      3 A      4 D      5 C

- 6 The interview was about a charity called Ending Poverty, founded by Jennifer Towers. She decided to start the charity after travelling and wanting to help the people in one remote village in Laos. Ending Poverty is different from other charities because it allows individual people to start specific projects, and have more control in the process.

### 5e – Speaking skills (p. 75)

- 1 A 1 outside in the street  
 2 forty  
 3 old clothes  
 4 unhappy  
 5 is giving him some money  
 6 in her late twenties or early thirties  
 7 a grey jacket and a black skirt  
 8 homeless
- B 1 outside on a bench  
 2 hair and a grey beard  
 3 a dark blue short-sleeved shirt and light-coloured trousers  
 4 a mobile phone and a newspaper

- 5 a job  
 6 worried and anxious

- 2 1 donating      3 awareness      5 education  
 2 charities      4 create      6 paying

- 3 1 endangered      4 planting      7 solution  
 2 planet      5 problems      8 suitable  
 3 working      6 isolated

- 4 1 a      2 a      3 a      4 b      5 a

### 5f – Writing (p. 60)

- 1 a) **Key words to be underlined:** poverty, homeless, letter, local newspaper, solutions, expected results

- b) 1 To begin with      4 In this way  
 2 For instance      5 In conclusion  
 3 Another way

- 2 A 2  
 B Sentence B does not fit in the paragraph because it contrasts with another unstated idea.  
 C 1  
 D 3

- 3 There are (incorrect grammar)  
 to help (incorrect grammar)  
 and cities. (incorrect punctuation)  
 so there (incorrect spelling)  
 on the road. (incorrect punctuation)  
 it also makes (incorrect grammar)  
 people fitter (incorrect spelling)  
 and healthier (incorrect spelling)  
 If people (incorrect punctuation)  
 will soon decrease (incorrect grammar)

- 4 a) 1 B      2 A

### b) Suggested Answer

Dear Sir/Madam,  
 Your article about the state of our rubbish dumps in last Tuesday's edition of your newspaper has prompted me to write this letter. We know that the amount of household waste we produce is on the increase. Most food we buy comes in plastic or metal containers which eventually get thrown in landfills. The landfills, however, are getting full and we need to find another solution.  
 To begin with, we could recycle food containers by finding a new use for them. Metal tins, for example, can be made into something new rather than just be thrown away. In this way, there will be less rubbish going into landfills.

Another way to help is to compost our food waste. For instance, vegetable peelings can be turned into manure which can then be added to the soil in our gardens. This will improve the quality of the soil and enable more plants to grow.

In conclusion, there are many ways in which we can reduce the amount of rubbish we create. By recycling plastic and metal, and reusing food waste, we can help to make the world a cleaner place for everyone. Also, of course, it will make our community a more attractive place to live.

Yours faithfully,  
Edward Jones

4 1 C      2 F      3 E      4 D

5 1 C      2 A      3 C      4 B      5 C

## 6 Suggested Answer

Dear Doris,

**How are things? I hope you're well. I'm just writing to tell you about how our school spent World Environment Day.** We all got together and took part in a tree-planting activity in our local park.

We met at school at 9 am and walked to the park. At 10 o'clock everyone was busy planting! It was lovely weather and it felt so nice to be out in the open air! I also felt proud to be doing something worthwhile for the environment. At 3 o'clock we stopped work and had a picnic by the lake.

Next day there was an article in the paper! It said our school had done a great job and we all felt really proud. Next year, we're organising a gardening project to plant flowers and vegetables in the school grounds.

**What about you? Did you do anything special for World Environment Day?**

Love,  
Eva

## Matura Skills 5 (p. 77)

1 1 C      2 A      3 B      4 B

2 1 nap                      3 interest                      5 routine  
2 trade                      4 fur                              6 goal

3 tiny ≠ huge                                      ill ≠ healthy  
boring ≠ interesting                              released ≠ captured  
easy-going ≠ strict                                      lawful ≠ illegal

## Language Knowledge 5 (pp. 78-79)

1 1 A      2 C      3 B      4 B      5 C

2 1 a      2 a      3 a

3 1 a      2 b      3 b      4 a

4 1 prevents people from swimming  
2 the result of  
3 got in touch with  
4 goes to school on

5 1 A      3 A      5 D      7 A      9 C      11 D  
2 B      4 B      6 A      8 D      10 D      12 B

6 1 C      4 C      7 D      10 B      13 B  
2 A      5 C      8 A      11 D      14 A  
3 D      6 A      9 C      12 C

## Matura Exam 5 – Poziom podstawowy (pp. 80-81)

1 1 B cycle, walk, take public transport, solar panels  
2 B instead of using your car, solar panels, reduce the amount of greenhouse gases

2 1 B      2 D      3 E      4 A

3 1 C                      2 A                      3 B

## Matura Exam 5 – Poziom rozszerzony (pp. 82-83)

1 1 E      2 C      3 D      4 B

2 1 C      2 E      3 A      4 D

3 1 I went to the  
2 are we supposed to arrive  
3 of us had ever been  
4 thought carefully before deciding

4 1 Recently                                      3 suffering  
2 ourselves                                      4 generations

5 1 much    3 cut  
2 due/owing                                      4 by

## 6 Suggested Answer

Dear Sir/Madam,

Further to the recent publicity in the media concerning endangered species, and the fact that many animals are at risk of disappearing altogether, I would like to outline one or two suggestions that I believe may be of some help.

In the first place, the most urgently endangered animal species need instant protection. The best way of offering this would surely be to house these animals in zoos where they could receive proper health care and be protected from manmade threats to their environment. The result would be that they would be able to breed in captivity and continue to reproduce the species.

Secondly, it would also be a good idea to create more paid jobs in animal care. All too often, these jobs are only available to volunteers and many people who would like to help are not in a financial position to do so. If governments could be persuaded to create more paid jobs in animal conservation work, more people would be encouraged to join in and save more wildlife.

In short, animal species in danger need our help and they need it now. Housing them in a safer environment and recruiting more people to take care of them seem to me to be the obvious first steps in the right direction. I hope you will print this letter and encourage your readers to act on these suggestions.

Yours faithfully,  
Gordon Doyle

- 5** **bite** – dogs, tigers, crocodiles, spiders, ants, sharks, mosquitoes, snakes, tortoises, bears, mice, rabbits, cats  
**sting** – bees, wasps, jellyfish, scorpions  
**scratch** – dogs, tigers, bears, mice, rabbits, cats  
**crawl** – snails, crocodiles, spiders, ants, crabs, tortoises, cockroaches, earthworms, scorpions

- 6** 1 injury                      3 pain                      5 harm  
 2 damage                      4 wound

- 7** 1 G, impatient                      5 B, embarrassed  
 2 D, nervous                      6 C, confused  
 3 F, bored                      7 A, surprised  
 4 E, angry

**8 Suggested Answers**

- 1 a friend went on stage and sang without telling anyone that he was going to.  
 2 when my sister borrowed my favourite top without asking me.  
 3 I had to speak in front of my teachers and classmates and I got so nervous that I completely forgot what I was going to say.  
 4 I have to go to the dentist.

- 9** 1 treatment                      5 appearance  
 2 nutritious                      6 illegal  
 3 irrational                      7 deadly  
 4 agonises                      8 horrifies

**Module 6**

**6a – Reading (pp. 84-85)**

- 1** B  
**2** 1 A                      2 C                      3 C  
**3** 1 webs                      3 signals                      5 melt                      7 invade  
 2 hide                      4 deep                      6 hive  
**4** 1 wanders                      3 attacked, away  
 2 get away                      4 ceremony  
**5** 1 harmful                      2 front                      3 calm                      4 bright  
**6** 1 They live in nests.                      4 They send out signals.  
 2 They spray acid.                      5 They live in beehives.  
 3 They live in forests.

**6b – Vocabulary (pp. 86-87)**

- 1** 1 open                      3 panic                      5 crawlies  
 2 public                      4 phobia                      6 spaces  
**2** 1 A                      2 A                      3 C  
**3 a)** 1 is worried                      5 suffers  
 2 refuses                      6 sweat  
 3 lessen                      7 avoids  
 4 startled                      8 screamed  
**b)** 1 scared                      4 dizzy  
 2 surprised                      5 nervous  
 3 proud                      6 embarrassed  
**4** 1 of                      4 on                      7 to  
 2 of, at                      5 to                      8 on  
 3 for                      6 about                      9 up with

**6c – Grammar (p. 88)**

- 1** 1 E                      2 C                      3 D                      4 F                      5 B                      6 A  
**2** 1 Sue may/might come tomorrow.  
 2 You can't/mustn't enter this area.  
 3 He must attend the meeting.  
 4 You ought to/should see a doctor.  
 5 She might pass the test.  
 6 You needn't come if you don't want to.  
 7 She can fly a plane.  
 8 You mustn't/can't park here.  
 9 Can/Could you give me a lift to the doctor's?  
 10 He could run long distances.  
 11 May/Can/Could I use your phone?  
 12 You will have to/must see a doctor.  
**3** 1 must have been terrified when you were stuck in the elevator  
 2 may/might have a social phobia  
 3 can't have gone surfing because it's too stormy today  
 4 can't be afraid of public speaking  
 5 might/may be afraid of heights if you felt dizzy on that bridge  
 6 must be seeing the doctor tonight

- 4 1 the, – 3 the, – 5 The, the, the, –  
2 the 4 the
- 5 1 Something 4 no one 7 any  
2 everywhere 5 any 8 everywhere  
3 nothing 6 some

### Grammar Revision (Modules 1-6) (p. 89)

- 1 1 was found 6 had been eating  
2 claimed 7 seemed  
3 had been lost 8 was contacted  
4 believed 9 had been reported  
5 could he survive 10 was telling
- 2 1 most dangerous, in 4 was hired by  
2 told, travelling 5 their, themselves  
3 the 6 when, finds
- 3 1 –, the 4 The, a, – 7 –, a/the, –  
2 the 5 the, –, the 8 a, the  
3 an, – 6 The, –, –
- 4 1 are not allowed to 5 would have gone  
2 as many pets as 6 (new) employees  
3 can't/couldn't have been are hired  
4 if only he didn't

### Grammar in Focus

- 1 of 7 the 13 to  
2 on 8 eating 14 which  
3 and 9 plenty/lots 15 the largest  
4 have evolved 10 the best 16 than  
5 where 11 is growing  
6 are not found 12 for

### 6d – Listening skills (p. 90)

- 1 1 C 2 A 3 D 4 B
- 2 1 F 2 T 3 F 4 T 5 F
- 3 1 in a lift 2 work colleagues
- 4 1 C 2 A 3 C

### 6e – Speaking skills (p. 91)

- 1 1 waiting 5 must 9 glasses  
2 speaking 6 opinion 10 clasped  
3 anxious 7 well 11 background  
4 needles 8 pain
- 2 1 a woman with dark hair who is holding a cup  
2 screaming, bug, cup  
3 a white coat

- 4 surprised and frightened  
5 drop the cup

### 3 Suggested Answer

- A: Hi, Michelle! Aren't you giving a talk in front of the class next week? Fantastic! I expect you're feeling proud to be chosen, aren't you?
- B: Yes to the first question, no to the second. Actually, I'm absolutely dreading it.
- A: Oh no! Why? Is it a difficult topic?
- B: I'm giving a talk in our history class about the ancient Greeks. I'm so worried about it that I can't sleep. I think I have a phobia about public speaking.
- A: I'm sorry to hear that. I remember getting really frightened of speaking in front of the class when I was in Year 7. I would even have nightmares about forgetting what to say. Then, I decided it was really time to tackle the problem.
- B: Really? What did you do?
- A: I went to see the school counsellor. She is very nice and perhaps you should pay her a visit. I'm sure she can help you deal with your anxiety. She helped me prepare for a presentation. One useful tip she gave me was to write on small cards to remind myself of what I need to say.
- B: That's not a bad idea. Maybe I'll give it a try.
- A: Let me know how you get on.

- 4 1 b 2 b 3 a 4 a 5 b

### 6f – Writing (p. 92)

- 1 A 3 B 1 C 2
- 2 1 I hope I've been of some help  
2 let me know what happens  
3 It must be awful to be  
4 I'm only too glad to help  
5 One thing you can do  
6 If you do this  
7 Another thing you can do is  
8 Then  
9 it might be a good idea to
- 3 1 Why don't you  
2 help  
3 you're high up  
4 like  
5 If I were you  
6 go to see a psychologist  
7 be able to give you some more help

- 4 advice 1 – expected result – you will know what you want to say, so you will feel calmer.

advice 2 – expected result – you will get used to the process.

**5 Suggested Answer**

Hi Suzy,

I'm really sorry to hear that you're worried about speaking in front of your class. I know how awful it is, because I used to feel like that, too. I managed to get over my fear, so maybe I can help you.

First of all, you should prepare your speech notes very well. By doing this, you will know exactly what you want to say, so you will feel calmer. Also, you should practise in front of a mirror. This way, you will get used to the process. Of course, if it seems too difficult you could always talk to a professional, too. They know exactly what to do for people with phobias.

I hope I've been of some help. **Let me know if you need any more advice.**

Best wishes,

Liam

**Matura Skills 6 (p. 93)**

1 1 D      2 A      3 B      4 C

2 avoided – stayed away from  
possibility – option  
dizzy – faint  
associates – connects  
totally – drastically  
entertainer – performer

3 1 circus                      4 imagine              7 phobia  
2 programme              5 experience              8 sensible  
3 neighbourhood              6 posters

4 1 She had one scary experience as a toddler.  
2 It prevented her from doing many things.  
3 The author thinks that hypnotherapy programmes work well.

**Language Knowledge 6 (pp. 94-95)**

1 1 C      2 A      3 B      4 B      5 A

2 1 C      2 A      3 A      4 B      5 C

3 a) 1 adverb                      3 possessive adjective  
2 adjective

b) 1 immediately              2 scary              3 my

4 1 absolutely                      3 tension  
2 are designed                      4 horrifying

5 1 B      3 D      5 C      7 D      9 B      11 A  
2 C      4 A      6 B      8 D      10 C      12 C

6 1 A              4 B              7 D              10 C              13 A  
2 C              5 A              8 B              11 C              14 C  
3 D              6 B              9 B              12 D

**Matura Exam 6 – Poziom podstawowy (pp. 96-97)**

1 1 B      2 C      3 A      4 B      5 A      6 C

2 1 B                              2 A                              3 B

3 1 A              2 C              3 A              4 C              5 B

4 1 C              2 A              3 B              4 C              5 B

**5 Suggested Answer**

Hi everyone. Today, I want to talk about a phobia I used to have. I'd been afraid of heights ever since I can remember. Even standing at the top of the stairs made me feel dizzy and frightened. If I stood somewhere up high, my heart would race and I would feel terribly sick.

However, I was lucky enough to have great friends who really helped me get over my fear by being very patient and encouraging. I also went to see a psychologist who helped me by teaching me to think of other things when I began to feel uneasy.

I would certainly recommend using the help of your friends and medical professionals to help you if you are scared of something. Getting over your fears definitely changes your life for the better. **Does anyone else have a phobia? Please leave your comments below!**

**Matura Exam 6 – Poziom rozszerzony (pp. 98-99)**

1 1 A      2 C      3 B      4 C      5 B

2 1 C      2 D      3 A      4 B      5 B

3 1 anxiety                              3 well  
2 being trapped                              4 sensitive

**4 Suggested Answer**

**DON'T BE AFRAID OF THE DARK**

Achluophobia or the fear of darkness is a phobia that affects many people. We have all heard of children being afraid of the dark, but, whereas, most people grow out of the fear as they become older, achluophobia can also affect adults.

The main reason for fearing the dark is that you cannot tell if there are any dangers surrounding you. And while it might be sensible in some circumstances to be on the alert in the dark, being terrified of the dark in your own home, for example, might be considered a little irrational. Severe cases of achluophobia have left people refusing to leave



their homes after dark. The fear of darkness can be so extreme that in some cases sufferers can't face dimly lit environments like parties, nightclubs and cinemas.

But, it is possible to treat this phobia. Treatment might include slowly exposing yourself to darkened rooms for short periods of time, using dimmer lighting in the night time, and then eventually taking a night time walk with someone that you trust. If you find that none of this is working, then perhaps it is time to seek professional help. A psychologist can help you to overcome the fear, by encouraging you to discuss its causes and advising you of the best way to move forward.

## Module 7

### 7a – Reading (pp. 100-101)

1 1 D      2 F      3 E      4 B

2 1 e      3 f      5 c      7 h  
2 g      4 b      6 a      8 d

#### 3 Suggested Answer

I like to snack on crisps, especially when watching a film. But crisps are not very healthy because they are fried in oil. Perhaps I could swap my big bag of crisps for a smaller bag of popcorn, which is not fried, to make my snacking healthier.

4 1 calories    4 cereal    7 snack    10 handful  
2 dip    5 baked    8 ingredients  
3 key    6 store    9 fibre

5 pick up quickly – grab, enjoyable things – treats, feel hopeless – despair, eat too much – overeat, visit quickly – pop into, sudden feelings of wanting to eat – hunger pangs, being within reasonable limits – moderation, be careful – watch out

6 1 in      3 for      5 on  
2 In      4 of      6 on

7 1 prepare    5 mug      9 hungry  
2 fridge    6 bar      10 go  
3 cut      7 labels    11 moderation  
4 plastic    8 calories    12 overeat

### 7b – Vocabulary (pp. 102-103)

1 1 blood      4 heart      7 immune  
2 weight    5 balanced    8 high  
3 ageing    6 health

2 1 boost      4 sprained    7 aching  
2 vomiting    5 healed      8 recovering  
3 burning    6 absorbs

3 1 vaccination    5 cure      9 prescription  
2 symptom      6 treatment    10 rash  
3 indigestion    7 operation  
4 allergy      8 cough

4 1 almonds      4 cabbage    7 turnip  
2 peas      5 beetroot  
3 cucumber    6 watermelon

5 1 to      3 out      5 from  
2 with    4 to

6 1 itchy      4 prescription  
2 sneezing    5 to avoid/avoiding  
3 treatments    6 worse

7 **Butcher's:** beef, lamb

**Fishmonger's:** trout, salmon, crab, sardines

**Greengrocer's:** peppers, onions, broccoli, potatoes

**Baker's:** cake, biscuits, bread rolls, apple pie

8 **Fruit & Vegetables:** carrots, oranges, bananas, avocado

**Dairy:** butter, cream, cheese

**Meat:** turkey, beef, chicken

**Grains:** breakfast cereal, rice

**Other:** chocolate, vegetable oils, nuts, eggs, pasta

9 1 wine    2 water    3 bread    4 sugar

10 1 D      2 A      3 C      4 A      5 C

11 1 broken    2 burnt    3 virus    4 fainted

12 1 infection    5 illnesses    9 effectively  
2 beneficial    6 painful      10 prescription  
3 muscular    7 breathing  
4 exhausted    8 energise

### 7c – Grammar (p. 104)

1 1 could lose      4 wouldn't eat  
2 was going      5 had attended  
3 hadn't caught    6 wasn't

2 1 wouldn't have    3 wouldn't    5 hadn't eaten  
2 won't      4 buy      6 were

3 1 Exercising    3 trying      5 taking  
2 to do      4 pushing    6 getting

4 1 to go      3 doing      5 seeing  
2 to inform    4 to follow    6 eating

5 1 shall    3 won't    5 does    7 won't  
2 am      4 did      6 can't    8 have

- 6 1 Every 3 either 5 all 7 neither  
2 None 4 both 6 every

**Grammar Revision (Modules 1-7) (p. 105)**

- 1 1 C 3 A 5 B 7 C 9 A  
2 C 4 B 6 A 8 B 10 B
- 2 1 Neither 5 How many 9 like  
2 plenty 6 all the 10 nor  
3 Every 7 few  
4 despite 8 lots
- 3 1 don't have enough 4 has been written by  
2 the fastest runner of 5 had her bicycle stolen  
3 is only closed

**Grammar in Focus**

- 1 least 6 makes 11 what  
2 on 7 in 12 about  
3 than 8 be accepted 13 with  
4 getting 9 itself 14 best  
5 being 10 can/might/could

**7d – Listening skills (p. 106)**

- 2 1 D 2 B 3 C 4 E

**3 Suggested Answer**

I would like to attend the garlic festival. It sounds like a different and interesting experience. I don't think I would taste the garlic ice cream, however.

- 4 **Team sports:** football, hockey, water polo, volleyball, cricket  
**Individual sports:** jogging, scuba diving, karate, weightlifting, skiing

- 5 1 B 2 B 3 C 4 C 5 A

**7e – Speaking skills (p. 107)**

- 1 1 information 4 depends  
2 beginners 5 special  
3 package 6 recommend

**2 Suggested Answer**

A: Good afternoon sir, welcome to Hampton Health Centre, how can I help you today?  
B: Hi there, I'm thinking about joining your gym, but I'd like to ask for some information before I sign up.  
A: Of course, what would you like to know?  
B: Well to start with, could you please tell me what the opening hours are?  
A: We are open from 7 am – 10 pm Monday – Saturday and 10 am – 6 pm on a Sunday.

B: That sounds great. How much is the cost of a full membership?

A: A full membership will cost you £35 per month and that includes access to the swimming pool, Jacuzzi, sauna and includes all exercise classes.

B: Wow, that's a bargain! What exercise classes do you offer here?

A: A wide range; we have spinning classes, aerobics, kickboxing, circuit training and yoga.

B: I've always wanted to try kickboxing. Will I need any equipment if I join that class?

A: No, we supply all the protective equipment required for that class. It's the same for all our classes – you just need to wear loose clothes and bring lots of energy!

B: You've sold it to me; I definitely want to sign up for a membership!

**3 Suggested Answers**

- 1 There are two people in the picture.  
2 They are in a park.  
3 They are jogging.  
4 They are both wearing athletic clothes. The woman is wearing a red top and a black tracksuit bottoms while the man has a sleeveless top and a grey tracksuit bottoms.  
5 They seem to feel happy, though a little tired.

- 4 1 b 2 a 3 a

**7f – Writing (p. 108)**

- 1 A 2 B 1 C 4 D 3

2 all things considered – all in all, to start with – in the first place or firstly, consequently – this means or as a result, on the other hand – however, moreover – furthermore or in addition, therefore – as a result or this means, for example – for instance, what is more – in addition or furthermore, to begin with – firstly or in the first place, I believe – in my opinion

- 3 1 Let's not forget 4 be very expensive  
2 many disadvantages to 5 Secondly  
3 To begin with 6 can be boring

- 4 A 3 B 2 C 1 D 5 E 4

**5 a) PROS:**

Argument 1: To begin with, you can practise an individual sport when it suits you.  
Reason/justification 1: For this reason, there is no need to arrange a time to train with others.  
Argument 2: Also, it encourages independence.  
Reason/justification 2: For instance, you become better at motivating yourself.



**CONS:**

Argument 1: Firstly, you do not learn the value of teamwork

Reason/justification 1: Therefore, you can't work well with others.

Argument 2: Furthermore, you have fewer opportunities to make friends.

Reason/justification 2: As a result, you might feel lonely sometimes.

- b) These days, everyone is talking about how important exercise is for health, particularly for young people. Usually, people recommend that they get involved in team sports, due to the many social benefits they offer. But there are also a lot of sports that teens can do by themselves. Are these individual sports a good idea too?

There are certainly a number of advantages to individual sports. To begin with, you can practise an individual sport when it suits you. For this reason, it is easy to exercise because there is no need to arrange a time to train with others. Also, they encourage independence. For instance, from playing individual sports you can become better at motivating yourself.

On the other hand, individual sports also have their disadvantages. Firstly, you do not learn the value of teamwork. Therefore, you wouldn't learn to work well with others which is a very important skill in the workplace. Furthermore, you have fewer opportunities to make friends. As a result, you might feel lonely sometimes.

All in all, I think that the independence that practising an individual sport can give young people easily outweighs the disadvantages of doing these sorts of activities. Getting involved in individual sports is a great way to learn some life skills and get fit.

**Matura Skills 7 (p. 109)**

1 1 C      2 A      3 B      4 C

2 1 cavities      4 calories      7 aspect  
2 production      5 energy      8 enthusiasts  
3 moderation      6 consume

**3 Suggested Answer**

**Hi Alison,**

**I'm glad to hear you are trying to lose weight.** You will soon have more energy and feel better. I can give you some advice.

First of all, exercise is really important. Exercise burns calories and helps to make your metabolism work better. For these reasons, it will help you lose weight more than anything else. Also, it is a good idea to eat a balanced diet. If you eat a variety of healthy food, you won't feel

hungry and overeat. But don't cut out your favourite foods completely. If you do this, you will only want them more and as a result, you will feel unhappy.

If you eat well and exercise, I think you will find it is easy to lose weight! **Let me know how it goes,**

**Sophie**

**Language Knowledge 7 (pp. 110-111)**

1 1 C      2 B      3 A      4 A      5 B

2 1 A      2 C      3 B

3 1 should not have started  
2 the fact that it  
3 had brought a packed lunch  
4 a lot of sugar  
5 order to reserve  
6 didn't expect to enjoy

4 1 used her mum's      3 riding her bike  
2 went jogging      4 recently decided to join

5 1 C      3 C      5 A      7 A      9 C      11 A  
2 D      4 B      6 C      8 B      10 C      12 C

6 1 A      4 A      7 C      10 D      13 B  
2 B      5 C      8 C      11 B      14 B  
3 C      6 A      9 A      12 D

**Matura Exam 7 – Poziom podstawowy (pp. 112-113)**

1 1 A      2 A      3 L      4 L      5 A

2 1 A      2 C      3 B      4 D      5 B

3 1 B      2 C      3 B      4 C      5 A

4 1 B      2 B      3 A      4 B      5 C

**5 Suggested Answer**

**Hi everyone! Today, I'm writing to you all about a healthy eating campaign that I've recently started in my school.** I decided to start the campaign because I've noticed that quite a few students in my school are overweight. I don't want to make them feel bad about this, but I do want to do something to help. Teenagers are at age when they are still developing, so it's vital that they get the right nutrients in the foods they eat.

One of the main ways students here can change their diets is by cutting down on fast food. Fast food contains so much fat and sugar that it can even have a bad effect on people who exercise regularly.

Next Friday, I plan on having the first event of my campaign. I'll set up a stall in the school yard at lunchtime with leaflets about healthy eating. **Wish me luck!**

**Matura Exam 7 – Poziom rozszerzony (pp. 114-115)**

1 The correct answer is C.

The words 'meeting' and 'If you see' helped me answer the question, as only teachers would be present at a meeting, plus only they would have the authority to stop students and ask them about energy drinks.

2 1 C                      2 A                      3 B

3 1 B              2 C              3 B              4 A

4 1 losing                      3 mixture  
2 strengthen                      4 healthier

5 1 train harder he won't      3 isn't easy for  
2 have taken care              4 wish you could come

**6 Suggested Answer**

**HAVE A GOOD WORKOUT**

These days, it's becoming very popular for teens to join gyms. These people believe that going to gyms will help them meet their fitness goals and lead a healthier lifestyle. However, it's beyond doubt that a huge percentage of people give up going to gyms, even before their memberships have ended. But what exactly are the pros and cons of teens attending gyms?

In the first place, gyms offer exercise equipment that it would be impossible for most people to have at home. These specialised pieces of equipment can exercise certain parts of the body, meaning you can get an excellent workout. Also, gyms have trainers who can help you exercise. These trainers can motivate you to continue when you feel tired, and can give you good advice about the correct technique to employ when using exercise equipment.

On the other hand, gyms do have their cons, particularly for teens. In the first place, since teens are at a stage when their bodies are still developing, lifting weights or doing intense exercise might do more harm than good. Also, when you go to the gym you run the risk of getting addicted to working out and being in shape. It's easy for people to get obsessed with the way their bodies look and go to the gym far too often.

All in all, I believe that while going to a gym can have its negatives, it's a great way of keeping fit.

**Module 8**

**8a – Reading (pp. 116-117)**

1 1 A                      2 A                      3 C

2 1 g              3 d              5 a              7 b

2 e              4 f              6 h              8 c

3 **Text A:** worries = concerns, frightened = terrified, exhausting = tiring

**Text B:** unusual = exotic, chance = opportunity, ideal = perfect

**Text C:** award = prize, world = globe, lively = vibrant

4 inland ≠ coastal  
uninteresting ≠ breathtaking  
tasteless ≠ delicious  
uncomfortable ≠ cosy  
remembers ≠ forgets  
ugly ≠ beautiful

5 1 outfit                      4 architecture              7 trip  
2 float                      5 cabin                      8 highlight  
3 gourmet                      6 lifetime

6 1 delay                      4 was buzzing              7 guarantee  
2 compete                      5 dined                      8 're/are  
3 to catch                      6 calmed                      celebrating

**8b – Vocabulary (pp. 118-119)**

1 1 home                      4 warm                      7 beaten  
2 site                      5 mouth-watering              8 resort  
3 guided                      6 ruins

2 1 relax                      4 stole                      7 board  
2 dine                      5 delayed                      8 enjoyed  
3 float                      6 wander

3 1 do                      4 play                      7 go                      10 play  
2 play                      5 do                      8 play  
3 go                      6 go                      9 go

4 1 mouth-watering              5 overnight                      9 double  
2 elegant                      6 heavy                      10 traffic  
3 guided                      7 unspoilt  
4 expensive                      8 light

5 1 attraction                      4 crew                      7 delicacy  
2 dream                      5 deck                      8 time  
3 meeting                      6 breath

6 1 activities                      3 tasty  
2 experienced                      4 including

7 1 stay                      5 booking                      9 camp  
2 reservation                      6 accommodation              10 itinerary  
3 abroad                      7 destination                      11 weekend  
4 meal                      8 deals                      12 nightlife

8 1 f                      3 h                      5 d                      7 b  
2 e                      4 a                      6 g                      8 c

9	<b>ride</b>	<b>land</b>	<b>sail</b>
	motorcycle, bike	plane, helicopter	boat
	<b>get on/off</b>	<b>drive</b>	<b>catch</b>
	bus, coach, boat, plane, train	car	train, bus, plane, coach

- 10 1 miss                      3 off                      5 resort  
2 sweet                      4 right

- 11 1 set                      3 arrested              4 stole  
2 broke

- 12 1 definitely                      4 friendly  
2 departure                      5 amazement  
3 remarkable                      6 traditional

**8c – Grammar (p. 120)**

- 1 1 I remember the day trip we took to Madrid when the tour guide got lost.  
2 That man who works in the travel agent's is my neighbour.  
3 The girl whose passport was stolen had to go to the police.  
4 This is the seat by the window (which) you reserved.  
5 I don't know the reason (why) Darren insists on travelling by boat.  
6 This is the local craft shop where I bought all my souvenirs.

- 2 1 where                      3 why                      5 when  
2 who                      4 whose                      6 which

- 3 1 Emily took some time off work in order to travel abroad.  
2 Jeff set his alarm clock so that he would get to the airport on time.  
3 Peter flew to Finland to see the sand festival.  
4 Michelle and Tim take guided tours when on holiday so as to learn more about the attractions.  
5 She took a map with her so that she wouldn't get lost.

- 4 1 so                      3 so                      5 such  
2 such a                      4 such an

- 5 1 Whose passport is this?  
2 Where did the Millers go?  
3 Who went on an all-inclusive holiday?  
4 What is the city famous for?  
5 What was left at the check-in desk?

**Grammar Revision (Modules 1-8) (p. 121)**

- 1 1 told                      4 better                      7 I wish  
2 used to                      5 so that                      8 finishes  
3 don't have to                      6 himself

- 2 1 People whose last name begins with the letters A-M will have Scott as their tour guide. – D – cannot be omitted  
2 The Treehotel, where we stayed last year, has great offers for families. – ND – cannot be omitted.  
3 The woman who painted this portrait is my neighbour. – D – cannot be omitted  
4 My passport, which I've had since 2008, has expired – ND – cannot be omitted  
5 John, whose father is a travel agent, helped us book our tickets. – ND – cannot be omitted.  
6 Tom never told us the reason why he left Dubai. – D – can be omitted

- 3 1 I go skydiving twice a month, whereas my sister is afraid of heights.  
2 Although Brain is highly qualified, he can't find a job.  
3 The man who lectures at Harvard wrote a book about how to live to 100.  
4 Despite putting on sun cream, the girl got sunburnt.  
5 Take the keys with you in case I go out.

- 4 1 I had more                      4 not as outgoing as  
2 must be at                      5 refused to help  
3 will have been offered

**Grammar in Focus**

- 1 1 of                      5 the                      9 most common  
2 appears                      6 It                      10 of  
3 its                      7 is seen                      11 in/during  
4 is caused                      8 than                      12 to see

**8d – Listening skills (p. 122)**

1	<b>ACCOMMODATION</b>	<b>ACTIVITIES</b>	<b>TYPE</b>
	hostel	sailing	backpacking
	hotel	archery	camping
		canoeing	summer camp
		cycling	
		trying local food	

2		<b>G</b>	<b>K</b>
1	X		
2			X
3	X		
4			X
5			X

3 I think I would prefer to go on a backpacking holiday because I enjoy being active. I also like to explore the beautiful countryside and stay in small hostels.

4 Ss check words.

5 1 B 2 C 3 B 4 A 5 D

**6 Suggested Answers**

**where and what it's like**

area in Turkey – beautiful rivers – waterfalls and valleys – strange rock formations called ‘fairy chimneys’

**accommodation**

tents – cave homes – hotels

**activities**

riding horses – riding bikes – hiking – swimming – astronomy – Turkish bath

**food**

cook local food together

**summary**

Cappadocia is an area in Turkey with beautiful rivers, waterfalls and valleys. It has strange rock formations called ‘fairy chimneys.’ You can stay in a tent or in a cave hotel. While you are there you can ride horses, ride bikes, go hiking, go swimming, study astronomy or go to a Turkish bath. There is good local food to eat that you can cook with your friends.

**7 Suggested Answer**

Come to wonderful Cappadocia in Turkey. It's a beautiful area with lots of stunning scenery including the famous ‘fairy chimneys’ and lots of things to do. You can go horse riding and hiking, or just look up at the stars. The town of Goreme has interesting rock houses and hotels where you can stay and lots of delicious local food. So don't delay, book your holiday today!

**8e – Speaking skills (p. 123)**

1 1 C 2 E 3 B 4 A 5 D

2 1 cost 4 choice 7 book 10 opinion  
2 close 5 abroad 8 boring  
3 enjoys 6 point 9 deals

3 1 a man with dark hair sitting on the ground in front of a building.  
2 blue jeans and a white T-shirt.  
3 smiling and looking around.  
4 a tourist, he has got a map and a backpack.  
5 excited about seeing a new place.  
6 a building that looks important and blue sky.

4 1 b 2 a 3 a 4 b 5 b

**8f – Writing (p. 124)**

1 1 b

2 1 C 3 O 5 O 7 C 9 C 11 O  
2 C 4 O 6 O or C 8 C 10 O 12 C

3 **Opening Comments:** How are you?

**Closing Comments:** ... get back to me soon.

**Alternatives:** I hope you are well. ... write back soon and let me know.

4 Hi Katie,

How are you? 1) Sorry I 2) haven't written for 3) ages, but I've been 4) really busy. I have actually been planning a family hiking trip. 5) I'd love it if you could 6) come along!

**5 Suggested Answers**

**destination**

campsite in Montpellier in the South of France

**journey details**

2nd August – travel by ferry and car – nine-hour car journey

**activities**

go on hikes – sit around the campfire – sunbathe – go swimming

**6 Suggested Answer**

Hi Louisa,

**How are you? I hope you're feeling better.** Sorry I haven't written for so long. On the 2nd of August I'm going on a camping holiday in the South of France with my parents and I was wondering if you want to come with us. What do you think?

We're going for one week. We're taking the car ferry from Dover and then driving down south from Calais. It's a long trip, about nine hours, but I think it will be interesting.

The campsite is in Montpellier. We can go on long hikes, sit around the campfire or sunbathe. Also, we can go to the beach nearby. It'll be fun to swim in the sea!

I'd better go now as I have to finish my homework. I really hope that you can come. **Say hi to your family from me.**

**Best wishes,**

May

**Matura Skills 8 (p. 125)**

1 1 E 2 C 3 A 4 B

2 1 lifetime 4 spectacle 7 tribe  
2 dawn 5 bump  
3 predator 6 migration

3 Dear Lisa,  
I've just got back from the Serengeti National Park in Tanzania. I took a trip in a hot-air balloon to see the migration of the wildebeest and I had a fabulous time! At 5 am I met the pilot and the other passengers. We climbed into the balloon and floated over the treetops, where we had a great view of the wildlife. I saw lots of animals including gazelles, giraffes and lions, and I took hundreds of photos. Eighty minutes later, the ride was over. The whole experience made me think about what I want to do with my life. Write back soon.  
Regards,  
Beth

### Language Knowledge 8 (pp. 126-127)

- 1 1 B      2 B      3 A      4 A      5 B
- 2 1 A      2 B
- 3 1 never been to                      3 herself on not polluting  
2 identical to/the same as      4 the fact that it was
- 4 1 pack                                      3 instead  
2 how                                        4 more
- 5 1 A    3 D    5 C    7 A    9 D    11 B  
2 B    4 D    6 D    8 C    10 C    12 A
- 6 1 D      4 A      7 D      10 B    13 C  
2 B      5 A      8 C      11 D    14 C  
3 B      6 A      9 D      12 C    15 D

### Matura Exam 8 – Poziom podstawowy (pp. 128-129)

- 1 1 D      2 B      3 C              4 A
- 2 1 B      2 D      3 A
- 3 1 A      2 B      3 C      4 B      5 B
- 4 1 A      2 C      3 C      4 B      5 A
- 5 1 A      2 B      3 C      4 C      5 B
- 6 1 C      2 A      3 B

### 7 Suggested Answer

Hi Liza,

**My studies have been keeping me so busy I can hardly wait for our upcoming holiday.** We're going on an Antarctic cruise to Greenland for two weeks. It's a change from our usual beach resort holidays, but it'll be great to experience something different.

The family and I have been preparing and packing extremely warm clothes so that we can comfortably see the sights from the deck of the ship. We've also got an extra camera battery so that we won't miss taking pictures of the scenery.

Aside from the Glacier Adventure, I'd really love to participate in the Park Expedition as well!

We'd love you and your family to join us; the more the merrier! Ask them and see what they think!

**Talk soon,  
Gus**

### Matura Exam 8 – Poziom rozszerzony (pp. 130-131)

- 1 1 B      2 A      3 C      4 E
- 2 1 E      2 D      3 B      4 C
- 3 1 C      2 A      3 D      4 B
- 4 1 our plane had already left  
2 himself while on holiday  
3 found her hotel quite easily  
4 going to rain heavily

### 5 Suggested Answer

#### HOME SWEET HOME

Many people these days are deciding to stay closer to home for their holidays and explore their own country rather than fly off to foreign parts. There are both advantages and disadvantages to this.

Firstly, holidays at home tend to be cheaper than the alternative. You don't have to buy expensive plane tickets, which cuts out a major expense of holidaying abroad. Secondly, communication is never a problem as it often is when you travel to a foreign country and don't know the language. Finally, staying at home helps people in the local area. Instead of spending your money abroad you might spend it in local businesses which employ local people.

On the other hand, holidaying at home means that you don't get to experience and learn about a different culture. Also, you don't get the chance to taste foreign cuisine. Furthermore, a number of people go on holiday for a change of weather as much as a change of scenery which would not happen if you stayed at home.

All in all, there are a number of advantages and disadvantages to staying at home for your holidays. I think that, as long as you don't mind eating the same food and experiencing the same weather as you normally do, holidaying at home is a good option as it helps the local economy.

**Module 1**

- 1 a tribe of East Africa
- 2 the soil is poor
- 3 keep track of time
- 4 short curly black hair
- 5 get attached to people or things.
- 6 wander the land

**Module 2**

- 1 had a crew of three men
- 2 the crew faced catastrophe
- 3 a meteor had hit them
- 4 an oxygen tank to explode
- 5 managed to splash down safely

**Module 3**

- 1 looking for a secretary
- 2 further training is provided
- 3 Starting salary
- 4 should be fluent in
- 5 be able to work as part of a team

**Module 4**

- 1 are so realistic that they look more like
- 2 paints models' hands
- 3 to promote their phones
- 4 raise public awareness for
- 5 been exhibited around the world

**Module 5**

- 1 a giant silvery cloud in the sky
- 2 to spot the stars on the night sky
- 3 affects wildlife and the ecosystem
- 4 get disrupted by light pollution
- 5 switch off their lights for an hour in an effort to reduce

**Module 6**

- 1 the most common phobias
- 2 avoid spiders at all costs
- 3 consider spiders a nutritious treat
- 4 spiders are helps us reduce our fear of them
- 5 sufferers overcome their fear of these

**Module 7**

- 1 a lot of health benefits
- 2 expands our lung capacity
- 3 slows down the ageing process
- 4 absorb nutrients from the food
- 5 increase your heart rate

**Module 8**

- 1 mouth-watering meal while the boat was floating
- 2 unwind on deck and dine
- 3 the magnificent ruins of the ancient city
- 4 go somewhere off the beaten track
- 5 crowded with people and there is traffic

Grammar bank key

**Module 1**

- |  |   |   |   |
|--|---|---|---|
| <ol style="list-style-type: none"> <li>1 2 is always teasing (present continuous + <i>always</i> to express annoyance)</li> <li>3 tells (present simple for a review)</li> <li>4 always offer (present simple to express a habit)</li> <li>5 takes off (present simple for a timetable)</li> <li>6 are looking (present continuous to express a temporary situation)</li> <li>7 are getting (present continuous to express a fixed arrangement in the near future)</li> <li>8 teaches (present simple to express a permanent state)</li> <li>9 is growing (present continuous to express a changing or developing situation)</li> <li>10 is listening (present continuous to express an action happening at the moment of speaking)</li> </ol> | <ol style="list-style-type: none"> <li>2 2 are you walking</li> <li>3 isn't working</li> <li>4 crawl</li> </ol> | <ol style="list-style-type: none"> <li>5 has</li> <li>6 often eat out</li> </ol>  | <ol style="list-style-type: none"> <li>4 2 a) smell (= have an aroma)</li> <li>b) is smelling (= is sniffing)</li> <li>3 a) are having (= are hosting)</li> <li>b) has (= owns)</li> <li>4 a) is appearing (= is performing)</li> <li>b) appears (= seems)</li> <li>5 a) feels (= has the texture of)</li> <li>b) is feeling (= is touching)</li> </ol> |
| <ol style="list-style-type: none"> <li>3 2 is not/isn't going out</li> <li>3 do not/don't fit</li> <li>4 am/'m meeting</li> </ol>  | <ol style="list-style-type: none"> <li>5 believes</li> <li>6 are/'re thinking</li> </ol>                        | <ol style="list-style-type: none"> <li>5 1 am/'m doing</li> <li>2 is/'s coming, starts</li> <li>3 are always playing, do not/don't understand, 're saying, only play</li> <li>4 Do you think, is/'s getting</li> <li>5 need, am/'m not doing</li> <li>6 are you looking, looks</li> </ol> | <ol style="list-style-type: none"> <li>6 2 She is usually so polite.</li> <li>3 I will never grow a beard again.</li> <li>4 We rarely see her these days.</li> <li>5 We don't often eat out, so I don't know.</li> <li>6 I sometimes go to the cinema but I mostly stay home.</li> </ol>  |



- 7 2 usually gets 9 sounds  
3 're freezing 10 cook  
4 are having 11 starts  
5 make 12 doesn't want  
6 're going 13 Are you doing  
7 loves 14 have  
8 travel
- 8 2 costs 5 are being 8 see  
3 tastes 6 listens  
4 gather 7 is looking
- 9 2 don't need to take  
3 you are being  
4 are getting married in  
5 does not hunt  
6 isn't doing anything  
7 does this sports car belong  
8 rarely goes  
9 am seeing my/the/a  
10 are having a meeting at
- 10 Suggested answers**  
2 I often watch the news on TV.  
3 My friend from abroad is visiting me this week.  
4 I'm reading a book right now.  
5 I'm getting a new bike next week.  
6 My family and I seldom go to the theatre.
- 11 2 have you been waiting 5 's graduated  
3 haven't slept 6 've been playing  
4 hasn't apologised
- 12 2 has been to 4 has been in  
3 has gone to 5 have been
- 13 2 yet 4 for 6 never  
3 already 5 just
- 14 2 B 3 A 4 C 5 A
- 15 2 has been snowing for 4 hasn't finished  
3 he has ever tried 5 has he been in
- 16 Suggested answers**
- I have hoovered my bedroom carpet. I have taken out the rubbish.
  - I have passed all my exams with a high score. My parents have bought me a laptop.
  - I have been chatting online with my friends. I have been playing PC games.
- 17 2 more athletic 4 the kindest of  
3 bigger than 5 the worst
- 18 2 much 4 slightly 6 in  
3 by far 5 not so 7 much
- 19 2 D 4 B 6 A 8 A 10 C  
3 A 5 B 7 D 9 C
- 20 2 as tall 6 faster  
3 slimmer 7 the best  
4 the fittest 8 the most successful  
5 less
- 21 2 by far the most polite  
3 earlier we leave, the less  
4 the least amusing of  
5 a bit taller than  
6 as well as
- 22 Suggested answers**
- My sister is the messiest person in the house.
  - My friend Sam isn't as outgoing as I am.
  - I am the youngest of three sisters.
  - My mum is thinner than my dad.
  - My aunt Suzie isn't very brave.
- 23 1 such 3 so, such a 5 What, such a  
2 What, how 4 What an
- 24 2 berries 4 scarves 6 potatoes  
3 boxes 5 buses 7 oxen
- 25 2 an 3 some 4 an 5 a 6 some
- 26 2 is 4 is 6 is  
3 is 5 is 7 are
- 27 2 is 3 are 4 an 5 a 6 some
- 28 2 some 6 an 10 an 14 a  
3 a 7 some 11 an  
4 some 8 a 12 some  
5 a 9 some 13 an
- 29 2 for instance 4 To begin with 6 except  
3 to 5 either
- 30 2 as well as 4 when 6 whenever  
3 until 5 because
- 31 2 Stewart has a house which is by the beach.  
3 Delia is both a responsible and a hardworking person.  
4 I like many kinds of sports, especially water sports.  
5 Samantha didn't go to the gym today but she worked out at home.  
6 Jackson walks his dog as soon as he comes back from work every day.

- 7 We can go to Donna's graduation ceremony provided that we have an invitation.  
8 Jason is looking for a flatmate so they can share the bills.

- 32** 2 Apologise, otherwise I'll never speak to you again.  
3 In short, this has been a successful year.  
4 Initially, James moved to New York to find a job.  
5 In addition to studying in college, he works part-time.  
6 He wants a computer so as to surf the Net.

- 33** 2 C      4 A      6 B      8 B  
3 B      5 C      7 D

**34 Suggested answers**

- 1 I have to take an exam at college  
2 I don't have a lot of free time  
3 turkey meat and broccoli  
4 does my sister  
5 going for a walk or listening to music

**Module 2**

- 1** 1 watched  
2 has sent, didn't know  
3 met, has been, 've always wanted  
4 hit, ruined, heard  
5 had, witnessed, 've never seen  
6 haven't put out, 've rescued
- 2** 1 tripped, fell  
2 have already cleared, formed, struck  
3 left, hasn't returned  
4 has had, haven't rebuilt  
5 broke, has been  
6 got, sent, hasn't replied  
7 damaged  
8 hasn't experienced
- 3** 2 arrived, took                      6 played  
3 caused, destroyed                7 have cleared  
4 has suffered                        8 has volunteered  
5 has left
- 4** 2 has travelled                      7 has leaked  
3 struck                                8 has worked  
4 collapsed                          9 told  
5 started                               10 added  
6 have not arrived                  11 has not seen
- 5** 2 time the volcano erupted was  
3 played tennis was before  
4 has gone to  
5 last visited Madrid in

- 6** 1 capsized  
2 didn't stay, wasn't shining  
3 destroyed, left  
4 was driving, heard  
5 was reading, was making

- 7** 1 were watching  
2 called, were having, didn't want  
3 saw, was pouring, decided  
4 was preparing, caught

- 8** 1 Did you see  
2 were working, broke out, evacuated, made  
3 Did you feel, was sleeping  
4 wasn't listening  
5 were you laughing, came, heard

- 9** 2 were spending                      9 got up  
3 was raining                        10 rushed  
4 was blowing                       11 was coming  
5 weren't really paying            12 was rising  
6 were all sleeping                 13 called  
7 started                               14 came  
8 woke                                 15 pumped

- 10** 2 hasn't got used to                5 joined  
3 are used to                         6 Did you use to live  
4 aren't used to

- 11** 2 can't replace it                    4 can't replace it  
3 ✓ (would read)                    5 can't replace it

- 12** 2 A                      3 C                      4 D                      5 A

- 13** 2 had burnt, arrived  
First action: had burnt  
3 got, had forgotten  
First action: had forgotten  
4 didn't accept, had eaten  
First action: had eaten  
5 phoned, hadn't heard  
First action: hadn't heard  
6 had been, finally started  
First action: had been

- 14** 2 had you been waiting            5 had reached  
3 had evacuated                    6 had been lying  
4 had been sitting                 7 hadn't snowed

- 15** 1 saw, had been working, hadn't had  
2 did Jake break, didn't break, twisted, was playing  
3 were you shouting, walked, asked, decided, had already closed  
4 got, had been driving, realised, were going/had been going



- 16** 2 had been hiking            7 weren't working  
3 realised                        8 were going  
4 had lost                         9 met  
5 had dropped                 10 showed  
6 were all freezing
- 17** 2 D            3 B            4 B            5 D            6 A
- 18** 2 had been telling lies        5 used to have  
3 had already finished       6 had been running  
4 long ago did the river
- 19** 2 metal            5 feather            8 golden  
3 silky            6 metallic  
4 stone            7 silk
- 20** 2 small, brand-new, blue  
3 tall, old, brick  
4 delicious, Thai  
5 round, black, metal  
6 small, oval, aluminium  
7 brown, English, wooden  
8 tiny, round, white
- 21** 2 beautiful, golden, sandy  
3 thick, round, black  
4 nice, young, local  
5 comfortable, yellow, plastic  
6 cute, little, baby  
7 delicious, Italian, vegetable
- 22** 2 the young people            6 the hungry  
3 the homeless                 7 the blind people  
4 the unemployed people    8 The strong people  
5 the disabled
- 23** 2 simple – Adj                 6 absolute – Adj  
3 well – Adv                    7 heavy – Adj  
4 careful – Adj                8 important – Adj  
5 quickly – Adv
- 24** **-ly**: immediately, warmly, dangerously  
**-le** → **-ly**: terribly  
**-l** → **-lly**: actually, accidentally, successfully  
**consonant + y** → **-ily**: crazily, lazily, funnily  
**-ic** → **-ally**: dramatically, ironically, drastically
- 25** 2 sleepily            4 publicly            6 bravely  
3 absolutely        5 equally
- 26** 2 tonight, time                5 previously, time  
3 calmly, manner            6 really, degree,  
4 often, frequency            outside, place
- 27** 2 She gently put the bird's eggs back in the nest before dark.  
3 Luckily, there have been no forest fires so far this summer.  
4 I (usually) don't (usually) like to swim in very deep water.  
5 The old woman was greatly relieved (this morning) when the firefighter rescued her cat from the tree (this morning).  
6 (Last night) Bill left the office late (last night).  
7 Everybody decided to patiently wait (at the airport) for another flight (at the airport) all night.  
8 (Tomorrow) They will replace the roof at the library that was completely damaged in the snowstorm (tomorrow).
- 28** 2 extremely            4 a lot            6 awfully  
3 totally                5 not much
- 29** 2 just                    4 quite            6 really  
3 bit                      5 rather
- 30 Suggested answer**  
Another one of my favourite things is a lovely, full-length, black, woollen coat I wear when it's really cold. I also love my comfortable, brand-new, leather tennis shoes.

### Module 3

- 1** 2 's going to enrol            7 'll buy  
3 's going to miss            8 're going to step  
4 Are you going to apply    9 's going to study  
5 will order                    10 will love  
6 'll lose
- 2** 2 will become                7 opens  
3 'll call                        8 is getting  
4 'll go                         9 will be  
5 is going to apply            10 're going to drive  
6 'll tell
- 3** 2 'll make                        7 'll like  
3 'll try                         8 'm going to apply  
4 'll email                      9 Are you going to quit/  
5 'll find                        Are you quitting  
6 'm going to go/'m going
- 4** 2 'm going to apply            5 'm going to come  
3 'll make                        6 aren't doing  
4 will consider
- 5** 2 robots will replace        4 is performing as  
3 is going to give

**6 Suggested answers**

- 1 I hope there will be fewer endangered species in the future.  
I hope there won't be any unemployment.
- 2 I'm going to travel abroad.  
I'm going to go on a cruise.
- 3 I'm meeting my friends.  
I'm tidying my room.
- 7 2 won't have finished      4 Will you be going  
3 will be interviewing      5 won't be doing
- 8 2 will have left  
3 Will you be using/Are you going to use, 'll be eating out/'m going to eat out/'m eating out  
4 leaves
- 9 2 C      4 B      6 B      8 C  
3 B      5 A      7 A      9 D
- 10 2 won't have repaired, till  
3 Once, mail  
4 When, had already removed  
5 The moment, 's going to buy  
6 when, will give back  
7 once, have  
8 Before, worked/had worked  
9 just as, was typing  
10 as long as, 're painting
- 11 2 owner is going to      4 will get  
3 will have graduated by      5 will be flying

**Module 4**

- 1 2 with    3 by    4 by    5 with    6 with
- 2 2 The new James Bond novel was written by William Boyd.  
3 Who is the new *Star Wars* film being directed by?  
4 The leading role will be given to a new actor.  
5 Cameras cannot be taken into the art gallery.  
6 Tickets for the play were being sold by Martha during lunchtime.  
7 All seats had been booked by noon.
- 3 2 will be taught music by Jill  
will be taught to the new students by Jill  
3 was offered money for her sculpture by Jonathan  
was offered to Victoria by Jonathan for her sculpture  
4 can be shown the exhibition by the curator  
can be shown to us by the curator  
5 is often given to the local museum by art lovers  
is often given money by art lovers

- 4 2 can be seen      5 have already  
3 are being displayed      been sold  
4 are supposed      6 will be given
- 5 2 The art thief has not been caught yet.  
3 The Odeon cinema was destroyed by a fire.  
4 50 sculptures are sold daily by a local artist.
- 6 2 were being given      5 can be bought  
3 was made to sign      6 are made with  
4 weren't allowed to talk
- 7 2 Anna had had her violin repaired long before the concert.  
3 David wants to have his novel published before next year.  
4 Emily will probably have her living room redone by a decorator./Emily will probably have a decorator redo her living room.  
5 Sharon has had her sculpture stolen from the gallery (by thieves).  
6 Paul has been having his photographs developed by Ian.  
7 Kate will be having her new woodcarving displayed by the gallery all month.  
8 Oliver had his house decorated with expensive paintings.
- 8 2 Steph got the director to give her a part in the show.  
3 The curator will have an expert look at some of the gallery's paintings.  
4 Kate managed to get her brother to take her to the cinema.  
5 Steve made me go to the opera with him.  
6 The novelist got the editor to publish his book.  
7 Emma had Daniel look for information on local festivals.  
8 Our director made us wear our costumes for the last night of rehearsals.
- 9 2 enjoyed ourselves      6 went by himself  
3 sign it herself      7 turns itself off  
4 taught himself      8 hurt myself  
5 behave themselves
- 10 2 on her own      7 have the tickets  
3 is having his hair styled      booked by  
4 introduced himself and      8 to have their  
5 get your flat decorated      roof fixed  
6 our tickets paid for

**Module 5**

- 1 2 said, told      5 tells, ask  
3 ask, told, said      6 ask, tell  
4 tell, telling

- 2 2 Ben told his brother (that) they would save a lot of trees if they recycled everything.  
3 He said (that) he was collecting money for the local hospital.  
4 He told Lisa (that) he always unplugged the television at night.  
5 Emma told us (that) tigers had always been her favourite animal.  
6 She told us (that) their city built/had built two new animal shelters the previous year/the year before.  
7 Betty told me (that) she was watching/had been watching a documentary on the Amazon till late the previous night/the night before.
- 3 2 would do, "I will do it later today."  
3 had been, "I was there two years ago and I prefer to go somewhere else."  
4 was going to look, "I am going to look for one today."  
5 was making, "The dirty air from the traffic is making me sick."
- 4 2 Experts say (that) climate change is a problem that affects us all. (tenses do not change: introductory verb in present tense)  
3 Edward said (that) nobody cared about global warming. (tenses change: we consider what the speaker said to be untrue)  
4 He told me (that) if he had known that there was a recycling bin nearby, he wouldn't have thrown his newspapers in the rubbish. (tenses do not change: conditional type 3)  
5 The scientist said (that) the Earth is more polluted now than it was in the past. (tenses do not change: general truth)
- 5 2 John asked Amanda if she would email him her research on fossil fuels then.  
3 Helen asked if they had employed rangers to patrol the national park.  
4 Terry asked who was going to give the lecture on climate change the following week/the week after.  
5 Mike wanted to know how old Professor Gillian was.  
6 Barry wondered when people would stop cutting down the rainforest.  
7 I asked my boss if I could put a recycling bin in the office.  
8 She inquired if those souvenirs were made from real ivory.
- 6 2 who runs the homeless shelter in your town?  
3 how much money celebrities give to charity.  
4 how many turtle species are endangered?  
5 whether the government can solve the problem of unemployment once and for all.
- 6 where I can find the job training centre?  
7 how I can make compost in my backyard.
- 7 2 The police officer ordered us to stop fishing in that area immediately.  
3 The doctor advised me not to stay in the sun too long.  
4 She begged the councillor to help her find a job.  
5 The officer commanded the soldier to go there immediately.  
6 Dad suggested that we (should) tear up the cardboard box before we put it in the recycling bin.
- 8 2 advised me to put some cream on my skin./suggested (that) I (should) put some cream on my skin.  
3 asked if/whether we had got any old clothes for charity.  
4 suggested (that) we (should) get/getting our own recycling bin.  
5 begged Paul to let him use his computer that night.  
6 asked us to stop talking.
- 9 2 b      3 a      4 b      5 a
- 10 2 denied      4 reminded      6 advised  
3 threatened      5 accused
- 11 2 b She complained about him never helping her separate the recycling./She complained that he never helped her separate the recycling.  
3 d She admitted (to) losing/having lost my book.  
4 a The security guard forbade us to enter that room.  
5 c Jane refused to wear real fur.  
6 f He wondered how he could save energy.
- 12 2 the man to close the restaurant until his rent was paid in full.  
3 Ben that the charity accepted money as well as goods.  
4 whether she should adopt a stray dog.  
5 to help (me) with the cleaning.  
6 that greenhouse gases cause global warming.  
7 that it was a great idea.
- 13 2 claimed they had cleaned their  
3 apologised to Joe for being  
4 suggested organising a/suggested (that) they (should) organise a  
5 promised to donate her

## Module 6

- 1 2 should/ought to, advice  
3 couldn't/wasn't able to, Jack didn't manage to get to the stadium on time.  
4 must, obligation

- 5 can, It is theoretically possible for a spider to be poisonous.  
 6 can't, inability  
 7 can't, I'm sure that Max doesn't own a car; he doesn't even drive.  
 8 Can/May/Could, asking for permission  
 9 mustn't/can't/may not, prohibition  
 10 can/could, suggestion  
 11 needn't, It wasn't necessary for Jake to pay for a ticket as the concert was free.  
 12 will, It is certain that Janet will be terrified once she sees the snake.

- 2 2 d      4 e      6 j      8 a      10 b  
 3 f      5 g      7 i      9 c

- 3 2 may be upset by the news  
 3 must suffer from anxiety  
 4 should have sought professional help.  
 5 needn't have attended the meeting  
 6 could have sent you these flowers  
 7 needn't help with the dinner  
 8 had to leave early
- 4 2 Shall we ask John to give us a lift?  
 We can/could ask John to give us a lift.  
 3 Judy can't be in this class.  
 4 Thomas couldn't/wasn't able to find his keys.  
 5 We couldn't fish in the lake.  
 6 Adam doesn't have to/doesn't need to/needn't feel so anxious.  
 7 May/Can/Could I leave my backpack here?  
 8 They may/might/could have stayed back at work yesterday.  
 9 Jessica had to report the problem to the manager.  
 10 Can I/Would you like me to/Should I drive you to work?
- 5 2 A      3 C      4 B      5 B      6 C
- 6 2 She can't/couldn't have been making fun of you.  
 3 Ian may/might have had an allergic reaction to the bee sting.  
 4 Josh must have heard the news before we told him.  
 5 He may/might have been working till late these days.  
 6 Chris must know how to solve the problem.  
 7 She must be working out at the gym tomorrow morning.  
 8 Sarah must have been looking for a job long before she quit the company.  
 9 Lisa can't have told us the truth.  
 10 He could/may/might leave the hospital tomorrow.  
 11 Ken may/might not agree to pay for the damage.

- 7 2 can't have taken      5 was able to run away  
 3 should be working      6 may have been sleeping  
 4 must have overcome      7 ought to discuss

- 8 1 the      3 a, -, the, an  
 2 a, the, -, a      4 a, a, the, an, -

- 9 2 D      4 C      6 D      8 B  
 3 C      5 A      7 A

- 10 2 everything/anything      6 everywhere  
 3 no one/nobody      7 any  
 4 Someone/Somebody      8 any  
 5 every

### Module 7

- 1 2 hadn't tripped      5 will      8 may  
 3 find      6 would have made  
 4 would include      7 had
- 2 2 would be      5 hadn't eaten      8 had known  
 3 lower      6 wouldn't ignore  
 4 go      7 doesn't get over
- 3 2 If he comes      4 When she finishes  
 3 When he gets it      5 If he returns it
- 4 2 will need/      3 used      5 wouldn't have become  
 need      4 go      6 'll be
- 5 2 you bring the proper shoes, you can't come bowling.  
 3 we had enough players, we wouldn't cancel our game of football.  
 4 she hadn't taken some aspirin, her headache wouldn't have gone away.  
 5 Adam got enough sleep, he wouldn't be tired.
- 6 2 wouldn't have got      6 does not get better  
 3 unless you make      7 you will complete  
 4 were you, I would put      8 had known about my  
 5 will not eat/does not eat

### 7 Suggested answers

- 1 we will go on a picnic  
 2 I would go to the doctor  
 3 they should not eat them  
 4 we feel tired  
 5 if my tooth hadn't hurt so much  
 6 I would have bought some on my way home  
 7 if I could afford one
- 8 2 I wish / If only I had done more warm-up exercises.  
 3 I wish / If only I had drunk more water.

- 4 I wish / If only I was/were as fit as the other members of the gym.  
 5 I wish / If only my friend Paul had come with me.  
 6 I wish / If only my personal trainer didn't want me to go to the gym every day.
- 9** 2 I wish / If only I had prepared more for today's race.  
 3 I wish / If only you would eat healthy food.  
 4 I wish / If only I were better at judo.  
 5 I wish / If only I had brought my tennis racquet.  
 6 I wish / If only I got more sleep every night.  
 7 I wish / If only you weren't always showing up late for football practice.  
 8 I wish / If only I hadn't lost my ticket for the basketball game.
- 10** 2 I hadn't been ill  
 I hadn't been ill, I would have gone running  
 3 I knew how to cook  
 I knew how to cook, I wouldn't eat out so often  
 4 my friend didn't work/wouldn't work (such) long hours  
 my friend didn't work (such) long hours, we could train together  
 5 my friend wouldn't tease me because I'm too thin  
 my friend didn't tease me because I'm too thin, I wouldn't feel embarrassed  
 6 my camera hadn't broken down  
 my camera hadn't broken down, I would have recorded my brother's basketball game
- 11** 2 wouldn't shout/ 5 came/would come  
 didn't shout 6 didn't play/wouldn't play  
 3 lived 7 had known  
 4 had made 8 had
- 12** 2 was/were 4 had kept 6 had  
 3 could afford 5 would change
- 13** 2 was/were able to go 8 he did not have  
 3 had not been sold 9 I had not lied  
 4 he had enough time 10 it was not  
 5 only Patrick had told me so cold  
 6 would allow us to  
 7 could speak Italian better
- 14 Suggested answers**  
 1 a tablet PC 4 speak so loudly  
 2 wasn't/weren't so rainy 5 play the guitar  
 3 ill 6 better at maths
- 15** 2 to carry 5 to come 8 to go  
 3 ring 6 to listen  
 4 having 7 to exit
- 16** 2 to relax 5 repeating 8 to find  
 3 living 6 drinking  
 4 to fit 7 give
- 17** 1 make 6 to finish/to have  
 2 fall, to catch finished, to ask  
 3 running, moving 7 to help, to do  
 4 Having, To be 8 eating, to stay  
 5 to be selected, act
- 18** 2 f, having 4 a, stay up 6 b, working out  
 3 g, eating 5 e, take up 7 c, going
- 19** 2 Sue seems to be cooking dinner for four.  
 3 Mark seems not to have tried hard enough to win.  
 4 Daniel admits to being addicted to the Internet.  
 5 Sarah claims to have been invited to the gallery opening.  
 6 Paul tends to spend most of his leisure time online.  
 7 Carol's cooking seems to be appreciated by all her friends and family.
- 20** 2 smiling 5 to offend 8 meeting  
 3 to inform 6 chewing 9 giving  
 4 to lose 7 making 10 to ask
- 21** 2 C 4 A 6 B 8 B 10 D  
 3 A 5 D 7 D 9 C 11 C
- 22** 2 To begin 5 exercising 8 to offer  
 3 consuming 6 to provide  
 4 cause 7 taking
- 23** 2 looking forward to going 5 must have been  
 3 too ill to compete trying  
 4 has difficulty (in) sticking 6 may be working
- 24** 2 enough 5 too 8 enough  
 3 enough 6 enough 9 enough  
 4 too 7 too 10 too
- 25** 2 The steak is too tough (for me) to eat.  
 3 We have enough eggs to make an omelette for all of us.  
 4 Mia is too young to come kayaking with us.  
 5 He works too hard to be enjoying life.  
 6 It's too cold outside (for me) to go to the beach.  
 7 Eric is funny enough to be a professional comedian.  
 8 The gym is big enough to fit 200 people.  
 9 They haven't scored enough goals to win.  
 10 Ben's shorts are too small for him to fit into.  
 11 The exercise is easy enough (for me) to do.  
 12 He left the house too late to catch the 9:00 am bus.

- 26** 2 fit enough 5 too difficult 9 nicely  
 3 too slow 6 too high enough  
 4 enough ice cream 7 too early 10 sweet enough  
 8 enough seats
- 27** 2 is there 5 aren't I 8 isn't it  
 3 does he 6 isn't he 9 won't you  
 4 didn't she 7 don't you 10 shall we
- 28** 2 isn't it 6 isn't it 9 aren't I  
 3 shall we 7 haven't you 10 did you  
 4 will you 8 will you/  
 5 have you won't you
- 29** 2 have raised their prices, haven't they?  
 3 borrowed my goggles last week, didn't you  
 4 've bought a new bicycle, haven't you  
 5 shout, will you  
 6 be careful, will you/won't you  
 7 know I am right, don't you  
 8 hasn't given back our essays yet, has he
- 30** 2 B 3 A 4 C 5 B 6 B
- 31** 2 each 4 Every 6 every 8 each  
 3 every 5 Each 7 each
- 32** 2 none 4 all 6 every  
 3 whole 5 either, both
- 33** 2 Either Beth or Nick will play tennis with me.  
 3 Neither Max nor Sam likes eating peas.  
 4 Both Rod and Raul drink a lot of energy drinks.  
 5 Either Sam or Darren will come kayaking with me.  
 6 Neither I nor my sister had ever been skydiving before.  
 7 Mr Penn teaches both physics and chemistry at our school.  
 8 We can have either a shepherd's pie or roast chicken for dinner.
- 34** 2 How much 5 a little 8 many  
 3 lots of 6 many 9 a few  
 4 few 7 a lot 10 very little
- 35** 2 How many, not any 9 a lot of/much,  
 3 How much, much A lot of/Many  
 4 many, a lot of/many 10 a lot of/much, a lot of  
 5 a lot of/much, a lot/many 11 how many, many  
 6 How much, a lot of 12 How much,  
 7 a lot of/many, many How many  
 8 How much, a lot of

- 36** 2 a lot of (/many) 7 a lot  
 3 much (/a lot of) 8 many (/a lot of)  
 4 many (/a lot of) 9 a lot of  
 5 A lot of 10 much  
 6 much (/a lot of)
- 37** 2 much, a few 5 Very little, a few  
 3 a little 6 much, a few  
 4 a few 7 very little
- 38** 2 a few 4 a little 6 little  
 3 little 5 a few
- 39** 2 lot 5 much 8 every  
 3 plenty 6 a little  
 4 both 7 whole

## Module 8

- 1** 2 whose 6 when/that 10 when/that  
 3 when 7 who/that 11 whose  
 4 where 8 whose 12 who/that  
 5 why 9 where
- 2** 2 whose (cannot be omitted)  
 3 who (cannot be omitted)  
 4 why (can be omitted)  
 5 where (can be omitted)  
 6 when (can be omitted)
- 3** 2 whose 5 why 8 when  
 3 which/that 6 whom  
 4 where 7 which/that
- 4** 2 whose ND (cannot be omitted – add commas)  
 3 where D (cannot be omitted – no commas)  
 4 which/that D (can be omitted – no commas)  
 5 who ND (cannot be omitted – add commas)  
 6 where D (cannot be omitted – no commas)  
 7 who/that D (can be omitted – no commas)  
 8 why D (can be omitted – no commas)  
 9 which/that D (can be omitted – no commas)  
 10 which ND (cannot be omitted – add commas)  
 11 who/that D (cannot be omitted – no commas)  
 12 where ND (cannot be omitted – add commas)

## 5 Suggested answers

- 1 when I usually go on holiday.  
 2 where we can see lots of sights.  
 3 which are quite difficult.  
 4 who had been to Antarctica.  
 5 why things happen in nature.  
 6 which is by the window.



- 6 2 so that 5 for exchanging 8 so as  
 3 avoid 6 with a view to  
 4 in case 7 in order not to
- 7 2 so 4 such an 6 such 8 so  
 3 such 5 so 7 so
- 8 2 Your suitcase is so big that it won't fit in the car.  
 3 The airline lost our luggage therefore, they had to pay us compensation.  
 4 The museum was so far away for us to walk to that we had to catch a bus.  
 5 Not enough snow has fallen this year and consequently the ski resort will not open.  
 6 It was raining heavily and as a result the streets were starting to flood.  
 7 There were so many people on the bus that we couldn't find a seat.  
 8 I spent such a lot of money on clothes that I didn't have enough to buy souvenirs.
- 9 2 as a result she  
 3 as not to forget/that I would not forget  
 4 to avoid paying  
 5 in order not to
- 10 2 Who made Mark's travel arrangements?  
 3 Whose car will Kate borrow to take her friends sightseeing?  
 4 How far is it from New York to Los Angeles?/How many kilometres is it from New York to L.A.?  
 5 What is Alicia carrying?  
 6 Who will be driving us to the airport?  
 7 Which jacket costs a lot?  
 8 What is in Anne's suitcase?
- 11 2 a fixed Shane's motorcycle  
 b motorcycle did Jim the mechanic fix  
 3 a works at a ski resort  
 b does John work  
 4 a ball belongs to Katie  
 b does the blue ball belong to  
 5 a ruined Jane's new shoes  
 b new shoes did the mud ruin  
 6 a caused a flood in the main street  
 b did the storm cause a flood
- 12 2 does she buy them from 5 were they invited by  
 3 are they nervous about 6 are you playing against  
 4 did you speak to

- 2 1 were not allowed to 9 I had more time  
 2 in spite of the heavy 10 wishes he had not sold  
 3 been waiting for  
 4 whether he should buy his 11 enjoyed themselves  
 5 I were you, I would  
 6 with a view to improving 12 to have the contract looked  
 7 the earliest flight you could  
 8 not have paid

## Appendix 1

### Verbs/Adjectives/Nouns with Prepositions

1 to	26 to	51 to	76 of
2 on	27 on	52 in	77 to
3 to	28 for	53 for	78 from
4 with	29 for	54 from	79 from
5 to/(towards)	30 to	55 of	80 on
6 with	31 with	56 with	81 in
7 of	32 on	57 about	82 of
8 to	33 for	58 to	83 for
9 to	34 for	59 of	84 from
10 at	35 in	60 on	85 at
11 about	36 at	61 in	86 of
12 with	37 in	62 on	87 at
13 from	38 in	63 of	88 in
14 for	39 back	64 to	89 to
15 on	40 on	65 about	90 of
16 to	41 on	66 of	91 for
17 of	42 on	67 from	92 for
18 to	43 about	68 on	93 from
19 into	44 of	69 for	94 at
20 for	45 on	70 to	95 for
21 from	46 of	71 in	96 of
22 from	47 in	72 about	97 at
23 from	48 for	73 to	98 for
24 to	49 into	74 into/(on)	99 from
25 with/of	50 of	75 of	100 of

### Word Distractors

1 C	16 C	31 D	46 C	61 B
2 D	17 C	32 A	47 B	62 D
3 D	18 C	33 B	48 D	63 B
4 B	19 D	34 B	49 A	64 C
5 D	20 C	35 C	50 B	65 D
6 C	21 B	36 C	51 D	66 B
7 B	22 A	37 C	52 C	67 A
8 C	23 B	38 A	53 A	68 D
9 C	24 D	39 D	54 C	69 D
10 A	25 A	40 A	55 D	70 D
11 C	26 B	41 A	56 B	71 C
12 C	27 A	42 B	57 C	72 B
13 A	28 C	43 B	58 A	73 A
14 B	29 B	44 B	59 C	74 C
15 B	30 D	45 A	60 D	75 B

### REVISION PAGE

- 1 1 D 3 C 5 D 7 B 9 D 11 A  
 2 B 4 A 6 C 8 D 10 D 12 C

**Module 1**

- 1 1 spiky 4 tanned 7 heels  
 2 well-built 5 skinny 8 suit  
 3 wrinkles 6 average
- 2 1 skirt 3 female 5 blouse  
 2 pessimistic 4 toddler
- 3 1 c 3 e 5 d 7 f 9 j  
 2 a 4 b 6 h 8 g 10 i
- 4 1 devoted 6 bossy  
 2 annoying 7 open-minded  
 3 sociable 8 sensible  
 4 dishonest 9 patient  
 5 insecure 10 well-mannered
- 5 1 e 3 a 5 b 7 f  
 2 d 4 c 6 g
- 6 1 do 2 have 3 make 4 get

**Module 2**

- 1 1 collapse 3 bury 5 escape  
 2 evacuate 4 erupt 6 burst
- 2 1 b 2 d 3 a 4 c 5 f 6 e
- 3 1 casualties 3 heavy 5 soaking  
 2 spill 4 avalanche 6 crash
- 4 1 dry 4 rescue 7 mild  
 2 atmosphere 5 heatwave 8 thunder  
 3 browser 6 asteroid
- 5 1 contacts 4 email 7 text  
 2 double 5 laser 8 search  
 3 USB 6 antivirus
- 6 1 experiment 3 scan 5 research  
 2 recharge 4 invent

**Module 3**

- 1 1 dentist 4 assistant 7 employee  
 2 reporter 5 lawyer 8 degree  
 3 farmer 6 teacher
- 2 1 punctual 4 creative  
 2 organised 5 quick learner  
 3 cooperative

- 3 1 b 2 d 3 e 4 c 5 a

- 4 1 tip 4 experience 7 retire  
 2 employer 5 room 8 results  
 3 position 6 term
- 5 1 dropped 3 got 5 earns 7 is starting  
 2 quit 4 meeting 6 enrolling 8 worked
- 6 1 with 2 from 3 in 4 of 5 for

**Module 4**

- 1 1 b 3 e 5 h 7 c  
 2 f 4 a 6 d 8 g
- 2 1 novel 4 string 7 design  
 2 interval 5 gripping 8 portrait  
 3 stage 6 trumpet
- 3 1 e 3 f 5 g 7 b  
 2 d 4 c 6 a
- 4 1 b 2 d 3 f 4 a 5 c 6 e
- 5 1 bring 3 nominate 5 perform  
 2 direct 4 clap 6 entertain
- 6 1 from 2 on 3 in 4 up 5 on

**Module 5**

- 1 1 f 3 e 5 a 7 b  
 2 h 4 g 6 c 8 d
- 2 1 poverty 3 racism 5 pollution  
 2 fined 4 charged 6 reduce
- 3 1 d 3 e 5 h 7 f  
 2 a 4 c 6 g 8 b
- 4 1 chilly 4 cloudy 7 rainy  
 2 hot 5 cold 8 snowy  
 3 windy 6 sunny
- 5 1 waste 3 emissions 5 die out  
 2 solar 4 ozone 6 hunt
- 6 1 imposed 3 are getting 5 found  
 2 enforce 4 protect 6 had



**Module 6**

- 1 1 c 2 a 3 b 4 e 5 f 6 d
- 2 1 muscle 3 spine 5 shoulder  
2 chin 4 anxious
- 3 1 closed 3 public 5 open  
2 social 4 wide
- 4 1 leaf 4 hair 7 chin  
2 skin 5 cheeks 8 eyebrow  
3 stomach 6 ghost
- 5 1 d 3 f 5 b 7 h  
2 e 4 a 6 c 8 g
- 6 1 gazed 3 startled 5 frowned  
2 trembling 4 faints 6 affect
- 7 1 on 3 about 5 of  
2 from 4 at 6 for

**Module 7**

- 1 1 rash 4 high temperature  
2 runny nose 5 heart attack  
3 backache 6 sore throat
- 2 1 pull 3 do 5 mash 7 bake  
2 heal 4 swelled 6 slice 8 sift

- 3 1 d 2 a 3 f 4 e 5 b 6 c
- 4 1 boost 3 join 5 go  
2 fight 4 burn 6 dress
- 5 1 b 2 a 3 a 4 c 5 c 6 a
- 6 1 fatty 3 state 5 spicy  
2 tempting 4 undercooked

**Module 8**

- 1 1 return 3 trip 5 booked 7 hostel  
2 holiday 4 desk 6 currency 8 camp
- 2 1 hire 3 miss 5 borrow  
2 take 4 book 6 return
- 3 1 h 3 g 5 d 7 f  
2 e 4 a 6 b 8 c
- 4 1 offer 3 outskirts 5 ruins  
2 apartment 4 centre
- 5 1 take 3 plead 5 have 7 commit  
2 get 4 arrest 6 break 8 sentence
- 6 1 on 2 for 3 by 4 on 5 by

## 1d – Listening skills

### Exercises 2 (p. 10)

#### Speaker 1

When I opened this restaurant a year ago, I wasn't at all sure it was going to work. I had always dreamed of running a restaurant, but everyone told me it was a business risk. In fact, we made a profit for the first time this year and now our customers are recommending us to their friends. I've called you all here this morning to say how grateful I am for all your hard work. I couldn't have got this far without such trustworthy, hardworking and professional staff. Well done! You will all be getting a pay rise – you deserve it!

#### Speaker 2

I remember a great party I went to as a student. The thing is, I never really intended to go. I had been studying hard all day for exams and just felt like having an early night. Then, some of my friends said they were going to a party in the halls of residence and that I should come. At first, I said no because I had other plans, but they finally persuaded me to put on a party dress and some high heels. When I arrived I met someone very special, I went up to the DJ to request him to play something and we got on really well. I didn't know then that we would eventually get married!

#### Speaker 3

I'm extremely honoured to be invited here today to talk to you about sports. As an old pupil, I was on the school hockey team. I often took part in matches and helped the team win some great victories for the school. What I'd like to begin by saying is that being a sportsperson isn't just about training and keeping fit in order to win a game. It's also about giving your best, having team spirit, cooperating with others and offering your help when needed. That is something I learnt very early on as a hockey player.

#### Speaker 4

Smithson's Photo Studio is a company with a difference. We are a small family-run business whose aim is to capture your unforgettable moments forever! Using the latest high-tech equipment, we produce professional results which will truly delight you. Book one of our photographers for your wedding, birthday or other family event. You will have beautiful pictures to share with your loved ones and they will thank you for making such a wise choice! We are pleased to announce fifty per cent reductions on all services booked this week! Give us a call today!

### Exercises 4 (p. 10)

**A:** Hi, welcome back to 106 Talk FM. I'm Hannah Ashley and today I'm talking to famous anthropologist Dr Matthew West. Dr West has a new book called

'Rainforest Man', which he wrote to describe life with tribes in the jungle. But before we get started, I want to ask, what exactly is anthropology?

**B:** Hi, Hannah, thanks for having me on the show. Anthropologists look at how people act and how their lives are different from ours. We are especially interested in the history and environments of small tribes, and how that influences their culture. Anthropologists like me actually go and stay with different tribes for years at a time to find out all about them. It is difficult, but it's important for anthropologists to have as much information as possible. You don't have to become one of them, but you can't write a whole book about people you've never met.

**A:** That sounds like hard work. Are you pleased to be back in the UK now?

**B:** I am. It's nice to be close to my family and to have all the comforts of home again. For example, they don't have proper houses with electricity or clean running water in the jungle. And it's great to be able to enjoy British cuisine again! But I do miss the Amazon sometimes, especially the warm weather.

**A:** So what is your book 'Rainforest Man' about then?

**B:** Well, it's about the Nukak tribe from the Columbian Amazon Rainforest. In many ways, they're just like you and me. They love their children, work hard to feed them and so on. They're peaceful people who have a deep relationship with the jungle. They use poison darts to hunt animals like monkeys, birds, mice and frogs. Sometimes, they even eat wasps! Can you believe it?

**A:** I don't think I'd enjoy that! What can you tell me about their lifestyle?

**B:** Actually, that's what I'm here today to talk about. The Nukak are in danger of extinction. Big logging companies are chopping down the trees in the forest where they live, and they don't have as many animals to hunt. In addition, they are at risk from lots of diseases like measles that cause them to get very sick. In fact, it's worse than that. Tribes from other parts of the Amazon have died in large numbers through such illnesses.

**A:** Dr West, that was most interesting. Thank you for coming to talk to me today. Dr West's book has arrived on the shelves of bookshops, and if you check online, you'll see that he's making an appearance in one or two, to give a talk and sign some books.

## Matura Exam 1 Poziom podstawowy

### Exercise 2 (p. 16)

**Luke:** So what are you doing this weekend, Mary?

**Mary:** It's my uncle's 50th birthday and all my family is getting together to celebrate. I'm not looking forward to it at all, Luke. I know you really enjoy big parties with all your

extended family, but for me it's like going to the dentist – I have to do it, but there's no way I can enjoy it.

**Luke:** Oh, come on! You get to see relatives you haven't seen for ages. That's why family parties are important to me. It's the only chance I have to spend some time with my uncles, aunts and cousins. There's nothing better than finding out what everyone's been doing. Every time I see my cousins, we have a fantastic time. The sad thing is that we always say we'll meet up again soon, but we never do.

**Mary:** Well you ought to try harder to see your cousins more during the year. It can't be that difficult if you like them that much. My cousins are okay, but we have nothing in common. Usually, when we get together we just talk about the last time we got together and that's really boring. Someone always says "Oh haven't you grown!" or, "How are you doing in school?" and I just smile and say, "Fine." It's not real conversation, though. Speaking of relatives, how are your Uncle Jim and Aunt Eileen? They live in Australia now, don't they? There must be more to talk about with family from abroad.

**Luke:** There is, but I don't see them very often because they're so far away.

## Matura Exam 1 Poziom rozszerzony

### Exercise 2 (p. 18)

#### Recording 1

We welcome Harvard University psychologist Dr Colin Gill to the studio today to discuss his latest research into gossiping. According to his findings, gossiping boosts the chemicals in our brains that improve our mood by making us feel closer to the person or people we are talking to. Moreover, as long as it is based on fact, gossip can tell us a lot about someone's personality and behaviour. However, malicious gossip is another matter altogether. Dr Gill, perhaps you could start by telling us why malicious gossip is actually bad for the person who spreads it? ...

#### Recording 2

And now for this week's choice on Book of the Week. 'Get to the Top' is psychologist Dr Hannah Simmons' second self-help book and offers useful advice and practical tips for improving your life without needing money. Simmons discusses the importance of securing good friendships and making the most of every day. This inspiring new book has been given fantastic reviews and is guaranteed to help any reader in need of a confidence boost! Pick up your copy of 'Get to the Top' from your local book shop for just £9.99.

#### Recording 3

I'd like to begin by thanking you all for braving the rather wet and windy weather outside. Tonight I'm very pleased to share the stage with one of the finest researchers it has ever been my pleasure to work alongside at this university, Dr Thomas Fletcher. Dr Fletcher has just returned from

twelve months in the Amazonian rainforest where he has been staying with and studying some of the most remote tribes in the world. His work is of vital importance in not only increasing our knowledge about the people of the Amazon, but in protecting their culture from the growing threats from the modern world. So put your hands together for our esteemed colleague, Dr Thomas Fletcher.

## 2d – Listening skills

### Exercises 1 & 2 (p. 26)

**Matt:** Hi, Jenny, did you hear about the volcano that erupted in Japan yesterday?

**Jenny:** I don't really watch the news, but I read about it in the newspapers this morning. The pictures looked incredible. It looked like the ash must have exploded at least five kilometres up in the air. Unbelievable.

**Matt:** On the news they said it was three kilometres, but that's still really high. Apparently huge boulders were rolling down the mountainside towards the town as well.

**Jenny:** Wow, it's amazing that no one was injured. I don't think I'd like to live that near to an active volcano though.

**Matt:** Me neither. The news showed pictures of people trying to drive through the ash. The ash was so thick that drivers had to turn on their headlights, and even though it was daytime it looked like night.

**Jenny:** How are they going to clear it all up? It must be terrible there.

**Matt:** The government has sent in water sprinklers to wash all of the ash away. Luckily, the lava flow was about a mile from the town, so none of the buildings were destroyed and the roads and pavements are still OK.

**Jenny:** Is there any risk that it's going to happen again?

**Matt:** It's hard to say for sure, but it probably will at some point. In the meantime, all of the people that live there have to walk around with umbrellas to protect themselves from the ash falling from the sky. In a way, it sounds sort of exciting to see.

**Jenny:** I think it sounds like a nightmare. I'm so glad that we live somewhere safe.

### Exercise 5 (p. 26)

#### Speaker 1

Last winter, there was a huge factory fire right near my house. We first noticed a smell of smoke coming through the living room window. I looked outside and the smoke was so thick that it was difficult to see to the end of the garden. Suddenly there was the sound of sirens as five or six fire engines raced down the road towards the factory. The factory made clothing which was highly flammable and it took the firefighters two days to put the blaze out. We had to stay inside the whole time so that the dense smoke didn't hurt our eyes and throats. I couldn't wait for it to be over.

**Speaker 2**

When I was a little girl, my parents would take me and my sister to the seaside every summer. We would stay in a little cottage by the sea in a really quiet resort. One year we were there on holiday when an oil tanker hit some rocks just offshore. It spilled tons of oil into the ocean, it was awful. Black slime had covered the beach and the birds and fish all got ill. We tried to help the volunteers as much as we could by cleaning rocks and helping the animals, but it wasn't enough. By the time our holiday was over there was still a lot to do and it would have been nice if we could have stayed longer. It's such a shame that the oil hurt the local wildlife.

**Speaker 3**

I'd never felt an earthquake until last year. It happened very late at night while everyone was asleep. I was in the middle of a dream when everything in my bedroom started shaking and I woke up. At first I had no idea what was going on. Things were dropping off my shelves and I thought the house was falling down – it was terrifying! The tremors only lasted for a minute or so, but it felt like forever. Smaller aftershocks carried on for a while and afterwards the house was in a mess. All of the plates in the kitchen had fallen out of the cupboards and smashed. Luckily there wasn't any serious damage, but everyone was pretty shocked.

**Speaker 4**

Floods are quite common in my area. I live by the sea so we get rising tides and big waves when there's a storm. The last flood we had was the worst I've ever seen, though. We always keep an eye on the weather forecast and when we saw that a massive storm was on its way we put sandbags by the door and moved all of our valuable belongings upstairs. It was lucky that we were ready because the flood water was over a metre deep and it took a week to drain away. We even had to use an inflatable boat to get to the next door neighbour's house. Sometimes it's good to be prepared for anything.

**Matura Exam 2 Poziom podstawowy**

**Exercise 2 (p. 32)**

**Speaker 1**

A few years ago, I was driving home from work when a car pulled out in front of me and caused me to crash into a wall. Luckily, I was unhurt, but my car was damaged, so I got out to talk to the driver of the other car. When the car window opened, I first noticed he wasn't wearing a seatbelt. Then, when he started talking, I smelt the alcohol on his breath. Sadly, drink driving is still one of the main causes of road deaths in my country. However, the government takes a hard line on this crime. The driver in the incident I was involved in went to prison for two years.

**Speaker 2**

Generally, the standard of driving in the country is good, but still accidents happen, and for a variety of reasons. Once, on a particularly cold morning, I saw a car skid around 10 metres from one side of the road to the other. The driver didn't seem to have done anything wrong; he just lost control because of the black ice on the road. Unfortunately, the car hit two other vehicles and caused considerable damage. I remember one driver was bleeding, although it didn't seem serious. But the whole incident just goes to show that, sometimes, accidents can happen regardless of how careful you are behind the wheel.

**Speaker 3**

In my day, it wasn't as easy as it is now to get your driving licence. I had to take the test three times before I passed, and I'd consider myself a good driver. These days, though, it seems like you just need to remember to fasten your seatbelt and drive down a straight road to get a pass! And it shows on the roads. I'm not saying that all young people drive irresponsibly; I just think that many of them make mistakes because they simply don't know any better.

**Speaker 4**

I've always been considered a careful driver. I passed my driving test at the first attempt and have never been involved in an accident before the one in question. Look, I'm very sorry that Mrs Andrews' property was damaged, and I understand the shock she must have suffered, but, like the witness has already mentioned, there was a really heavy fog at the time. I couldn't see anything! And can I just add that it's very unfair that the prosecution has brought up the fact that I do motor racing as a hobby. Ask any of my friends and they will tell you that I'm a completely different driver on the road and on the track.

**Matura Exam 2 Poziom rozszerzony**

**Exercise 2 (p. 34)**

**Interviewer:** Sam Jenkins has been reporting for us for the last twenty-five years. He's covered disasters all around the world. Today, we find out a little bit about the man behind the camera. Let's start at the beginning, Sam. How did you get into reporting?

**Sam:** When I was younger, I really wanted to be a writer so I went to university to do an English degree. I never did get around to writing that award-winning novel, but I did do some articles for the university newspaper. After graduating, I worked on local newspapers. I wrote a piece about some terrible flooding we had in Shrewsbury. Someone must have liked it and I got an offer from a TV channel to do some reporting for them. It was a bit different being on camera, but I soon got used to it. From there, it was one channel to another until I ended up here.

**Interviewer:** You're mainly known for your reporting of disasters. I'm thinking of the 2004 Tsunami, the 2010 mine collapse in Chile and the Fukushima earthquake in 2011.

**Sam:** Yes, it does seem that wherever something bad happens, I'm there, but that is the nature of the job. There must be good news out there, but the media are more interested in the bad. Having said that, I think that it's in the public's interest to be fully informed about these things and someone has to go there and get all the information. And that's usually me. To be honest it's not as dangerous as it seems. After all, the disaster is usually over by the time I get there.

**Interviewer:** That's not quite true, though, is it? I mean what about Fukushima. Wasn't there a real danger of a nuclear meltdown when you were reporting?

### 3d – Listening skills

#### Exercise 2 (p. 42)

**Interviewer:** Good morning. Thank you for coming here today for the job interview.

**Alison:** Thanks for asking me. I'd really like to work for Reading World. When I saw the advert in the paper, I thought it would be a marvellous chance to learn more about books.

**Interviewer:** Great. Now, let's begin. Your name is Alison Ainsworth and you're 17 years old.

**Alison:** That's right.

**Interviewer:** And do you have any experience working in a shop?

**Alison:** No, I don't; this will be my first job. But I'm a quick learner.

**Interviewer:** OK, that's not a problem. We provide on-the-job training. But as you know, we're looking for a part-time shop assistant to work at weekends. You will need to open the bookshop on your own on Sunday mornings. We need someone who is punctual and responsible. Do you have these qualities?

**Alison:** Oh, yes. I'm always on time for school, as my teachers will tell you. I also spend time babysitting my little brother. I think looking after an 8-year-old shows a lot of responsibility.

**Interviewer:** Yes, that's true. Now, sometimes customers can be difficult. Do you have any qualities that will make you good at customer service?

**Alison:** Well, I'm polite and patient and I actually enjoy helping people. Also, I'm really enthusiastic about books – I love them! So, I should have no problem recommending books to customers.

**Interviewer:** Excellent. Now, imagine a customer is angry and aggressive with you. What will you do?

**Alison:** Oh, that's difficult. I guess I would try to apologise and be very calm and cooperative.

**Interviewer:** Fine, but sometimes when a customer is very rude, you will need to call your manager to deal with them.

**Alison:** Oh. OK.

**Interviewer:** Right, Alison, we've got a few more candidates to see. We'll give you a call when we've made a decision, probably early next week.

**Alison:** Thank you, I'll look forward to hearing from you!

#### Exercise 4 (p. 42)

**Interviewer:** If you think you have what it takes to become a professional actor, then prick up your ears, because the man I'm talking to has an interesting opportunity for you! Gerry Dooley, from the Leeds Film Studio, tell us more...

**Gerry:** The Leeds Film Studio is looking for young actors to star in a new feature film called Black Forest. We would prefer people who have studied performance art and drama at university, although we will consider those with no formal training as well. However, at least some experience of acting on stage is essential. Ideally, acting in front of the camera would also be a plus.

**Interviewer:** Now, I'm a little bit ignorant in these matters, but wouldn't it be better to have auditions in a film studio, rather than here?

**Gerry:** One nice thing about a theatre is that there's a lot of space. It's an open audition and the film requires quite a large cast, so we're hoping a lot of people will turn up. Of course, we've got a couple of cameras set up so we can see what the people auditioning will look like on screen, and we'll be recording their voices so we can play them back and so on. But the real answer to your question is that the casting director and I will be sitting all day long, so we demand good chairs!

**Interviewer:** Now, I'm guessing that tomorrow is not the only day you're holding auditions...

**Gerry:** Oh, no, Monday's just day one. We're starting at midday tomorrow, but every other day of the week we'll start at nine sharp. The auditions will go on all week, with call-backs on Friday. That'll be a long day – I don't expect to get out before midnight. Then we should be in a position to call the lucky few over the weekend.

**Interviewer:** And when does filming actually begin?

**Gerry:** Filming will start on the 18th of February and we expect it to last a couple of months – one for location work and the rest in the film studio. Shooting is taking place locally, so that will be convenient, but it will involve a lot of night scenes. And please be aware that making films is not a nine-to-five, Monday-to-Friday job. We work till we've captured what we want to capture, and don't stop till we do.

**Interviewer:** Can you give any useful advice to people who might want to audition, Gerry?

**Gerry:** Think of the people who are watching you as your equals and not someone to be scared of. Auditions are a bit like doing trade: you've got an attractive product to sell and, hopefully, they're going to buy it. This attitude helps build mutual respect and overcome stage fright. And then



there's the question of what to do while you're waiting in line. You don't want to pace up and down rehearsing your lines. That just makes you more nervous. Bring a book and read it. It will calm you and help you stay focused.

**Interviewer:** I see. Well, it certainly sounds like a wonderful opportunity! Now, back to Maria in the studio...

### Matura Exam 3 Poziom podstawowy

#### Exercise 2 (p. 48)

##### Recording 1

**Girl:** Look at this job ad in the paper! I think I'll apply.

**Boy:** Is it another one of those waitressing jobs? You know how much you hated serving coffee all day with the last one!

**Girl:** No, it's for a trainee librarian here at the college. It's part-time – only 2 evenings a week and Saturdays. That leaves plenty of time to attend lectures. And I could really do with the money!

**Boy:** You should apply. Now put the paper down and pick up the menu. I'm starving.

**Girl:** I know what I want to eat. You can call the waiter over.

##### Recording 2

Police officers have announced they are going on strike next Wednesday to protest against the government's decision to introduce pay cuts. Starting salaries for new recruits will go down by almost a fifth, from £23,000 a year to £19,000, and senior policemen will also get reduced pay. The government says it is going to organise emergency talks over the weekend to try and prevent the strike.

##### Recording 3

On this week's Careers for the Young we're going to look at the job of make-up artist. There are so many industries you can work for as a make-up artist: fashion, theatre, TV and film, to name just a few. Or you may decide to start your own business covering weddings, baptisms and other special events. But how do I get started, I hear you ask. Actually, it's not so difficult. Nowadays, many companies are happy to hire you without pay so that you can gain some valuable experience ... (fade)

##### Recording 4

**Boss:** Now, Miss Smith, I see from your CV that you've got two years' experience as a hotel receptionist. Why are you interested in working for our hotel?

**Miss Smith:** Well, I really like dealing with the public, but in my last job I only spent half the time at reception. The rest of the time, I was either helping the accountant in his office or making sure we had enough staff for room service.

**Boss:** I see. In our hotel, we need someone on the reception desk at all times. Would you like to come in on Monday for a week's trial?

##### Recording 5

I do two jobs. I'm a photographer and a writer of children's books. People sometimes ask me when I find time to write. My answer is: I write at night! During the day there are so many other things going on that you can't get much done, even when you're at home. I like to do my writing between 10 pm and 3 am when everything is quiet and it's easier to focus on what I'm doing. That means I still have time to get a good sleep and go to my photo studio in the afternoons.

##### Recording 6

In today's lesson, we're going to talk about Victorian children in Britain and the kinds of jobs they did. Children from poor families had to go to work at the age of 4 or 5 to help bring home money to pay the bills. They worked very hard for long hours every day. Jobs were often unsafe and working conditions filthy. Some of the worst jobs were working in coal mines, sweeping chimneys and doing factory work. Things began to improve in 1891, when the Society for the Prevention of Cruelty to Children was set up.

### Matura Exam 3 Poziom rozszerzony

#### Exercise 2 (p. 50)

##### Speaker 1

I opened a beach café last summer and my main difficulty has been finding reliable staff. I take on extra staff in the summer, mainly students, and I need to know I can trust them. But often, they've been out partying the night before and fail to turn up for their shift the next day. Then there aren't enough staff to wait on tables when it gets busy. Perhaps I'll have to start employing part-time staff on a year-round basis. After all, there are lots of people out there who would be glad to have permanent work, even if it's only a few hours a week.

##### Speaker 2

I'm doing a two-year hairdressing course and it's really great. What I like most about it is that it's an apprenticeship. I actually only go to college in the mornings. In the afternoons, I'm at the hairdressing salon, getting on-the-job training! Everyone's very friendly and helpful. I wash hair, assist stylists and work on reception. It's quite hard work and it can sometimes be difficult to combine work with study, especially when there is an exam coming up. But I love the fact that you're earning while you're learning, plus you get to meet some really interesting people!

##### Speaker 3

A few weeks ago, I ran into someone I used to work with many years ago. He was looking for someone to take on the job of Creative Director in his new advertising company. Since we had worked together in the past, where I had gained considerable experience as a



designer, he offered me the job! I was supposed to be retiring in two months' time, but I couldn't resist this opportunity! I'm starting on a two-year contract, where I'll be in charge of the entire creative team managing projects for clients. I've never done anything quite this high-powered before, so I hope I'll come up to their expectations!

#### Speaker 4

Officially, I retired last year when I turned 65, but I still keep in touch with some of my old students. They come round for a cup of tea and show me their essays or other projects and I'm happy to give them my opinion on how they can be improved. Teaching over the years has become so much of a way of life with me that I can't imagine not having any contact with it anymore. One of my best former students is presently at university doing a Master's degree in Literature. Our lively discussions about books and authors help keep me mentally fit!

### 4d – Listening skills

#### Exercise 2 (p. 58)

##### Recording 1

**Man:** I never get a chance to watch the films I like anymore. The kids are always in the sitting room in the evenings watching cartoons. They've done their school homework by then, so I can't really say anything.

**Woman:** Why don't you have another TV in your bedroom so you can go there?

**Man:** We've already got one. The problem is that my wife relaxes there when she comes home from work. She usually puts on one of her romantic comedies. It's not fair.

**Woman:** I hope you don't watch films on YouTube here instead of writing reports. The boss would be really angry!

**Man:** Of course I don't!

##### Recording 2

Guess what I did last night? I stayed in and watched a thriller – Match Point by Woody Allen. I must say, it was excellent – full of mystery and suspense. For me, watching a nice film is a great way to forget about the housework – at least for a while! The only thing was, I missed the ending because a friend rang me up at the wrong moment! I was so annoyed!

##### Recording 3

**Woman:** I absolutely love watching films based on true stories – especially historical dramas.

**Man:** But they're so dull. And you never know how much is really true and how much is just the filmmaker's imagination. Can't you just watch a documentary?

**Woman:** It's not the same thing. A film brings the period to life. I saw a historical drama on the American Civil War. It was amazing! I felt I was actually there fighting in the battle!

**Man:** I advise you to turn on the news – there you get to see live events as they happen.

**Woman:** Yes, but I enjoy finding out facts about past events that I don't know much about.

##### Recording 4

A fire on the set of the new Paul Acton comedy has been put out by firefighters without any member of the cast or crew being injured. It is not thought that the fire was started deliberately. Instead, some faulty electrical cables may have been to blame. The damage will delay the completion date of this film for the second time. On the first occasion, filming had to stop when the leading lady cancelled her contract and had to be replaced.

##### Recording 5

Many people say they love a good horror film, but viewers should think carefully before going to see this one. Most critics agree it's the scariest film of the new millennium. You'll need nerves of steel! Strangely enough, there aren't actually many moments of violence – all the fear is created with good old-fashioned suspense. The subtitles can be off-putting – there's more dialogue than action, but if you don't mind that, you'll love this film.

##### Recording 6

If you don't get to the cinema to see any other film this year, make it for Interstellar, Christopher Nolan's new sci-fi film. Starring Matthew McConaughey and Anne Hathaway, this film follows the journey of a spaceship crew as they travel through a wormhole in space. The special effects are spectacular, the plot complex and deep, and guess what? I've got two tickets to the premiere in London! Call now and you could be the lucky winner.

#### Exercise 3 (p. 58)

**Presenter:** Now it's time for Book of the Week with Rebecca Stone. Hello, Rebecca. What book have you been reading?

**Rebecca:** Hi, Jim. It's a mystery story called Pretty Little Liars. Have you ever read it?

**Presenter:** No, I've never heard of it. What makes it so good?

**Rebecca:** It's really fast-paced. The book never gets boring because there is always something exciting going on. When you finish a chapter, you never know what's going to happen next. I couldn't put it down! You know, some listeners complained that the book praised last week was too slow. Well, they won't complain with this one!

**Presenter:** Wow, it sounds like my kind of thing. Tell me what happens in the story.

**Rebecca:** It's about a group of friends who are bullied by an anonymous person called A. A knows absolutely everything about the girls and bullies them by threatening to tell their secrets. The girls suspect that A is their best

friend Alison, who disappeared the year before. But when Alison's dead body is discovered, the girls are left clueless and confused. The novel has two mysteries: who is Alison's murderer and who is A?

**Presenter:** Wait, I think I know that plot! Isn't it a TV series?

**Rebecca:** Yes, the book was made into a TV series a couple of years ago. I'd much rather read the book, though. I don't think the actors really portrayed the characters in the way the author wanted. I don't mean their appearance – different hair colour and height isn't that important – but the characters' personalities are different from how they are in the book. They do things you would never expect of them and don't seem like the same people at all. And, as I've said about every book I've reviewed on this show, the characters make or break a story whether in a book, on stage or on the screen.

**Presenter:** So which character do you like best?

**Rebecca:** Aria. In the TV series, she is quite serious and she's really scared of the bully, A. But in the book, she's the funniest character and she's totally fearless; despite all of the bullying, she remains strong. And although she sometimes does things that are wrong, it's generally through her confusion and search for identity.

**Presenter:** Thanks for that review, Rebecca. I'm looking forward to reading the book – and seeing you next week for our next Book of the Week!

### Matura Exam 4 Poziom podstawowy

#### Exercise 1 (p. 64)

**Kate:** So what course are we going to take at night school this year? I have the list here. What do you think about pottery? It's practical as well as creative. My friend made some great coffee mugs at her pottery class.

**Jack:** Yes, but how would we practise at home? We can't afford to buy all the equipment and anyway, where on earth would we put it? My flat isn't very big. Is there anything else?

**Kate:** Yes, plenty. I like the sound of digital photography. I'd love to be able to take great photographs, but I'm terrible at anything involving technology. Hey, didn't you take the photos at your brother's birthday party? I saw them on Facebook. They were fantastic. I suppose there's no point in you taking digital photography then.

**Jack:** Not really. Let me have a look at the list. Hmm. It says here that there's a course on painting watercolours. I love going to art galleries and I've always been jealous of artists. Why don't we do that? I know you're good at drawing and I'm sure we won't need to spend a lot on equipment. Go on, let's try that course!

**Kate:** I'm not so sure the equipment is cheap, but I'd like to try painting anyway. Just make sure you remind me to wear my old clothes. I don't want any paint on these jeans!

### Matura Exam 4 Poziom rozszerzony

#### Exercise 2 (p. 66)

##### Recording 1

There are lots of superstitions in the theatre world. Perhaps the most famous one concerns Shakespeare's Macbeth. Actors appearing in productions of this bloodthirsty play will refuse to mention its name on or near the stage for fear of bad luck. Instead, they'll call it 'the Scottish play' or 'the Scottish tragedy'. The origins of this superstition may go all the way back to the play's first night when an actor was supposedly killed on stage by a real dagger that was used instead of a stage prop. To be fair, the play contains lots of fight scenes and it is likely that more actors are injured in this play than in many others.

##### Recording 2

The summer months are traditionally the time when the big studios wheel out their big superhero movies and this year is no exception. Audiences obviously enjoy this particular genre with recent successes like The Avengers, Iron Man 3 and The Dark Knight Rises making a combined total of over 3½ billion dollars worldwide. That's not to say that superheroes haven't graced the silver screen before, but in these days of CGI, 3D and IMAX, the spectacle is certainly much more impressive than, for instance, the man-on-a-wire flying sequences of the Superman films from the late seventies.

##### Recording 3

**Interviewer:** For many years now, public libraries have been at the heart of most communities. So what are the reactions now that they face being closed due to government cuts?

**Alex:** Well, there have been plenty of strong reactions. Apart from the national campaigns that have taken place, there have been a lot of local events designed to raise awareness of just how important libraries are for communities. Personally, I don't think that anything is going to change because of these protests. I know that some local councils have withdrawn plans to close local branches, but these cases are few and far between. On the one hand, the government states that education is a basic right, but on the other hand, it's closing a valuable educational resource. I don't think the government is thinking about the future at all.

### 5d – Listening skills

#### Exercise 2 (p. 74)

**A:** Welcome back to the Green Hour with me, Arthur Anderson. My next guest is Joanna Parker, who works for the World Wildlife Fund. Joanna, welcome to the show. Can you tell us a little about the WWF and your role within the organisation?

**B:** Hi, Arthur. Well, the WWF, which is short for the World Wildlife Fund for Nature started in 1968 and is involved in a number of issues connected with the environment. At the moment, I'm working on an animal adoption programme, something that we did a few years ago but have recently re-launched. It's a great way for members of the public to donate money to help protect endangered animals.

**A:** So what does the adoption of an animal actually involve? Would adopters ever get a chance to meet the animals they have adopted?

**B:** No, unfortunately not. The endangered animals on our list live in their natural habitats in Africa and Asia, in specially protected areas. But if you do adopt an animal, we'll send you a photo of it as well as a wildlife information pack containing a certificate, bookmarks and stickers.

**A:** So, how can listeners get involved in this programme, Joanna?

**B:** The first step is to log on to our website and check out the list of animals we've got up for adoption. Then, you can choose to pay a monthly or yearly amount of money to help fund the cost of taking care of your particular animal. The amount you donate depends on the animal. For instance, for £5 a month you can adopt Kamrita, a female Bengal tiger who lives in Nepal.

**A:** I see. Well, thanks for coming in, Joanna. I hope the programme has a lot of success.

#### Exercise 5 (p. 74)

**Interviewer:** Now, it's my great pleasure to welcome Jennifer Towers to the show. Jennifer is the founder of Ending Poverty, a new charity that aims to help poor communities in developing countries. Jennifer, why did you decide to start Ending Poverty?

**Jennifer:** Well, after I left university, I spent five years travelling around Southeast Asia. The experiences I had there really left an impression on me; particularly the poverty I witnessed. For instance, I spent a month in a village in the remote mountains of Laos with some of the most generous people I've ever met. They had nothing, yet they shared everything with me – so when I returned to England, I wanted to repay that kindness.

**Interviewer:** But, Jennifer, why did you decide to set up a new charity when there are already hundreds of charities with similar aims as yours?

**Jennifer:** Well, Ending Poverty isn't like most charities. For example, I find that most charities don't really respect their donors. Think about it; you drop your money into a collection box or send a cheque and that's the last you hear about your donation. You don't know where your money goes and you have no say in what it's used for.

**Interviewer:** So, what makes Ending Poverty different, then?

**Jennifer:** Well, Ending Poverty is aimed at people who don't just want to donate money, but also want to donate their time and skills. So, we organise regular trips to developing countries where donors can actually get involved in a project. These people also have a say in what they believe the area needs most. It could be something as small as digging a well or as big as building a school.

**Interviewer:** And have you been on any trips yet?

**Jennifer:** Well, the charity's only two months old, but we've already been to Chad, a country in Africa, and have succeeded in building a small school there. We've also made the plans and bought the materials for locals to build a clinic. And over 50 members of the public travelled with us to help. All our activities are posted online, so we even had travellers turning up at our tent and offering assistance.

**Interviewer:** And what's the next step for Ending Poverty?

**Jennifer:** Well, in the next few days, we'll be launching an online shop – but I'm afraid we won't be selling branded merchandise like hats and T-shirts. Instead, we're asking people to donate used items that can be sold on the site. Anything from old CDs to pieces of furniture is welcome.

**Interviewer:** We're just out of time, I'm afraid. Jennifer Towers, thanks so much for speaking to us.

### Matura Exam 5 Poziom podstawowy

#### Exercise 2 (p. 80)

##### Speaker 1

Eco-boxes are colourful, plastic lunch boxes that come in a variety of shapes, sizes and colours. But what makes eco-boxes so eco-friendly? Well, for one thing, they are made from 100% recycled materials, plus, since they are air-tight you don't need to add any extra packaging to your food to keep it fresh. This means that you can cut down on the household waste you produce. And for this month only, each eco-box comes with an eco-flask, perfect for keeping your coffee warm for hours on end. Pick up an eco-box today at most Supervalue supermarkets nationwide.

##### Speaker 2

Good morning students. I'm delighted to announce that we'll be holding our annual recycled art competition next week. As most of you know, you should only use recycled material for your projects such as old CDs, egg cartons, paper towel rolls and old greetings cards – the options are endless. Last year's winner made a bird feeder for the school garden from recycled milk cartons. I'm really looking forward to seeing your wonderful entries, but please make sure to submit them to me by Thursday lunchtime at the latest! If you have any questions, just wait behind at the end of the assembly to speak to me.

##### Speaker 3

If it's possible, I always buy books and stationery made from recycled paper or from paper which has not come

from an endangered forest. It's true they cost a little more but I like to think it's worth the effort. I'd rather spend a little extra money and help the environment than contribute to such a serious problem. I do buy second-hand books though. Even though they might not be produced in an eco-friendly way, at least I'm saving them from ending up on a rubbish dump.

**Speaker 4**

Recently, my high school decided to start a community garden programme. There's a large unused field behind the gym, so everyone agreed it should be put to some use. All of the students in the school can get involved by planting and growing vegetables there; although we are strictly only allowed to use organic methods. That means no chemicals. I'm finding it really enjoyable. It's great exercise, plus I'm learning a lot about nature. Now I can't wait to taste the vegetables I've grown!

**Matura Exam 5 Poziom rozszerzony**

**Exercise 1 (p. 82)**

**Speaker 1**

The government is looking at new ways of creating clean energy. Energy Minister James Haddon said he hoped that landfill mining would become a common practice in most landfill sites in the near future. Landfill mining is a process where waste is superheated to create a clean gas which can be burned to produce electricity. Today, Mr Haddon visited one of the six sites across the country where this is already being done. He said this new energy would be good for the future as it was both cheap and better for the environment than existing sources.

**Speaker 2**

A recent Oxfam report has found that the 85 richest people in the world today have the same amount of money as the poorest half of the world's population. That means that these 85 people have as much money as around 3.5 billion poor people. A spokesman from Oxfam stated that they don't believe that this difference will change unless something is done to address the problem in the near future. Representatives from the charity are planning to attend the World Economic Forum next month in Davos, where they will talk about the problem and try to reach a solution.

**Speaker 3**

The mobile phone company Streamline has announced that 10,000 office and factory workers will lose their jobs by the end of next year. In a press release this morning, CEO Michael Carruthers said that the company was sorry for the staff cuts, but added that they were necessary because of a fall in profits. He also stated that the company planned to create a special support programme to help the workers. It is thought that the programme will

train ex-employees in a new profession or help them set up their own companies.

**Speaker 4**

The European Food Safety Authority has just voted to ban the use of a group of chemicals which farmers spray on their plants, following reports that they are harmful to honey bees. There has been a big fall in the number of bees in recent years, and this has been linked to a number of issues including the use of these chemicals. Scientists have also suggested that the drop in the bee population could result in a food shortage. The ban was agreed after the majority of the 27 European member states voted in favour of it with 12 voting against.

**6d – Listening skills**

**Exercise 2 (p. 90)**

**Ursula:** Hi, Dave! How's it going at college?

**Dave:** Hi, Ursula. Well, I've been working hard and I'm getting good marks but I'm really not looking forward to the end of term.

**Ursula:** Really? What are you worried about?

**Dave:** I just found out that at the end of term, I have to give a 30-minute presentation to the rest of the class. I am absolutely terrified.

**Ursula:** Ah, I see. You have a fear of public speaking.

**Dave:** It's more than that. I'm convinced I'll just stand there and not be able to say anything. To be honest, I'm thinking of quitting the course to get out of it.

**Ursula:** Don't do that! Look, I used to be just like you, but I trained myself to cope with my fear of public speaking – and you can too! First of all, you should write a script and memorise it. You can read it out loud to help you do this. Then, make a video of yourself giving the presentation. Show the video to friends and ask them to suggest ways in which you could improve. By the time the big day comes round, you'll be much more confident.

**Dave:** That's a good idea.

**Ursula:** Also, just remember that you know far more about the subject you're talking about than your audience ... after all, that's why you're giving the presentation!

**Dave:** That's true. I hadn't thought of that. Thanks for your help.

**Exercise 4 (p. 90)**

**Recording One**

Do you have a holiday coming up but are afraid to get on the plane? Maybe your friends want to go camping but can't because you're terrified of spiders. Or perhaps the thought of giving a presentation makes you feel sick. The university is conducting a hypnotherapy study and we're looking for people who suffer from everyday phobias like these. Participants will take part in three hypnotherapy sessions run by trained professionals. These sessions will



be observed by a small team of psychology students and are designed to help you overcome your phobia. Please contact us if you're interested or have any questions. Call 0131 256788 or visit us in Room 42 of the Walter Scott Building.

### Recording Two

**A:** Next on the line we have Linda. Linda, tell us, what was your biggest fear?

**B:** It's strange but I suffered from a fear of feathers. I was terrified at the thought of a feather coming anywhere near me.

**A:** Really? So no pet birds, then?

**B:** Well, that's when everything changed. My daughter loves parrots and has always wanted one of her own.

**A:** So what happened?

**B:** I decided it was time to face my phobia and I bought her a parrot. I was terrified and for weeks I couldn't even go into Annie's room where we keep Jack's cage. But gradually I started to enjoy hearing him talking and one day I went in to look at him.

**A:** Wow, that's amazing Linda.

**B:** I still don't touch Jack! But he now feels like one of the family and Annie absolutely adores him.

### Recording Three

Good morning, everyone. Now, as we all know, exam season is just around the corner and I imagine that many of you are feeling quite nervous about sitting your very first exams in the school. Well, I am here to reassure you that you have nothing to fear. And that's true for all of you. Over the course of your six years here, you will have to sit two state exams which are far more important, so there is no need to get yourselves into a panic over these exams. And remember that every member of staff at Parkside Secondary School wants you to succeed and achieve the best possible results and we will do everything we can to help you. So let the hard work continue!

## Matura Exam 6 Poziom podstawowy

### Exercise 1 (p. 96)

#### Recording 1

**Boy:** Mum! Mum!

**Woman:** What is it? What's the matter?

**Boy:** I can't sleep. I think there's something under the bed.

**Woman:** Don't be scared. Look, there's nothing there! It's just your imagination. You don't have this problem at our house, so you shouldn't be scared at your grandmother's house either. You're safe here too.

**Boy:** But it's too dark! Can we turn on the light?

**Woman:** Just close your eyes and think of happy things. You're staying over at your friend's house next week and you won't be able to sleep with the light on there. I'll leave the door open a little. Sweet dreams.

### Recording 2

As a fashion model I'm always in the public eye, so to beat the stress that comes with the job, I book a weekend away at a health spa every couple of months. They have relaxation exercises twice a day; once in the morning and then in the afternoon. Afterwards, you can have a massage or go on an exotic bird-watching tour. The bedrooms all overlook a quiet garden and the restaurant serves only organic vegetarian food. While spas like these are typically very busy, people tend to keep to themselves to achieve total relaxation. I used to suffer from stress, but not anymore! It's worth every penny!

### Recording 3

Attention, listeners; This is a warning for all English coastal areas. A storm will reach the southeast of England tomorrow afternoon and is expected to last at least 24 hours. Residents in affected areas can expect to experience heavy rain, thunderstorms, strong winds and potential flooding. It is advised that everyone, especially small children, remain indoors. Now back to the news.

### Recording 4

You're listening to FM Four. It's 6 pm, and time for our Help the Community slot. This week, we're looking at voluntary work in the local area. There's lots of work to be done and you just might be the perfect person for the job! How about this one? Mr Jones is an elderly male who suffers from agoraphobia, which means that he has a problem going outside. He lives alone and has two dogs so we're looking for somebody to do his food-shopping, pay his bills and walk the dogs every day. The bank, park and supermarket are all a short drive from the house, so a car is necessary. If you think you can help, phone us on 0131 887669.

### Recording 5

**Boy:** Maria, where are you? You were supposed to be here twenty minutes ago. The film has already started!

**Girl:** I know! I know! It's not my fault; I'm stuck! This is a nightmare!

**Boy:** Stuck? Are you held up in traffic?

**Girl:** No, I'm stuck in a lift in the car park! It just stopped, the lights went out and the buttons won't work. I'm really scared, Phil! I feel like I can't breathe!

**Boy:** OK, calm down; everything will be OK. I'll come and find the car park security officer now. Keep your phone switched on. I'll be as quick as I can!

### Recording 6

I remember once boarding a plane in London and flying across the Irish Sea to Dublin. It was to be my first and last time. It was in the middle of winter and the flight was very bumpy. Suddenly, the plane dropped downwards dramatically and at high speed. I screamed, thinking we were going to crash. Seconds later, everything was OK. No announcement was made and I'm told this is quite normal on flights in bad weather. All the same, it put me right off flying!

## Matura Exam 6 Poziom rozszerzony

## Exercise 1 (p. 98)

**Presenter:** Hello, and welcome to this week's show. Today we're talking about phobias and with us in the studio is psychologist Dr Maureen Feeney. Welcome, Dr Feeney.

**Dr Feeney:** Thank you, it's nice to be here.

**Presenter:** Now, Dr Feeney, many people suffer from phobias, fear of the dark, of heights, of creepy crawlies but one I'm hearing about more and more is nomophobia. What exactly is that?

**Dr Feeney:** Well, all the other phobias you mentioned are not just common but have been around for a long time, but nomophobia is quite new. Would you believe it's actually the fear of being without your mobile phone? Most phobias get their names from the Greek language but this one came from a 2008 survey about mobile phone use and comes from the phrase 'no mobile phobia'; nomophobia.

**Presenter:** Are people really so afraid of being without their mobiles?

**Dr Feeney:** Yes. The survey found that the stress felt by these people was similar to that of getting married, starting a new job or going to the dentist. Their worries included being in a location with no signal, running out of battery or losing or breaking their phone. 53% of the people in the survey showed signs of this stress. And that number has actually increased in a more recent survey with the most seriously affected group being 18-24 year olds. Three out of every four of them suffer from these symptoms.

**Presenter:** Wow! I had no idea. But is nomophobia really a true phobia? I mean, it seems quite normal to worry about not being able to contact people.

**Dr Feeney:** That is quite normal, and of course a mobile is the quickest and easiest way to maintain that contact, but people with the condition appear to be addicted to their phones and almost require the presence of the phone to function in the world. So, when they are cut off from them in some way, they find it almost impossible to cope.

**Presenter:** So, what can you do if you suspect you are nomophobic?

**Dr Feeney:** Well, to start with, there are a number of things you can do to avoid being without your mobile. You could carry a spare battery or charger with you to make sure you never run out of power. Also, with pay-as-you-go phones you should top up regularly so you don't run out of credit, and, of course, you could create a back-up of all your contacts in case your phone is lost or stolen. But none of these tips address the issue of nomophobia. There's really only one thing you can do to stop the problem and that's to stop the obsession. In other words, stop depending on your mobile.

## 7d – Listening Skills

## Exercise 2 (p. 106)

## Speaker 1

A pinch of garlic can really jazz up your cooking, but there's another reason you should be eating it! Did you know it's good for you, too – boosting your immune system and protecting you from heart disease! This weekend, join us at the Isle of Wight Garlic Festival to celebrate all things garlic. TV chef Sandra French will give cookery demonstrations, and you'll find all sorts of garlic products available to sample. For those with a sweet tooth, there's even garlic ice cream! The gates open at 10 o'clock in the morning, and we finish for the day at six pm. Don't miss it!

## Speaker 2

Welcome back. OK, so far, I've removed the homemade cereal bars from the oven and I've placed them onto a baking rack to cool. Now that they're cool enough to handle, let's take a moment to appreciate how fantastic they look. James, can you give us a close up here; they're just like packaged shop-bought bars! The difference is that when you make your own bars you know exactly what you're eating and where it was prepared. The basic recipe can be found on our website. Don't forget to join us next time for more Healthy Eats!

## Speaker 3

If you ask me, nothing beats pancakes for breakfast! Whether you like them with blueberries, strawberries and cream or just plain maple syrup, pancakes are always a hit with the whole family. The downside is they take quite some time to prepare and can make your kitchen quite messy in the process. But don't worry; a solution is here. For the first time ever; pancakes available in a squeezable bottle! Squeezable Cakes packs in all of the delicious flavour of pancakes with absolutely none of the hassle. You can make pancakes in seconds with no more mixing up or mess; all you need is a frying pan! So get your bottle of Squeezable Cakes today!

## Speaker 4

Generally, any new friends I meet are shocked when I invite them over for dinner. Some even ask me what I plan to order! Just because I am a young male college student, they don't expect that I am capable of cooking a meal. But nothing could be further from the truth. I learned how to cook from a very young age and absolutely love it. Plus, a lot of my male friends cook, too. Sure, there are always a few people who rely on takeaway food every evening, but in general, it's time to stop this stereotype. After all, just look at the amount of young male chefs that have their own TV shows these days!



**Exercise 5 (p. 106)**

**Radio Presenter:** Joining us today, we have PE teacher Greg Walker, who will be discussing individual sports with me. So, Greg, what exactly is an individual sport?

**Greg:** Well, basically, it's a sport you do on your own. Popular individual sports include gymnastics, golf and running. Some people tend to focus on team sports, but practising an individual sport can have a lot of advantages. First of all, you can set your training programme to fit in with your own schedule. You don't have to arrange a time to train with the rest of the team. Also, if you're feeling under the weather, there's no pressure to drag yourself down to the sports hall or wherever. Instead, you can rest and get your strength back.

**Radio Presenter:** Don't you think it would be tempting to miss practice every time you had a runny nose?

**Greg:** Look, with individual sports it's certainly your responsibility to motivate yourself. But rather than seeing that as a negative thing, I view it positively. It makes you stand on your own two feet. People who practise individual sports become better at motivating themselves, and that's a quality which helps in all areas of life.

**Radio Presenter:** Surely we learn skills from being part of a team too, though?

**Greg:** Oh, absolutely. The value of teamwork is a very important lesson, and of course you don't learn it playing individual sports. I've seen the negative effect of this with my own eyes at school. If you want to work with others, apart from respecting them, you have to give up some control to them – even if you're in charge. You have to trust in others. People who are used to playing individual sports often can't do that.

**Radio Presenter:** What about the social aspects? Do individual sports provide opportunities to make friends?

**Greg:** Well, not very many, no. That's one of the biggest disadvantages of an individual sport. Most of your time will be spent training alone and you can't avoid that. I've heard players complain that they feel very lonely sometimes, but generally it's not difficult to learn how to cope with that aspect of individual sports.

**Radio Presenter:** What about at the competitions? Can players strike up friendships there?

**Greg:** There are plenty of opportunities to meet people at these events, so there's certainly a chance to make a friend or two. I've certainly done so myself. At one table tennis tournament I played in, I even exchanged advice about performances with another player, so it's definitely worth it. Little did I know that I'd end up competing against them in the finals!

**Radio Presenter:** (laughing) Yes, that must have been a bit awkward! Well, let's take a quick break ... (fade)

**Matura Exam 7 Poziom podstawowy****Exercise 1 (p. 112)**

**Andy:** It's only 9 o' clock and I'm starving. I only had breakfast two hours ago.

**Lauren:** You're as bad as my brother when it comes to complaining about food! If you're that hungry, you should eat something.

**Andy:** I can't. Ever since my Dad learnt he has diabetes, I've been concerned about my own health. I'm overweight and, if I don't do something about it now, I may pay for it later. So I've decided to cut out all sugary and fatty foods, like chocolate and red meat. But it's not easy at all; they're so tempting!

**Lauren:** Why don't you just start by cutting down? If you follow the diet during the week, you can still have a little bit of something you like at the weekend. Just make sure it's not too much. The other thing you could do is take up a new sport. I've recently started going to yoga classes.

**Andy:** Is it helping you lose weight?

**Lauren:** Oh, I'm not doing it for that. I'm doing it to relieve tension. I've been so stressed at work lately! So many projects and so little time! Doing yoga after work helps calm me down. It's good for toning muscles as well. Hey, you should come along. You spend far too long sitting in front of that TV.

**Andy:** I can't argue with you there. OK, you've persuaded me. I'll come along to your yoga class.

**Lauren:** And make sure you leave the chocolate at home!

**Matura Exam 7 Poziom rozszerzony****Exercise 1 (p. 114)****Recording One**

The diet industry is a multi-million pound enterprise and hardly a year goes by without some new miracle diet hitting our screens and bookshelves. Basically, they all promise the same thing – follow these rules and you'll lose weight fast. The truth is, these diets will probably give you the results you want – and quickly. But what's equally true is that you're more than likely to put all the weight you lose back on, and more, once you stop the diet. Quite simply, our bodies cannot cope with sudden weight loss and, what's even worse, these diets could severely damage your health and shorten your life span. This is what I plan to talk about here with you today. So let's have a look at the medical evidence ...

**Recording Two**

If you find exercise a pain then The Guide to Easy Exercise might seem like the book for you. It's full of ideas on how you can fit exercise into your daily routine. For example, it suggests walking – whether to work, to the shops or quite simply for pleasure – as an excellent way to get rid of any extra kilos. But that's the problem really – the book is just a list of things readers are already familiar

with. As an exercise book it adds little to the huge variety of reading on the subject already available for free on the Internet. If the publishers are hoping for this slim volume to make it to the top of the bestseller list, then they are going to be very disappointed. Bestsellers have to catch the reader's interest by introducing some new research and information about the topic. Unfortunately, this book does not do this.

### Recording Three

When my friend bought me an Indian cookbook of wonderful, authentic dishes, I couldn't wait to try it out so I picked out a recipe and planned a dinner party. The recipe instructed me to cook a selection of whole spices in a pan before adding them to the curry. It's called toasting and it's supposed to bring the flavours out of the spices. Little did I know, that toasting spices for too long gives off the most terrible smoke. Soon, my throat was burning, my eyes were watering and my nose was running. Amazingly, though, my guests loved the food, while I completely lost my appetite because of the smoke. Next time I toast spices, all the windows will be open and I'll wear a gas mask!

## 8d – Listening Skills

### Exercise 2 (p. 122)

- A:** Hello, Katie; is your brother in? I've just popped round to give back some DVDs he lent me.
- B:** Oh, hi George. Tom's out at the moment but you can leave them with me, if you like.
- A:** OK, I'll do that. I didn't realise you were back home. How was your holiday?
- B:** I had a great time, thanks. Majorca is such a beautiful island and there's so much to do there.
- A:** I'm glad you enjoyed it. So, what exactly did you get up to while you were there?
- B:** Well, I stayed in a hotel that was right by the beach, so I tried some water sports and even went scuba diving which I had never done before. The highlight, though, was a bicycle ride I took along the coast one day. It was so nice to get away from the resort where I was staying and see some of the quiet fishing villages on the island.
- A:** I can imagine. That's what I plan to do when I go backpacking around South America. I want to avoid the tourist locations as much as possible and continually move from one area to another.
- B:** Oh, I forgot about your trip. When are you leaving?
- A:** On Saturday! I'm really looking forward to it.
- B:** Wow, I don't think I would be brave enough to go backpacking. Don't you think it's a little dangerous?
- A:** You've got a point; but I'm travelling with a large group of friends, so I'm sure we'll be fine. Plus, I've done a lot of research, so there's no chance of us getting lost.
- B:** I see. Well, have a great trip! Be sure to take plenty of photos to show me when you get back!

### Exercise 5 (p. 122)

**Radio presenter:** Well, with the holidays coming up soon, we thought we'd interview some people about interesting holidays they're planning. First up, we've got Andrew Blakely on the line. Andrew, tell us all about the amazing holiday you have booked to go on.

**Andrew:** Well, this summer my brother and I are going on an astronomy tour in Cappadocia, which is an area in Turkey with beautiful rivers, waterfalls and valleys. It's not all this that the area is most famous for, though, but strange rock formations that stick up from the ground. They call them the 'fairy chimneys'.

When we first get there, our tour leader will show us how to set up our tents, then each day we'll travel to different places on foot, by bike or even on horseback. That should be fun! I thought that I would enjoy the horse riding the most, but actually I now think I'll enjoy every single day for different reasons. Of course, the horse and bike riding are amazing, but I'll really enjoy the hiking days too, climbing over the rocks and swimming in the rivers and waterfalls! Every night after cooking local dishes together at our base camp, we are going to look up at the stars while our tour leader teaches us about the night sky. I've never been interested in astronomy so I wasn't sure about it – it was my brother who wanted to go on this trip – but he's convinced me how much I will enjoy these evenings. He says it will be like a live planetarium show with the tour leader using a laser pointer to point out the different constellations and planets!

My favourite day, I think, will be the day we visit the village of Goreme. It's a town carved into the rock and it's got many cave homes and hotels. Apparently, people have been living in the cave houses for more than a thousand years! I've seen lots of pictures of them. They are strange to look at. They are small with long, narrow stone staircases inside and from the outside they look just like a big Swiss cheese with lots of holes in the rock! I can't wait to visit them personally!

At the end of the week, our last treat will be a visit to a Turkish bath called a hamam, which will be relaxing. By the time I get home, I'm sure I'll have learnt loads of things I didn't know about Turkey ... not to mention what we learn about astronomy! It will be so much more useful than just lying on the beach with my family like I usually do.

**Radio presenter:** Well, that sounds absolutely wonderful, Andrew. I hope you have a fantastic trip.

**Andrew:** Thank you, I will!

**Radio presenter:** Well, for any listeners who are interested, we're going to put all the information about all of the holidays that are mentioned today on our website. Now, next on the show we have Sandra Murray who ...

**Matura Exam 8 Poziom podstawowy****Exercise 1 (p. 128)****Speaker 1**

Last year, setting off for my skiing holiday to Lausanne, I almost missed my flight. I arrived at the airport really late and only just managed to board the plane. We were waiting for takeoff when the captain announced there was a problem with the engine that had to be checked. We waited almost three hours before the plane finally took off. I was so annoyed I decided never to fly with that airline again – even if offers really cheap flights!

**Speaker 2**

I can't wait for my package holiday to the Greek island of Corfu. The travel agency I booked it with claimed that it was the perfect place for my particular tastes. You see I'm a real food-lover, and apparently this island's restaurants offer a huge variety of dishes from both Greek and Italian cuisine. Added to that, I'm also looking forward to the journey there. It will give me a chance to stop off in Switzerland and visit my sister, who lives there.

**Speaker 3**

On tonight's show we're looking at holiday complaints. Has an airline ever lost your luggage? Has the service in a hotel been so bad that you've had to find different accommodation? Did you arrive in your rented apartment to find that you were sharing it with insects? If so, then we want to hear from you! And later on, we'll be joined by our travel expert Jerry Falstaff who'll tell us some tricks about how to get the cheapest tickets when booking online. Stay tuned!

**Speaker 4**

In my opinion, you don't need to travel abroad to have a holiday to remember. Regardless of how cheap the flight tickets might be to far-off destinations, I always advise my friends and family to take their holidays closer to home. Few appreciate what their home country has to offer in terms of tourist attractions. Personally, I enjoy nothing more than a camping holiday – it's a great way to support your local economy and see what your own country has to offer!

**Matura Exam 8 Poziom rozszerzony****Exercise 1 (p. 130)****Speaker One**

What I appreciate most about travelling is the opportunity it gives you to meet new people. Sometimes, chatting to the locals can give you a better insight into the native culture than any tour guide or tour book could offer. Once, in Egypt, for example, I started chatting with a man on the street who ended up asking me to share a meal with his family; it was a very memorable experience. Also, travelling makes it possible to get to know fellow travellers.

I'm still in touch with a Canadian couple I met while travelling in Mexico. Generally, I think that if you are flexible and not determined to follow a fixed schedule while travelling, you can really invest in relationships with the people that you meet.

**Speaker Two**

I have stayed in a range of accommodation over the course of my travels, but there is one place that stands out from all the others. A few years ago, while backpacking through Central America, I spent several nights in a tree house right in the middle of a rainforest. It had a viewing platform that had an amazing view of the wildlife below. The only drawback was that I had to climb up a rope in order to get to the house each evening. I found that pretty tiring, not to mention terrifying! But each time I saw the view at the top, I knew it was worth it! It was unlike anywhere I had ever stayed before.

**Speaker Three**

I will never forget my trip to Ayer's Rock in Australia. The coach from Alice Springs to Ayer's Rock was supposed to take six hours. Unfortunately, though, about half-way through the journey, the bus broke down. Everybody had to get off and we were left in the middle of the outback with the sun beating down on us. But once we had finished complaining about our cruel luck, we noticed the amazing scenery around us. I took some great photos of the area, and later one of the passengers got out a guitar and we all started singing songs together. In the end, we didn't reach Ayer's Rock until the evening, but with everything that had come before it, I barely recall much at all about the attraction, and I am glad that the day didn't go to plan.

**Speaker Four**

What I remember most about my trip to Thailand a few years ago was the many cultural differences I came across. For example, in Thailand people do not shake hands when they greet each other; instead, they press their hands together and lower their head slightly. Visitors also need to be aware that the feet are considered to be the dirtiest part of the body. When you are sitting, you should always be careful not to point your feet towards a Thai person. As you can imagine, I had to concentrate very hard on my body language. My experience made me realise how much social rules vary between countries, and I gained a totally different perspective on my own culture.

ISBN 978-1-4715-2350-2



9 781471 523502



**Express Publishing**